

# The Science of Deliberate Creation

A Quarterly Journal and Catalog Addendum



July, Aug, Sept, 2004 — VOL 29

## *Vibration, it's All About Vibration*

(Article:Page 6)

## *ASK AND IT IS GIVEN*

*LEARNING TO MANIFEST YOUR DESIRES*

(NEW BOOK: Page 16)

## *CRUISES: MEXICO & ALASKA 2005*

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## *Quarterly Quotes!*

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**Y**ou can get to anywhere you want to be from wherever you now are. There is no place that you are at that is too far from where you want to be. (There are no exceptions.) Just go there little by little by little as you deliberately feel a little better now, *and a little better now.*

ABRAHAM — G-11/22/03 — San Antonio, TX

*Abraham-Hicks Publications*

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## Hello from Jerry & Esther

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Esther & Jerry on board  
m/s Oosterdam, Alaska, July, 2004  
with cruise coordinator, Jacky Grace,

Hello,

Since the first of summer we have spent time in Estes Park, CO just a few minutes from the pristine Rocky Mountain National Forest where we take our daily walks; a few weeks in the northwest in Seattle; a glorious week in Alaska on board the m/s Oosterdam with over 800 Abraham friends; ordered a new monster bus as we passed through Oregon (we pick it up in February) and then, after nearly two weeks in Malibu overlooking the Pacific Ocean where we watch jumping Dolphins and Whales from the window of our Monster Bus, we drove to where we are now at the Marina in San Diego. It's seventy degrees, the sun is shining and our hearts are singing. And in city after city we have experienced yet again, another extraordinary Abraham seminar experience. Life is good.

We have so much to tell you!

### NEW STUFF:

- Two fabulous 2005 cruises
- New Book is ready
- The Special Subject 10 tape set is now available on CD
- Our videos are now available in DVD format
- All of the Sara books are now available on CD as well as Cassette
- New 10 Tape/CD Collection of edited Workshops (Winter, 2003) is ready
- El libro de Sara — Sara, Book 1 in Spanish is now in our warehouse

**CRUISE NEWS:** Our July, 2004 Alaskan Well-Being Adventure Cruise was spectacular. We knew it was going to be good, but it was really really, really good. The momentum for the next cruise began almost as soon as we left the dock in Seattle and by the time we disembarked a very short week later we were convinced by our shipmates that we really must do THIS again. The requests, on board and by mail and email and at seminars since the cruise vary from, "Let's do this again, there is so much more I want to see," to "Next time my friend, so and so wants to come along," to "This was wonderful, now can we go to a new place?" So, we have decided to do both. We'll go to Mexico (leaving from San Diego, CA) in February, 2005, and we'll go to Alaska (leaving from Seattle, WA) in July of 2005. How about that? We have the good fortune of the talents

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Dear Friends,

We do love receiving your messages and reading your letters and notes that come by the thousands! Even though we can't personally respond to you, we will continue to read and listen to and relish your wonderful responses to Abraham's materials... And we will continue to expect you to be aware of how very much we appreciate your delightful addition to our delicious physical experience — and to the upliftment of All-That-Is.

From our hearts, Jerry & Esther



## 90 DAY EVENT SCHEDULE DETAILS

From time to time there are changes in our scheduling, so please reserve in advance with our San Antonio office at (830) 755-2299.

**PREPAID RESERVATIONS ARE REQUIRED.**

**If you cancel 7 days, or less, before any event a \$50 cancellation fee will be charged.**

9/15/04 — **Kansas City, MO** — Held at the Kansas City Marriott, Country Club Plaza, 4445 Main St., Kansas City, MO 64111. (816) 531-3000. Wednesday 9AM to 4:20PM. \$150.00.

9/18/04 — **Chicago, IL** — Held at the Chicago Marriott Schaumburg, 50 North Martingale Rd., Schaumburg, IL 60173. (847) 240-0100. Saturday 9AM to 4:20PM. \$150.00.

9/22/04 — **Cincinnati, OH** — Held at the Cincinnati Crowne Plaza, 15 West 6th St., Cincinnati, OH 45202. (513) 381-4000. Wednesday 9AM to 4:20PM. \$150.00.

9/25/04 — **Detroit, MI** — Held at the Detroit Marriott Southfield, 27033 North Western Hwy. Southfield, MI 48034. (248) 356-7400. Saturday 9AM to 4:20PM. \$150.00.

9/29/04 — **Syracuse, NY** — Held at the Genesee Inn Hotel, 1060 E. Genesee St., Syracuse, NY 13210. (315) 476-4212. Wednesday 9AM to 4:20PM. \$150.00.

10/2/04 — **Boston, MA** — Held at the Boston Marriott Burlington, One Mall Road, Burlington, MA 01803. (781) 229-6565. Saturday 9AM to 4:20PM. \$150.00.

10/9/04 — **Tarrytown, NY** — Held at the Westchester Marriott Hotel, 670 White Plains Road, Tarrytown, NY 10591. (914) 631-2200. Saturday 9AM to 4:20PM. \$150.00.

10/13/04 — **Philadelphia, PA** — Held at the Embassy Suites Hotel, Philadelphia Airport, 9000 Bartram Ave., Philadelphia, PA 19153. (215) 365-4500. Wednesday 9AM to 4:20PM. \$150.00.

10/16/04 — **Washington, DC** — Held at the Bethesda Marriott, 5151 Pooks Hill Road, Bethesda, MD 20814. (301) 897-9400. Saturday 9AM to 4:20PM. \$150.00.

10/24/04 — **Asheville, NC** — Held at the Inn on Biltmore Estate, One Antler Hill Rd., Asheville, NC 28803. (828) 225-1660. Sunday 9AM to 4:20PM. \$150.00.

10/28/04 — **Dallas, TX** — Held at the Hilton Suites Dallas North, 13402 Noel Rd., Dallas, TX 75240. (972) 503-8700. Thursday 9AM to 4:20PM. \$150.00.

11/13/04 — **San Antonio, TX** — Held at the Abraham-Hicks Conference Ctr., 28800 Old Fredericksburg Rd., Fair Oaks, TX 78015. (830) 755-2299 Saturday 9AM to 4:20PM. \$150.00.

1/8/05 — **Tampa, FL** — Held at the Embassy Suites - USF, 3705 Spectrum Blvd., Tampa, FL 33612. (813) 977-7066. Saturday 9AM to 4:20PM. \$150.00.

1/15/05 — **Boca Raton, FL** — Held at the Renaissance Boca Raton, 2000 NW 19th St., Boca Raton, FL 33431-7362. (561) 368-5252. Saturday 9AM to 4:20PM. \$150.00.

1/22/05 — **Orlando, FL** — Held at the Orlando Airport Marriott, 7499 Augusta National Blvd., Orlando, FL 32822. (407) 851-9000. Saturday 9AM to 4:20PM. \$150.00.

## 2004-2005 GENERAL WORKSHOP SCHEDULE

Please reserve in advance with our San Antonio office at  
(830) 755-2299. Prepaid registration closes at 10:00AM on Thursday for  
Saturday Events and 10:00AM the day before all weekday Events.

PREPAID RESERVATIONS ARE REQUIRED.

Following is general information for up-coming workshops. Specific location and other details will be provided when you make your reservation, or you may request this information at any time.

Time Format for following events: 9AM to 4:20PM

8/28/04 . . . . . Saturday . . . . . Sedona, AZ	5/24/05 . . . . . Tuesday . . . . . Buffalo, NY
9/1/04 . . . . . Wednesday . . . . . Albuquerque, NM	5/28/05 . . . . . Saturday . . . . . Chicago, IL
9/15/04 . . . . . Wednesday . . . . . Kansas City, KS	6/4/05 . . . . . Saturday . . . . . San Antonio, TX
9/18/04 . . . . . Saturday . . . . . Chicago, IL	6/11/05 . . . . . Saturday . . . . . Boulder, CO
9/22/04 . . . . . Wednesday . . . . . Cincinnati, OH	6/18/05 . . . . . Saturday . . . . . Fort Collins, CO
9/25/04 . . . . . Saturday . . . . . Detroit, MI	6/25/05 . . . . . Saturday . . . . . Portland, OR
9/29/04 . . . . . Wednesday . . . . . Syracuse, NY	7/2/05 . . . . . Saturday . . . . . Seattle, WA
10/2/04 . . . . . Saturday . . . . . Boston, MA	7/9-7/16/05 . . 7 days . . . . . Alaskan Cruise
10/9/04 . . . . . Saturday . . . . . Tarrytown, NY	7/23/05 . . . . . Saturday . . . . . Ashland, OR
10/13/04 . . . . . Wednesday . . . . . Philadelphia, PA	7/27/05 . . . . . Wednesday . . . . . Sacramento, CA
10/16/04 . . . . . Saturday . . . . . Washington, DC	7/30/05 . . . . . Saturday . . . . . San Francisco, CA
➤ 10/24/04 . . . . . Sunday . . . . . Asheville, NC	7/31/05 . . . . . Sunday . . . . . San Rafael, CA
➤ 10/28/04 . . . . . Thursday . . . . . Dallas, TX	8/6/05 . . . . . Saturday . . . . . West Los Angeles, CA
➤ 11/13/04 . . . . . Saturday . . . . . San Antonio, TX	8/7/05 . . . . . Sunday . . . . . North Los Angeles, CA
1/8/05 . . . . . Saturday . . . . . Tampa, FL	8/13/05 . . . . . Saturday . . . . . San Diego, CA
1/15/05 . . . . . Saturday . . . . . Boca Raton, FL	8/27/05 . . . . . Saturday . . . . . Sedona, AZ
1/22/05 . . . . . Saturday . . . . . Orlando, FL	8/30/05 . . . . . Tuesday . . . . . Albuquerque, NM
1/29/05 . . . . . Saturday . . . . . San Antonio, TX	9/10-9/11/05 . 2 days Med Prac . San Antonio, TX
2/5-2/12/05 . . 7 days . . . . . Mexico Riviera Cruise	9/14/05 . . . . . Wednesday . . . . . Kansas City, KS
2/26/05 . . . . . Saturday . . . . . San Rafael, CA	9/17/05 . . . . . Saturday . . . . . Chicago, IL
➤ 2/27/05 . . . . . Sunday . . . . . San Francisco, CA	9/21/05 . . . . . Wednesday . . . . . Cincinnati, OH
➤ 3/5/05 . . . . . Saturday . . . . . North Los Angeles, CA	9/24/05 . . . . . Saturday . . . . . Detroit, MI
➤ 3/6/05 . . . . . Sunday . . . . . West Los Angeles, CA	9/28/05 . . . . . Wednesday . . . . . Syracuse, NY
➤ 3/12/05 . . . . . Saturday . . . . . San Diego, CA	10/1/05 . . . . . Saturday . . . . . Boston, MA
3/19/05 . . . . . Saturday . . . . . Phoenix, AZ	10/8/05 . . . . . Saturday . . . . . Tarrytown, NM
4/23/05 . . . . . Saturday . . . . . San Antonio, TX	10/11/05 . . . . . Tuesday . . . . . Philadelphia, PA
4/29/05 . . . . . Friday . . . . . Atlanta, GA	10/15/05 . . . . . Saturday . . . . . Washington, DC
5/1/05 . . . . . Sunday . . . . . Asheville, NC	10/22/05 . . . . . Saturday . . . . . Asheville, NC
5/7/05 . . . . . Saturday . . . . . Washington, DC	11/12/05 . . . . . Saturday . . . . . San Antonio, TX
5/12/05 . . . . . Thursday . . . . . Philadelphia, PA	
5/14/05 . . . . . Saturday . . . . . Tarrytown, NY	
5/21/05 . . . . . Saturday . . . . . Boston, MA	

