You are vibrational creatures and everything is responding to your vibration — and the way you know what the vibration is that you are offering is by the way you feel. The way you feel is the indicator of your vibration.

Abraham-Hicks — G-1/24/98 — Dallas, TX
Abraham calls these gatherings co-creation at its very best and we certainly agree.

It is our intention to bring Abraham to as many cities each year as is physically practical in order to allow as many people as possible to bring any and all questions to this workshop arena.

We continue to receive new requests for more workshops in more cities. Of course we cannot accommodate all requests but we document all requests and factor them into the new schedule each year.

The workshops vary in size from city to city, and Abraham assures us that no questions go unanswered.

These gatherings continue to be the highlight of our glorious experience. They certainly are the basis for the continuing stream of information that flows forth from Abraham.

We are so appreciative of the steady stream of askers who attend these gatherings, plying Abraham with questions, helping us to take thought beyond that which it has been before.

**COMMENT FROM WORKSHOP PARTICIPANT:**

... Thank you for scheduling the extra workshop in Dallas. We really appreciated it! It was even nicer this time because at least a dozen of my friends were there, too. I am always convinced that each seminar is better than the last — but maybe I/we are just a bit more receptive each time. Love, SD — Dallas

From time to time there are changes in our scheduling, so please reserve with our San Antonio office at (830) 755-2299, before attending any function. Pre-paid reservations required.
Please reserve
in advance with our San Antonio office at (830) 755-2299.
Prepaid reservations are required.
Following is general information for up-coming workshops. Specific location and other details will be provided when you make your reservation or you may request this information at any time.

Time Format for 2 day event: 1st day 10AM to 4:15PM 2nd day 10AM to 12:45PM
Time Format for 1 day event: 10AM to 4:15PM

6/20&21/98 . . . . Seattle, WA ..........Sat/Sun, 2 day Event.......$175.00 per person.
6/23&24/98 . . . . Portland, OR..........Tue/Wed, 2 day Event...$175.00 per person.
6/26&27/98 . . . . .S. Spokane, WA .......Sat/Sun, 2 day Event......$175.00 per person.
7/1&2/98 . . . . Salt Lake City, UT .......Sat/Sun, 2 day Event.......$175.00 per person.
7/11&12/98 . . . Chicago, IL..........Sat/Sun, 2 day Event.......$175.00 per person.
7/25&26/98 . . . San Diego, CA ..........Sat/Sun, 2 day Event.......$175.00 per person.
8/1&2/98 . . . . Los Angeles, CA .........Sat/Sun, 2 day Event.......$175.00 per person.
8/15&16/98 . . . S. Larkspur, CA ........Sat/Sun, 2 day Event.......$175.00 per person.
8/22&23/98 . . . San Francisco, CA ...Sat/Sun, 2 day Event.......$175.00 per person.
9/5&6/98 . . . . Kansas City, KS.........Sat/Sun, 2 day Event.......$175.00 per person.
9/9&10/98 . . . Atlanta, GA...............Sat/Sun, 2 day Event.......$175.00 per person.
9/26&27/98 . . . Asheville, NC.........Sat/Sun, 2 day Event.......$175.00 per person.
10/10&11/98 . . . Boston, MA .............Sat/Sun, 2 day Event.......$175.00 per person.
10/13/98 . . . . . . . . . . . . . .Syracuse, N Y .......Tuesday, 1 day Event ...$115.00 per person.
10/15/98 . . . . Philadelphia, PA .......Thursday, 1 day Event ...$115.00 per person.
10/17&18/98 . . . . . . . Tarrytown, N Y ..Sat/Sun, 2 day Event.......$175.00 per person.
10/31 & 11/1/98 . . . . . . . . .Chicago, IL .........Sat/Sun, 2 day Event.......$175.00 per person.
11/14&15/98 . . . El Paso, TX ..........Sat/Sun, 2 day Event.......$175.00 per person.
12/12&13/98 . . . . . . . . . . . . . .Hawaii................Sat/Sun, 2 day Event.......$175.00 per person.
1/9&10/99 . . . . Orlando, FL ...........Sat/Sun, 2 day Event.......$175.00 per person.
1/16&17/99 . . . Boca Raton, FL ......Sat/Sun, 2 day Event.......$175.00 per person.
1/30&31/99 . . . . Los Angeles, CA .....Sat/Sun, 2 day Event.......$175.00 per person.
2/6&7/99 . . . . . . . .San Diego, CA ......Sat/Sun, 2 day Event.......$175.00 per person.
2/20&21/99 . . . San Francisco, CA ...Sat/Sun, 2 day Event.......$175.00 per person.
2/27&28/99 . . . . . . . Larkspur, CA ..........Sat/Sun, 2 day Event.......$175.00 per person.
3/13&14/99 . . . . . . . . . . . . Dallas, TX ..........Sat/Sun, 2 day Event.......$175.00 per person.
3/20&21/99 . . . . Phoenix, AZ ..........Sat/Sun, 2 day Event.......$175.00 per person.
4/3&4/99 . . . . . . . .Virg. Beach, VA ....Sat/Sun, 2 day Event.......$175.00 per person.
4/10&11/99 . . . . . . . . . . . . . .Sl. Springs, MD ...Sat/Sun, 2 day Event.......$175.00 per person.
4/24&25/99 . . . Chicago, IL ..........Sat/Sun, 2 day Event.......$175.00 per person.
5/8&9/99 . . . . . . . . Albuquerque, N M ..Sat/Sun, 2 day Event.......$175.00 per person.
Your Influence in this Vibrational Universe

(Excerpted from Abraham-Hicks Workshop Recordings)

Usually our physical friends are not at one with the idea of contrast, because most still believe some version of “the world is not as it should be, and we have, or you have, or all have come forth in order to make the world a better place...to right the wrongs and get rid of the bad stuff.” But from your broader Nonphysical Perspective, you do not see this timespace reality as broken or inferior or as something that is supposed to become something else. Instead, you see it as a delightful, balanced, contrasting experience that is the best of anything that you know for bringing a focuser, like you, to a place of focus.

Contrast is essential to new decision — and a new decision is that leading edge thought that takes thought beyond that which it has been before.

Without contrast, you could not focus Energy, and focusing of Energy is nothing more than coming to conclusions, or becoming decisive. And since everything is about Energy, and since you are molders, or focusers, of Energy, nothing will ever be more exhilarating or satisfying to you than to sift, or sort, through contrast, find a clear decision from the contrast, focus upon that which you have decided and align with the decision — and then feel the Energy, that creates worlds, flowing through you for the Creation of that which you are holding as your focus.

Most of you still are at your happiest when conditions are at their best, for most of you are still primarily observing the conditions and then having vibrational responses to the conditions. And it is our desire to assist you in setting your own Tone, so that no matter what the conditions are, that you may observe, they will not influence you to a vibration different from your Source Vibration. That is the ultimate physical experience. Be so well connected with your Core Energy that no matter what you see, or observe, it does not drag you off into the bushes into a vibration that is foreign to who you really are.

We want, very much, for you to come to the conscious knowing that you are Creators and that what a Creator is is one who focuses Energy. We want you to come to feel the oneness of your physical
perspective and your Nonphysical Perspective. We want you to feel the fun and the clarity and the passion and the enthusiasm and the fulfillment of being a physical being focused in this physical body, using your focusing mechanism, your very individual perspective, to focus Energy. We want you to feel the hands-on creating that molding Energy really is. We want you to begin to direct Energy on purpose and to know, by the way you feel, how you are directing it, how in alignment with Source Energy you are to begin with, and how much of the Source Energy — that you are summoning through your desire — that you are allowing to flow toward your object of Creation.

Most have not been taught to be aware of Energy. Instead, you have been taught to pay attention to the results of how others have flowed Energy. So you are evaluating the results and reacting to the results and cataloging and pigeonholing the results, but it is a rare physical being who, in the moment of the Energy flow, is aware of what he is doing.

The Universe is vibrationally based, and you — as physical extensions of this Nonphysical Energy that has created all of this — you are vibration itself. You are vibrational beings too.

Everything is about Energy, and everything is about vibration. Everything vibrates, and everything is communicating and reacting, responding and integrating with other things that are vibrating. In other words, this is a Vibrational Universe that we are all a part of.

Everything is vibrating, and as you give your attention to it, and hold your attention upon it for as little as 17 seconds, whatever it’s vibration is, begins to be included in your vibrational mix. And so, as that which you give your attention to is included in your vibration, your vibration is then affected by that which you are giving your attention to. And as your vibration is affected by whatever it is you are giving your attention to — the entire Universe now responds to your vibrational output differently than it did before.

**Your Sixth Vibrational Sense**

In your physical environment, you have become accustomed to translating vibration into meaning for yourself, in many ways. Your physical senses are, without exception, vibrational translators. In other words, what you see with your eyes is a physical interpretation of vibration. What you hear with your ears is a physical interpretation of vibration. Now, that isn't quite so hard to understand. Is it? You've come to know that vibration and sound are same, and so that's easy for you to accept. Through your radio and telephone and television airwaves, you understand that vibration can be translated into things that your physical senses can understand. But what we want you to hear from us is that you have a sensor within you that understands and translates, for you, even the most subtle of Universal Vibrations. Since the Universe, in which you live, is all Vibrational, then when you come to understand that what you are feeling is telling you about vibration — then, for the first time, you become powerful in your own experience.

Most people are not powerful in their own experience because they are observing only with their eyes or ears or nose, or fingers. They are using their physical sensors to observe. And as they are observing, they take on that vibration. That vibration, whatever it is that they are observing, good or bad, is now radiating within them. It now becomes part of their point of attraction, and they are now affected by it, profoundly.

**When Observers Become Bombers**

Most do not understand that they can set a Tone that will keep them from...
Several times in the last month or so someone has said to me at one of our workshops, “I heard that you are going to stop traveling.” The first time I laughed, the second time too, but as it continued to come up week after week we began to realize that a rumor was spreading.

Who started this nasty rumor? I questioned. Jerry laughed and pointed out that our printed schedule defies this unthinkable rumor. We have published workshop dates in this catalog through May of 1999. But just the same, I thought I’d take a moment to re-state our eager intention to continue to travel to your fair cities to joyously co-create with you.

We are continually molding the schedule into renewed perfection. We have lists of new cities we would like to visit, while recognizing that we haven’t yet figured out how to get more weekends in the year. We are working on that one. We’ll let you know how it turns out. Seems it may require government cooperation, so that could slow it down. What do you think.

Monday, Tuesday, Weekend, Wednesday, Thursday, Weekend, Friday, Weekend, Monday Tuesday, Weekend. Has a nice ring, doesn’t it? Let’s see, that’s Monday, Tuesday, Saturday, Sunday, Wednesday, Thursday, Friday, Saturday, Sunday. Haven’t done the math but that should accommodate a bunch more cities, don’t ya think?

In the meantime we’ll continue to travel, like always, from coast to coast, exclaiming at the conclusion of each seminar, “This was the best ever!”

Rampages of appreciation are a daily occurrence around here. You’d be rampaging too if you could read our mail, and answer our telephones. We are getting way more than our fair share of good words, loving letters, joyful goose bumps, and wonderful manifestations of all kinds. Nothing pleases us more than to hear from you of the
wonderful things that are coming your way as you are wading through the contrast of your personal experiences and discovering the bliss of newfound desires.

We are feeling an abiding sense of well-being flooding through and around everything. We are finally getting it that this contrast that most of us struggled against is really good stuff after all. It is thrilling to understand that from this contrast is born desire, and that the Universe continually answers to that wonderful desire.

So keep us posted on what’s coming your way, and remember, even though you’ll rarely receive a personal letter from us, that we love you truly. We are thinking about you, and appreciating you, and laughing with you, and loving you more than you will ever know.

Our love,

WORDS FROM ABRAHAM TO THOSE WHO ARE JOINING TOGETHER IN STUDY GROUPS

We see that you are doing extremely well. We feel your enthusiasm for your newly applied knowing. We acknowledge your desire to connect with other like-minded friends. It is truly delicious to come together with others like yourself, who consciously acknowledge that all truly is well.

- Come together in joy.
- Bask in the utter deliciousness of your variances or differences.
- Come rested, with your valves wide open.
- Love those, unconditionally, who come with their valves closed.
- Begin, happily, soar to new heights together, and then close while still soaring.
- Decide to benefit from the contrast without crossing the line into resistance.
- Gather data of successes between gatherings to share with others.

Enter into a group agreement that the primary objective of the gathering is:

- To come happy and leave happier.
- To arrive feeling great and leave feeling better.
- To arrive with knowing and to leave wiser still.

Make a decision that these gatherings truly be co-creation at its very best!

There is great love, here, for you.
Your Influence in this Vibrational Universe

You can't get it wrong. There is nothing that you're supposed to do. You said, "I'll figure it out as I go along, and whatever I figure will be just fine." And even if, in retrospect, I say, "That was a mistake," in the now, that mistake is an important part of the now clarity. So the mistake could never have been wrong. It was part of the process of clarifying. Let your mantra be, "I prefer this. This is my choice. Oh, this feels good. Yes, I prefer green beans to asparagus, I prefer the color of violet to the color of gray, I prefer a bright sunny day to a cloudy, gloomy day, and I prefer the lilt in my voice to the drone of my complaint." In other words, "This feels better. This feels better."

Orient yourself to making all decisions about what you eat, about what you wear, about what you see, about what you watch on television, about who you interact with, about what you remember, about what you imagine, about what you observe, let the only criteria that you utilize be, "How does this feel?" And, in every moment, do your best to make the choice that feels the best. And in doing so, you will be the true extension of the Nonphysical Energy that is you. You will fulfill your reason for being — and you'll have a very good time in the process.

Abraham — G-11/2/97 — Chicago, IL

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**G-10/12/97** — Wanting his body to stay forever young. To not see creator/consumer mate as waster? Is there masculine and feminine in Non-physical? Phinally phorgiving Phil the philanderer. How can he delegate his many business hats? Transforming those recurring marital squabbles. When does a new Spirit’s birth begin?

**G-10/14/97** — Positive role of contrast in Universal co-creation. Getting stuck trying to figure it out. When frustrating forgetfulness becomes one’s reality. When is it appropriate to explore resistance? He wants to comfortably communicate with students. Don’t look at reality; create reality. Her granddaughter wants everything now.
G-11/2/97 — Trying to disallow others always disallows you. Ow! Is it those raging hormones again? When one’s mate chooses to “do drugs”. Without armies in the equation, then what? Should teacher home school aggressive, independent son? Can she allow her mother’s physical decline? Adult’s and child’s role in molestation scenario.

G-12/14/97 — Considering conspiracies, cover-ups, laws and Laws. Foods, beliefs, cravings and cellular compensation. Wanting to be conscious of his creativity. Some words to think when falling asleep? When humans allow God-self to flow through. Lead us in 17 seconds of pure thought. Follow your bliss to your joyous fulfillment.

G-1/24/98 — To relive the pleasure of past new perspectives? When concerned with making the right choices. Do we create crises for opportunities to shine? Is teleportation of our bodies a possibility? Criticism is never constructive; it’s always destructive. Muddy water can’t contaminate a clear flowing hose. Presidential sex, and child’s premature pubic hair.

G-1/31/98 — When a life of misery becomes traditional. Wanting to make his mark by winning. How all unfolds for your highest good. Why do animals and babies sometimes suffer? You can’t get it wrong or done. Distinguishing between Inner Guidance and physical conscience. Does doing what feels good require discipline?

G-2/7/98 — Your connection to Source is not fragile. Genius is simply attention to something specific. To focus on several things at once? To stay slender while eating fattening foods? Is this Abraham-Hicks work for everyone? Can mentally disordered persons deliberately create? Sexual Energy and Dali Lama’s celibate monks?

G-2/21/98 — Why “peace on earth” will never happen. Is reaching a decision vibrational harmony? To define the different kinds of “love”? Rather than leave his wife and child. Institutionalize her drugging, stealing, school skipping son? Hell, dark force, devil and shadow concepts. At 80, she took another ten year death option.


G-3/1/98 — Odds against acquiring business space seems infinitesimal. Is there a career destiny to fulfill? Joyous survival, rice, beans, castles and buttons. How long will massive dollar manifestation take? Questions from environmental, animal rights activist. The wave of a mental career orgasm. How can she keep her cork afloat?
Hello! Finally found your web site and just wanted to send you an e-mail. hello and tell you how much you and your teachings are loved! THEY ARE SO VERY LOVED! Look forward to seeing you all soon.

All is gleefully, gloriously, splendidly well. AMEN!

Much love and light.

KG

I love the work you and Abraham are doing and the service you have performed. It absolutely fills me with joy. I have just bought Vol I and Vol II of the cassettes, along with A New Beginning I and II books, Sara, and the Science of Deliberate Creation Calendar. After finding your web site, how could I have NOT! I plan to attend your upcoming seminar here in San Francisco in August.

Thank you for your work!

Eva — CA

Just a note to say thank you very much for your work in making all of us aware of our role in this life. I am a beginner and find this whole concept inspiring and uplifting, of being a joyous creator or co-creator.

I work with pre-school children and I would be delighted to receive a copy of Daniel Greenberg’s “Free at Last”. I look forward to hearing from you.

Best wishes,

LM — Ireland

I am enclosing an order form for more books. Sara is just the most beautiful and heart-warming story I have ever read, and friends who have read it agree with me.

Thanks for your prompt answer to my last request, and thanks for “Free at Last.” It’s great.

My love to you all.

PM — Victoria, Canada

Good morning from Bordeaux. I’d like to thank you for the beautiful tapes — the information from Abraham is much appreciated. There is so much to learn, again and again. Pivoting and appreciating are really the most valued tools. It is not always easy but very effective, once I get down to it.

I’d like to order 3 Sara books for my friends in Europe. Is there a chance that “Sara” will be translated into French or German one day? It’s such a delightful book, full of childhood memories that I had almost forgotten. It would be so lovely to make it available to the French speaking seekers, too.

Much love and light,

Sylvia — France

Thank you so much. We love your tapes, books and Quarterly Journal. We have an Abraham meeting every Tuesday night. It’s been going on over one year now. We are in Abu Dhabi United Arab Emirates. We have lived here over eleven years, our home is in El Paso, TX. I am sure I’ll be able to meet you in El Paso in November.

Thanks again,

P & D S — Arabia

I have had the honor of hearing some of your tapes and would like to receive a catalog of the books and tapes available as well as the locations and dates of upcoming workshops.

I am so pleased with the way you open up for any questions that might be asked. Those questions really bring “it home” a lot easier as well as the “real life” adventures of Esther and Jerry.

Thank you ALL for sharing and caring.

Sincerely — KF — Alberta Canada
It's awesome to be sitting here writing to you. I feel like you are my friends and I have known you for eons. Words can't begin to thank you and tell you how much I appreciate your teachings and how wonderful it has been since I started applying your philosophy in my life. I have never felt so empowered. Listening to Abraham has been extremely uplifting. Thank you again.