➤ Indicates a change from previous announcement.



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## Vibrations, It's All About Vibrations!

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Are you knowing what you are wanting, and are you enjoying desire pulsing within you? If you are, then you are somewhere in the *vibrational* proximity of your desire. If your desire is not pleasing you so much it only means that, for whatever reason, you have not yet achieved a close *vibrational* harmony with your desire. For when you find up-close vibration to your own desire, then your desire feels satisfying; it feels interesting; it feels life-giving. And the further you are—in *vibrational* proximity—from your own desire, then the more it aggravates you and the more uncomfortable you feel.

So, if you find yourself wanting to think about the things you want and wanting to talk about them with others, if the desire is calling your interest and calling your attention and calling your action, then you're pretty well lined up with it, and it is unfolding. But if it feels like work; if you're thinking about your desire because you have been told that goal-setting is important and that Deliberate Creation is about thinking about what you want; if it feels like you are *making* it happen rather than

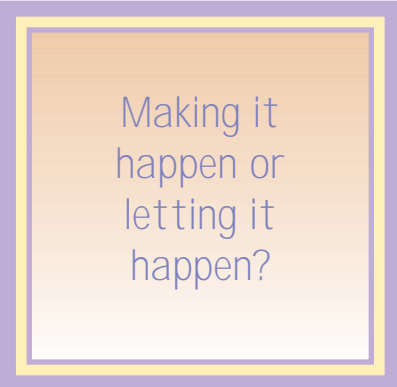
*letting* it happen, then there may still be some resistance within your *vibration*.

It is interesting as we hear this buzz in your meeting room because it is almost the same sort of thing that happens in your body. It is something that is *vibrationally* not in alignment. In this room you hear it in the electrical system and the sound system, but each of you has that same awareness, that vibrational sensing, when things are out of alignment within you.

But sometimes you just get used to the buzz; it's been there for as long

as you can remember it . . . you don't quite know what to do about it, and so, you just acclimate to the buzz of the resistance rather than releasing the resistance and bringing yourself into alignment with your own desire.

*Vibrational* alignment: that is what everything is about. You are flesh, blood and bone, yes you are. You can see it; you can pinch it; you can lick it; you can see the physicalness of your Being. But you are extensions of Source Energy, which means you are electronic Beings. You are *vibrational*, first and foremost.



Making it  
happen or  
letting it  
happen?

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Sometimes you'll have a sensation in your body (you call it sickness maybe, or discomfort or uneasiness; you call it an imbalance) and your first assumption is, "Oh, I have a sickness," or, "I have a virus," or "Maybe I'm coming down with something; I think there is something of a physical nature that is wrong with me." And then, you try to figure out what viruses are afoot and how you can immunize yourself against them. Or, you're looking for something to soothe it; you're looking for some sort of remedy. You wonder, *Is it something I ate? Is it something that is*

*going around?* And we are in the background smiling but shouting; *It is Energy! It is Energy! It is Energy!*

Now, it might be Energy that is manifested into something that you would call sickness. In other words, dis-ease is just not-ease. *Dis-ease is not allowing the ease that is natural to be—but everything is vibrational.* And so, begin to pay attention to the way you feel. And when you hear a "buzz," we would encourage you to do something about it. Don't ignore it. Don't accept it as normal. Don't assume that it's something outside of you that you cannot do anything about. *Understand that whatever you are feeling is an indication of your vibrational countenance.*

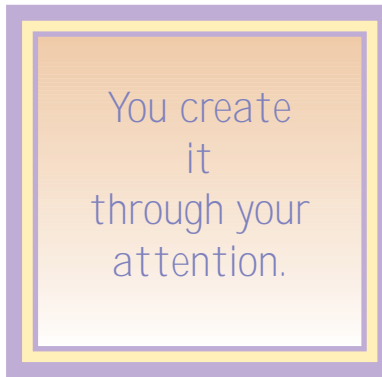
Now, why is that such a wonderful and such an important thing? It is because you are extensions of Source Energy. You have come into this phys-

ical body as the leading edge...hear that: the Leading Edge Extension of Source Energy. You are the furthest focus of this Energy that creates Worlds; *you are creative genius and you have access to all of this Energy—and the way you create with it—the way you utilize it is through your attention.*

Whatever you are giving your attention to is vibrating, and as you give your attention to it, a reverberation between you and whatever you are focused upon takes place. You are like your wireless computer, and so you don't have to plug yourself in with some wire in order

to connect to the network which is Source Energy. So, as you connect to this Source Energy network, so to speak (in your wireless way) you can always tell what you are doing as this Leading Edge summoner of the Energy.

Now, let's say you have an electric toaster and your 7-year-old child has taken it apart (had a good time doing it) but when he put it back together, he got some wires crossed inside. And when you plug your toaster in, exciting explosive things happen. And you say, "The toaster, which is the leading edge extension of the utilization of the electricity, was misaligned." And we would like you to understand that *you* are the toaster, and that you always have access to this pure Energy Stream, but depending upon how you're aligned in any moment, that's what equals the way you feel.



Continued on page 14

## Love Appreciation Love

**Wonderful Cruise** Dear Jerry & Esther and Abraham,  
...I've had many days to reflect on that wonderful cruise to Alaska!

Thanks for everything—those wonderful little gifts, the big party and all your work to make it all go smoothly. The energy was so high! This was the most wonderful thing I could do for myself for my 90<sup>th</sup> birthday celebration.

This last Monthly tape is very good; they get better and better. I'm getting anxious for those from the ship.

Lots of love,  
Bernita Barnum — IA

**Newsletters In India** I am 37 years old, male, living in India. I am in the day trading business. Here I cannot purchase your books, so I print out your newsletters. For the past two years, I read them hundreds of times. Every time I read them, it gives new and fresh meaning to my daily life. Thank you so much for the newsletters.

Anand — India

**An Urge To Cry** Amazing isn't it...As I listened (Introduction to Abraham) I was so in awe at how many of my recent thoughts and questions had suddenly been answered... that when hearing Esther channel Abraham it not only gave me these amazing chills but also an overwhelming urge to cry...? I wanted to say "thank you" to both of you and Abraham, as well as all of the other nonphysical beings helping to enlighten and lift us here in the physical world.

Love and enlightenment to All!  
Sharlene — FL

**My Life Makes Sense** This stuff is amazing! I'm a twenty four year old punk rocker who has had it up to here with creating my own detriment. At last I've found the escape hatch I've been searching for! I heard about you folks from a clairvoyant. She handed me your Introduction CD... and now my life makes sense! I don't even have to join a religion! Certainly, soon, I will be making life happen the way I want.

Scott Brennan — CA

**Practical Vs. Theoretical** ...What I've heard is turning my life around in a very practical way. I'm so happy! What you offer through Abraham has presented a means of living out, in practice, what I previously have only mused over as ideas and theories. THANK YOU!

With love,  
Josie — England

**Footprints In the Sand** ...I am voraciously "feeding" on your teachings and my life is expanding with such acceleration that I am almost dizzy. Thank you and know that you leave many "footprints" in the sand" and in my heart... not that you need to... but you know what I mean!

Thank You for generously sharing your joyous message!  
Jan Meade — CA

**Life Has Changed** I have been reading your words of wisdom since I found you online in 1988. Here's how my life has changed because of



## Love Appreciation Love

your words: I now live overlooking a lake in the Okanagan Valley in British Columbia—I used to live overlooking the railroad tracks in Saskatchewan. I am healthy; I am happy; I am wealthy; and I am wise... all because you taught me so!

Thank you,  
Cynthia Lee-Strawford — Canada

### Seminar Was Joy-Filled

Thank you, Thank you, Thank you,  
I was a participant of the Well-Being cruise and seminar. I don't know how to thank you enough. My heart feels like it will burst with gratitude. Not only were the seminars amazing and joy filled, I met some lovely people who shared their joy and friendship.

Thank you again and Bless your little hearts!

Sue Sivula — MN

### Spoiled By The Cruise

The cruise venue was perfect, Abraham was wonderful as always, you two are always delightful and inspirational, the service on board was amazing (I got spoiled), and I still feel the energy of the ending of the seminar... I was covered with goose bumps as Abraham concluded the seminar, and then there was the Niagara Falls of applause that we all participated in. It was amazing.

Thank you for everything. There is great love here...

Margitta Rehler — OK

### An Amazing Adventure

...I enjoyed the Alaska cruise! It was an AMAZING adventure! From the "bubble-feeding" whales to the spectacular Hubbard glacier to the whales swim-

ming alongside the ship on the return trip as we headed to Victoria, BC, it was one wonderful day after another. And, the very best of all was the generosity of Abraham to spend so many hours answering our questions, and their blessed patience as we never fail to forget that the answer is always "to feel good". Well, on this cruise (my very first) and on every day after, I have felt nothing but GOOD! And, I intend to reach for the best thought in every waking moment.

THANK YOU You help bring joy to my life.

Gratefully yours,  
JennyLen Bowden — GA

### Well-Being Cards

I recently received my Well-Being cards and they are so beautiful! Thank you. I looked forward to getting them for over a year (from when you first announced that they were in the works) and they are even better than I had imagined.

Matteson Barcklay — NV

### Breath of Fresh Air

Abraham has been like a breath of fresh air to this 81 years old who has been on the Path since 1940. I attended the workshop in Atlanta and met Jerry & Esther and loved them! I have very few questions left after all these years, but I always receive inspiration from the questions of others. I dearly love the way Abraham "cuts to the chase" giving the answer to the REAL question which is often difficult to discern from the "questioners" themselves. When you send my Monthly tape, please include a "free" Introductory CD... I've already given away the ones I had.

Thanks,  
Mavis Mobley — GA



### *Vibration, It's All About Vibration*

There's no place that is off limits to you. It does not matter where you are; (and by the way, everyone's in a different vibrational place, so comparing where you are to where anybody else is, is sort of a waste of time; that'll get you off your vibrational standard right away) there are no desires that are more appropriate than others, and there is not that which you should achieve which you are not achieving. You came forth into this environment for the joy of the discovery of the desire; for the joy of the discovery of the alignment with the new desire; for the joy of the discovery of the manifestation because of the alignment with the next new desire; for the joy of the discovery of the new vantage point from which to launch *that* new desire—for the joy of the discovery of how to come into alignment once again with your new desire.

You are Eternal Beings. We never get it done. You came forth not to fix something that is broken but to enjoy the discovery of your day. You can't get to where you want to be, and you can't know where you want to be without knowing where you are—but you can't get to where you want to be by looking at where you are, either. You can only get to where you want to be by looking toward where you want to be. And the vibration of your emotions will let you know always which way you're facing.

There is great love here for you. We are complete.

Abraham — G-12-6-03B — Tampa, FL

**G-9/27/03** — Our unfulfilled desire, how sweet it is. I'm always on my way to somewhere. Chiropractor has exhausted practical physical health resolutions. Did appreciation for new car cause crash. Are autistic personalities carried into next lives? Deprecating little Catholic (nun's) voices still sting. Doctor's/entertainer's frustrated by her choices.

**G-10/11/03A** — Well-Being always adapts to your specific desires. Reach for the best feeling thought available. Can mandatory physical examinations not invite illness? "Reality" of illness doesn't mean diddley squat. When the painful spot keeps moving around? After surgery, attorney/mom's preferring caring for children. Lawyer's mother wants her to practice law.

## G-SERIES TAPES WINTER, 2003

**G-10/13/03** — Whenever we're resisting that which is natural? Should this attorney chase multiple (career) butterflies? Has screaming nightmares and an inherited business. Why haven't I memory of past lives? Could Abraham have projected a butterfly's aura? Her nine year old son has learning issues. Schools administer drugs to control children's freedom.



**G-10/25/03** — Where you want to be keeps moving. Is reincarnation punishment for the less enlightened? Mom's 96; caregiver daughter is feeling frustration. Abraham gives us the keys to ease. Can she discreate this Parkinson's Disease diagnosis. Soothing the parents of an earless baby? Fossil fuel, a renewable or natural resource?

**G-11/1/03** — Let's talk about identifying your Set-points. Can she really never get it wrong? But, "nice girls shouldn't get angry"? She's stuck in "Yuma" with her mother-in-law. "All is well" isn't sitting very well. Wealthy sister is evoking her jealous emotion. She suffers from regular monthly migraine headaches.

**G-11/22/03** — If we were in your physical shoes. It ain't necessarily a terminal "terminal illness". Psychologist experienced a John's Hopkin's L.S.D. experiment. Did she inherit narcissistic mother's nervous system.? Any value in seeking cause of headaches? Her 5 year old daughter wants a Dad. Midwife questions childbirth pains vs. baby's feelings.

**G-12/6/03A** — Hot stoves are felt, they're not heard. So, if I am feeling negative emotions? Dad died last week, how's he doing? Differences in emotions are felt by all. The constant dance of your positive realignment. She fears bringing in an inappropriate relationship. Outlived lover but not their relationship.

**G-12/6/03B** — Husband's deceased; their son is now disruptive. Which daughter is on the "right track"? Resistance is the only cause of illness. Business can't grow beyond his emotional response. Our Eternal growth will never be boring. Former lover wasn't always honest with her. You came for the joy of it.

**G-12/13/03** — It's all Vibration; it's all about Vibration. Wants to simultaneously focus on many things. Daughter, fiancé and grandbaby are depressing grandmother. Isn't there a better purpose than joy? She wants a lover, but without bondage. To receive the "impersonal" as something personal? Why doesn't Esther remain in the Abraham mode?

**G-12/20/03** — Am I headed toward the right direction? He can't release his child's custody thoughts. Is not Abraham a perfect Being? Retiree wants to discreate a mysterious illness. Can I learn to become an immortal? A description of living one's destiny? I'm going to find my current Set-Point.

*SEE PAGE 32 TO ORDER: G-SERIES, WINTER, 2003 CASSETTE ALBUM — \$90.00 + S/H — EACHES \$10  
OR CD ALBUM — \$117.00 + S/H — EACHES \$15*

## Quarterly Quotes from Abraham-Hicks

Wherever you are, is just fine... You can get to wherever you want to be from wherever you are... It's time to stop measuring where you are in relationship to where anybody else is, the only factor that has anything to do with you, is where you are in relationship with where you want to be.

Asheville, NC — 10/25/03

You're always on your way somewhere. The key is: find a way to be happy wherever you now are on your way to where you really want to be. (We're speaking of the state of being you want.) It does not matter where you are; where you are is shifting constantly—but you must turn your attention to where you want to go. And that's the difference between making the *best* of something and making the *worst* of something.

Detroit, MI — 9/27/03

When you try to justify where you are by pointing out how bad things are, you are headed in the wrong direction. Reach for the thought that feels better, and allow the natural Well-Being that is yours.

Detroit, MI — 9/27/03

You're always getting a perfect vibrational match to what you predominantly give your attention to. But you've got to make the best of it. You've got to vibrate slightly different from where you are if you are going to improve where you are. You can't keep taking score of where your business is or your relationship is, or your body is, without continuing to create it as it is. To make improvement, you've got to reach for a different thought.

Tampa, FL — 12/6/03B

In your moving yourself up the Emotional Scale, your business will begin to prosper in new and profound ways! Your business,

your relationships, your finances cannot grow beyond your emotional response—nothing can grow beyond your emotional response. Everything matches your Set-point of emotions on every subject that exists.

Tampa, FL — 12/6/03B

You have to find a way to be all right with thriving because you are always going to want to thrive... The economy is moving forward in response to the desires of people. And depriving yourself of something does not make more money for someone else to spend... If there were not people who were purchasing things, then all of the people who are working at manufacturing and marketing them would have to find some other ways of making their living... There are so many people who innately want to thrive, who as soon as they begin thriving a little, begin imposing all of these exterior judgements about how much thriving is appropriate, "It's appropriate to thrive that much, but not *that* much." And you have to ask yourself, "At what point do I lose the balance of thriving?"

Detroit, MI — 9/27/03

*Expectation* indicates the juncture between where you are and where you want to be... Where you want to be, is your desire, and where you are, is your Set-point or habit of thought. And somewhere, in there, is what we would call *expectation*. Expectation, whether it is wanted or unwanted, is a powerful point of attraction... Your expectation is always what you believe. But the word *expectation* does imply more what you *are* wanting than what you are *not* wanting. It is a more positive word than it is a negative word, but of course, you could expect negatively—and *whatever you expect, you will get!*

Orlando, FL — 12/20/02

## Quarterly Quotes from Abraham-Hicks

Everyone doesn't have to be the same. Most say, "Well, it's so much easier if we're all the same." And we say, it is *not* easier when you're all the same; conformity is the thing that thwarts you most. That massive wanting to get you to conform—to all think the same way and want the same things—is what is causing the revolt that is happening within you. You are determined to be freedom-seekers in a Mass Consciousness society that is determined to make you the same.

Asheville, NC — 10/25/03

Don't get lost in the diagnosis, the medicine, or in the statistics about what somebody else did about it. If you don't feel good, it's because you're not thinking in a way that allows the Energy to flow. You could just get really, really mad at someone you love and make every muscle in your body stiff. And you would ask, "Why does my body feel this way?" And we say, because you've had a Vibrational tug-of-war going on...Stop looking for anything other than your mental and emotional state of being as answers to why you feel how you feel in your body. It is all Vibrational—no exception! And when you get that, then it doesn't matter what diagnosis has been given to you—it doesn't matter—it's temporary.