I am originally from Brazil and I enjoy thinking of all the people who would benefit from Abraham teachings over there. I would like this very much to happen, so I want to take this opportunity and ask your permission to have your tapes translated into Portuguese and distributed in Brazil. Please let me know what you think.

With much love and joy,
GL — VA

I totally enjoyed your recent workshop in Philadelphia in June. It was “first class” in all dimensions. When I think of you and the infinite knowing you share, I get a joy so profound, it ‘bobs my cork’.

For this feeling, and for knowing you, I am ever grateful.
Thank you. Much love,
MM — PA

Recently, I made a commitment to show my appreciation wherever and whenever I receive “spiritual food” that serves as an inspiration to me. Your work, through the Abraham message, has served just that purpose in my life. The books and many tapes have given me joy and hope at a time in my life when needed it the most. I feel a shift in my life, and an enthusiasm for living that I feel so ready for. Your message comes to me at the perfect time.

At the end of October of 1997, I made a “decision” to receive a kidney transplant. Until this time I felt ambivalent and had continued hemodialysis treatment for four years. I announced my decision to the Universe and proceeded to tell a friend. His response was, “I have a tape with me I think you might enjoy listening to.” It was an Abraham tape recorded in Chicago, (July 19, 1997). I was inspired by what I heard, and absorbed it like a sponge. Within the next 10 days of hearing the tape, I received a call saying my new kidney had arrived and come to the hospital immediately! I was in shock but felt confident all was well. The absence of fear was impressive for a person like me who had been fear-based most of my life. I visualized “floating my cork” throughout my time in the hospital, and the transplant was successful with no signs of rejection at any time. Then, six weeks later, due to the side effects of my kidney disease and treatments, an open heart surgery was performed necessitating a triple by-pass. Again, I focused on attracting the best team of doctors available at UCLA, which I did, and continued to “float my cork”. Once during my stay at the hospital, I felt somewhat discouraged and couldn’t focus on prayer or meditation, but I could visualize “floating my cork”, so I did and within a few minutes I felt the strength to go on with confidence and determination just from listening to one tape!

During my convalescence, I ordered the Abraham books, tapes, etc., and immersed myself with them. My recovery has been complete, no set-backs or complications and I am back to work again with renewed vigor and optimism. There is joy in my life, my work, and there is personal growth in significant areas of my personal life. So it is with much appreciation that I send you this token of my appreciation.

Looking forward to seeing you in August during your Los Angeles visit, and wishing you continued best wishes and blessings on your very important work.

Most gratefully,
LT — CA

I am filled with appreciation and gratitude for your work. Here’s some of my own, with some mentions of Abraham, the finest teacher of life I’ve ever met!

Love,
CN — ME

Much appreciation to you all and to the group at Phoenix, recorded April 4 & 5, 1998. That rowdy bunch summoned what was for me cut—

continued on page 31
Sara receives the Award of Excellence

Body Mind Spirit Magazine, one of the widest known publishers of New Thought materials, has recently informed us that our beloved Sara has received their Award of Excellence as one of last year’s outstanding books in print. And, as such, has been included as one of the forty-six books recognized in their magazine’s Books to Live By selection.

Esther and I were most pleased to learn that our dear friend Louise Hay’s Hay House publication of another dear friend, Alan Cohen’s book, A Deep Breath of Life, has also received the recognition.

Dear Mr. & Mrs. Hicks:

It is my pleasure to inform you that Sara, and the Foreverness of Friends of a Feather has received a 1997 Body Mind Spirit Award of Excellence as one of 1996’s outstanding books in print...

...Chosen from hundreds of excellent books in print in the areas of spirituality, natural healing, relationships and creativity...each book makes a valuable contribution to our self-knowledge and self-transformation...We commend the authors for these outstanding works...

And Esther and I feel both appreciative of and blessed by the recognition of our Sara.

IT GETS BETTER & BETTER

I finished the audio book of “Sara” and wanted you to know how GREAT it was. I especially like Jerry’s voice and hope that he is considering reading the “A New Beginning” books, too. I listen to Abraham every day as I’m walking my dogs, driving in my car, or working in my garden. And it’s the only way to be stuck in traffic, do laundry or sit in waiting rooms. Each Abraham tape just gets better and better and seems to be made for me personally. Thank you so very much for all the wonderful changes you have made possible in my life. I am looking forward to attending my first workshop in April (Detroit, MI)

Also, the people who take the phone orders there are Abraham-Hicks are delightful and such a pleasure to talk to.

Thanks again, L.P. — @worldnet
By the time you read this, Sara and the Foreverness of Friends of a Feather will be available as an unabridged book on tape. Containing three audio-cassettes, this album offers over three hours of inspiring, uplifting and entertaining listening.

Here is the opportunity to feel as though you are living side-by-side with Sara and Solomon as they evoke from each other questions and answers regarding the most valuable perspectives of this physical life experience.

At the wheel of your vehicle or doing mundane chores or relaxing with closed eyes, you can now comfortably absorb the pleasure of this extraordinary relationship between young Sara and her ethereal old feathered friend, Solomon.

As you listen to Jerry’s reading of this delightful book onto the recordings, you will be able to hear the tones that Esther was “hearing” as she received this delicious material. You will deeply feel the fun, the drama, the pathos ... and the unconditional love of Solomon as chapter after chapter of Sara’s childhood experiences lead to Sara’s universal questions that, in turn, evoke provocative perspectives from Solomon of what makes our lives work in joy.

If you have read Sara, and have found it to be of value to you, you can expect a paradigm shift in your level of experiential knowing as you hear Sara.

Prepare to bask in another level of knowingness. Prepare for an understanding of the Power of Pure Appreciation, the Stream of Pure Positive Energy and of the deeper meaning of “Birds of a Feather Flock Together” as you have never understood them before.

As you begin to incorporate Solomon’s 4 Step Process of breaking the Chain-of-Pain ... (or for creating and manifesting whatever is important to you) you can expect to begin taking giant steps toward the joyously successful life that you have come here to experience.

Order: S-3 — Sara...book on tape $30 plus S/H — ISBN 0-9621219-6-7
A Review of Sara and the Foreverness of Friends of a Feather,

by Denise Tarstano in the “Rising Star Series, Summer 1996” catalog:

Here is an inspiring as well as inspired book about a child’s experiential journey into unlimited joyousness. Sara is a shy, withdrawn ten year old girl who is not very happy. She has an obnoxious brother who constantly teases her, cruel and unfeeling classmates, and an apathetic attitude towards her schoolwork. In short, she represents a lot of kids in our society today. When I first read this book, I was struck by the similarities between Sara and my ten year old. Sara is really a composite of all children.

Sara wants to feel good and happy and loving but as she looks around, she doesn’t find much to feel that way about. This all changes when she meets Solomon, a wise old owl, who shows her how to see things differently through the eyes of unconditional love. He teaches Sara how to always be in an atmosphere of pure, positive energy. Sara sees for the first time who she really is and her unlimited potential. You, as the reader, will realize this is so much more than a children's story. This is a blueprint for attaining the joy and happiness that are your birthright.

My whole family read this book and we haven't been the same since. My husband, perhaps, was the most moved by it. He actually said that it had such a tremendous impact on him that he looks at life with new eyes. It’s like being nearsighted your whole life and then finally getting glasses. Everything becomes crystal clear.

I cannot say enough good things about this life-transforming book. You will share in Sara’s ups and downs on the way to greater heights of fulfillment and know that there is a Sara in all of us. If there is only one book you ever buy, make sure it is this one. You won’t regret it! (all ages).

Softcover. $15.00 ISBN 0-9621219-4-0
A Synopsis of Abraham-Hicks’ Teachings

• You are a Physical Extension of that which is Non-physical.
• You are here in this body because you chose to be here.
• The basis of your life is Freedom; the purpose of your life is Joy.
• You are a creator; you create with your every thought.
• Anything that you can imagine is yours to be or do or have.
• You are choosing your creations as you are choosing your thoughts.
• The Universe adores you; for it knows your broadest intentions.
• Relax into your natural Well-being. All is well. (Really it is!)
• You are a creator of thoughtways on your unique path of joy.
• Actions to be taken and money to be exchanged are by-products of your focus on joy.
• You may appropriately depart your body without illness or pain.
• You can not die; you are Everlasting Life.

P.S. It is not necessary for even one other person to understand the Laws of the Universe or the processes that we are offering here in order for you to have a wonderful, happy, productive Life Experience — for you are the attractor of your experience. Just you!

Jerry & Esther Hicks — 11/95
Focused into our now — the only point in which we have the power to create — neither speculating into the future nor reminiscing into the historical past — ABRAHAM speaks, primarily, toward that practical information which we can personally learn to deliberately apply to our current experience and thereby gain beneficial results...From their broader perspective — unencumbered by your cultural beliefs — ABRAHAM reaches into a place, within you, of clear primal acknowledgement, from which you will repeatedly hear that enthused inner “voice” reminding you, “I knew that!”

As you experience these Special Subject tapes, expect a fresh state of joyous becoming—for ABRAHAM’S words will stimulate you to a new beginning. Retain the beliefs that are of value to you, and learn to become unaffected by any acquired beliefs or influences that have been a hindrance. ABRAHAM guides us, first, to harmony with our Inner Being, and then all else falls into perfect alignment.

In order to build a foundation of an understanding of Abraham’s teachings, begin with the tapes AB-1, Free Introduction To Abraham, through AB-6, Great Awakening and Blending, and then progress through the Special Subject Tapes Series—as per the order of your interest. Each tape addresses different levels of awareness, and as you repeatedly listen to them, as you are moving forward, you will continually be achieving new insights and experiences.

Order a single at $9.95, 3 or more at $7.75, or order 5 or more, and receive a complimentary (while available) 12 space cassette album. Order any complete set of 10 tapes for only $77.50 (plus S/H)

**AB-2 LAW OF ATTRACTION** *— The most powerful Law in the universe. It affects every aspect of your daily life. A Law which is, whether you understand that it is or not. Specific processes are offered here to help you learn how to harness this Law — to get what you want.

**AB-3 LAW OF DELIBERATE CREATION** *— Discover the ecstasy of understanding universal Laws which are absolute — no matter what the circumstances. Without an understanding of this universal Law, it is as if you are playing in a game where the rules are not understood, so it is not only impossible to know if what you are doing is appropriate, but you do not know how to win the game. The rules of the game of life are clearly offered here.
AB-4 LAW OF ALLOWING * — Of all things that you will come to understand through this physical life experience, nothing is more important than to become an allower. In becoming an allower, you are free of the negativity that binds you. Learn the joyful difference between tolerating and allowing — and experience the blissful difference in every relationship you have.

AB-5 SEGMENT INTENDING — Our futures are individually paved by the steady stream of thoughts we set forth. We are literally creating our future life as we direct our thoughts of this moment into the future. Discover the magnificent power you hold in this moment — and learn how to use that power always to your advantage.

AB-6 GREAT AWAKENING, BLENDING — You have deliberately and excitedly chosen this time to be physical beings upon this planet, because you knew in advance that this would be the time when many — not all — physical beings would recognize the broadness and great value of their being. Follow this step-by-step process for awakening.

AB-7 RELATIONSHIPS, AGREEMENTS — We are all creators as we individually think and plan, but we are also often co-creators as we interact with others. Most relationships with others are far less than we want them to be. Find out why. Discover how to rejuvenate unhealthy relationships and attract new harmonious ones.

AB-8 BODILY CONDITIONS — Nothing is more important to us than the way we feel and look, and yet so many do not look or feel as they would like to. There is not a physical apparatus, no matter what the state of disrepair, that cannot have perfect health. Discover the powerful processes to bring your body to the state of being that pleases you.

AB-9 CHRIST CONSCIOUSNESS — While it can be satisfying to read and remember the teachings of the great ones who have gone before us, it is ever more joyous to discover the power of that knowledge within our own being. Learn the process to go within — as Christ encouraged — to experience the blissful oneness with Christ.

AB-10 ADDICTIONS — Habits, or compulsions, or addictions can range from annoying to destroying. Often, long after they are no longer wanted, they can bind and control your life. As you listen to this recording — you will for the first time understand exactly what the addiction is, and the simple process offered here will free you from it.

AB-11 JOYOUS SURVIVAL — While there are seemingly earth shattering events occurring in greater frequency upon your planet, you need not be affected by them. Discover how to create and control your experience in this seemingly unstable environment.
AB-12 PIVOTING & POSITIVE ASPECTS* — If I am the “Creator of my own experience”, why don’t I have more of what I want? Fostered by an action oriented world, most of you do not understand your true nature of attraction, thus the confusion in why you are getting what you are getting. These processes of pivoting and the book of positive aspects will assist you in the self-discovery of what is important to you, and will put you in the strong, clear place of well-being, so that you can allow what you want into your experience.

AB-13 SEXUALITY — Love, sensuality and the perfect sexual experience — pleasure vs. shame. This misunderstood issue lies at the heart of more disruption in the lives of physical beings than any other issue. Discover the true nature of your being, and release yourself from the negative turmoil that surrounds the subject of sexuality.

AB-14 DEATH — Aging, deterioration and the perfect death experience — choices vs. chances. The gathering of years is a natural experience. However, deterioration of your physical body is neither natural nor necessary. Be healthy and productive and active and happy until the very day of your chosen re-emergence into the nonphysical.

AB-15 DOLLARS — Abundance, in perfect flow — gaining the freedom that dollars can bring vs. losing your freedom while gaining your dollars. As there is an abundance of the air you breathe, so there is an abundance of the dollars you seek. Listen and learn how to relax and breathe in the fresh air of freedom offered to you through the abundant flow of dollars.

AB-16 HEALTH, WEIGHT & MIND — The perfect states of weight, health and mind — how can I get there and stay there? Diet plans abound and research continues and yet the number of those unsuccessful at maintenance of satisfactory bodily and mental conditions increases steadily. Understand how your body functions and why you are as you are — and then begin your swift and steady progress toward that which you desire.

AB-17 MATING — The perfect mate: getting one, being one, evoking one — Attracting vs. attacking. While it is your natural endeavor to co-create with others, there are few who have discovered the bliss of magnificent relationships. Find out how you can experience the joy of a perfect union.

AB-18 PARENTING — Perfect harmony between my children and me — and me and my parents. Harmonizing vs. traumatizing. While often disconnected from parents, either by death or by distance, your parent/child relationships often have great influence in your experience with your children or with your current life experience. Learn how to perceive what has been in a way that is beneficial to your now rather than destructive. Let that which you have lived be of value.
**AB-19 CAREER** — The perfect career. What, where and when is it — and what can I do about it now? With so many exterior standards or rules regarding the appropriateness of your behavior or choices — in most cases more confusion than clarity abounds. Use this process to discover and attract that which is perfect for you. Stop the futile backwards approach — and begin creating from the inside out.

**AB-20 SELF APPRECIATION** — If I am so "Perfect as I am" — then why don't I feel better about me than I do? Selfishness vs. selflessness. Your awareness of your perfection was intact as you emerged into this physical body, but it was soon sabotaged by the critical, comparing, judgmental world that surrounded you. Rediscover your true sense of value and well-being and perfection.

**AB-21 INNER GUIDANCE** — Tell me more about my Inner Voice? Because you have thought in terms of being dead or alive, you forget that you are, simultaneously, physically focused while another part of you remains focused from nonphysical perspective. Once remembering that the inner you exists, you may begin to listen to what your Inner Voice is offering. Here is the process for re-establishing that important conscious connection.

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**Free 90 Minute Introduction To Abraham Tape**

A stimulating overview of Abraham's basic message: How to consciously harmonize and interact with your pure, positive Inner Being...How to realize who you are and why you have chosen to be physical in this time...How to joyously and deliberately utilize the Laws of the Universe to Attract all that you are wanting to be or have or do...Also, Jerry & Esther summarize the process of their introduction to Abraham. This cassette is a comfortable means to share Abraham with those who seek a new way of realizing a successful life experience. (Order AB-1.* Include $3.45 S/H)

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...I am a medical doctor and have not, before, run across material that has this much potential to create health...I have enjoyed Abraham's books and tapes beyond any expectations I had when my mother originally sent them. I would like to subscribe to your "Weekly Tape Program". Thank You.

CHRISTIANE.NORTHRUP, MD. — MAINE
PRESENTING A POWERFUL 365 DAY COURSE IN SPIRITUAL PRACTICALITY

Here is a delicious, new adventure into a study of Spiritual Practicality. This is a one-year experiential study of twelve evolving segments, of increasing intensity, of imagining and planning and manifesting.

There may be Study Groups that would prefer to experience these materials in as little as a twelve week period — and those decisions are for each individual or group facilitator to make relative to their cocreational desires.

Habits are usually created slowly. And since a major aspect of the value to you of using this material is the changing — often slowly — from unwanted habits of thought to habits of thought that are more appropriate to your current conscious desires — the most common use of this calendar will be as a joyful 365 day journey into a new world of leading edge thought and experience.

You can begin experiencing the power of this calendar at any time throughout the year. You don’t have to wait until the first of next year. However, in order to get into time sequence with the calendar it is best to start at the beginning of any month. Just let the first day of your first month be day one (page three) of this calendar.

After over 30 years of studying and teaching and enjoying the art of personal fulfillment, I have long understood the power of clarifying and writing out my decisions in appointment books, journals, organizers, etc. But as the years passed, I became aware that at the most joyous and highly productive segments of my life — I simply carried, daily, a fresh, updated sheet of paper in my pocket. This works!

The second sides of the pages are designed to accommodate your daily list of things to do — but as the course progresses, you will discover that they will be offering processes and techniques to fit the advancing stages of your progression within these materials.

Your only power to create your life is in this moment, and the Abraham-Hicks Daily Planning Calendar is designed to focus the purest of your intentions to your todays, the time in which you have your power.

• The Abraham-Hicks Calendar/Workbook is a tool. Utilize it to create, and to teach others to create, the perfect (by your ever-changing standards) adventure in living.

• Use it as a medium of exchange. Exchange any habits of thought, word or action that no longer serve your best interests. Exchange them for bright fresh habits that are more appropriate to who you are in the current moment.

• Exchange any patterns of interaction that are not allowing of each individual’s freedom, growth and joy — for continually changing cocreational interactions that allow the very best from every life you touch.

• Exchange any restrictions to your flow of health, relationships, abundance...Exchange them for an open flow — to and through you — of all that you will come to see as your perfect state of Well-being.

One day at a time you will be giving your attention to that which feels best to you, and you will, thereby, be creating for yourself the most progressively wonderful life that you can imagine.

From our hearts,
Jerry and Esther
Dear Jerry and Esther,

My clients (I’m a psychotherapist) love the “Calendar/Workbook.”

First it was A New Beginning I, A New Beginning II, Sara and the Foreverness of Friends of a Feather, and now it’s The Science of Deliberate Creation...what a magnificent progression of learning aids to supplement the dazzling Abraham events and tapes!

I was excited when I heard about the planned calendar and study group workbook, but the completed project literally takes my breath away! This is a treasure!

The wealth of so many beautifully stated truths makes us eager to participate in the accompanying exercises, and there is immense appreciation for the careful and loving effort with which each excerpt was thoughtfully selected from the vast body of Abraham knowledge, to be re-presented to us on these happy pages. The compact size is perfect...how easily the little folded pages slip into a wallet, or purse, or date book. This portable adventure in Spiritual Practicality is wonderfully user-friendly!

The effect of this extra daily measure of Abraham Energy is truly stunning. Manifestation of our creations comes faster and faster. Life feels better and better. We all thank you, Jerry and Esther and Abraham, for this latest in an amazing assortment of tools for growth!

With love, A.B. — NY

Abraham-Hicks Daily Planning Calendar and Study Group Workbook

A 365 Day Course in Spiritual Practicality

- The material in this calendar/workbook has been specifically intended as an experiential guide to comfortably change your balance of habits of thought to that which will enrich every aspect of your experience.
- Begin in any month. The pages are left to be dated by you.
- This is a study to do. Not a study to simply peruse. It is a study to have fun with in every way that you can imagine.
- The pages are the size of two $100 bills, side-by-side. Tear out a page a day. They are portable. Fold them into your wallet or checkbook, or simply carry them in a pocket. On one side you will find life enriching reminders of some things you may have forgotten and on the other side you can write intentions, ideas, names, numbers...Post them on your mirror, refrigerator, the sun visor of your car...
- Carry a seven day segment, or a vacation segment, with you when you are away from home.

— Let the Magic Begin —

768 PAGES $25 USA

Abraham-Hicks

The Science of Deliberate Creation
Words do not teach at all. It is life experience that brings you your knowing. But when you hear words that are a vibrational match to the knowing that you have accumulated, then sometimes it’s easier for you to sort it all out.

G-11/2/97 — Chicago, IL

Every time you say, “I appreciate that. I really like that. I applaud that. I acknowledge the value in that.” Every time you do that, you spend some of your Energy — and it is the spending of the Energy that creates a vacuum, so to speak, or an attraction, so to speak, that draws more and more and more and more.

G-11/2/97 — Chicago, IL

Desires and beliefs are just thoughts and thoughts. “Ask and it is given?” You ask through your wanting. You ask through your desire. That thing you call desire. That’s the asking. You don’t have to use your words. You just have to feel it in your being. That spark of desire. “I desire this. I want this. I adore this. I embrace this. I appreciate this. I...” That desire is the beginning of all attraction. The desire is what puts the eternality in eternity.

G-2/7/98 — San Diego, CA

When the contrast gets greater, the desire gets greater too, and that’s what miracles are from. A miracle is nothing more than a terrible situation that has caused strong desire and then somehow an alignment of Energy with the desire. Every day life creativity, that’s all that it is.

G-11/2/97 — Chicago, IL

Once you envision something and the Universal forces come into play to help you in the creation of it, there’s never again going to be enough action for you to keep up with it. You can’t use the Energy that creates worlds to create a situation and then find the action to keep up with it. You have to keep envisioning. You have to keep imagining it better.

G-10/12/97 — Rye, NY

Leverage your time more by spending a little more time every day imagining and a lot less time every day doing. Do a little more imagining and a little more less doing. Until eventually most of what’s happening is happening in the cool, calm, anticipatory state. Just imagine yourself into the successes, and watch what happens. Imagine a little more and act a little less.

G-1/24/98 — Dallas, TX

Every cell in your body has a direct relationship with Creative Life Force and each cell is independently responding. When you feel joy, all the circuits are open and the Life Force or God...
Force can be fully received. When you feel guilt or blame or fear or anger, the circuits are hindered and the Life Force cannot flow as effectively. Physical experience is about monitoring those circuits and keeping them as open as possible. The cells know what to do. They are summoning the Energy.

G-11/2/97 — Chicago, IL

Physical experience is the leading edge of thought. The furtherest extension of that thought. You are not at the beginning. You are here on the leading edge, living the manifestation of thought. And as you expose yourself to the contrast within the manifestation, you, don new desires which then summons the Life Force.

G-10/14/97 — Syracuse, NY

The more you say “I don’t remember,” the more you cannot remember. You cannot find something that’s “lost”? When you’ve decided that it’s lost, when it’s lost to you, it is lost. The Universe could not possibly show it to you.

G-10/14/97 — Syracuse, NY

You cannot worry about someone and love them at the same time. Most people mistake the emotion of worry for the emotion of love. They think that worrying about somebody means that you love them.

G-11/2/97 — Chicago, IL

We can be misunderstood but we are never wrong. These Laws are powerful and undeniable. It is always true that what I think and feel and what I’m getting are always a match. And so, you don’t have to ever worry about there being something wrong with the Laws of the Universe. You don’t worry about gravity. Do you? You don’t ever throw something up and say, “Oh, what if it fails me and it doesn’t come down?” There are laws you trust. And Law of Attraction is the one you may trust the most.

G-2/7/98 — San Diego, CA

What about creating a very obvious positive current of financial abundance? What about getting so good at visualizing that the money flows through you easily? What about expending money? Giving more people work? Giving more people opportunity? The more you spend, the more people benefit, and the more people get in on the game and dovetail with you. Your role is to utilize the Energy. That’s why you exist. You are an Energy-flowing being, a focuser — a perceiver. You are a Creator. There is not anything worse in all of the Universe to do than to come forth into the environment of great contrast where desire is born easily and not allow Energy to flow to your desire. That is a true squandering of life.

G-10/12/97 — Rye, NY

You can live comfortably and joyfully and resiliently and healthfully as long as you have desire that summons life through you. People don’t die because they pass through time. They die because they don’t allow this arena to stimulate decisions. The only reason people ever die is either because they have stopped making decisions about being here, or they have made decisions about being Non-physical.

G-2/21/98 — Orlando, FL

Law of Attraction is Universal, and every person is affected by it. And it is always true that what I think and what I feel and what I get are always a match, and there is not a person on the planet that did not know that when they were born, and there is not a person on the planet that would not benefit by knowing it. But many, many, many are not yet asking and therefore are not yet ready for the answer. And so, we would say that although everyone wants this information, everyone is not necessarily ready for it. We would not spend any time trying to convince anybody of anything because if they’re not asking, your answers are just irritating.

G-2/7/98 — San Diego, CA

Be easy about this. Be playful about it. Don’t work so hard at it. Let your dominant intent to be to feel good, and if you don’t feel good, then let your dominant intent be to feel relief. Feed your way through it. If you think your way through it, you can get off on all kinds of tangents. If you feel your way through it, you can come quickly to your Core Energy, and when you do that only good can then flow to you.

G-10/12/97 — Rye, NY
book: a new beginning I

This extraordinary book is powerfully offered by a group of teachers who call themselves Abraham. They express clearly and simply the laws of the universe, explaining in detail how we can deliberately flow with these laws for the joyful creation of whatever we desire. Abraham describes this as the time of awakening, explaining that each of us chose, with very deliberate intent, this specific time of great change to participate in this physical experience. An empowering, life-changing book that will assist you in seeing your personal life experience as you have never seen it before.

COMMENTS:

- Thank you for a delightful book— A NEW BEGINNING I— a life changing book...a joyous do-it-yourself book...I have always known this was an “inside job”, but I’ve not known, before, how to communicate well with the “inside.” — Germany

- We are thrilled with the data. Everyone we have sent the book to thinks it is the best book they have ever read. — California

- The feedback I’ve gotten on the many ABRAHAM books that I have distributed has been phenomenal and it has come from all over the world. — California

- The first edition of A NEW BEGINNING I sold out because readers love the practical ideas of Abraham. In the tradition of Jane Roberts, this refreshing new book reveals a unique blend of new-age thought with the Western desire for “more.” An inspiring self-help classic that gets results.

Softcover. $15.00. 218 pages. ISBN 0-9621219-3-2.
An uplifting book that strikes a chord with the very core of your being. Written by Abraham to assist you in understanding the absolute connection between your physical self and your inner self. Abraham puts this physical life experience into perspective as they explain and define who we really are and why we have come forth as physical beings. This book is filled with processes and examples to assist you in making a deliberate conscious connection with your own Inner Being, that you might find the awesome satisfaction with this physical life experience that can only come once this connection is made.

COMMENTS:

• Your book, A NEW BEGINNING II, has been my constant companion, now marked and circled on page after page...So—UP with the “Fairies of the Universe” and beautiful music and laughter! — France

• ..I hugged the book; I couldn’t put it down for two days....You should see my metaphysical library— and of every book I have, this is the clearest! — Germany

• Thank you so much for the book— it is the best yet. I like to open it at random and see what the good word is for the day. — California

• Like the book before it, A NEW BEGINNING II is clear, practical, inspiring and empowering with more focus on how to realign with your Inner Being. The bottom line for Abraham-Hicks is to choose to feel good in every moment. From that base of joy you will naturally and easily create what you want for yourself and the world.

Softcover. $15.00. 258 pages. ISBN 0-9621219-1-6
Now, the perfect way to share Abraham! In the first half of this 55-minute interview, Jerry and Esther tell the whole story of just how they came to "meet" Abraham, and how their desire to be of value, gradually led them to this incredible encounter with the unknown.

Then, in the second half, watch and listen as Abraham summarizes their Basic Teachings in this, their most concise, powerful presentation yet!

In their uniquely clear and simple way, Abraham reveals, here — the keys to creating anything you want in life. A must for all who appreciate the value of Abraham.

Now, the next best thing to spending a weekend with Abraham in person! This first of our new series of video tapes was recorded on May 15 & 16, 1993 in Albuquerque, NM, and on it is the entire two-day workshop, just as it unfolded for the participants. Listen and watch as Abraham takes their simple message and — by applying it to a myriad of different situations — leads the group, and you, on a truly transformational odyssey.

Available on 5 VHS video cassettes. Each of the first four parts contains two complete sessions with Abraham — averaging 1 hour 38 minutes total — while part five contains the weekend's powerful concluding session, and runs 44 minutes. The total length of all 5 parts is 7 hours 15 minutes.

AV-2, AV-3, AV-4, AV-5 are $29.77 each
AV-6 is $23.77

Order AV-2 thru AV-5 at one time and get AV-6 free!
The complete workshop on video tape — $119.08
Some highlights of each of the five parts are:


**AV-3** — More about parenting. Being a catalyst and guide, to a child's natural connectedness, without addressing lack. If a 4-year-old sees a ghost. Why children may be drawn to weapons play. Why we all are here — the advantages of a broader contrast. Understanding violence. All disease is disconnection. Gardening tips. Action, in ease. $29.77

**AV-4** — Attitudes toward planetary re-alignment. There is no death. Tips on staying connected. The Book of Positive Aspects. If you fall in love with someone who is HIV positive. Does Abraham have a sense of humor? The value of acknowledging what you want from where you stand. Hiding behind words and actions. What, exactly, is vibration? $29.77


**SPECIAL SUBJECT SERIES:**

**Abraham on Parenting**

**AV-7** — Excerpted from AV-2, AV-3 & AV-5 of "Conversations with Abraham, Volume 1." Abraham applies their powerful teachings to the subject of interaction with children. Discussions include: How children can help you discover your own inner knowing. How parents are often a child's principle source of disconnection. How to guide a child's behavior without addressing lack. And, how to become a catalyst to your child's natural connectedness. Running time (approximately) 48 minutes. $23.77

(Music on videos from Max Highstein's "Touch The Sky" album.)
taking on all those different vibrations. And so, most feel absolutely susceptible, or vulnerable, to whatever vibration is out there. That's why you cover and defend. That's why you feel vulnerable and defensive. That's why you have all of those laws and rules that bog you down. That's why you bomb those who don't understand you. That's why you isolate yourself from those who are different. Because, as long as you feel susceptible to their vibrations — then you want to limit their vibrations.

If you can't control your own vibration, then you want to control what other people do. Because, as you see them doing things that are upsetting to you, and you believe that the only way you can feel good is if you don't see things that make you feel bad, then that's a tricky trap. Isn't it? So we want to give you a basis of understanding of how this all works.

**The Powerful Law of Attraction**

Everything is vibrational, and the way you attract, or the way you are allowing, things into your experience — is by the powerful Law of Attraction. It is really the only law that is worth spending much time talking about, because everything happens by Law of Attraction. What Law of Attraction says is, “Those vibrations that are same come together.” In other words, “That which is like unto itself is drawn.”

Whenever you are offering a vibration, other things in your physical Universe that are vibrating in that same vibration — you and those things now have a relationship. Whenever the transmitter of a radio signal sends out a signal, and whenever you tune your tuner to the same signal — you can hear what they are saying, and the same sort of thing is happening to you on an unconscious, vibrational level all the time. When you offer a thought, the thought is vibrating, and as you offer this vibrating thought, other thoughts that are like it, you now have access to.

In order to really understand Law of Attraction, we want to give you this one simple example, because once you get this, everything else will begin to make more sense to you: Law of Attraction means inclusion. In other words, there's no such thing as “law of detraction”. There is no such thing as “law of exclusion”. There's no such thing of “law of no, I do not want that”. There is only inclusion, and what that means is, whatever I am giving my attention to, I am including in my experience.

**Attention To It Includes It**

When I see something I want and I look at it and I spend as short a time as 17 seconds observing it, feeling it, being a part of it, talking about it, giving my attention to it...and I say “Yes” to this thing I want, I am including this thing I want in my vibration. It literally becomes a part of my signal, which means, by Law of Attraction, now I have more access to that. But when I see things that I don't want and I say “No” to them. “Get away from me. I want you not, burglar or murderer or disease or this unwanted thing...” when you observe this thing that you do not want, in your shouting of “No” at it, you are including this thing that you do not want in your vibration. When you say “Yes” to something, you include it. When you say, “No” to something, you include it. It is attention to it that includes it.

So here you are, bless your hearts, moving around in your physical environment, looking all over the place, including all kinds of things in your vibration, and then wondering, “Why is this happening to me? Why isn't that happening to me?”

Once you get it that the Universe is responding absolutely, utterly, sensitively, to the vibration that you are offering, and once you begin to understand how to offer your vibration
You Are A Creator

The Energy of your Source — some call it Soul, some call it God Force — this Source Energy is flowing to you and through you at all times. It is the Creative Energy that continues to Create. And you are a Creator, like a vortex or a channel or a vessel, intending to take this Stream of Energy that Creates worlds and funnel it, through your desire, for further extension of Creation.

Have you heard it said, “Ask and it is given?” Well, what that means is, when, through your physical experience and through this powerful and wonderful contrast that you live, you come upon a new conclusion or a new decision or a new desire... when that desire is within you, even if you do not speak it with your words, the Universal Energy begins to flow toward your desire — and if you are a vibrational match to your desire, it happens quickly.

Often, you are not a vibrational match to your own desire because your desire was born out of contrast. In other words, let’s say that you are sick, and in your discomfort you begin to say things like, “Oh, I wish I were well. I really want to be well again,” but your attitude is, “I am sick.” That’s your mood, “I’m sick.” That’s the way you feel, “I’m sick.” So, from that place of not feeling good, from your place of sickness, you say, “I want wellness. Why does the Universe not answer my request? What’s all this garbage about ‘Ask and it is given?’ I’ve been asking and asking and asking and I still am sick.”

The Formula for Creating says: Identify your desire and then be sure that you are a vibrational match to your desire. So that the signal that you are offering is a pure signal rather than a contradicted signal. So that when you are offering the signal of wellness, then wellness becomes your experience. Then you say, “Well, Abraham, that’s easy to do for someone who is already feeling well. It’s easy to offer the vibration of wellness when I am well. But how do I offer the vibration of wellness when I am sick?” And we say, by remembering when you were well, by imagining that you are well, by pretending that you are well, by re-emphasizing the fact that you are sick and re-emphasizing the feeling of wellness. That is your work. In other words, that’s what Creative endeavor is about.

You did not come forth just to regurgitate what-is: You did not say, “I’ll go forth and look around, and as I look I’ll vibrate and as I vibrate I’ll create, and whatever will be, will be. There’s good. There’s bad. And I’ll just look all around. I’ll be very objective. I’ll be very balanced. I’ll see bad things and I’ll create bad things, and I’ll see good things and I’ll create good things.” You did not say that anymore than you said, “I will eat food that tastes bad as much as I eat food that tastes good.”

You said, “I will go forth, and through my experience I will conclude what I desire. And once I have come to the conclusion of what I desire, I will achieve vibrational harmony with that — and by Law of Attraction, it will then be my experience.”

It is our desire to assist you in understanding how it is that you offer your vibration. We want to help you to become conscious of the vibration that you are offering, and to help you offer a vibration that does match your desire, because when you do, the Universe must deliver to you that which is the object of your desire. And, in time, and not so long from now, you will be one who is not so fixated on the Creation of the thing — but you will be one who is fascinated with the process of the Energy flowing through you.
Enjoy The Process

It's wonderful to create all of those things. We want you to have everything that you want. We want every idea that comes to you to manifest in your experience. But we do not necessarily want it to happen quickly — because we want you to enjoy the process of creation. In other words, if you could, in this moment, think of whatever you want and have it instantly be manifested, you would find yourself instantly bored. What brings life is the process of life flowing through you. It's the feeling of the Energy flowing through you. It's the process of Creation that is life.

When you see something you want and you hold your attention on it and you give birth to a new idea — that new idea literally summons Life Force to itself through you. That's what that feeling of passion is. But if you give birth to an idea, and as it begins to summon Life Force to itself through you, you begin to doubt it or worry about it or test it... now what happens is you are no longer a match to your own desire. So while it's doing its best to summon Life Force to itself, for the completion of your idea, you are vibrationally out of sync with it now because you're including opposite vibration within you. So even though it begins to summon, you don't feel very good in the process because the Energy that is flowing through you is being hindered by the contradictory Energy that is within you. That's what negative emotion is.

Negative emotion is what you feel like when you introduce a lower, slower vibration to a higher, faster frequency.

Once you understand what it feels like to summon Energy and what it feels like to summon a lot of Energy and to allow the Energy to flow, once you begin to, through your own trial and error, decipher Energy as you summon it and as you allow it to flow — you will never again receive, by default or by not recognizing, something that you are not wanting.

When Negative Emotion Feels Normal

If you have negative emotion, which is your indicator that in this moment you are not vibrationally up to speed with your Source Energy, and if you don't realize you have the negative emotion because, after all, as to most of you, negative emotion has begun to feel rather normal... In other words, isn't it normal to feel a little ornery or a little aggravated or a little overwhelmed? And so, as you acclimate to a feeling of negative emotion, what you're actually doing is acclimating to a lower vibration. You are actually becoming accustomed to a vibration that's not up to speed with clarity. It's not up to speed with wellness. It's not up to speed with abundance. It's not up to speed with who you really are. It is up to speed with what many are living, and it is up to speed with what you are observing a good deal of the time — but it is not up to speed with who you really are. But, because it feels normal to you, your Guidance System isn't as alert and alive, and so you don't receive the benefit of your magnificent Guidance System.