Orlando, FL — 12/20/02

Your joy factor will remain constant as you are continually refining your ideas of what *you* want, and that's why it is so important for you to get everybody else out of the equation. They've got their own game going on; they don't understand your game. Give them a break; stop asking them what they think. Start paying attention to how you feel. Joy will be yours immediately, and everything else that you have ever thought would make you happy, will start flowing, seemingly effortlessly, into your experience.

Asheville, NC — 10/25/03

You are joy, looking for a way to express. It's not just that your *purpose* is joy, it is that you *are* joy. You are love and joy and freedom and clarity expressing. Energy—frolicking and eager—that's who you are. And so, if you're always reaching for alignment with that, you're always on your path, and your path will take you into all kinds of places. We will not deny that you will not discover miracles and create benefits and be involved in creation, and that you will not uplift humanity...we will not say that you will not find satisfaction in so many things that you create, but we can't get away from the acknowledgment that you are Pure Positive Energy that translates into the human emotion of joy.

Boca Raton, FL — 12/13/03

You have been oriented that you must pay a price in order to get somewhere, and in the process, you've come to believe that *getting there* must be really important, therefore, it must be your purpose. And we say, but if you're not getting to joy, then you've gotten nowhere. *Joy is really where you're going.*

Boca Raton, FL — 12/13/03

Every single person on the planet and every single Consciousness in the Universe has the same experience of being here and having a desire to be *there*. In other words, it is the promise of this eternal Universe... You're always, always, always going to be on your way to something more—always. And when you relax and accept that, and stop beating up on yourself for not being someplace that you're not, and instead, start embracing where you are while you keep your eye on where you're going—now life becomes really, really, really fun.

Asheville, NC — 10/25/03

Continued from page 7

The Stream is always perfect; the Stream is always Pure Positive Energy flowing toward you. But you have so much leeway, latitude, ability, flexibility . . . You have so much ability to align-misalign, align-misalign with this Energy Stream.

So, when you look at your dashboard on your vehicle and you focus upon your fuel gauge and it tells you that your tank is approaching empty, you don't feel angry with the gauge. You don't take a hammer and just beat it out of the dash because it told you something you did not want to know. You also don't stick a "Happy Face" sticker over it so that you can't see it. In other words, it seems fairly important to you to know the level of fuel in your tank. And when your tank is approaching empty, you *do* something about it.

See your emotions as a similar gauge. When your "tank" is full, you are aligned with your Source Energy; you are full of yourself. But when you are approaching empty, that's where that orneriness, fitfulness, despair, depression . . . that's where those strong negative emotions are. And so, when you feel an emotion, we want you to, first of all, appreciate the fact that you are feeling the emotion and then understand that your Guidance System is fulfilling its reason for being just as you knew that it would. It is giving you a clear, constant, always-accurate reading of your *vibrational* countenance.

Now, what does that "fuel gauge on empty" mean in terms of emotion? What does *negative* emotion mean? It

means, whatever you're focused upon has a *vibration* activated within you that's enough off the signal of that which is your Source that you have introduced a "buzz" in your system. It doesn't mean you're going to die; It doesn't mean terrible things are going to happen. Not right away. (Fun!) It means that you are disallowing the Well-Being that would be there, otherwise.

Now, you are an extension of Pure Positive Energy, and that Pure Positive Energy is the only Stream that flows and you are allowing it or not allowing it. You are allowing it a lot, or not allowing it very much . . . but whatever you are doing with the allowing of the Stream is what your emotions are telling you . . . negative emotion is

your indication of the diminishment of the Stream of Well-Being that would be there if you weren't thinking whatever thought you're thinking that's got that vibration going within you that gives you that negative emotion that is

the sensation that is the indicator of what you are doing *vibrationally*.

*Everything is about vibration, and everything you feel is related to what you are doing with vibration.* But, we know, especially at first, when you hear some Non-physical "angel" expressing to you about *vibration*, (Fun!) we know that it can be a little off-putting because you are accustomed to approaching your world through your *physical* sense.

*It does feel more logical to you, when you feel something in your body, to start looking for physical clues.*



*But we want you to look for vibrational clues, because at the heart of everything that you are living is a vibration of alignment or a vibration of misalignment—and that is all there is.*

So, your emotions are very important; your emotions are your Guidance; your emotions are your constant indicator; and as you make them your friend, and as you do not stick a “Happy Face” over them, but instead, you let them be the indicator that they are, and then you do something about improving your state of emotion—which means raising your *vibration*, which means lowering your resistance to your Source Energy vibration—now, you are a Deliberate Creator.

We want to point out that your “tank” can never really be empty. You can pinch it off pretty good, but you will never empty out. In an ultimate physical withdrawal you just re-emerge fully into Non-physical. In other words, when you die, your tank fills right up. Death is the ultimate fulfillment of your fuel tank.

We would just like you to discover (on a consistent basis, and without dying) a full extension of that Source Energy. And we know that the only way that you’re going to be able to consistently do that is by reading your *vibration* and knowing what the feeling of your *vibration* means—


and then adjusting your thought for the purpose of finding the relief that releasing resistance always brings.

It is not *vibrationally* possible for you to jump from that place of depression into that place of empowerment just because your friend or counselor wants you to. It is *vibrationally* not possible because *Law of Attraction* will not let you make that kind of jump any more than you could set your radio on 98.6 and hear what is being broadcast on 101 FM—the frequencies have to

match up. *You have to be a vibrational match to what you’re reaching for, or you cannot be the receiver of it.*

**Step One** is, *you ask*. Contrast helps you to ask all over the place. You never stop asking; you are asking endlessly. **Step Two** is, *that which you are asking for is always given—every single time*. Source hears your request, and answers every single time; there is not an exception to that. **Step Three** says, *those who ask must vibrationally line up with that which they are asking for*. In other words, you have to be in the *vibrational* proximity of your own desire if there is to be any evidence of movement toward your desire. Not because you have been bad in past lives, and not because you are inappropriate now, but for the simple fact that *vibrations* have to line up.

Continued on page 49



Is this  
a Vibrational  
match?

## Ask And It Is Given

“This is, plain and simply, one of the most powerful books I have ever read.  
One’s entire life can change because of what is found here.  
And all given with such love! This book is a Life Treasure.”

— **Neale Donald Walsch, the author, *Conversations with God***

“I’ve been a huge fan of the teachings of Abraham for ten years.  
They have helped me and my family tremendously.”

— **Christiane Northrup, M.D.,  
the author of *Women’s Bodies, Women’s Wisdom***

“One of the most valuable things about *Ask and It Is Given* is that  
Abraham gives us 22 different powerful processes to achieve our goals.  
No matter where we are, there’s a process that can make our lives better.  
I love this book, and I love Esther and Jerry Hicks!”

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“This is a great book! My wife and I have enjoyed these profound  
and extremely practical Abraham teachings for several years.  
We trust that you will benefit as well. We recommend them to all our friends!”

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“...a publishing milestone...you’ll be fortunate to tap in to the thinking  
of those who are permanently connected to Source Energy. Moreover,  
these voices of Spirit speak in a language you’ll understand and be able to  
instantly translate into action. They offer you no less than a blueprint  
for understanding and implementing your own destiny.”

— **Dr. Wayne W. Dyer, the author of *The Power of Intention***

“The Abraham-Hicks teachings have inspired me to a grand new level  
of clarity, confidence, purpose, and passion. I study these ideas constantly  
and recommend them to everyone I can. They are among the most  
powerful and transformational I have ever encountered.

Live them, and your life will become new and brilliantly happy.”

— **Alan Cohen, the author of *A Deep Breath of Life***

“These incredibly profound, yet simple and practical teachings of Abraham  
will have you trusting your inner guidance again, and will set you  
on course for the most uplifting adventures imaginable.

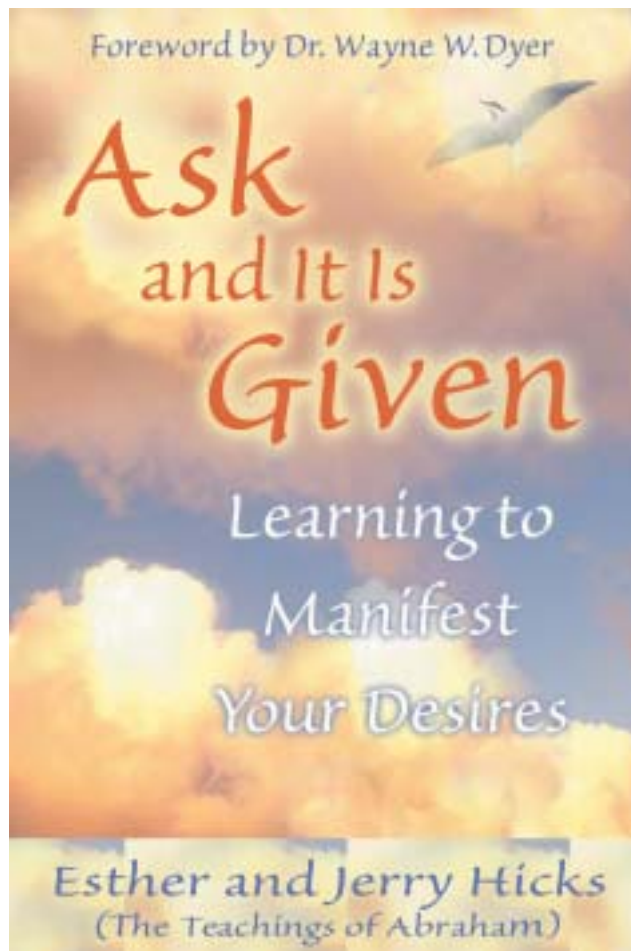
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— **Jack Canfield, the co-author of the  
*Chicken Soup for the Soul®* series**



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— Use this Process for creating your life deliberately, rather than by default.
- **LAW OF ALLOWING**  
— Your Well-being is natural. Learn how to free yourself as you are freeing others.
- **PROCESS OF SEGMENT INTENDING**  
— You will learn, here, how to use your natural power always to your advantage.



*...Esther and I are extremely pleased to be able to offer this Starter Set to those of you who are ready for this delicious experience of upliftment.*

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## SPECIAL SUBJECT CDS or TAPES — VOL I



FOCUSED IN OUR NOW, the only point in which we have the power to create — neither speculating into the future nor reminiscing into the historical past — ABRAHAM speaks, primarily, toward that practical information which we can personally learn to deliberately apply to our current experience and thereby gain beneficial results....From their broader perspective, unencumbered by your cultural beliefs, ABRAHAM reaches into a place, within you, of clear, primal acknowledgement, from which you will repeatedly hear that enthused inner “voice” reminding you, “I knew that!”

As you experience these Special Subject recordings, expect a fresh state of joyous becoming, for ABRAHAM'S words will stimulate you to a new beginning. Retain the beliefs that are of value to you, and learn to become unaffected by any acquired beliefs or influences that have been a hindrance. ABRAHAM guides us, first, to harmony with our Inner Being, and then, all else falls into perfect alignment.

To build a foundation of an understanding of Abraham's teachings, begin with the recordings CD-1, (AB-1 on Tape) *Free Introduction To Abraham*, through CD-5, (AB-5 on Tape) Segment Intending, and then progress through the *Special Subject Series*—as per the order of your interest. Each recording addresses different levels of awareness, and as you repeatedly listen to them, as you are moving forward, you will continually be achieving new insights and experiences.

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**CD-1/AB-1 INTRODUCTION TO ABRAHAM** — A stimulating overview of Abraham's basic message: How to consciously harmonize and interact with your pure, positive Inner Being...How to realize who you are and why you have chosen to be physical in this time...How to joyously and deliberately utilize the Laws of the Universe to Attract all that you are wanting to be or have or do....Also, Jerry & Esther summarize the process of their introduction to Abraham.

**CD-2/AB-2 LAW OF ATTRACTION** — The most powerful Law in the universe. It affects every aspect of your daily life. A Law which is, whether you understand that it is or not. Specific processes are offered here to help you learn how to harness this Law — to get what you want.

## SPECIAL SUBJECT CDS or TAPES — VOL I

**CD-3/AB-3 LAW OF DELIBERATE CREATION** — Discover the ecstasy of understanding universal Laws which are absolute — no matter what the circumstances. Without an understanding of this universal Law, it is as if you are playing in a game where the rules are not understood, so it is not only impossible to know if what you are doing is appropriate, but you do not know how to win the game. The rules of the game of life are clearly offered here.

**CD-4/AB-4 LAW OF ALLOWING** — Of all things that you will come to understand through this physical life experience, nothing is more important than to become an allower. In becoming an allower, you are free of the negativity that binds you. Learn the joyful difference between tolerating and allowing — and experience the blissful difference in every relationship you have.

**CD-5/AB-5 SEGMENT INTENDING** — Our futures are individually paved by the steady stream of thoughts we set forth. We are literally creating our future life as we direct our thoughts of this moment into the future. Discover the magnificent power you hold in this moment — and learn how to use that power always to your advantage.

**CD-6/AB-6 GREAT AWAKENING, BLENDING** — You have deliberately and excitedly chosen this time to be physical beings upon this planet, because you knew in advance that this would be the time when many — not all — physical beings would recognize the broadness and great value of their being. Follow this step-by-step process for awakening.

**CD-7/AB-7 RELATIONSHIPS, AGREEMENTS** — We are all creators as we individually think and plan, but we are also often co-creators as we interact with others. Most relationships with others are far less than we want them to be. Find out why. Discover how to rejuvenate unhealthy relationships and attract new harmonious ones.

**CD-8/AB-8 BODILY CONDITIONS** — Nothing is more important to us than the way we feel and look, and yet so many do not look or feel as they would like to. There is not a physical apparatus, no matter what the state of disrepair, that cannot have perfect health. Discover the powerful processes to bring your body to the state of being that pleases you.

**CD-9/AB-9 CHRIST CONSCIOUSNESS, RELIGIONS & BIBLES** — While it can be satisfying to read and remember the teachings of the great ones who have gone before us, it is ever more joyous to discover the power of that knowledge within our own being. Learn the process to go within — as Christ encouraged — to experience the blissful oneness with Christ.

**CD-10/AB-10 ADDICTIONS** — Habits, or compulsions, or addictions can range from annoying to destroying. Often, long after they are no longer wanted, they can bind and control your life. As you listen to this recording — you will for the first time understand exactly what the addiction is, and the simple process offered here will free you from it.

## SPECIAL SUBJECTS TAPES — VOL II



...I AM A MEDICAL DOCTOR and have not, before, run across material that has this much potential to create health...Have enjoyed Abraham's books and tapes beyond any expectations I had when my mother originally sent them. I would like to subscribe to your "Weekly Tape Program". Thank You. CHRISTIANE NORTHRUP, MD — ME — Best Selling Author of *Women's Bodies, Women's Wisdom*.

**AB-12 PIVOTING & POSITIVE ASPECTS** \* — If I am the "Creator of my own experience", why don't I have more of what I want? Fostered by an action oriented world, most of you do not understand your true nature of attraction, thus the confusion in why you are getting what you are getting. These processes of pivoting and the book of positive aspects will assist you in the self-discovery of what is important to you, and will put you in the strong, clear place of Well-being, so that you can allow what you want into your experience.

**AB-13 SEXUALITY** — Love, sensuality and the perfect sexual experience — pleasure vs. shame. This misunderstood issue lies at the heart of more disruption in the lives of physical beings than any other issue. Discover the true nature of your being, and release yourself from the negative turmoil that surrounds the subject of sexuality.

**AB-14 DEATH** — Aging, deterioration and the perfect death experience — choices vs. chances. The gathering of years is a natural experience. However, deterioration of your physical body is neither natural nor necessary. Be healthy and productive and active and happy until the very day of your chosen re-emergence into the Non-Physical.

**AB-15 DOLLARS** — Abundance, in perfect flow — gaining the freedom that dollars can bring vs. losing your freedom while gaining your dollars. As there is an abundance of the air you breathe, so there is an abundance of the dollars you seek. Listen and learn how to relax and breathe in the fresh air of freedom offered to you through the abundant flow of dollars.

**AB-16 HEALTH, WEIGHT & MIND** — The perfect states of weight, health and mind — how can I get there and stay there? Diet plans abound and research continues and yet the number of those unsuccessful at maintenance of satisfactory bodily and mental conditions increases. Understand how your body functions and why you are as you are — and then begin your swift and steady progress toward that which you desire.

**AB-17 MATING** — The perfect mate: getting, being, evoking one — Attracting vs. attacking. While it is your natural endeavor to co-create with others, there are few who have discovered the bliss of magnificent relationships. Find out how you can experience the joy of a perfect union.

## SPECIAL SUBJECT TAPES — VOL II

**AB-18 PARENTING** — Perfect harmony between my children and me — and me and my parents. Harmonizing vs. traumatizing. While often disconnected from parents, either by death or by distance, your parent/child relationships often have great influence in your experience with your children or with your current life experience. Learn how to perceive what has been in a way that is beneficial to your now rather than destructive. Let that which you have lived be of value.

**AB-19 CAREER** — The perfect career. What, where and when is it — and what can I do about it now? With so many exterior standards or rules regarding the appropriateness of your behavior or choices — in most cases more confusion than clarity abounds. Use this process to discover and attract that which is perfect for you. Stop the futile backwards approach — and begin creating from the inside out.

**AB-20 SELF APPRECIATION** — If I am so "Perfect as I am" — then why don't I feel better about me than I do? Selfishness vs. selflessness. Your awareness of your perfection was intact as you emerged into this physical body, but it was soon sabotaged by the critical, comparing, judgmental world that surrounded you. Rediscover your true sense of value and Well-being and perfection.

**AB-21 INNER GUIDANCE** — Tell me more about my Inner Voice? Because you have thought in terms of being dead or alive, you forget that you are, simultaneously, physically focused while another part of you remains focused from Non-Physical perspective. Once remembering that the inner you exists, you may begin to listen to what your Inner Voice is offering. Here is the process for re-establishing that important conscious connection.

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### **FREE 74 MINUTE INTRODUCTION TO ABRAHAM**

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A stimulating overview of Abraham's basic message: How to consciously harmonize and interact with your pure, positive Inner Being...How to realize who you are and why you have chosen to be physical in this time...How to joyously and deliberately utilize the Laws of the Universe to Attract all that you are wanting to be or have or do....Also, Jerry & Esther summarize the process of their introduction to Abraham. This recording is a comfortable means to share Abraham with those who seek a new way of realizing a successful life experience. (Order AB-1 or CD-1 Include \$5.00 Minimum S/H or see our free download at [www.abraham-hicks.com](http://www.abraham-hicks.com))

*...Since receiving ABRAHAM's Free Introductory Tape, I've listened to it 3 or 4 times. It is concise and very recreatable both in my life and in my work as a consultant...I wanted to thank you for so much value in this one small tape. I am impressed and moved...Enclosed is my first "real" order:—Texas*

## A Twelve Point Synopsis of Abraham-Hicks' Teachings

### **1** *You Are a Physical Extension of That Which is Nonphysical.*

All-That-Is, or that which you call God, is not finished and waiting for you to catch up. You are the leading edge of thought, here seeking more: more of all that feels good to you, more of that which is fresh and gloriously uplifting. (You are, in essence, bringing heaven to earth.)