If we were standing in your physical shoes, we would not allow or accept or tolerate long-standing negative emotion. Instead, we would use negative emotion in the way you all intended. We would feel it and know it for what it is: As an indicator that, in this moment, I have my attention upon something that is not in vibrational harmony with who I really am or with what I am wanting. Not forever, but in this moment. Or for as long as I hold this belief or attitude or attention to this lower vibration.

Imagine a room fan blowing air in your direction. It's quiet. You can't hear it, but you know it's on because you can feel the air blowing across your body. Now, stick your pencil in the fan. It would make quite a ruckus. Wouldn't it? It might even chop your pencil off. Well,
Abraham-Hicks seminar held in Dallas. Thank you for all the wonderful gifts that you gave me. The purity of all the incredible truths just shines through and has awakened something very powerful inside of me. For the first time in 35 plus years I finally understand what faith really means (at least to me) and see it as something positive instead of as a sign of weakness and naivete. I am so excited about what I relearned, and about what a positive impact that it is already having on my life, that I find myself really yearning to teach and to share these truths with others. Thank you again for the gifts that you've given me and I wish you the very best in your continued teachings.

Warmest Regards,
ER — TX

I asked the Universe to lend me a hand with a letter of appreciation to you two for allowing the Abraham information to just keep flowing and flowing. And I just had so much fun, jotting and reliving. It was and is fantastic.

Among the tapes that have guided me strongly in focusing on wellness are G-11-97, Affirmations of knowing physical well being; G-8-6-92, A beautiful energy flow closing (I wore that one out and reordered last fall!) Introduction to Abraham, Bodily Conditions and Segment Intending. The workshop segment of the Bodily Conditions tapes AB-8 and a host of others.

The depth of feeling and understanding that comes from playing these tapes again and again is absolutely beyond measure. A host of other tapes comes to mind also. My sister in Los Angeles, sends boxes of tapes and, coupled with my own, there are answers each time I listen.

Thank you so much.
SA — TX

Please send tapes from the March 21-22, 1998 sessions in Austin, TX.

I was not present but I sat down with pad and pencil and wrote through some wellness questions and I feel those questions were answered in those sessions.

Also, please send the 8-28-93 Anacortes WA tape, recorded in the home of Burl Ives. That tape is just so good.

Sincerely — SA — TX
that pencil in the fan is what negative emotion is. When you introduce the lower, slower vibration into the higher, faster frequency, the result is a slowing of the Energy that was there before — and when your Energy slows from its natural Source-like Vibration, you feel crummy. That's what negative emotion is. It's what you feel like when something that you are giving your attention to, and, therefore, something that you are including in your vibration, is now causing you to vibrate differently than you really are.

You are, in your natural state, vibrating at a very high, pure, fast vibrational rate. But when you choose a thought that is not up to speed with that, and you introduce or include that vibration in your vibrational mix, the result is that it slows the vibration of your being. Which is just fine. You have free will. You can do that all you want. But when you slow the vibrational content of your being, you feel the slowing. And what that slowing is is negative emotion. That's what it feels like to you.

**Why Does Illness Happen?**

Just as elation is a raising of vibration, or appreciation is a raising of vibration, or the feeling of relief is the feeling of a raising of vibration — the feeling of negative emotion is the feeling of including a lower vibration. And that is why all illness, all things that you consider to be bad, everything that happens to any of you that is not up to speed with what you really want — is always accompanied by negative emotion. And because most of you have not understood that negative emotion and positive emotion are your guidance to let you know where your vibration is, you have learned to acclimate to the negative emotion.

In every moment, you are offering a vibrational output just like a radio transmitter. It's like you are a radio station, and you are always on the air, and in every moment that you are offering that output — the entire Universe is responding to it. The Universe recognizes your signal and matches it constantly.

Most physical humans don't deliberately offer their signal, because they have not decided what signal they are wanting to transmit. Instead, most humans offer whatever signal they are observing.

**The 17 Second Process**

If you are observing something wonderful, as you observe it, it is vibrating. And as it vibrates, if you hold your attention to it for as little as 17 seconds, you begin to vibrate as it is vibrating. So whatever it is is reflected within your vibration. As the Universe sees the signal that you are now transmitting, as a result of your response to what you are now observing, now the Universe accepts that signal as your output. It sees it as your point of attraction, and it matches that signal with other things like it.

If what you are observing is something you don't want, it is vibrating. And as you hold your attention upon it for more than 17 seconds, you begin to vibrate as it is vibrating. And then, the Universe accepts that as your point of attraction and matches it with other things like it. The better it gets the better it gets, or the worse it gets the worse it gets — because the Universe is responding to your signal.

As you are responding to the things around you rather than Setting your own Tone, or sending your own signal, you feel not in control of your own point of attraction, because you are offering a signal, not on purpose, but because you have not

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quite yet learned, or come to believe, that you can set your own tone and that the universe will respond to whatever tone you are setting.

**Why “No” Means “Yes”**

As you come to understand that “no” doesn’t mean “no,” it always means “yes,” then you begin to notice how often you’re saying “no” to something. And the thing that we want you to understand is that it is your habit of saying “no” that is most responsible for your impure vibration. It is what is responsible for the static in your vibration. It is responsible for the contradiction in your vibration.

When you say, “I want a new red car,” the universe responds to the vibration of your desire, but when you say, “But a new red car is too expensive,” the universe responds to that vibration, too. When the universe is responding to two contradictory vibrations, nothing changes for you. Nothing very bad happens, but nothing very good happens, either, when you are as objective as most of you are.

**Ten Years Without Hot Tea**

So often, you say, to us, “Abraham, I want more money but I don’t know where it will come from. I would really like to have more money. I know a lot of people that have money. I believe that money could come to me, but it doesn’t come to me. I don’t understand why it doesn’t come to me. It comes to them. I know that money is a good thing and I believe that there are ways, but why doesn’t it come to me?”

It is like wanting a nice cup of hot tea, so you turn the water on. You put the fire on under your teapot and you turn it on — and then, right before it boils you turn it off. And then you turn it on again — and right before it boils you turn it off. And then you turn it on again — and right before it boils you turn it off. And then you say, “For ten years I’ve been trying to get hot water,” and we say, “Just leave it on.”

You have been trained to be very objective, to weigh the pros and the cons, the pluses and the minuses. Actually, part of that is a good thing, because contrast is necessary for you to come to a decision. And while it seems like a weak reason to you when you are living something you really don’t want, from your broader nonphysical perspective you would not give up this contrast for anything.

Without knowing what is not wanted, you could not identify what is wanted.

So, the key is, as human deliberate creators, you must find a way that you can utilize the contrast in order to decide what is wanted. What you’re wanting to do is to sift through the data of contrast with an intent to select from it what you are wanting.

When you peruse the contrast for the intent of choosing what you do want, you’re using contrast in the way you were born to do it. You’re using contrast in the way your inner being does. But when you sift through the contrast to define what is not wanted and you hold that resistant stance as you say, “No, I want not this,” now you have turned contrast, which would have served you well, into resistance, which never serves you well.

**Let Your Cork Float**

Imagine a cork floating on a body of water, and this cork is up there bobbing on the surface. And, for the sake of our analogy, know that up here on the surface is the high, pure vibration. This is the vibration of your source. This is who you really are. Now take hold of that cork and hold it under the water as you focus upon something unwanted or as you doubt or disbelieve, or as you beat up on yourself or someone else... Now, as this cork is under the water because of your attention to something that is not up to speed with it, now let go of it. Take your attention from whatever has caused the cork to come
under the water. And what happens to the cork when you let go of it? It bobs right back up to the surface. And the reason that we want, very much, for you to hear this important analogy is because we want you to know that that is where your vibration would naturally be if you were not giving your attention to something that was vibrationally different. We want you to understand that you don’t have to work hard at the higher vibration. You don’t have to work at all at the higher vibration. You only have to no longer give your attention to those things that hold your cork under the water.

The Eager Little Children

In the beginning, it takes a little practice. If we were visiting with you in the early days of your physical experience, we would leave this part of it out, altogether, because little children are born with floating corks. They have not yet developed the habit of thought that holds their cork under the water. They are full of themselves. Have you noticed? They’re full of Energy. They’re full of life. They’re full of eagerness. They’re full of passion. They’re full of all this Source Energy. They are pure Nonphysical Inner Being embodied in the flesh, and you say, “No. No. No. No. No. No. No. No. No. No. You’re too happy. You’re too loud. You’re too interested. You’re too eager. Stop that. Stop that!! Stop that!!!” And after about four or five years of hearing that, their corks come down with yours. And then you say, “Good, we have got them molded. We have molded them into our likeness.” And we say, “Poor little tyke. If he could just have been away from you for the first few years, until he got his attitude developed that life is good and that all is well, then you wouldn’t have been able to get him.” In other words, if he could have just had a little experience without your cork drowning influence...

Sometimes you come to these gatherings and we hear you say things to your friends like, “I’m going to go learn how to float my cork” or “I’m going to learn how to raise my vibration.” And what we very much, want you to hear from us is — you don’t have to learn how to float your cork or raise your vibration. That is the most natural thing you ever do. But it is helpful to learn what kinds of habits of thought you have that are keeping your cork from floating. The good news is, every time that happens, you have a Guidance System that’s within you that is letting you know it. That’s what negative emotion is.

When you feel anger or fear or frustration or shame or guilt or any of those emotions that you would describe as negative emotions, what that means, every single time, is that you are giving your attention to something and therefore including its lower vibration in your vibrational mix, causing yourself to now be vibrationally different from your own Source. And so, that negative emotion that you are feeling is a sort of withdrawal. It isn’t really withdrawal, because your Inner Being never withdraws from you — but sometimes you tune your radio dial to a frequency that’s different from your sender, or Source, and you cannot make the connection.

What Is Your Wavelength?

You would not get into your car and set your dial on your radio at 97 and expect to hear 101 FM. Would you? You wouldn’t say to your friend, “I know it’s out there and I want it to come to me. I have 97 dialed on my radio, and what I want will come to it.” You wouldn’t do that, would you, because you understand that in this vibrational world that there is a transmitter and there is a receiver, and if the receiver is going to receive what the transmitter is sending — then the receiver has to be on the same wavelength as the transmitter. And everything in the Universe is exactly that same way. You have to set your vibration to match the
vibration of your desire to match the vibration of your Source — or it cannot be. There is not enough action in the world to make any difference if your tuner is set differently than your Source.

If you will take the time to line up your Energy, to attune your vibration with the vibration of your desire — nothing can keep it from coming to you. But if you don’t take the time to align the vibration of your desire and the vibration of your belief — then there is not enough action in the world to make any difference.

You keep trying. You keep finding different words and finding different actions and offering different processes, hoping that you will be the one exception to the Laws of the Universe and that you will defy this Law of Attraction — but we promise you it is not going to happen.

That awful feeling you feel, that you would describe as disappointment or humiliation or even anger or fear, that negative emotion that you feel, is your indicator that this train of thought, these words, this attitude about you is not in harmony with who you are. Your Guidance System has been letting you know, every step along the way, every single choice of thought, word or action that you have made. Your glorious Guidance System has been guiding you to let you know whether your cork is floating or whether it isn’t, whether you are in harmony with Source or whether you are not.

What Is A Belief?

A belief is just a thought you keep thinking. It’s not any big deal. It’s just a habit of thought. What beliefs do you hold that are not vibrationally up to speed with who you are? How do you begin to sort this out? How do you tell what thoughts or beliefs you hold that are in harmony with your Source Energy? You can tell by the way you feel which are which. When you feel elation or joy or exhilaration or passion, that means that whatever you are giving your attention to, you are a vibrational match to it. When you feel fear or anger or frustration or loneliness or guilt or blame, or any of those negative emotions, that means that, in this moment, whatever you are giving your attention to is not vibrationally up to speed with who you really are.

Bless your hearts, we don’t know how you stand it as you move around your physical environment trying to guide your life by the rules that so many others are offering to you. Someone said to us, not long ago, "Abraham, this is really scary." He said, "I’ve been following a philosophy for a number of years, and the other day I heard someone speaking very boisterous words that said that what I had chosen as my way of life was utterly wrong and that I was destined to hell." And he said, "I don’t want to believe that that person is right. But what if that person is right? What if the choices that I have been making, as I’ve been guided by this voice or that voice, or this voice are wrong choices? How would one ever know which group to follow?"

How satisfying it is, and what a feeling of enormously relief it is, to discover that, all along, you have had guidance within you that was letting you know right here, right now, what the vibrational content of your attention was. Not a punishing guidance that says, "If you keep doing this wrong, you will be punished," but just a simple, in the moment, guidance that says, "This is not in harmony with who you are or with what you want."

It is very liberating to discover the guidance that comes forth from within, and, in fact, it is essential to learning to mold Energy, because you have to find some standard of measurement. "If you’ve got negative emotion and you don’t know what it means and you don’t release it, don’t worry, it will get bigger. And if you still don’t recog-
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nize it, so by Law of Attraction, you continue to hold it to you, don't worry, it will get bigger..." And so, if you have things that are manifesting in a way that does not please you — all it means is that you have a habit of vibration that somehow matches that.

**The Creative Process**

The Creative Process has two parts to it:

There is my finding of the desire, and then there is my aligning my vibration so that it's up to speed with the desire. Now, it really isn't two steps. It's only one step that you keep doing in two different ways. Here's what we mean by this: Whatever you're giving your attention to is already vibrating. And so, by your attention to it, you now include that vibration within you. So let's say that you get into this very good space. You've been meditating or you've been walking in the woods or you've been listening to lovely music or you've been having a wonderful exchange with someone, and you are tuned in, tapped in, turned on. You're feeling great. And in that attitude or mood, or vibrational offering, you have an idea for something, and you launch this idea. You, from this place of feeling very good, you connect with your Source Energy, and you launch an idea. A desire is born within you. It is conceived. It is born. It is done. But then, tomorrow, when you wake up, you are not walking in those woods. You're not listening to that music. You're not meditating. You're not in that good place. And so, now, from your now grumpy mood, you go back and think about the idea that you launched, but now your vibration does not match the vibration of your desire. You are a being who sometimes focuses on things that are a vibrational match to your desire and sometimes you focus on things that are not a vibrational match to your desire — and how fast it comes to you has to do with how often you do which.

You hear people described as "this is an up person" or "this is a grumpy person" or "this is a down person" or "this is a high person" or "this is a happy person" or "this is a somber person." And we ask, how would you define yourself? Are you optimistic, or pessimistic? Are you usually happy? Are you usually unhappy? And what most of you would say is, "Well, I'm a mixed bag. On this subject I'm a happy person and on this subject... On the subject of hiking in the woods I'm a happy person. On the subject of going to work I'm not as happy. On the subject of my best friend or lover I'm an ecstatic person. On the subject of my mother I'm an ornery person."

**Your Vibrational Habits**

Most of you have different vibrational habits that you have developed over time, because most of you have developed your vibrational habits in response to vibrations that were offered. The vibrational habits that most of you have are nothing more than knee-jerk responses. In other words, if somebody comes up to you — someone that you know, someone that you love, someone that you want to love you — and this person is critical, in this moment, or disrespectful, and sort of snaps at you or bites your head off — not literally, you understand — you would probably have a negative response to that person because they have established their Vibrational Tone so strongly that they would dominate the situation.

So you say, "Gee, Abraham, I mean to offer a pure vibration. That really is who I am. And I do a pretty good job of it, but there are just these things that happen that when they happen they evoke from me something different than who I really am." And we say, and that is precisely what we want to help you with. We want to help you get good at recognizing who you really are and radiating that into your physical environment. It's called, Setting your own Tone.
Be The Positive Influencer

We want you to be the influencer of the Pure Positive Energy rather than the knee-jerk responder to anything that comes along. As long as the vibration that you offer is coming because of the way you’re responding to different things, now you can’t watch television, you can’t go out to dinner, you can’t drive in traffic, you can’t be with others... In other words, the only way you could truly be happy is just to hole up, alone, where there would be no influence.

Well, there is another way. You could get big and strong and get lots of bombs and power, and you could make them all behave. But neither one of those seem like very viable options. Do they? You cannot really practically hole up, and you can’t get others to behave in a way that keeps you vibrating in harmony with who you are. And so, the way we see it, there is really only one option: Get so good at offering your Tone, that you dominate the vibration everywhere you go — so that all factors have to acclimate to your Pure Positive Energy. And that, friends, is what Deliberate Creating is: Being good at radiating that which you truly are.

Imagine Yourself As A Magnet

Imagine a magnet. One of those powerful “U” shaped magnets...and for the sake of our analogy, we will say that this magnet has set its Tone. Now, imagine a nail lying on the table pretty close to the magnet, and as the magnet gets close to the nail, what’s going to happen? That nail is going to go right to the magnet, because the nail is caught up in the influence of the magnet’s Tone. Boom! “The devil made me do it,” you say. “I don’t know why I behave that way. I’m always am like that when I’m with that person.” But now, imagine that you, too, are a magnet, that has set its Tone, and you come into the vibrational sphere of the other. Have you ever taken two magnets and tried to push them together in that way? What happens? They push apart. As you have set your Tone, as you are offering your vibration — you will not be susceptible to other vibrations that are different from that which you are about.

Purpose of Manifestation

We want for you to come to appreciate the manifestation as it unfolds, because the manifestation is here for you, you Energy-flowing beings, you Creators, you flow-ers of the Energy that creates worlds... The manifestation is here to help you get better and better and better at understanding how you are flowing the Energy.

Physical beings mostly don’t understand that. You say things, when you come to these gatherings, such as, “I’m willing to take my time and spend my money and practice the processes so that I can affect this physical manifestation. I’m willing to do this — so that I can get that.” And that’s fine. We want you to have all that you want. We want every physical manifestation that you can imagine to flow comfortably and easily and magnificently into your experience. We want those physical things for you — but we want you to understand that the only reason the physical stuff exists is to help you in the satisfaction of flowing the Energy.

Do It For the Fun Of It

Imagine you are going on a trip, and you know where you’re going. You’re going to go to seven or eight cities, and you’re going to be there and here and there, and you’re going to do all these wonderful things — and then you’re going to come back home. If you were approaching that vacation in the way most of you approach your day-to-day experience, you’d say, “Meh, since home is my final destination, and I’m already there, why go?” Of course, that is a silly statement relative to a vacation, continued on page 73
G-series tapes fall, 1997

SET THE TONE OF VIBRATIONAL MATCHES

G-6/10/97 — Her personal path is disturbing her mate. Can she teach Well-being while undercover? Desire is necessary to summon Life Force. In what way can crop circles affect us? To bring these principles into business world. From unconscious incompetency to unconscious competency. Hold the vision and trust the Process.

G-6/14/97 — How can she inspire her sightless mate? Why Abraham communicates through Jerry and Esther. Prosperity, and a child's touch-stone to Well-being. Alcohol, tobacco, blame and physical cravings. Retirement money options and "buyer's remorse." Congressional run has dramatically altered their lifestyle. What would be our healthiest sleep pattern?