### **2** *You Are Here in This Body Because You Chose to Be Here.*

You chose the opportunity to experience this delicious contrast in time and space, and with great anticipation you came to co-create with other joy-seeking beings, to fine-tune the process of deliberate thought. (What, where, when and with whom you create are your choices, too.)

### **3** *The Basis of Your Life is Freedom; the Purpose of Your Life is Joy.*

You are free to choose to discover new avenues for your joy. In your joy you will grow; and in your growth you will add to the growth of All-That-Is. (However, you are also free to choose bondage or pain . . . but everything anyone chooses is only because they believe it will help them feel better.)

### **4** *You Are a Creator; You Create With Your Every Thought.*

By the Universal Law of Attraction, you are attracting the essence of whatever you are choosing to give your attention to — whether wanted or unwanted. And so, you often create by default. But you can know by how your emotion feels if what you are attracting (creating) is what you are wanting or if it is not what you are wanting. (Where is your attention focused?)

### **5** *Anything That You Can Imagine is Yours to Be or Do or Have.*

As you ask yourself why you want it, the essence of your desire is activated, and the Universe begins to bring it to you. The more intense your positive feelings, the faster it is coming to you. (It is as easy to create a castle as a button.)

### **6** *As You Are Choosing Your Thoughts, Your Emotions Are Guiding You.*

Your loving Inner Being offers guidance in the form of emotion. Entertain a wanted or unwanted thought, and you feel a wanted or unwanted emotion. Choose to change the thought and you have changed the emotion — and you have changed the creation. (Make more choices in every day.)



**7** *The Universe Adores You for it Knows Your Broadest Intentions.*

You have chosen to come to earth with great intentions, and the Universe constantly guides you on your chosen path. When you are feeling good, you are, in that moment, allowing more of that which you have intended from your broader perspective. (You are Spirit Incarnate.)

**8** *Relax into Your Natural Well-Being. All is Well. (Really It Is!)*

The essence of all that you appreciate is constantly flowing into your reality. As you find more things to appreciate, your state of appreciation opens more avenues to more for which to feel appreciation. (As you think, you vibrate. As you vibrate, you attract.)

**9** *You Are a Creator of Thoughtways on Your Unique Path of Joy.*

No one can limit where you can direct your thought. There are no limits to your joyous journeys to experience. On the path to your happiness you will discover all that you want to be or do or have. (Allowing others their experiences allows you yours.)

**10** *Actions to Be Taken and Possessions to Be Exchanged Are By-products of Your Focus on Joy.*

On your deliberately joyous journey your actions will be inspired, your resources will be abundant, and you will know by the way you feel that you are fulfilling your reason for life. (Most have this one backwards, therefore most feel little joy in their actions or their possessions.)

**11** *You May Appropriately Depart Your Body Without Illness or Pain.*

You need not attract illness or pain as an excuse to leave your body. Your natural state — coming, remaining or leaving — is that of health and Well-Being. (You are free to choose otherwise.)

**12** *You Can Not Die; You Are Everlasting Life.*

In grace, you may choose to relax and allow your gentle transition back into your Nonphysical state of pure, positive Energy. Your natural state is that of Foreverness. (Have fun with all of this! You can't get it wrong, and you'll never get it done.)

**PS** *It is not necessary for even one other person to understand the Laws of the Universe or the processes that we are offering here in order for you to have a wonderful, happy, productive Life Experience — for you are the attractor of your experience. Just you!*

Jerry & Esther Hicks — 11/95 ([www.abraham-hicks.com](http://www.abraham-hicks.com))



## GREATEST HITS

**AVAILABLE ON CD OR CASSETTE —**  
“Nothing changes in my reality until something changes in my thought.” And this San Francisco album does evoke new thought.

A classic recipe for guidance to our state of natural Well-Being; Abraham magically mixes their brilliant thought provoking knowing with splashes of loving, clarifying humor, and they blend those ingredients into the audience’s ever expanding observations and questions. The result is this delicious, recorded, learning experience for each of us who is wanting to learn (or to teach) *how to live the joyous, fulfilling life that we came to earth to live.*

“On a scale from 1 to 10, this Workshop was a 400!” — Andy Harrington — email

### THE SCIENCE OF DELIBERATE CREATION ABRAHAM-HICKS PUBLICATIONS

#### **San Francisco, CA — 8/9/03**

(Nearly 4 hours of Classic Abraham)

##### TAPE/CD ONE

- New ideas are the breath of life. (11:00)
- Maybe we could make Well-Being the “Truth”? (12:00)
- Learning to enjoy our dreams as messages? (16:00)
- Surreptitiously toying with red lights and marijuana. (15:30)
- Eyes see what you believe you can. (3:30)
- Was Cod Liver Oil really the remedy? (12:48)
- Dad told Esther when fish were flying. (16:00)

##### TAPE/CD TWO

- Time to stop being amazed by Well-Being. (6:30)
- She’s discovered that NOW never goes away. (2:00)
- The subtle differences between solutions and problems. (7:00)
- When lover mistreats his dog and kids. (11:00)
- Starting a savings plan to buy house. (6:30)
- Which feels better, anger or depression? (13:17)
- Deliberately doing nothing *is really doing something!* (26:00)

##### TAPE/CD THREE

- To increase our awareness of our thoughts. (13:00)
- Energy flow, Aliens and “Vibrational Thought Soup”? (9:00)
- Bluegrass music, Planet Earth, and Abraham’s knowledge. (9:00)
- Oops! she got a third speeding ticket. (13:00)
- He feels pains from his nation’s aggressiveness. (6:00)
- Living the nearsighted life of Mr. Magoo. (8:30)
- A decision? and how to make one? (3:00)

Order S3-8/9/03—\$30 or S3CD-8/9/03—\$45

# ABRAHAM - HICKS MUSIC

PRESENTS

## *A New Adventure,*

the teachings of Abraham masterfully combined  
with the music of Francine Jarry



Order CD — \$15 + S/H

More than 70 minutes of a variety of uplifting music that projects the philosophy of Abraham in a way we have never felt it before.

The first half of this album contains 20 of Francine's bright melodies that project a wide range of musical styles. From her *Count Your Blessings*, and *Reach for a Thought That Feels Better*, she carries us through to the rollicking *I Want to Live My Life to the Fullest*, and on to the

elegant, meditative *Joy to the Universe*.

The second half of the album promises to give the listener a first in a lifetime experience. You will be enraptured when you immerse yourself in this 30 minutes of Abraham's Rampages of Well-Being. Over Francine's haunting *Mayan Theme*, we have blended, from three live workshops, Abraham's *Living Happily Ever After* and *Finding My Core Beliefs*, and finally Abraham reminds us that our Well-Being is natural with their, never to be forgotten, *It Is Good To Feel Good*.



Cassette — \$10 + S/H

(Download a sample at:  
[www.abraham-hicks.com](http://www.abraham-hicks.com))

AM-1CD \$15.00 for CD, or AM-1 \$10.00 for Cassette

# Conversations With God for teens by Abraham-Hicks



In 1999 USA Today published an article: "If you could ask God any question... what would it be?" I presented those questions to Abraham and we published the recording as G-5/30/99.

We recently discovered, our friend, Neale Donald Walsch's *If you could ask God any question...?* book: "Conversations with God for teens", and now it has been a thrill for me to present over 50 of my favorite "teens" questions to Abraham at our El Paso Workshop — and to now make the dialog available to you!

Don't you wish we could have had this wisdom "back then"? Isn't it a blast to have it now?!

Order CD-22 — \$15 (plus S/H)  
AB-22 (cassette) — \$10 (plus S/H)

## CD'S NOW AVAILABLE

The *Monthly Subscription Program* and *Weekly Subscription Programs* and the *Free Introduction to Abraham* recordings can NOW be ordered on CD or Cassette.



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Weekly CD Program .....\$12.50 per week

Monthly Cassette Program .....\$12.00 per month

Monthly CD Program .....\$15.00 per month

Glutton Cassette Program .....\$50.00 per workshop

(Albums of complete workshops)

Glutton CD Program .....\$60.00 per workshop

Introduction To Abraham Cassette . . . .Free + \$5.00 S/H

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("Free Introduction" download at [www.abraham-hicks.com](http://www.abraham-hicks.com))

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### MONTHLY SUBSCRIPTION CASSETTE OR CD PROGRAM

We select and edit from as many as 28 new Group Session Tapes that ABRAHAM produces in a month, a 74 minute recording of what we feel contains the most new, inspiring and thought provoking material. And we ship that 74 minute composite recording to the subscribers of the Monthly Subscription Program. *A gift that keeps on giving. Subscription fee: \$12 per month for cassette and \$15 per month for CD.*

- ...Enclosed, please find a check for another one-year subscription to the Monthly Tape Program. *...Every time I replay any one of those tapes, I realize that it has a whole new meaning for me... What a great way to start the day! My profound gratitude to you for sharing this wonderful way of life. — New Jersey*
- ...You do a wonderful job of editing the Monthly Tapes, because each tape seems to give the answer I need at the time. *Each month gets a little deeper and broader. It is so wonderful to have such guidance. You are what is needed on our planet now. Fondly — Iowa*

### WEEKLY SUBSCRIPTION CASSETTE OR CD PROGRAM

For those who want to learn as much as they can “to be and have and do” as fast as they can and are not in the position to personally attend ABRAHAM’S ever evolving Workshops, we offer this Weekly Subscription Program: We choose, each week, what we consider to be the workshop with the most stimulating, practical, new ideas — or significant ideas presented from a new perspective — and we form a 74 minute composite recording and ship it to our subscribers. Four cassettes equal one month’s billing. *Fill your spare moments with upliftment, flow and forward motion. Subscription fee: \$10.25 per week for cassette and \$12.50 per week for CD.*

- ...I’m so enjoying the Weekly Tape Program! Each new tape seems to get better and better! My life has been transformed in the three years that I have been listening to your tapes. *Every aspect of my life, every relationship I have, has been enriched and enhanced with the knowing of Abraham. I am eternally grateful for this information! With a full and joyful heart. Your friend — Pennsylvania*

### GLUTTON SUBSCRIPTION PROGRAM

Be on a standing order to receive the uncut recordings of every Workshop. Subscription fee: \$50 for each 4 cassette album. \$60 for CD’s (plus S&H)

### WORKSHOPS & WEEKENDS

*What do you want to more clearly understand?: Your state of becoming? Finances? Bodily conditions? Relationships? Business/Career? Metaphysicality? Your state of being/having/doing...?* To participate in an open group “Questions and Answers” workshop with ABRAHAM, (see page 4 for details) contact Abraham-Hicks Publications at (830) 755-2299 for dates, locations and to make your reservation.

- ...I was at your workshop in Chicago a few days ago, and I am still floating several feet above the earth. I had listened to the tapes and read some of the books but *being in the presence of Abraham and watching Esther’s physical expression of this profound energy and passion has truly taken me to another level of being able to integrate this information more deeply and easily. Much love. — Illinois*

**TO RESERVE OR SUBSCRIBE, CALL OUR OFFICE AT 830 755-2299**

## PRICE LIST

**WORKSHOPS, WEEKENDS, SEMINARS** — Details are posted in each Quarterly Journal on page 4. Call (830) 755-2299 for details of activities in your area.

**STARTER SET** — Cassettes: \$35. CD's: \$45. (See page 18) Album of five of Abraham's most powerful and popular recordings. (See ordering information on page 32.)

**WEEKLY SUBSCRIPTION PROGRAM** — Cassettes: \$10.25 per week. CD's: \$12.50 per week. One 74 minute composite of group sessions. Call or write to begin your Weekly Tape or CD Program. (See page 29 & 30)

**MONTHLY SUBSCRIPTION PROGRAM** — Cassettes: \$12 per month. CD's: \$15 per month. One 74 minute composite, each month, that offers the most new practical and inspirational material from Abraham, is selected and shipped to a group of subscribers. Call or write to begin your Monthly Tape or CD Program.

**NEW! GLUTTON PROGRAM (4 TAPE WORKSHOP ALBUMS)** — You may now order 4, 74 minute recordings (with flaws and flows) of complete workshops. Cassettes \$50. CD's \$60 (plus S & H). Call our office (830) 755-2299 for subscription details.

**CASSETTE TAPES & CDs** — \$10 each. (CD's \$15) Order 3 or more at \$9 each (CD's 3 or more \$12) — or order 5 or more (in same "Set", "Volume" or "Season") and they will be shipped to you in a complimentary, (a limited offer) convenient 12 space cassette album. Abraham's "AB Series" – Special Subjects 74 minutes, and their "G-Series" 74 minute group session composites are all priced the same: \$90 for the album sets of 10, (CD's \$117) \$10 for singles (CD's \$15) or \$9 each (CD's \$14) when ordering 3 or more. (Plus shipping and handling.)

**BOOKS** — \$15 each. Pay \$12 each when ordering 3 or more. (Plus shipping and handling) Study groups, teachers or dealers, call for volume discount when ordering 9 or more books. (See page 16 & 38)

**3 TAPE ALBUMS** — \$30 each (plus S/H). Currently these include our Sara Books on tape and Abraham's Greatest Hits albums. (See page 26 & 43)

**DAILY PLANNING CALENDAR/STUDY GROUP WORKBOOK** — A 768 page planning, implementing and manifesting calendar to utilize for your personal creation, or use it as a Course Workbook for a 12 month Group Study. \$25 (plus S/H). *Check it out; satisfaction guaranteed.* (See page 36)

**DVDs & VIDEO CASSETTES** — For prices and details of offerings see page 28 & 60 of our complimentary Catalog (Quarterly Journal, Volume 24) which includes all materials created from 1988 to 2002. (See DVDs & Videos on pages 44-48)

**TRANSCRIPTIONS** — Many 90 minute Abraham recordings have been transcribed and are now available for \$10 each (plus S/H). On line, \$5.

**QUARTERLY JOURNAL** — "The Quarterly Journal of *The Science of Deliberate Creation*" — Published 4 times a year by Jerry and Esther Hicks. (Current issues are complimentary while in stock. Back issues can be ordered for the minimum packaging and delivery fee of \$5 each while supplies last.) Other countries pay postage only.

**CATALOG** — Complimentary full color 112 page compendium of the first decade of Abraham-Hicks teachings, from 1988 to 2002. Over 600 cassettes, books and videos.

**FREE INTRODUCTION TO ABRAHAM-HICKS** — This 74 minute recording is an ideal way to introduce the concepts to someone you love. The basics are all here! Specify tape or CD format and include \$5 for minimum shipping and handling. (See page 35)

**WEB SITE** — Visit our up-dated Web Site: [www.abraham-hicks.com](http://www.abraham-hicks.com). Free downloads of *Free Introduction to Abraham*, 74 minutes, or a sample of *A New Adventure Music CD*.

# ORDER FORM

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[www.abraham-hicks.com](http://www.abraham-hicks.com)

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We usually ship within two working days of your order and UPS usually is best for larger orders. Please specify any preferences.

### INTERNATIONAL ORDERS

We ship USPS (unless requested otherwise). Call us for current shipping rates outside of the continental USA.

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- Please print or type information
- List stock number (i.e. AB-1) and its price.
- Pay with check (US funds only), money order, or MasterCard, Visa, American Express or Discover credit card.
- A replacement order form will be enclosed with each shipment.

### DEFECTIVE OR DAMAGED TAPES OR BOOKS

Call, write or email telling us the title series date and problem and we will replace, or refund cost of the item. (We no longer refund shipping costs.)

We are most appreciative of the many suppliers of services and materials who make it possible for Abraham's words to reach you so efficiently. As costs of doing business are increased, or decreased (taxes, inflation, etc.) to any of our suppliers and passed on to us, we, in turn, through our varied business transactions, reflect those changes back into the international economy.

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## THANK YOU!

*Our thanks to you for your role in this joyous co-creation. Your thoughts as we interact, your pondering, questioning, recognizing, knowing and wanting... add to our forward motion and to the fulfillment of our purpose.*

*We intend to allow ABRAHAM'S words of perspective, positive guidance and stimulation of thought, to go as far and as fast as they are wanted. At the same time, we intend to continue our abundant, positive, mental, material and spiritual experience — and we do appreciate your contribution of “thoughts, words and deeds.”*

### **Do you have a friend who would enjoy our Quarterly Journal?**

Name (Please print) _____
Address _____
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### **\* EDUCATORS—TEACHERS—STUDENTS \***

Are you involved in education and interested in an uplifting perspective? We can mail to you (at no cost) a copy of Daniel Greenberg's *Free At Last*, highlights of the first 20 years of the remarkable Sudbury Valley School experience. We have a few remaining copies (not for sale) just let us know if you would like one and we'll get it off to you as soon as it is practical.

*This book will make your heart sing!*

(We ship this book only to the one who is requesting it.)

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Jerry & Esther

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## FREE CD/CASSETTE " INTRODUCTION TO ABRAHAM "

*... Yesterday I received the Introduction to Abraham CD! Although I have been working with Abraham's ideas for more than a year, am a member of the "CD of the Month" club, and was very happily present at the workshop at the Biltmore Estate in Asheville, I had never heard the introductory tape. Well, the information on that CD helped me bridge a gap in my thinking about the principles of deliberate creation. And the clarity feels wonderful! Many thanks for the CD, and for all the wonderful work you are all doing!*

*With boundless appreciation, — LR — NC*



*... Thanks for the wonderful new Introduction CD. Wow! I'm so very pleased! My gratitude, for so much Joy and Well-Being that I am now experiencing, is immense. I resonated with the comments from the readers and listeners on the inside of the jacket cover of the CD: "I've been a 'searcher', 'seeker', 'sharer' since I was a teen," except in my case it's been since I was about 5. The next line just floored me, "My middle name was purported to be 'Why?'" How true... I was asking as a child. Especially as a child. I never stopped asking. And thank you for clarifying the role that "contrast" plays in our lives. Yes, all the pieces are finally falling into place. And also "Thank you for helping to put the fun back into my life". My entire experience has pivoted, literally.*

*Thanks again — In absolute bliss — BF — Canada*

**This 74 minute professionally remastered *Introduction to Abraham* is now available in cassette or CD format. It's a comfortable way to share Abraham with those who seek a new way of realizing a more successful life experience.**

Order: AB-1 or CD-1 (Include \$5.00 Minimum S/H)

**(See free download at [www.abraham-hicks.com](http://www.abraham-hicks.com))**





## WORDS OF WISDOM FROM THE BROADER PERSPECTIVE

**REBELLION HAPPENS AT ALL LEVELS** — Your innate awareness of individuality is at the heart of your international rebellion. Look at the exacerbated unrest in the Middle Eastern regions and think about what would happen if all parties could say, and mean: “You think differently than I do, but I encourage individual, diverse thought...” rather than “I’m afraid of your thought because it might overtake my thought...” You are trying to push against individuality, but you will never be able to suppress individuality. However, in the moment that you as an individual; you as a religion or as a government...would begin to encourage individuality, your trouble would begin to subside.

An encouragement of individuality must happen within any individual who is ever going to find satisfaction in this diverse Universe of which we are all a part.

Excerpted from — G-10/21/03 — Washington, DC

## PRESENTING A POWERFUL 365 DAY COURSE IN SPIRITUAL PRACTICALITY

Habits are usually created slowly. And since a major aspect of the value to you of using this material will be the changing — often slowly — from unwanted habits of thought to habits of thought that are more appropriate to your current conscious desires — *but the most common use of this calendar will be as a joyous 365 day journey into a new world of leading edge thought and experience.*

Begin experiencing the power of this calendar at any time. You don’t have to wait until the first of next year. However, in order to get into time sequence with the calendar — it is best to start at a month’s beginning. Let the first day of your first month be day one (page three) of this calendar.