G-7/4/97 — What is purpose of the Non-physical existence? Why do you care what others think? One man's perception is another's false perception. She suffers greatly the suffering of others. His suffering childhood has proven a blessing. The vibrational rash before the visible rash. Can we boost our state of appreciation?

G-7/19/97 — Your role here is to extend thought. Has our time to die been foreordained? Brief scenario of the evolution of Jesus. Focus Wheeling her way to her wanting. Universe responds only to the vibration. Do you believe there's a reason for life? How would Abraham interact with the children?

G-7/26/97 — When desire for solitude conflicts with mating. Focus Wheeling a first class airline experience. Are we reborn into physical at higher levels? How to fine-tune his manifesting ability? Never ever settle for less than wanted. Frightened that bad dreams will come true? He's barking up the wrong relationship tree.

G-8/3/97 — Mediator is wanting a nonadversarial role. To be less affected by other's opinions? An aerial view of the mating issue. Conjuring the feeling of perfect body weight. When it seems normal to feel ornery. Focus Wheeling way to peace with another. Doesn't easy way out compromise integrity?

G-8/30/97 — Everything always works out, everything! Found Abraham in bar on 4th of July. Stock Market, Internet and the Mass Consciousness. Laws, dollars nor power can protect princess. High School teacher was getting hoarse. Is decision to marry right for her? Has son adopted a resistant religious philosophy?


G-10/4/97 — The vibrational rash before the physical rash. Focus Wheeling divorce from blame to appreciation. No one can take your power away. Vibrational "moods" will always feel like that. When right for us feels wrong for us? Clarifying seven acres of appreciation and desire. So what?, you can change it all!
4/12/97 — Every physical malady is rooted in thought. Chickens don’t starve after leaving mother’s nest. Focus W healing self-esteem regarding “illegitimate” child. When the most important becomes most immediate. When considering “letting go and letting God.” Children are grown; now who is she? Go forth and have fun with this.

4/19/97 — At her age, she wants a baby. A request for a planetary realignment update. Have humans actually descended from the apes? Do our pets reflect our Energy flow? Free and contented, but now without passion. Children, and the variety of religious instructions. Was there timelessness before the Universe began?

4/26/97 — Some general statements of physical Well-being. Lung disease departed in same way it came. To easily re-route old habit paths. To assist and uplift state prison population. Adding new laws is filling new prisons. Why Abraham’s lookalike avoids fielding questions. Do Thought Forms haunt a specific location?

4/30/97 — Having growth and stability amidst scattered Energy. Network marketers and “Go and tell none”? Focus W healing to set our own Tone. So others won’t bring our attitudes down. When holding back from potential greatness. Seems like it’s not growing fast enough. Bless your unique, independent visionary leader.

5/3/97 — The sea of contrast contains enormous Well-being. Focus W healing your way to much more dollars. Have you learned to tolerate the unwanted? Which action to encourage, habitual or conscious? You really are the center of the Universe. Actor type-casting self into lifetime of misery. Wanting to climb mountain without taking training.

5/4/97 — Why Jerry gunned down an inedible cardinal. What animals are saying to their protectors. Focus W healing path to a new career. “Since I can’t get it wrong, I’ll…” What Abraham sees through Esther’s eyes. Her pain when having to fire someone. Time lag between thought and the manifestation.

5/6/97 — There is enough good for anything you want. Should he terminate this uncomfortable business relationship? When you can’t get there from here. Focus W healing balance of belief and desire. Musician wanting to perform world-wide tour. Love the unfolding of your magnificent dream. Private outward orating became publicly embarrassing.

5/17/97 — Dreaming an intentional community into being. When you feel “led to” a decision. Definition of the process of a decision. On deciding to have a business partner. Marathoner decided to see the finish line. The productive power of positive excited anticipation. Don’t get action cart before decision horse.

5/29/97 — How to imagine something we’ve never experienced. Perspectives of discipline and giving attention to. What “Credentials” are required for uplifting mankind? Job is binding her by golden handcuffs. Son’s Touret’s syndrome at table disgusts husband. Thought Forms and male/female hormones. When “getting even” seems to feel good.


whatever floats your cork!
G-series tapes spring, 1997
without contrast, no fulfillment

G-2/2/97 — To divine our positive future right now? Are there natural levels of protective caution? Alternatives to taking our lovers to court. The Non-physical, and the human fetus. What are her after-death choices? Yours, as the most important role here. The key to a joyous, fulfilling relationship.

G-2/15/97 — Jungian psychology, and his “dark sides” theory. Harmonizing with this baby now within her. Ease isn’t the trophy you’re looking for. Abraham clarifies “the balance of the Universe”. Why haven’t humans agreed on a “truth”? Her maddening son is also her teacher. Why does Inner Being teach in parables?

G-2/27/97 — Considering the variety of religious experiences. Why her career idea lost its momentum. Never take action if it feels uneasy. To go public or keep it simple? Past beliefs and current illusions of illness. Wrestlers, snakes and Universe takes up slack. What would a naturally slender body crave?

G-2/28/97 — To effectively influence with your budding ideas. Do bad thoughts cancel my good ones? Launch, in a moment of passion, then glide. From where do our undirected thoughts originate? How would Abraham generate an ideal day? This passive person wants to generate Energy.

G-3/1/97 — What is the bigger picture beyond this? An angry “disturbed” six year old child. Those memo-ing “bully bitches” at his workplace. Requesting a perception of an ulcerated condition. Don’t talk to nobody about nothing negative. Do talk to everybody about something positive. Why the modest cost for these workshops?

G-3/2/97 — Guess what happened to Curiosity the cat. She doesn’t want a fixer upper lover. Divorced from the good parts of ex-marriage. Why new babies give this nurse thrills. Applying these principles to her legal career. Addressing the Edgar Cayce approach to health. What does Abraham do without Esther?

G-3/7/97 — Your decision is born of contrast. Getting the feel of a vibrational turnaround. When bound by expectations of another’s expectations. Evaluating the magnet’s relationship with the nail. A tearful thank you for Abraham’s teachings. To enjoy her adult, homeless, suicidal son. Predictable, preordained or only sniffable?

G-3/8/97 — Decide to say only “yes” to life. He attended “Our Lady of Perpetual Guilt.” Fear can’t abide where there is appreciation. Music conductor’s dreams are coming true. Can she adjust to her children’s deaths? Is there value in attending grief groups? That’s not God; that’s her mother.

G-3/15/97 — If you’re living it, you’re vibrating it. Graduate seeks specifics of unique career. Having problems with her dry, fuzzy eyesight. How did Mom attract this little angel? Getting sick before you die is pointless. A wonderful, abnormal, autistic, uncorrollable child. Labeled “channeled” or “inspired”, it is natural.

G-3/30/97 — Abraham responds to Tallahassee Unity Church group. Unconditional love vs. mate’s different interests. Committees, visionaries and harbingers of doubt. Lesbian really wants to become perfect parent. Aliens, UFO’s, Hale-Bopp comet and Heaven’s Gate. What can’t we still enjoy in the afterlife? Environmental student questions sources of future resources.
G-series tapes winter, 1996
Making contrast your friend

G-10/15/96 — Understanding some perspectives of stray animals. Young nephew communicates with invisible “Angel Man”. Would you be satisfied in a beast’s body? He questions, “who answers our prayers?” What is the source of Abraham’s information. To enhance the upliftment of our associates. Should she “cut out T.V. altogether”?


G-10/20/96 — Narcoleptic physician has embarrassing seizures. Teen son has grand mal seizures. If you were an absolutely natural being. Habituating your decision to drink more water. Resolving a bitter breakup of a relationship. Wants to promote his addiction to freedom. Water still tepid? Leave the heat on.

G-10/22/96 — Are you a 17 second clock watcher? To fantasize your most desired relationship. How to handle negative thoughts and beliefs? When a family is negative about diverse ideas. Ever a time and place for martyrdom? Your happiness is only 17 seconds away. “Badly wants sole custody” of her child.

G-10/23/96 — She wants to attract self-motivated associates. Good and bad side of setting goals. He’s making more money with less action. Learning to trust your natural Well-being. Get on a rampage of career appreciation. No credentials are required for true “success”. Busy physician wants to talk about time.

G-11/16/96 — How important are our visits to burial places? Translation and resolution of a teacher's dream. Minister may be feeling some “project overload.” Are we reborn with our previous vibration? She has summoned a discomforting Non-physical. Source of the Calendar/Workbook’s illogical power. Thought Forms, Ghosts and Angels perceived.

G-12/14/96 — Runaway dog is being more fun now. Some vows for ones wanting to co-create. Some tantalizing thoughts about thinking thoughts. The pros and cons of obsessive thinking. She desires an intimate Inner Being connection. A visual actualized relationship came and went. You must constantly regrow your vision.

G-1/11/97 — Only a part of you has come forth. The softening distinction between Esther and Abraham. Her media ride from fear to disease. Affirmation of knowing of physical well-being. A 96 year old healthy heavy smoker. This child desires no “A’s” at school. Potential opportunity within public school system.

G-1/12/97 — Can one Inner Being inhabit multiple bodies? How to evoke the best from others. Can teacher of upliftment avoid bureaucratic influence? Two year old son raises restaurant ruckus. Brothers in conflict about property management. Some ways to regain their sexual intimacy. Doesn’t want to depend on husband’s dollars.

G-1/25/97A — When bad dreams happen to good people. An alcoholic, spendthrift, frustrating mother. Multiple personalities, attention deficit and Alzheimer’s. Let’s discuss desire, greed and the ego. Are boy’s cliques from a natural tribal instinct? New baby’s parents would like more sleep. Can she positively safetytize her baby?
G-6/23/96 — Interaction with a Unity Church in Colorado. He and his intelligent, runaway, guilt-free dog. Are humans other than higher level animals? He has a great life, but now what? At odds with his newly single life. Diet is more than what you eat. To take dollars out of career equation.

G-7/6/96 — Gang members or choir boys return to Source. What is it like to be Non-physical? Life, as a cookie counter of delicious choices. Any value in memories of early years? He wants Abraham's thoughts on Astrology. If Non-physical is so good, why come here? Differentiating between contentment and complacency.

G-7/7/96 — Rock the boat, just don't get dumped out. Staying positive in his run for Congress. What if we wanted to only envision. When menopause rears its mysterious head. Are you aware of new physical symptoms? Wanting her employers to walk their talk. With an increased desire for adventure.

G-7/13/96 — Directing the Energy that creates worlds. Seth, Life Spring, EST...any Non-physical connection? Fearing re-emerging as gang member "societal deviant." Uncle John deliberately chose his life of crime. To stay youthful, stay interested in something. Understanding karma concepts and pre-birth intents. About "doing wrong and enjoying it"?

G-7/27/96 — When there is a pencil in your fan. Her dog died, and "parents are failing." Can the deceased come back to help us? Why we don't hear Abraham laugh. Does Abraham focus into other planets? She wants her family to make history. Your final vacation destination is your home.

G-8/24/96 — Recipe for brewing a long delayed tea. Lawyer's lover's jailing brings judicial clarity. Why "visualization" is your best friend. Can we mentally detect another's criminal intent? Health store resisting cigar smoker's deck. The "Little Piggies" headache remedy. Her angry kid that can't be corralled.

G-9/7/96 — To deal with shady side of herself? Pre-paving her pending post-divorce experience. He wants this beautiful, well organized, life. Why marriages are better in the beginning. The good news about his impending divorce. Have we made limiting pre-conditions or agreements? Abraham produces a brief aura show.


G-9/21/96 — Her family experimented with the satanic concept. Have you a bag of diverse thought tapes? If it's bringing you pleasure, it's success. Public defender seeks guidance for incarcerated clients. Children, genetics and conception without articulated decision. Some clarification of the Feeling Place scenario. Appropriateness of childhood immunization?

G-series tapes SUMMER, 1996
YOU CANNOT EXCLUDE EXCLUDING

G-4/14/96 — On seeing your savings as seed money. When taking your manifestation score too soon. What your powerful imagination can do for you. Appreciating a sudden realization of abundance. Vibrationally influencing a loved one’s transition. Seeing prisons as small intimate cities. Suppressed adventure and the expanding prison population.


G-5/18/96 — There’s no reason to guard against illness. Wanting to get rid of overwhelming clutter. She feels stuck on always being right. Ego is essential to your physical fulfillment. If we intended to walk on water. Earth is everything “we” wanted it to be. Rome fell; will this empire fall too?

G-6/1/96 — To what end is her physical form? When wanting to manifest specific dollars. Does the “Abraham Energy” have individuality? Wanting positive answers from a negative daughter. Follow your bliss to fulfilling your purpose. Why not merely create directly to joy? She questions crucifixion, salvation, damnation and hell.

G-6/6/96 — To reconcile any feeling of negative emotion. Is there a specific point to take action? Wanting to verbalize the beauty he receives. Her free dog attacked friend’s leashed dog. Therapist discusses tribal beliefs and voodoo influences. Still wetting bed at ten years old. Neither preaching nor praying made me “me”.

G-6/8/96 — Since you can’t exclude excluding, just include. How and why does the pendulum work? Could occasional pains be Thought Form fallout? Helpful policeman and an “extra” love seat creation. Is not Abraham here to help us? Cindy has a question about her God. The process of designing your perfect relationship.

G-6/9/96 — Childbirth, does it have to be stressful? Can she interact with Christ Consciousness? To enhance value of diverse cultures. Whatever became of “Adam and Eve”? When one’s parents complain about their health. A seven minute review of Abraham’s Processes. When self-judgment defeats physical beings.

G-6/22/96 — To vaccinate or not to vaccinate. When therapist achieves vibrational harmony with resistance. The widening crevasse between haves and have-nots. Desire is the root of all creation. Has she wasted 52 years of life? Words for a couple about to unite. Father forbids her belly button piercing.
G-series tapes SPRING, 1996

DISCOVER YOUR VIBRATIONAL MATCHES!

G-1/7/96 — To spiritually invest her material dollars? Eastern religions, meditation and the Non-physical Energy. The ultimate objective of a physical entity? Abraham would choose passion over fear, anytime. You can influence only as per vibrational matching. “Focus Wheeling” to purify prosperity vibrations. What Abraham wants for each of us.

G-1/13/96 — Being a most effective Teacher of Well-Being. Should we ignore the unwanted in another? When fearing the fear of thought control. How vulnerable are we to Mass Consciousness? Do our cells remember from other lifetimes? Why is a “desperate” wanting counterproductive? When to take action on your vision.

G-1/27/96 — Difficulty in helping those who “need” you? Wanting a specific vs. general business growth. Her negative family conditions are positively shifting. They have created a fun specialty business. Some characteristics of the “Family of Teachers.” Wanting “positive boundaries” for their first child. Why birds often serve as Non-physical messengers.

G-2/24/96 — Managing in midst of a heated argument. You can’t defy the “forces of fat.” When we can’t get there from here. Resolving the dilemma of criticism of obesity. Can we simultaneously exist in another place? Does their different opinion make them wrong? A potty training and bottle wanting conflict.

G-2/25/96 — Discipline, can only net a mediocre experience. Her daughter is taking crashing Karate falls. Incapacitated mother existing in nursing home. Family of Teachers is finding each other. Daughter is caught up in parent’s divorce. Painlessly observing the pleasure of diversity. A perspective of the evolution of physical.


G-3/31/96 — “Tithing of talents, treasures and time?” Feeling vulnerable to mate’s “frivolous” legal decisions. Fearing her daughter will abandon her again. That vital feeling of lined up Energy. “I really like my political opponent.” The evolution of a street gang member. To personally empower your governmental leaders.

G-4/13/96 — Trying to exclude exclusion is still including. You are individual perspectives of a greater whole. Deciphering a leaf-bearing dream of driving. High school “dropout” considers value of education. How do you feel about dollars without work? To attract an “Abraham” into my thoughts. The American Dream in process of achievement.
G-10/8/95 — Using jelly beans as “Cosmic healing symbols.” Very old souls inhabit crack baby’s fetus. At each religion’s heart was a connected individual. Your economy as a Stream of Energy. Beatles nightmare and a seductive guru. On starting a group of learning thinkers. In reality, every death is a suicide.

G-10/14/95 — Is this moment of negative judgment justified? The etiology of a schizophrenic scenario. Points to ponder when considering helping another. Feels blamed for her son’s schizophrenic symptoms. When fear of wakefulness equals sleeplessness. Butterflies understand the joy of the journey. Are they uncomfortable in your “unrealistic” joy?


G-10/28/95 — The “yes” on other side of every “no.” A new game: “My Magical Creation Box.” Any way to understand our original Source? Smoking and drinking reduced on 120th birthday. Let your pleasurable vision be more dominant. Battered and bruised mom’s 90th birthday. Allowing family members their contrasting diversity.

G-10/29/95 — Chronic back pain in doctor’s thriving office. The rhythmic stream of Non-physical consciousness. Brother dogs are biting each other. Your Non-physical friends love you anyway. Children diagnosed with Attention Deficit Disorder. Bickering human brothers are biting each other. “Survival of the fittest,” dogs and humans?


G-11/12/95 — She fears her pure erotic stream of Energy. Sexual transmutation and “Think and Grow Rich.” Considering “DNA scattering at a molecular level.” Jerry and Esther and the Seth synthesizers. Your big dreams attract their vibrational essence. Everyone on the planet can be wealthy. Can we create Universally without taking action?

G-12/6/95 — Achieve a vibrational match to your desire. A question about vision, the eyesight kind. What a Focus Wheel can do for you. Paradox of a singular ego vs. All-That-Is. Is the “subconscious mind” a valid concept? Evaluating the match of wellness and herbs. The “Sara” book eased their pang of “death”.

G-12/9/95 — What is the order of the Universe? Easing grief and terror of widowed mother. Contended choices in cookie counter contrast. Widening crevasse between the haves and have nots. She craves the intimacy of a sexual experience. Abraham study group dynamics of co-creating. The Universe will always match your vision.

Geratologist's body is showing signs of deterioration. Why weight gain can influence physical decline. Why to never speak your negative symptoms. As Jane Roberts resisted utilizing Seth's suggestions. Defensiveness and a debilitating live-in critic. Relationship took a nose-dive after child birth. Why the laborious "C-section"?

Example of a beneficial use of contrast. Relieving an electro-magnet from it's metal burden. Why he fears trusting in the Universe. Self critique of her process for acting. Brief process to augment your Place Mat Process. A mother's greatest empowerment for her child. She still smokes and enjoys doing it.

How much "doing" to leave to Universe? Efforts required when your recipe contains resistance. Mother's role between father and prodigal daughter. An assignment from a loving Inner Being. Can A Spiritual journey be extraordinarily painful? When new friends face your old reality. Your similarity to an attracting electromagnet.


What is Abraham's opinion on smoking marijuana? Since early childhood she's never slept well. You can appreciate your way to success. When "abnormal" mid-life physical sensations become frightening. Preparing for a catastrophe with health insurance. Dark thoughts intrude into her happiest moments. Varieties of definitions of synchronistic events.

Why so many people talk about negatives. You are an extension of a Non-physical "we". Dealing with the issue of personal bisexuality. A perspective of a Down's Syndrome scenario. Do human beings share other's Inner Beings? It's not about dollars; it's about abundance. Anything to do for a dead friend?

Venting her MLM and Place Mat contrasts. A butterfly as baby chicken's chicken hawk. From whence comes Abraham's leading edge thought? She still isn't keeping her bedroom cleaned. Why sell home you want to keep. Teaching the children that all is well. Increasing an income on airline's pay scale.


"In this world but not of it"? Abraham's perspective of a "schizophrenic personality". "Reality", as only the majority's agreed perception. A "cloned" mother resists mood modifying medications. To joyously render Caesar's levied revenues. Consider our contradictory beliefs about law-keeping. So "sovereign" that we can choose bondage.

Three statements for living happily ever after. Sculpting one's body in contrast to beliefs. Fred, our flying friend of a feather. Psychologist wanting to integrate Abraham's teachings. She very much wants to get pregnant. Adopted Korean son and Scripting a birth mother. Relationships are either getting better or worse.
G-series tapes SUMMER, 1995
utilizing the value of contrast

G-4/29/95 Should evil be resisted or not resisted? How would Abraham handle a bomber’s punishment? Bombed, broken babies of Baghdad and Oklahoma. How banks of anger fuel future disasters. The case for banning potential killer cars. To positively observe all the baby killing bombers. Consideration of our moral and ethical positions.

G-5/13/95 When your creating is out of balance. When noticing a case of background anxiety. You were trained to respond to conditions. Feeling guilty about living her leisurely life. Have you asked “What is my work?” Abraham’s teachings considered as a unifying force. Why so “hard for her to tap in”? 

G-5/14/95 When one declines while moving through time. When doing the unwanted to please another. Why must have a hard time empowering others. On saying “yes” when we mean “no.” To live in harmony with your government. Nothing is “greater,” because it is all one! Is Non-physical only pure positive Energy?

G-6/1/95 The killer earthquake versus the killer military. To understand the bombing of the children. How can she help her chemotherapied sister. Inspired teenager saves friend by his belt loop. Role of Appreciation in Process of Creation. Depressed over daughter doing 90 days for DUI. What is your Vibrational Point of Attraction?

G-6/3/95 Could she have been her own grandmother? “Home alone” child felt no bitterness. Allowing the passion for whatever you want. What would the perfect lover FEEL like? Value of a state of impatient patience. Positive aspects of a state of procrastination. Getting a grip on the Karma Koncept.


G-6/17/95A Planetary depletion thesis vs. “All is well”? Your Economy as an exchange of Energy. Pot smoking, acid tripping disconnected granddaughter. Creator, as an orchestrator of conditions. Have fun on the way to your happiness. Suffering, is not essential to your growth. “All is so well in my world!”

G-6/17/95B Time, is not the income producing factor. Naught more normal than woman’s changing body. On keeping her husband and her lover. Religion, worthiness and creating one’s own reality. His daughter is failing “scissors” in kindergarten. Some advantages and disadvantages of home schooling. Natural childbirth, menstrual cycles and menopause.

G-6/18/95 Another enlightening session at Unity of Ft. Collins. The Principles of Spiritual Living Made Practical. Wanting a mosquito-free gardening experience. Is your relationship ripe enough to pick? Catch the spirit of collecting the data. When a school attempts motivation through humiliation. A Scripting example for mother of teens.

G-7/6/95 Here is what is normal for you. When all the desirable ones seem taken. Can’t remember where she hid her jewelry. When Jerry drank some discombobulating wine. Why has she lost her sexual drive? A question about a credit card debt. The vibrations of appreciation will get you anything!
G-series tapes SPRING, 1995

An introduction to Little Miss Sticky Fingers. You were born into a state of absolute Grace. On islands of freedom for trespassing homelessites. Trespassing dogs are defacing her flowers. His neighbors shot his trespassing dogs. Teaching our children the magical balance. When the deceased dog reappeared in a dream.

G-1/29/95 Your broader view and mass upliftment. Augmenting the value of public school systems. When you’re taught that resistance is normal. On allowing a child their own experiences. Empowering the Universe to deliver to you. To replace her skills in her husband’s practice. Role playing disaster as a counterproductive act.

G-2/11/95 A whole new orientation for life. He wants to understand those intermittent seizures. “Former” rebel is “controlling” ten teen rebels. Why would anyone ever want to die? Conscious croaking, as a doable undertaking. Ideal physical life and fulfilling one’s purpose. Life is not like a football game.

G-2/18/95 Looking at the problem resists the solution. Does Abraham observe us only through Esther? The productive response to “How’s it going?” A positive beast and a toothless cowboy. To be able to comfortably kill beasts. When waitresses workplace deteriorates to dissension. To have your cigarettes and well-being too.

G-2/25/95-B Perspectives of “3rd World” birth conditions. What becomes of “bad guys” in Nonphysical? To create less resistance around sexuality. Gained a lover but lost some freedom. Perusing your history will repeat your history. His girlfriend’s pregnancy is closing his valve. Co-creating with critical fundamentalist daughter.

G-2/25/95-C Clients who remember a forgotten negative past. As a gay man, I write this scenario. Do we have prebirth choices of sexuality? Are there sexuality options in Nonphysical? I’m the gay one who wrote that note. A homosexual is expelled from the Ashram. Take no delight in another’s dethronement.

G-3/10/95 On learning to appreciate your diversity. The Power of the Place Mat Process. Five young videographed vandals express their freedom. The vandal’s role in the vandal’s vandalism. Reducing your resistance to a horrific event. “Forgiveness,” as counterproductive to well-being. One has different sexual passion than another.

G-3/25/95 A perspective of welfare reform and homelessness. You can not not get what you want. Is there form or self in Nonphysical? To help our children continually evolve. Why children rebel in these “better” times. Avoiding contrast isn’t fulfilling your purpose. Three teens who love drugs and lawlessness.

G-4/2/95 A butterfly’s three generational joyful journey. She’s being plagued by irrational relationship thoughts. Why quantum leaps can feel too painful. Reality, as how we feel in the moment. After we croak, then what happens? Nonphysical behavior in a physical body. Will the real Nicole please speak up?

G-4/8/95 Abraham becomes a bit more blunt. Place Matting from resistance to prosperity. When inheritances and trusts equate with resistance. Shortage is a fallacy; there is enough. To give up the counterproductive financial struggle. Benefits and detriments of facing financial deadlines. Knowing when you are fulfilling your purpose.
G-10-8-94 — A paralyzing house-buying terror attack. When not doing the simple workable things. How to quickly defocus our negative attention. Not telling you what to, but how to. Which Inner Voice should we listen to? A potential diagnosis of Esther’s ‘brain condition.’ Abraham writes a Script for Deliberate Creation.

G-10-12-94 * — A smoking, emphysematic, wallowing, unwilling mother. A minister's daughter questions "speaking in tongues." A physician seeks clarity of her purpose. Wanting specific applications to physical sensations. To deal with feeling rightly criticized. Wants a billion $ to transform consciousness. And a spider sat down beside her.

G-10-15-94 * — From calm pregnancy to hands on mate's throat. He's still petrified over the "croaking" thing. Merchandising nutritional products without negative manipulation. Multi-level leaders disturbed by distributor's diversification. Renegade back-seat teenagers preserving the species. Script for it, or work for it? Expression of "God" as limited by perception.

G-10-29-94 * — Some perspectives of the teen criminality issue. You were trained to close your Valve. Teen son in serious trouble with the law. Abraham discusses the issue of crime control. She hasn't Scripted a purposeful pregnancy. Will sexuality continue to be a taboo? Mother, as a child's Garden of Eden.


G-12-4-94 — You are physical extensions of pure Energy. Abraham's philosophy relative to the tax system. Your againstness goes against your well-beingness. Conscious Thought Bank utilization for intuitive precognition. The etiology of the new ‘Sara’ book. Does Abraham have a curriculum or agenda? Prayer, and the plight of the outcast smoker.


G-1-7-95 — Learned patterns of resistance regarding dollars. Writing a new sister-to-sister Script. Tell others: All is truly well! Allowing the flow of your creative genius. Your power to project your positive influence. Your positive connection to your nation's presidents. Do you really miss your extinct dinosaurs?

G-1-8-95 — When resenting the source of your dollars. Could we waste our way to abundance? You are not the controller of population. Esther doesn't do fever blisters anymore. After seven years of mushrooming mammogramal fear. Statistics have nothing to do with you. Been there, done that, and now what?

RELAXING INTO NATURAL WELL-BEING
Is there any preassigned path for us? Inner Being and projected continuing personality. When encountering one of your cucumber counterparts. Prisoner won’t learn “please” and “thank you.” Mystery illness, spiritual treatments and miracle drugs. Torn between two choices of careers. Haunted houses, trapped souls and abominable apparitions.

G-7/23/94 Fifty minute creative update to Unity gathering. Fifteen seconds, as enough to focus on unwanted. Hypnosis, Thought Forms and Unidentified Flying Objects. You are an extension of your own inspiration. Trying to draw mate to conservative finances. A photo opportunity with the Prime Minister. Finding the balance between acting and reacting.


G-8/7/94 The vibrational patterns of your learned vocabulary. To not squelch a baby’s innate ability. Those coming forth to teach well-being. Doctor discusses exposure of physicists to Abraham. “All are one” — the “unworthy” ones too? Seth, Abraham, Mickey Mouse, and assorted labels. Harmony isn’t about all singing the same note.

G-8/14/94 Loving, in spite of observed, unwanted conditions. Teacher loses control of hog-tied sixth graders. What children really learn in public school. Karma, a punishment of a cruel ex-lover? On being labeled as a gifted underachiever. When disturbed about how dollars are allowed. A rising tide doesn’t raise the rock.

G-9/4/94 To receive broader answers, ask broader questions. Do this when confronted with “female trouble” statistics. Diagnostic terminology for a law abiding surgeon. Divine Intelligence, and the cell’s aging process. What is appropriate time to stop aging. Horror movies, and creating accessible Thought Forms. On becoming a culture of comfortable killers.


G-9/24/94 When you consider violating your broader intents. Vacillatingly selecting a post-divorce dwelling. We are all one big, happy, expanding family. Should we ignore “revelations” of apocalyptic terror? She had the strangest “gingerbread dream.” National exposure, and the Joan D’Arc fire walk. In appreciation of Abraham’s teachings.


G-10/1/94 Why you try to physicalize the Nonphysical. On joyfully cocreating with an autistic child. Participant’s perspective of a mental rehabilitation facility. Aging ones stacking more to push against. How long to wait for harmonic relationship? Four kids, debilitated husband, and she quit job. How one can sell one’s home fast.

G-4-16-94 Learning to open your Valve to Abundance. Chain of birth-control-Pap-smear fear. To them, you're either cancerous or precancerous. Is there power in another's dire warnings? When considering participating in a lawsuit. Seeking proof invalidates the process you seek. Ten minute acknowledgement of feeling of well-being.

G-4-17-94 Sales skills, as precognitive or creative? Other-dimensional teleportation and the magic of connectedness. Advice to father of drug dependent child. If the body parts are unpleasantly aging. Why the "homeless" choose freedom of homelessness. A further exploration of the "realignment" scenario. Son bites sister and torments the cat.

G-4-26-94 * Creators, as deliberate managers of Energy-flow. She always hurts the ones she loves. If the sales dramatically dwindle off. Why the recruiter's recruits aren't recruiting. It's not about "earning" or "paying a price." Make mental fortune before placing your bets. Aiding one in fear of death by disease.

G-5-1-94 * As in the "beginning", world without closure. Even looping cells are of good intent. Breech-birthed out of a roman Empire? Your dog doesn't forgive, pray or celibate. Abraham's words for your dying loved one. Understanding a four year old piano prodigy. Having fun with opening of your Valve.


G-6-4-94 * Son is in governmental child protection custody. Entire Universe responds to your Energy-flow. You can't use the power when disconnected. Appreciating the evolution of your own body. Culturally defined values or your broader values? What is the most socially advanced civilization? What can an "Idiot Savant" teach us?

G-6-19-94 Why does the skin's scar reproduce itself? The "Gift of birth", but, regarding P.M.S.? Dysfuntionality of financially bailing out the grandchildren. You have no "mission" to fix anything. When born with a grotesque physical condition. More to life than staying out of trouble. Psychics are seeing probabilities, not mustabilities.

G-6-25-94 An elaboration on the "Vibrational habit" concept. To live 80 years of quiet desperation. Securing her son's freedom from imprisonment. Test words and thoughts against your Valve. When innocents are suspected of dastardly deeds. On putting Party Cat in protective custody. Legal or spiritual responsibility for children's actions?

G-6-26-94 Manifestation, relative to the detachment concept. Evaluating the circus' coming to town. This hinders you more than all else. Stuttering, and a variety of positive choices. Positive pondering and the "trim tab" concept. How fighters, in turn, create other fighters. Learning to stay positive when criticized daily.
G-1-23-94 * A message for a newly-wed couple. Understanding the Non-physical birth process. Live and love as consciously as possible. To retain positive autonomy in intimate relationships? Abraham defines “eternal beingness.” Being allowing within a structured teaching environment. To not “backslide” from your well-being.

G-2-12-94 * Meditation, related to the State of Appreciation. Basis for understanding broad earth changes scenario. Son, 5 1/2, beginning to express his sexuality. If it doesn’t feel good, don’t do it. Addictions, as the cell’s adjustment to conditions. Spirituality, sensuality and sexuality further defined. Shorten the time between wanting and manifestation.

G-2-20-94 Realistic academics and the mystical God concept. Luxury cruises “paid for” by vibrational allowing. Are “fun and money” valid spiritual subjects? Re-“energizing” aspects of food, rest and drugs? Will we all be able to see auras? A process to get your stuff organized. When concerned about changes in sleep patterns.


G-3-5-94 National debt, relative to my personal experience? Male “named” entities threaten her self-evaluation. Fear of fear of a (healthy) Pap smear. Does she have a true death wish? From a critical mass to a “second coming”? How Abraham would play an awesome ball game. She is considering a positive career change.

G-3-12-94 * “With what am I achieving vibrational harmony?” Revisiting the process of utilizing positive “Touchstones.” Momentum, and the speed of manifestation. When contrast broadens between Psychotherapist and client. She wants a delicious relationship with a man. Resolving the fears of an ex-mate’s threats. Another’s eccentricity is not a valid threat.

G-3-13-94 * Your innate power to universally influence. An adult child returns in financial straits. Relating to the nature of the nonhuman beasts. Mother fears daughter’s exposure to mandatory philosophy. Dynamics of a time limit and/or $ attraction. When beings choose emergence into “impoverished” areas. Harmonic vibrations of “bad guys and good guys.”

G-3-16-94 Creation, as a 4 Step vibrational process. To regenerate a traumatized physical body. To re-harmonize with a disharmonic mate. To separate lackful speeding from joyous speeding. To transmute wanting to a positive feeling place. To carry your joy over through death. To add years to your delicious years.

G-3-20-94 Doctors and medicine as bridges to well-being. You, the captain of your ship of cells. A doctor healed by alternative placebos. Patients, on seeking validation of electromagnetic vulnerability. Adoptions, genetics and a porcine expectedness. Getting stuck in mate’s abundance attitude. Pre-planning’s value to your creative outcome.

G-3-25-94 * Observation of a condition increases the condition. Finding the feeling place of perfect body weight. Understanding the dynamics of the man/woman relationship. A ghastly apparition and a state of vibration. When one’s life begins to feel meaningless. You are never physical instead of Nonphysical. Counter-productive concept of a Non-physical hierarchy.
How to understand how to understand how to. An overview of a stroke patient's scenario. A stepmother seeks less sibling squabbling. Is physical a definitive dimension for nonphysical? A softball pitcher voices her speedball "limitations". To always feel that "winning feeling." Revisiting the subject of allowing dollars.

Why the nonphysical teaches through fairy tales. Enlightening perspective of a 100 mile divorce dispute. On seeking a new career while under $ pressure. Why do some choose to be "retarded"? Nonphysical's choice of a "defective" physical apparatus. Staying free in an unfree high-school experience. Resolving, and living beyond, hurtful relationships.

You can't resist "evil" without adding to it. Why the exterminators of world's other-thinkers. A life saved by breaking a traffic law. Phenomenon of "stretching" the illusion of time. Could a 120 year older somersault to death? Playing a "positive what-if" relationship game. An oncological nurse's fear of offering false hope.

You are an extension of pure, positive Energy. The exuberantly happy, extremely "poor", primitive children. Why primitives don't submit to "civilized" threats. Why nonphysical sees earth-experience as joyous. Passion comes from the intensity of your wanting. Getting to happiness from a state of depression. The crevasse of lack when "growth" is your goal.

Why can a "good" doctor change a belief system? Babies born out of wedlock...without family values. When evil is rewarded with good, how to reward good? Evolution, and the extinction of specific species. "No", as a universal contradiction. Whatever you choose is all right with me. You are not going to take your body with you.
G-series tapes fall, 1993

YOUR NATURAL STATE IS ONE OF GRACE

G-7-11-93 You can't get there while vibrating here. A realtor transmutes a major financial transaction. Transmuting paralyzing fears of prospective phone calls. Can we receive the same answers without Abraham? A more valuable commodity than your dollars. Recruiting, hiring and conscious cocreative experiences. Attracting great abundance in a brief time.

G-7-24-93 Intuition, prepping and your personal flight plan. Why you don't look and age equally. "Going to the well" for energy and stamina. Why one would request a gender change. A balloon person attracting bearers of pins. Uninspired son rules out the house rules. Eastern philosophies, gurus and Triad of Intents.

7-25-93 His aging, sleeping mother is lingering on. Are we "thinkers" or extensions of thinkers? Dealing with divorce one thought at a time. Mediation, and purposes, processes and tools. Depression, as an absence of Inner Being. Children's "formative years" as freedom trampling time. To hear different answers, ask different questions.

G-8-15-93 Optimal utilization of your basic six senses. Wanting to attract an intimate relationship, but... "Surrender" and why the word comes up. In reality, you are your only opponent. Channeling one's Source — or a nonphysical Thought-form? Feeling, forming a fulfilling, funfilled career. Letting contrast serve as a catalyst to clarity.

G-8-28-93 "Death", as a physical/Nonphysical decision. His energy wanes as the day progresses. When a motivational visionary takes score too soon. Interacting with a negatively focused family member. An anomalous merging three generational family. Why the desire to retain eternal individuality? A becrutchled, suicidal, mirroring Energy-being?

G-8-31-93 Your bliss will point to your life's purpose. Discussions of a devastating dental diagnosis. Counterproductivity of using revenge to "get even." Millenniummania and massive mass consciousness changes. To keep a 2 1/2 year old child "in tune." Instant lacklessness to a mystical transformation. Chain of events, as a casual postcard leads to Abraham.

G-9-4-93 A bridge between want, allow and appreciate. "Labeling" an "insomniac" increases the problem. Raggedy Ann's burial, and warts were vanished. Spend zero time trying to solve problems. When hospital's function is to prolong death. Pregnancy, child birth and always feeling good. Releasing counterproductive cultural beliefs without guilt.

G-9-5-93 From your diversity springs your growth. Why any belief can be "confirmed." Another run at physically comprehending Nonphysicality. All different "Truth-holders" believe they are correct. On "being grounded" vs. meddling in others' problems. Naught "must" be, for all is in flux. Guidance is "to" wanted, not "from" unwanted. We are not here here to fix something broken.

G-9-18-93 Some curiosity about Spiritual Guides' honesty. Why we can't "be psychic" on purpose. Emergency doctor wants more controlled family time. Thinking about dollars, or the "lack" of dollars? You have each returned via sexuality. Guidelines to help children utilize these principles. Guiding, affirming eight minute summary.

G-9-19-93 The reason you didn't come as an otter. Looking back for "footprints" weakens your now. Expectation, and a "near perfect" sexless marriage. Why can't humans add "life to the dead?" Jerry's headless dog was resurrected tail less. A snake is not a "disabled" lizard. You come from a pool of Nonphysical Energy.

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G-4-23-93 To re-enter your stream of well-being. The body as an electrical circuit board. Why Abraham doesn’t face “reality”. Your role relative to a disconnected relative. To attract a mate just like you. Preparation for battles creates battles. When “mustard” runs in the family.

G-4-24-93 Every physical condition as an "emotional" condition. The only reason outside help ever works for you. When a child won’t do its school work. Abraham’s words from a perfect parent. "Learning disabled," as a learning disabling label. The larger your group, the "safer" you feel. Abraham’s new process of mediation and affirmation.

G-5-2-93 When children should make their own decisions. Abraham advises a "child" regarding education. The liberating magic of non-judgementality. To change my "classroom" experience, tomorrow. Ferreting out your feelings about dollars. Welfare programs weren’t started to foster weakness. She quells negative feelings with a night’s sleep.

G-5-8-93 Atrocity museum as a touchstone to atrociousness. Pointlessness of "timelessness" in a world of clocks. Grumbling about a grumbler is still grumbling. An intuitional insight or a conditioned feeling? Valued words to one labeled, "attention deficit." Truth, so simple that most can’t accept it. You can’t separate physical from spiritual.

G-5-9-93 Criminal Justice System and Law of Allowing. All laws are made by disconnected beings. Can a killing nation not foster killer children? Your resistance to another fuels their fire. Power, is not about numbers, but about purity. To communicate this philosophy to a child. A 9 minute guide to practical ecstasy.

G-6-6-93 Guard dog bites hand that feeds it. Law officers and law breakers as same vibration. Different Life Force in animals than humans? Doorbell dogs, DNA & multidimensional mother ships. The basic harmonic theme of world’s religions. Transmuting the pain of a pet’s transition. Essence of a dog articulates through Esther.

G-6-12-93A You can’t hold your breath, or your Energy-flow. Any value seeking cause of negative experience? When new $ desires evoke old lack beliefs. Goal Setting, Energy-flow, and Inspired Planning. You can’t fill the void with the physical stuff. When setting a goal date can be detrimental. Stepchildren, parents, and families that work.

G-6-26-93A A suicidal child and fulfillment of purpose. To allow a child while protecting it? Why today’s children’s propensity towards violence. What is the experience of Soul in a fetus? Will we lose our identity in Nonphysical? A superb experience of shifting thought. What Abraham would do with cigarettes.

G-6-26-93B You are eternal, creative Energy-flowing beings. They "die" of fear, not of disease. From Nonphysical perspective, physical is all adventure. Every "justifiable" war perpetuates more "justifiable" wars. Would you feel an injustice if burglarized? The fastest way to connect to Inner Being. Three minutes of secrets of the Universe.

G-7-3-93 How our feet are literally, positively guided. Dissecting the past holds you in that pattern. Process to shift Energy toward dollars. To feel good is the root of all desire. Parent’s worry, at core of child’s problems. To drug or not to drug a child. For your Lithium ladened loved ones.
EVERYTHING IS ABOUT ENERGY FLOW

G-2-6-93 Everything is about Energy-flow. Is it difficult to trust in well being? Always feeling good attracts what you want. An action assignment for you. Acting through inspiration vs. motivation. Leave everybody else out of the equation.

G-2-13-93 Feel as though it is, and it must be. Reversing habitual unwanted thought patterns. Why talking with Abraham feels so good. Take a pill, or change your thought. A doctor's reaction to Energy-flow. Medicine, as a crutch to belief in wellness. Set your worries ablaze and out to sea.

G-2-21-93 Futility of trying to figure how it happened. Competition, a separation from creative sources? On forming a new thought forum. To stay tapped in, tuned in and turned on. If that is not my work, what is? A menu of processes to flow your Energy. Her son doesn't fit into the educational system.

G-2-27-93 Ask, often, "How am I flowing my Energy?" Statistics have nothing to do with you. An easy way to by-pass unwanted beliefs. Evict an overly dependent adult child? A productive use of your dream state. Lobotomy as only one way to control beliefs. Congressional seats as positive platforms of influence.

G-2-28-93 Can we ever become non-judgemental? The fallibility of judging by another's experience. Is there amplitude and frequency to Energy-flow? Paddling with your stream of positive Energy. Here is a bridge over troubled others. How to increase production without increasing activity. "Spirit", relative to sleep, coma and birth.

G-3-5-93 Your choice, vibrationally, of parents and deaths. Physical, as an extension of the nonphysical. Answers to unasked questions are also unheard. Appropriate to delude oneself regarding absent ulcers? Continue facing unwanted, and continue attracting unwanted. Childhood ideals vs. truth in government. Resolving a child's fear of abduction and murder.

G-3-6-93 Further definition of conscious Energy-flow. How dissatisfaction can inspire a positive desire. Can Abraham prove that "joy is our purpose"? If Nonphysical is positive Energy, what is "evil"? The process for having your heaven on earth. Musically or religiously induced states of ecstasy. The shortest route isn't always the best route.


G-4-3-93 Adventure in taking thought into the unknown. On viewing contrast from a place of appreciation. She wants more of everything, right now. When day dreams become day nightmares. Are we to "appreciate" one mistreating another? "Negative," as the other end of "positive." A beautiful, uplifting, enlightening closing.

G-4-4-93 To alleviate a vague sense of restlessness. Health of sperm, ovum and the third party. A suicidal firewalker as a lackful example. Taking a moment to create an earth. Are your car keys smarter than you? Proposed jailing of a "dysfunctional" mother hen. An enhancing process for all areas of originality.
G-10-4-92  The disadvantage of destroying other thinkers. You have no mission to spread this word. A devilish discussion of powerless thought forms. Hogwash, and "reptilian super creatures." Germs, genes, and the power of thought. Where does "Soul" fit into "Body, Mind & Spirit"? The intimate intertwining of "cause and effect."

G-10-10-92  Why the different answers to the "same" questions? Catching the spirit of joyous becoming. Vibration, Meditation, and Aligned Energies. Appreciation, fall colors, and conscious remembering. Make plans, as long as it feels good. A mental molding of a mythical mate. Does Inner Being continue to grow?


G-10-17-92A  Even that which is "not possible" is possible. A price to pay for joy and prosperity? Vibrational segregation of appreciative beings. To whom are you comparing yourself? It's not about worthiness; it's about joyousness. Staying well in a culture focused on illness. The "hierarchy" of loitering thought forms.

G-10-17-92B  A process for consciously transmuting your energy. Why are you wanting to be of service? A process to begin to feel your freedom. Take your overwhelephant one bite at a time. Your "action" is not the main event. A broader perspective of "anti-lesbianism." When you joyously want the joyousness of joy.

G-10-18-92  A business owner seeks vibrational advice. When your intellect overrides your intuition. When Woo Woo didn't know he couldn't. Lover juggling, honesty, and data collection. A "pact" made during a childhood illness. Role-playing a resolution with a suicidal client. Do we need to be "cash-register honest"?

G-10-25-92  Are children supposed to respect their parents? Which of your current thoughts will eventually manifest? How, and when, do others read our thoughts? A magical resolution of an I.R.S. misunderstanding. An Abraham dialogue regarding the GOD concept. Which directions are you pointing your canoe? Who should we believe regarding "earth changes"?

G-10-31-92  A process to "heal negative core beliefs." Blaming the cause intensifies the disconnection. Native Americans, Columbus & the Law of Attraction. When all are disconnected, the biggest wins. Does it matter who wins the Presidency? The power behind a good intimate relationship. A process for a passionate quantum leap.

G-11-1-92  If "health is natural", why have doctors? A perspective of your vibrational dietary stance. In support of a "chemically dependent" teenage rebel. When something you dread turns out fantastic. The process to create perfect living quarters. Fear of dying, or love of living? Five minute summary of life enriching processes.

G-1-23-93  Let the contrast serve its magnificent purpose. A "witch" recommends more pain and less joy. Sensing a non-physical being in your presence? On understanding your cryptic dreams. "Early to bed...gets the worms? On the leading edge, you have little company. Definition and utilization of the "Sixth Sense."
Four minutes of basic Abraham. Socially unacceptable parents as a positive influence. Is studying the past an exercise in futility? As you vibrate, so shall you receive. In judgment of the vegetable massacre. Seeking direction to which path to follow? The skunk truck, and joyous becoming.

Is your wanting from connectedness, or disconnectedness? To cope with a bombardment of negatives. Does Abraham have a dominant purpose? Type of illness reflects specific thoughts? "The Ten Commandments", relevant, timely revelations. Pumping past civilizations into your gas tank. Some tools to connect with Inner Being.

Vibrations, and your day by day life experience. Balance of pigeons and lack of them. Has freedom, just doesn't have a job. Wellness, and a crystal clear picture of creation. Our moral responsibility to domestic beasts. Our moral responsibility to our children. "Fourth dimensional," and other conceptual labels.

Our vocabulary's effect on our life experience. Balance of "Spirit, Mind and Body"? Needs new auto, wants more $. On not recreating a "love turned bad." To heal it or to leave it? Teaching your child to trust its guidance. You, as equal amounts of male and female.

A quick fix for an abused youngster? Your body can adjust to your desire. Considering confronting beer drinking teenagers? Your brain is not a storage machine. Abraham offers emphasis to professional school teachers. Can society survive without disciplining the others? If mate won't change, can I expand?

Why can one feel "sex" for an unliked one? Follow your logic, or follow your heart? Relationships & sexuality, major causes of confusion. When lovers attract other lovers' lovers. Sexuality, jealousy, honesty, and the higher Laws. Who gets to choose the cultural rules? Plucking a painful thorn is not resolution enough.


How we can most effectively teach others. A world of more connected beings. Clarification of the "Spirit Guides" concept. Analyzing the criminal justice system. Is there "liberty and justice for all"? Can growth occur in an area of agreement? Do some have two bodies at once?

Wanting to expose someone's "evil" deeds? A process for a "First Class" experience. Can we discreate a "thought form monster"? Has creativity any geographical preferences? Does doing as per "obligated" feel bad? A strong believer in "Heaven and Hell"? Wanting to influence man's humanity to man?
G-series tapes SUMMER, 1992
YOU CAN BE OR DO OR HAVE ANYTHING

G-6-13-92 The power of the vibration of "appreciation". Integration of spirituality and
day to day stuff. You leave your body every night. A vicious circle of joy. Sex, children &
perspectives of abuse. The inherent contradiction of "forgiveness". Is GOD's will for
me my will for me?

G-6-27-92 Abraham, Seth, etc. as a massive library. The Gospel's role in teaching and
or just leave body lying there? Value of a life is not in its length. Let's discuss disem-
bodyed "ghosts".

G-7-25-92 Is there no value in pain and empathy? Wanting to end a 30 year habit?
Self image as a stumbling block to connectedness. Classic symptoms of perfect con-
connectness. To interact with a "dead" loved one. Understanding the "death" process.
Wanting to know that "all is well"?

G-8-1-92 Who, what, why and how am I? Sex, Kundalini and aligned energies.
Inspired touching vs. assigned hugs. Anti-sex legislation vs. a higher Law. My percep-
tion vs. your perception. Psychic predictions vs. "naught is meant to be." Would you
dine with a naked stranger?

G-8-8-92 Can we have a repeat "first impression"? Plan for tomorrow vs. live in the
now? A most valuable transmutation of grief to joy. Abraham describes their nonphys-
ical beingness. "Vibrator, Creator, Attractor..." defined. Speculative Universes and
Alternate Realities. You can't judge your value by your actions.

G-8-15-92A The perfect balance of your planet. A physical body in a non-physical
dimension? What kind of President do you want? Why are most uncomfortable in
your taxes in joy.

G-8-15-92B Consider this before leaving your lover. Taking action out of the equation.
The only relationships that work. Would one benefit by being abducted? Which has
most value: a dolphin or a tuna? What advantages to swimming with mammals? Can I
help others to evolve?

G-8-16-92 Basics of deliberate creating. A sports fan's roller coaster emotions.
Abraham enlightens us regarding "Enlightenment". Conformity vs. a bigger game in
town. Positive value in your negative emotions. You didn't come to prove, but to "be".
A beautiful energy flow closing.

G-8-22-92 "Miracles", as a change in perception. Why the rich get richer. Can old suppressed
feelings manifest as illness? The issue of technology replacing jobs. Does feeling
angry, sometimes feel correct? Duality of "good vs. evil" as an illusion? Agreements,
promises and when to say "no".

G-8-29-92 Naught is more important than feeling good. Are changing circumstances
difficult for you? In the beginning, was positive non-physical energy. Are you still
blaming your parent? Paranoia, as faith in bad things happening. Allow all others their
own creations. Tune yourself to a feel-good frequency.
G-series tapes spring, 1992

LIFE IS SUPPOSED TO BE FUN

G-4-11-92A  What you can dig up but can't throw away. Caged by conformity to what-has-been. Deal with an arousal of an unwanted belief. How sleep saves you from self-destruction. A beautiful welcome to a new infant. The international economy as an illusion. Why is Abraham interacting with us?


G-5-2-92A  Rodney King, police beatings, video, verdict and riots. Los Angeles police, and brutality, as a perspective. A connected beings' effect as judge or jury. Where did civilization leave its natural path? Dreams, as blocks of thought from Inner Being. A process to empower the little ones. Did Los Angeles children attract the riots?

G-5-2-92B  The Dead Sea Scrolls. They're back! Always in the right place at the right time? Beautiful words, for one who is "terminally ill." Wealth, spirituality...you can have it all. Heroism? Pain is not needed for growth. Why doesn't prosperity, health & joyousness come to all? To know in which direction to grow.

G-5-3-92  The empowering value of decision making. A short-cut process to feel your value. Allowing a loved one's withdrawal from physical. Preoccupied with issues of "right and wrong"? An unborn child's choice to not be physical? To help a negative child to pivot. Take all action from your place of feeling good.

G-5-9-92A  The difference between tolerating and allowing. Why do we forget our pre-emergence agreements? More revealing perspectives of Rodney King & police brutality. Each thought sets a reality into motion. Why the time between thought and its manifestation? How can I achieve true "goodness"? See the "error of our ways" in non-physical?

G-5-9-92B  Health, as per Inner Being's alignment of cells. Value in seeking the cause of illness? Was there health before medical insurance? Different valid realities, physical and nonphysical? Reflect not past perception into your future. A message from your Inner Being. Do the disconnected ones create also?

G-5/22/92  It's nice to have a friend upstream. $ from playing, vs. working to earn $. Old beliefs wither as per new choices. A potential for ecstasy with many Soulmates. The cheap little car that couldn't. Enjoy the "why?", and let the "what" evolve. A perspective of nursing home tenants.

G-6-6-92A  Choosing from physical while harmonizing with nonphysical. You get what you think about, wanted or not. Marching to the beat of a dysfunctional drummer. Sameness wasn't your vision, newness was. Conscience, established from a place of lack. Make more decisions in every day. When it's perfect, you'll feel exhilaration.

G-6-6-92B  “Walk-ins, Piggy-backs, etc.”, have no power to “attach.” Talk to child about wanted, get "no" out of vocabulary. Teachers, as catalysts to student's connectedness. Parents, as entry into physical, not as guards. What inspires death defying sexuality? The beasts, as your best teachers. The purpose of your physical experience.
G-series tapes WINTER, 1991

**WHAT IS MY GREATEST VALUE?**

**G-12-7-91** Prayer, the power of, and a method of. Why do the rich get richer? Thought energy, and the perspectives of masses. Out of body experience, astral travels, etc. Can we feel good when conflicting ideas are thrust at us? Which is best, to give or to receive? Can we all allow all to be, have and do...

**G-12-8-91** The creative process and bridging of beliefs. Energy connection between man and beast. The counterproductivity of negative probing. Changing the future effects of past thought. A teenage child in the land of the free. Why there is no injustice on your planet. A dynamic dialogue on the Perception of Time.

**G-1-18-92** If anything can go wrong, will it? See yourself as an energy funnel. Should we try to enjoy the unenjoyable? Are you mentally replaying unwanted scenarios? Your ability to perceive is always in the now. Seeing, or not seeing, neither validates nor invalidates. The universal wordless language.

**G-1-25-92A** Is my soul ever lost or alone? What is the best use of my time? Can I get poor enough to enrich the poor? Pain, as the extended allowance of negative emotion. Abraham’s words to a new born baby. Should I form an “Abraham Fun Group”? Can you tell me how to be happy?


**G-2-1-92** The paralysis of analysis. The empowerment of dollar-basking. Are you spending your psychic nest egg? Is not the jailer also jailed? Your greatest value to others is. Consider a world without law enforcement. Why isn’t positive thought more dominant?


**G-2-15-92** What if 100 monkeys believed in joy as the purpose? Turnabout of a parental happiness damper. A recipe for an Abraham stew. How can all find way back to their source? Words for a mediation group. You don’t have to think of $ to have $.

**G-2-16-92** Art and music in the nonphysical plane? What is the current state of the planet? If you feel emotional—it is important to you. How can we halt negative thought drift? To please the crowds, here is your message. You can’t measure the quality of life by its length. To have a love affair with self.

**G-3-21-92** When your lover doesn’t want a serious relationship. If it makes you feel good to work hard—do it. Who are you when you are all alone? Are there still potent moments of self-doubt? Party Cat makes his timely entrance. What is your best decision to make right now? Rape, massacre—and other forms of disconnectedness.
G-series tapes fall, 1991
RELAX INTO FEELING GOOD

G-9-14-91 The synchronicity of Divine Inspiration. The non-semantics of nonphysi-
cality. Are you always open to vibratory influence? Why protection doesn’t feel good.
Depression as an absence of Inner Being. The significance of a smiling mother hen. True
motivation is empowering.

G-9-20-91 The attraction of a suitable partner. Why you can’t suffer your way to joy.
Justified negativism as a miscreator. The positive message in a negative emotion. A
Process for wellness. When your chicken part drives your car. A teacher is bothered by
would-be-truants.

G-9-21-91 Sleep as a re-emergence into the nonphysical. How addressing the problem
perpetuates the problem. Food and sex, as practical and sensual. The justice of a mas-
sacre to “avert” a massacre. How to identify great deeds. Physical matter as an exten-
sion of refined thought. Abraham addresses the “frivolousness of feeling good.”

G-9-22-91 Placebos, Perceptions and Formulas for Miracles. To vibrationally double
your dollars. Basic Abraham in 800 words or less. Why the diagnosis accelerates the
diagnosed. A “scientific” perception of Esther’s condition. Your guide to an appropr-
iate diet. The power of your vibrations over world events.

G-9-28-91 Arthritis, how far does it run in a family? Independent prosperity in a mass
negative economy. High energy children in this time of transition. The effect of tele-
vision on our society. A dialogue on “high tech” health care. What are Abraham’s “qual-
ifications?” Resist not; relax into your well-being.

G-10-26-91 The key to breaking old unwanted habits. Nutrition, diet and spiritual
and physical well-being. Are you ever aware of “presences” around you? How spiritual
has the world become? Abraham’s empowerment of a school child. Some modern day
fairy tales. Esther’s value as an example of thought reception.

G-10-27-91 The healing “tool” is not the issue. To enhance the ecstasy of sexual pas-
sion. “Financial independence” from what? How much joy can the body handle?
Abraham counsels a counselor regarding “therapy.” An enlightening dialogue with a
mother-to-be. Say “yes” to your tax dollars.

G-11-9-91 Which racial group has the most wisdom? Would you “drive it on the side-
walk?” So, who has the clearest guru? “Honey, you can’t love five...and stay alive.”
What color of ink are you spewing? The choice between homo and hetero sexuality.
Birth, and the justice of the universe.

G-11-10-91 When we expectantly ask to feel good. The quest for “The Historical
Jesus,” cont’d. The quest for “The Valid Virgin Mary,” cont’d. Do drugs affect com-
munication with Inner Being? The creative dynamics of a cluster of beings. An affir-
mation to affect others. Personal control vs. group standards regarding body shape.

G-11-30-91 To clarify reception from your Inner Being. Would you have the “handi-
capped” ones improve? Body cells, as responsive to mass consciousness. When should
bickering family members cease communication? Words for someone disconnected from
Inner Being. The attraction power of a state of appreciation.
A morning process to vibrate self to ecstasy. A new game: “A Day of Yeses.”
When your “go power” has got up and gone. Jerry, a scorpion, and Inner Guidance.
The fittest survive vs. meek inherit the earth. The value of birth as a new beginning.
A Chiropractor, and reducing sublimated thoughts.

Feel good in a negative family situation. Destructive overeating as an action from lack.
Guilt: the separation of you and Spirit. The cause of most business failures.
How to vibrate in harmony with what you want. To see every day as a positive new beginning.
That ominous, anonymous, unidentified fear.

A Unity Church group in Colorado. To control an uncontrollable anger.
Career, and how to trust without testing. Have we any obligation to be happy?
Can you get poor enough to enrich the poor? “Thou shalt not kill,” under what conditions?
When to seek medical attention?

A word from one “back from the dead.” How resisting the unwanted, disallows the wanted.
Commitment, as a form of entrapment. How to get out of bed on the right vibration.
Why most can’t just die in their sleep. How to have the best sex of a lifetime. Planning a disruptive family encounter?

Are some persons energized by negatives? Primary intents & the only joyous way to fly.
Can foods, herbs, etc., raise your vibrations? Feelings, as a barometer of your vibrations.
Is it random, or is it synchronistic? A process to open a positive avenue to $.
A superb, uplifting, comprehensive closing.

How can I fan the flame of my passion? What can I do to cause it to happen fast?
Abortion, an issue of right or wrong? Depression, and the drugs that treat it.
Do thoughts without feelings create? The universal cats don’t hear “no.” Whose opinion do you value, yours or theirs?

Automatic writing, an appropriate experience? Do you feel an abundance blockage?
Why wars to end all wars don’t. To positively cocreate when mate’s wants differ.
How to sell the “unsalable.” A Psychotherapist’s pain in working with pain.
Happy haunters and metaphysical panthers.

Abraham’s favorite subject: Deliberate Creating. Creation, as 99% complete before seeing any evidence.
Value in acquiring patience? Fishing a bucket of Casper from an ocean of beingness.
Objectivity, as a damper to higher vibrations. Why so many centuries before these teachings?
Can we be all one and yet maintain individuality?

The quandary of a yearly health checkup. A metaphysical perspective of tooth cavities.
Find what holds one back? Focus on unwanted and perpetuate unwanted. Is looking back a waste of life?
To resolve the pain of Vietnam participants. Regurgitation vs. your Supreme Guidance System.
LIFE IS SUPPOSED TO BE FUN

G-3-10-91 Why no one can take your freedom away. How both allowing and resisting create. Can we communicate with one in a coma? How can we best step back into positive? Do you feel best doing what doesn't earn $? Particular about your thoughts as your actions? How to know what makes you happy.

G-3-23-91 Your being here justifies your being here. Having and doing as an enhancement of being. Who created Universe? Attraction of abundance, continued. The joy and power of aligned priorities. In the flow, vs. a foot in two philosophies.

G-4-6-91 Leave "spiritual" to the angels. Is spirituality compatible with wealth? Objectivity as your downfall. Pain as a cultural perception. Should we ignore history? How to tune out lower priorities. Aging as evolving, versus deteriorating.

G-4-19-91 Wanting to change others, binds you. An aura of a positive pacifist. The value of a classroom leader. Children are not mere children. A definition of "JOY". How to keep fear from sneaking in. Nothing is important enough to feel bad.


G-5-4-91 Counterparts, Counterselves & Counterpoints. A child's perspective of Universe. What can the devil make us do? The detrimental aspects of statistics. Why hiding doesn't work. How can we do without doing? Which actions produce stress?

G-5-5-91 Feel good — nothing is more important. Why you have nothing to defend against. Do you heal faster asleep or awake? The cost of a free health exam. Universe wasn't created through action. How much is too much from Inner Being? Birds, beasts and joy begetting joy.


Use this guided process for daily use. It doesn't have to be hard to be important. Your guarding sabotages your experience. Do you measure your worth by your stuff? How can you get more money than you expect? A perfect being in a state of becoming. Good can't come when having a hard life.

Can't give a charge from a dead battery. Valuable words for a hospital visit. Sympathy cards and the Law of Attraction. The planting of the arthritis seed. Earning your food vs. manna from heaven. Freedom and empowerment vs. control. Loyalty vs. living in the moment.

Does Abraham have a beginning source? The creation and evolution of the planet. How a willingness to die attracts death. Wars, games and unarmed noncombatants. Is there any value in painful therapy? Aging, expectancy and nursing homes. Courage is usually spoken of by cowards.

How can I change my self-image? What is the value of an aptitude test? Practical advice to live one full day. A cremation, a bird, and tears of joy. A perception of that which is called GOD. Finding peace in a search for paradise. How much can be gained from one tape?

Any of our insecurity from past lives? If nonphysical is so great, why return? Birth, and the crack of least resistance. Seeing each day as a mini-lifetime. A cosmic continuation of consciousness. How are we drawn to prehistoric sites? The value of a near death experience.

Can I empower my creation with emotion? I want all joy; what attracts confusion? What is the significance of sleep? Procrastination, as a positive non-action. Is pain of value to our growth? A dad's death and a white dove. A scenario for a sculpted body.

How can I uplift, as Abraham uplifts? Using a piece of twine to dock a ship. Inner guidance and your ultimate goal. Should there be greater purpose than joy? How to sift through the inner chatter. The correlation between money and freedom. When is the worst time to take action?

Do you want to "make" someone happy? When is it too late to begin? Why does the negative have "power"? How to experience a good night's sleep. How much negative is too much? Warnings as self-fulfilling prophecies.


How much of me to "sacrifice" to my family? How appropriate is self-discipline? Why is there a seeming enthusiasm for war? Esther, and the symphony of Abraham. Am I this me through all of time? Prospective: Big ones eat little ones. The relativity of staying happy.
G-series tapes fall, 1990

THE BASIS OF YOUR LIFE IS FREEDOM


G-10-7-90 Weight control, flu & fever blisters. The Prime Minister & the fairies of the universe. The ecstasy of your Inner Being in your now. Which comes first, the thought or the feelings? The process of personal upliftment. Why most diets don't work. Your metabolism responds to your thought.

G-10-20-90 Mutuality of Moses, Jesus, Muhammad & Mormonism. Working hard to succeed defies the Universal Laws. Happiness. You can't give it if you don't have it. What is the real source of good & evil? Esther, her Spiritual Guide and the physical focus. Brief history of the formation of religion. How man's insecurity creates bondage.

G-10-27-90 Use the opposition to benefit your cause. Are animals here with a purpose? You can run, but you still take you with you. Linear lives vs. The Eternal Now. An interpretation of that which you call GOD. How to create a positive divorce experience. Life is supposed to be fun!


G-12-7-90 Why the variety in cataclysmic expectations? Battering rams & other door openers. How much wanting is too much to want? The Harmonic Chameleon. Jesus, Christmas & the horror of a poor basket. What is the purpose of a physical brain? Abraham's version of "The Christmas Story."

G-12-14-90 Allergies & hands-on healing. Rapists, light shows & birds of a feather. Why are there so many rabbits? A process to begin new thought habits. Intent vs. cellular mob rule. The deer-slayer: one's meat, another's poison. Pre-emergent intents & my highest priority.

G-12-29-90 How to want and not feel the deadly lack. So, who has the final answers? The way to positively leave a negative group. Memory? Your mind is not for storage. Love, and how it can be evoked. Take one of these the first thing in the morning. Abundance, via taking money out of the equation. Castles, shacks, money and other delightful stuff.
G-series tapes summer, 1990
ALL THINGS ARE POSSIBLE

G-7-8-90 Comprehensive session to a Unity Group. Where does mental depression originate? How can I reverse a negative momentum? A practical process: "To be, To have, To do." Homeless, free & misdirected guilt. But, what about the little ones? Seatbelts, meat & mental ghostbusters.


G-8-1-90 Family crises, in-laws, outlaws & babies. How trying too hard works against you. How to have the gain without the pain. Comparison as your death trap. Why a common cold doesn't take your life. What is our duty to enlighten others? Why does sex seem to cause such trouble?

G-8-3-90 How to "resist" resisting and allow allowing. The unique attraction of Abraham. An experience with a frivolous entity. Health — Deformities — Plagues & AIDS. The meaning of love. What is our work? A powerful closing affirmation.


G-9-7-90 Why do Indians pray to not be reborn? Who created the GOD who created the GOD? Preschool, prebirth and creating worlds. Be in your prime on the day you die. How to avoid a predicted outcome. An opinion on a 12 Step Program. Forming an Abraham study group?


G-9-19-90 Don't look for the cause. Results of negative motivation. How can I elude the economic cycle? Cool water on hot, tired feet. Blocks of thoughts vs. words. Is gambling a gamble? Doing for another... is saying....

because you know why you go. You don't go to get where you're going. You go for the fun along the way. You go for the exposure to the new experiences. You go for the interaction with new people. You go for the new ideas. You go because you think it will make you feel better. You go because you have learned, through past exposure to new experiences, that it will bring something new to you and through you. And that is the way we would like you to feel about every one of these creations that you are embarking upon now.

You'll Never Get It Done

Understand, first of all, that you will never get it done. You are not ever going to get it done. And from your Nonphysical Perspective, that's good news, not bad news, because from your Nonphysical Perspective, you understand what it's like to feel a desire born — ah, that feeling of desire in your belly — oh, it is such a glorious feeling, because that desire is what summons Life Force.

That excited feeling of desire is what it feels like when Life Force is flowing through you. That feeling of adventure and passion is what it feels like when Life Force flows through you — but it takes a desire to summon that Life Force.

It is fair to say that it is the contrast that you think you don't like, that is responsible for the desire to be born that you do like. The Contrast is necessary for the desire to be born. Contrast is what puts the eternalness in eternity, because contrast sparks the new desire, and the desire summons the Life Force.

Everything that you want, you want for only one reason: You want it because you think you will feel better if you have it. And that feeling better, that you all want, is that feeling of Life Force as it flows through you on the way to the fulfillment of one of your desires.

So, it is our desire, if it is yours, to assist you in understanding where your vibration is relative to the things that you want. We want to give you some easy, user-friendly, processes that help you to be more a vibrational match to who you really are. This is not a difficult thing — and once you have conscious success relative to any aspect of your experience, the rest of it comes very easily.

The thing that we most want you to remember, from all that we have offered, so far, is: You are vibrational creatures and everything is responding to your vibration — and the way you know what the vibration is that you are offering is by the way you feel. The way you feel is the indicator of your vibration.

And so, it would be a very good thing to say, "The Universe responds to my mood. Not to my words. Not to my list that I write down. The Universe responds to how I feel. The Universe responds to the essence of me." Have you ever known someone who had a sort of fake happy smile and they were saying happy words, but you could just tell that they were not where their words were? Well, the Universe can tell, too. And the Universe is not denying their words because it's trying to teach them a lesson. By Law of Attraction, the Universe cannot yield to you anything that's different from what you are vibrating anymore than you can set your dial on 97 and hear 101 FM on your radio. In other words, you have to be a vibrational match to what you want in order for it to come.

We want, very much, for you to understand that not only do you have the creative control to only walk toward that
which is in harmony — but you can literally lay out a future path that will please you in every way. For you are Creators.

In the same way that a Creator goes into his workshop, you have come forth into this physical experience, with all of the materials available to create anything that will please you — and with the skill to create masterpieces that will not only satisfy you in your now, but will satisfy those who behold that which you are about.

Your Are Unthreatened God-based Beings

You are powerful beings. You are God-based beings. The Energy that creates worlds flows to you and through you. You do not have to be tentative or guarded or afraid of what is out there. There is a lot out there, but none of it holds any threat to you once you understand what it feels like when you, in any moment, are in vibrational harmony with your Source Energy.

We have enjoyed this interaction immensely. It is delicious to come together with our physical counterparts who are brave, from your physical perspective, and utterly eager and willing from your Nonphysical Perspective, to come forth and dance this dance of life.

Make More Decisions

Be easy about all of this. Make more decisions in every day and trust that the Universe will provide evidence of your decision. Don't struggle with your vibrational offering. Just be aware of the manifestations that reflect it back to you. And if the manifestation isn't the way you want it to be, then adjust the vibration and watch for the manifestation to change, too. Let the manifestation be your signal of what your vibration is.

Be More Playful

Offer your vibration as purely as you can. Offer it as fully as you can. Bring more humor into your experience. Be more playful about this. Watch the dogs and cats. Watch the beasts. And most of all watch your children. Watch these little ones who come forth still remembering how much fun it is all supposed to be — and then do your best to follow their lead.

You Can't Get It Wrong

We watch you in every moment of your experience. We adore you for that which you are and for that which you are becoming. We acknowledge there is no wrongdoing that you can do. You cannot get off the track. You cannot deviate from your plan. You cannot fail. You cannot embarrass yourself, and you cannot bring any disfavor from your Nonphysical God or Source upon yourself. The only agony that you can ever experience is, here in this physical realm, when you include in your observation a vibration that is not up to speed with who you really are.

Follow Your Bliss

So go forth from this seminar with a new-found intention that you are going to let your guiding intention to be to feel good, because if you will follow your bliss — ah, no better words have ever been spoken...A teacher some time ago coined it in the most magnificent expression that we have heard, to this date, when he said, “Follow your bliss.” And while our expression is not as poetic, it means the same thing when we say, “Float your cork.” Your cork naturally floats. You don't have to float it. So better it would be if we were to say let your cork float.

Follow your bliss and let your cork float, and your Guidance System will always be alive — and you will always be expanding just in the way you, at every level of your being, have intended to be.

There is great love here for you. We are complete.

Excerpted from Abraham-Hicks tapes G-10/14/97, G-12/14/97, G-1/24/98, G-2-7-98, G-2-21/98
ABOUT THE AUTHORS

Excited about the clarity and practicality of the translated word from ABRAHAM, Jerry and Esther Hicks began, in 1986, disclosing their ABRAHAM experience to a handful of close business associates. Then, recognizing the practical results being received by those persons who began plying ABRAHAM with meaningful personal questions regarding their finances, bodily conditions, and relationships...the Hickses made a conscious decision to allow ABRAHAM’S teachings to become available to an ever widening circle of seekers. And that circle continues to expand — even as you read this page.

Jerry and Esther have now published more than 300 Abraham-Hicks books, cassettes and videos, and have been presenting open group interactive workshops in about 40 cities a year to those who gather to participate in this progressive stream of thought.

Although worldwide attention has been given by leading edge thinkers to this Science of Deliberate Creation who, in turn, incorporate many of ABRAHAM’S concepts into their books, lectures, sermons, screenplays, scripts...the primary spread of this material has been from person to person — as individuals begin to discover the value of these materials in their practical, personal experience.

ABRAHAM, a group of obviously evolved teachers, speak their broader Non-physical perspective through the physical apparatus of Esther. Speaking to our level of comprehension, from their present moment to our now, through a series of loving, allowing, brilliant yet comprehensively simple, recordings in print and in sound — they guide us to a clear connection with our Inner Being — they guide us to self-upliftment from our total self.

COMMENTS FROM READERS & LISTENERS:

...It's hard to believe that life could be so simple and so joyous and that it could take me so many years to find out how to do it...So, thank you, so much, for making an already good life even better! (With lots of good feelings) SC — PA

...I've been a "searcher," "seeker," "sharer" since I was a teen. My middle name was purported to be "Why?" The information from Abraham is so down-to-earth, useful, compelling, exciting, sensible, practical, empowering, clear, usable. I'm a marvelous deliberate creator now. Thanks for putting the "fun" back into physical life. JS — AZ

...Am so delighted to be reading your books, listening to your tapes, attending your seminars and talking to each of you on the phone. I am so happy and getting happier and clearer every day. My life has been leading to this point, and it feels like the icing on the cake. I know everything will just get better, although it's hard to know how. What a powerful gift you've given us — the recognition of our ability to create the life we want, and the tools to carry out the plan. Thank you for sharing. — CA
HIGHLIGHTS OF CONTENTS

We do love receiving your messages, and reading your letters and notes that come by the thousands! We are currently set up to comfortably process workshops and orders for Free Introduction tapes, brochures, albums, books, etc., because we have been able to add other minds and hands for that. But we can't add more Jerry or Esther or hours to a day. And so, we will continue to personally respond to what we can when we can — and we will continue to read and listen to, and relish your wonderful responses to Abraham's materials...And we will continue to expect you to be aware of how very much we appreciate your delightful addition to our delicious physical experience — and to the upliftment of All-That-Is.

From our hearts,
Jerry & Esther

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