After over 30 years of studying, teaching and enjoying the art of personal fulfillment, I have long understood the power of clarifying and writing out my decisions in appointment books, journals, organizers, etc. But as the years passed, I became aware that at the most joyous and highly productive seg-

ments of my life — I simply carried, daily, a fresh, updated sheet of paper in my pocket. This works!

The first sides of the pages are compilations from the best of the Abraham teachings. The second sides of the pages are designed to accommodate your daily list of things to do. *But as the course progresses, you will discover that the pages will be offering processes and techniques to fit the advancing stages of your progression within these materials.*



Your only power to create your life is in this moment, and the Abraham-Hicks Planning Calendar is designed to focus the purest of your intentions to your todays, the time in which you have

your creative power.

*In our estimation, this Abraham-Hicks Planning Calendar/Workbook is the most effective tool available for the practical application of “The Science of Deliberate Creation.” Utilize it to create and to teach others to create, the perfect (by your ever changing standards) adventure in living.*

*"If you want to change what you are living,  
you only have to change the balance of your thought." — Abraham*



## THE SCIENCE OF DELIBERATE CREATION

### *Abraham-Hicks Daily Planning Calendar and Study Group Workbook*



#### **A 365 DAY COURSE IN SPIRITUAL PRACTICALITY**

- The material in this calendar/workbook has been specifically intended as an experiential guide to comfortably change your balance of habits of thought to that which will enrich every aspect of your experience.
- Begin in any month. The pages are left to be dated by you.
- This is a study to do, not a study to simply peruse. It is a study to have fun with in every way that you can imagine.
- The pages are the size of two \$100 bills, side-by-side. Tear out a page a day. They are portable. Fold them into your wallet or checkbook, or simply carry them in a pocket. On one side you will find life enriching reminders of some things you may have forgotten and on the other side you can write intentions, ideas, names, numbers. Post them on your mirror, refrigerator, the sun visor of your car...
- Carry a seven day segment or a vacation segment with you when you are away from home — and then file them for future reference.

**— Let the Magic Begin —**

SELF HELP FROM YOUR TOTAL SELF

**ORDER: PLANNING CALENDAR — ABCN (768 PAGES) \$25 USA — PG 32**

## BOOK: A NEW BEGINNING I

THIS EXTRAORDINARY BOOK is powerfully offered by a group of teachers who call themselves Abraham. They express clearly and simply the laws of the universe, explaining in detail how we can deliberately flow with these laws for the joyful creation of whatever we desire. Abraham describes this as the time of awakening, explaining that each of us chose, with very deliberate intent, this specific time of great change to participate in this physical experience. This is an empowering, life-changing book that will assist you in seeing your personal life experience as you have never seen it before.

...The breakthrough book that started a worldwide interest in Abraham. Now in its ninth printing, *A New Beginning I* explains in simple terms the eye-opening fundamentals of living a life of health, wealth and happiness. — Texas



### COMMENTS:

- Thank you for a delightful book—*A NEW BEGINNING I*—a life changing book...a joyous do-it-yourself book...I have always known this was an “inside job”, but I’ve not known, before, how to communicate well with the “inside.” — Germany
- We are thrilled with the data. Everyone we have sent the book to thinks it is the best book they have ever read. — California
- The feedback I’ve gotten on the many *ABRAHAM* books that I have distributed has been phenomenal and it has come from all over the world. — California
- The first edition of *A NEW BEGINNING I* sold out because readers love the practical ideas of Abraham. In the tradition of Jane Roberts, this refreshing new book reveals a unique blend of new-age thought with the Western desire for “more.” An inspiring self-help classic that gets results.

Softcover. \$15. 219 pages. ISBN 0-9621219-3-2.  
(To order, see page 32, or call 830 755-2299).

## BOOK: A NEW BEGINNING II

THIS IS AN UPLIFTING BOOK that strikes a chord with the very core of your being. Written by Abraham to assist you in understanding the absolute connection between your physical self and your inner self, Abraham puts this physical life experience into perspective as they explain and define who we really are and why we have come forth as physical beings. This book is filled with processes and examples to assist you in making a deliberate conscious connection with your own Inner Being, that you might find the awesome satisfaction with this physical life experience that can only come once this connection is made.



...Now in it's eighth printing, *A New Beginning II* contains uplifting new material from Abraham including *Law of Attraction*, *Law of Allowing*, and the effective use of your *Guidance System*. Includes questions and answers from live workshops, affirmations, and powerful processes for increasing your ability to intentionally create **WHATEVER** you want. Incredible! A must read! — Texas

### COMMENTS:

- Your book, *A NEW BEGINNING II*, has been my constant companion, now marked and circled on page after page...So—UP with the “Fairies of the Universe” and beautiful music and laughter! — France
- ..I hugged the book; I couldn't put it down for two days...You should see my metaphysical library—and of every book I have, this is the clearest! — Germany
- Thank you so much for the book—it is the best yet. I like to open it at random and see what the good word is for the day. — California
- Like the book before it, *A NEW BEGINNING II* is clear, practical, inspiring and empowering with more focus on how to realign with your Inner Being. The bottom line for Abraham-Hicks is to choose to feel good in every moment. From that base of joy you will naturally and easily create what you want for yourself and the world.

Softcover. \$15. 277 pages. ISBN 0-9621219-1-6  
(To order, see page 32, or call 830 755-2299)

## SARA. BOOK 1 — Sara, and the Foreverness of Friends of a Feather



*...My whole family read this book and we haven't been the same since. My husband, perhaps, was the most moved by it. He actually said that it had such a tremendous impact on him that he looks at life with new eyes. It's like being nearsighted your whole life and then finally getting glasses. Everything becomes crystal clear.*

I cannot say enough good things about this life-transforming book. If there is only one book you ever buy, make sure it is this one. You won't regret it! (all ages)

— by Denise Tarsitano in the "Rising Star Series."

**THE BOOK** *Sara, and the Foreverness of Friends of a Feather* is a novel about a young girl, Sara, who learns about life through a wise owl named Solomon.

As you settle into this book you will begin to experience Sara's life, almost as if it is your own. You'll discover that the questions that Sara's life uncovers will not be so different from the questions of your own life.

Sara has the benefit of a wise and wonderful mentor who not only knows the answers to all questions, but also understands that words don't teach. Solomon wisely helps Sara to find the answers to her very important questions through her own life experience. And as Sara discovers her answers — you will very likely discover some of your own, as well.

This book will awaken within you wisdom you were born with, that you may have forgotten. It will open you to who you really are. (all ages)

BOOK: Ask for SARA-1 — \$15 (plus S/H) Softcover.— ISBN 0-9621219-4-0

## CDS & TAPES

*Sara and the Foreverness of Friends of a Feather* is now available as an unabridged book on tape. Containing three recordings, this album offers over three hours of inspiring, uplifting and entertaining listening.

At the wheel of your vehicle or doing mundane chores or relaxing with closed eyes, you can now comfortably absorb the pleasure of this extraordinary magical relationship between young Sara and her ethereal, old, feathered owl friend, Solomon...

CDS: Ask for CDS3S1 — \$45

CASSETTES: Ask for S3S1 — \$30

(830) 755-2299 (Order form page 32)





## SARA. BOOK 2 — Sara and Seth, Solomon's Fine Featherless Friends

*...My family had read the first Sara book and were captivated by its wisdom and clarity. I knew we were in for a treat with this new story, "Sara and Seth", but I had no idea just how much of an impact it would have on all of us.*

*The sheer brilliance of this unassuming little book with its powerful message (of Well-Being) will leave you breathless.*

*(all ages)*

— by Denise Tarsitano in the "Rising Star Series."



**THE BOOK** When Seth moves into Sara's mountain town, and right into the middle of all of the secrets of Thacker's Trail, Sara doesn't know what to do with him. She is drawn to him in a strange and powerful way, but the idea of letting anyone in on her unbelievable secrets seems impossible. But Sara soon comes to trust Seth, and together they embark on an even more wonderful experience with Solomon.

Seth has been gathering important questions all of his very short life. He can barely believe his good fortune in meeting Solomon, who understands all things.

You'll enjoy seeing Sara's good life getting even better, and Seth's rather awful life becoming wonderful. And like everyone else, you will love Solomon.

BOOK: Ask for SARA-2 — \$15 (plus S/H) Softcover ISBN# 0-9621219-7-5



## CDS & TAPES

*Sara and Seth, Solomon's Fine Featherless Friends* is now available as an unabridged book on tape. Containing three recordings, this album offers over four hours of inspiring, uplifting and adventurous listening.

Relaxing with closed eyes, you can now comfortably absorb the pleasure of this extraordinary magical relationship between Sara and her new friend of a feather, Seth... plus, her ethereal owl friend, Solomon, makes his welcome reappearance, adding his wise perspective to their/our learning experiences.

CDS: Ask for CDS3S2 — \$45

CASSETTES: Ask for S3S2 — \$30

(830) 755-2299 (Order form page 32)

## SARA: BOOK 3

### A Talking Owl is Worth a Thousand Words



...Add me to the list! The list of those that were totally delighted, enchanted, and inspired by your newest book, *Sara 3*. I read it in two sittings. I read it out loud as if I had an audience of eager listeners hanging onto every word. A few times I had to stop, lift my glasses and wipe away the tears. I have never enjoyed reading a book as much as I did this book.

(all ages)

by Kathy Johnson—NC

## THE BOOK

Sara has a hard time understanding why Seth wants to befriend the new girl in town and even share their secrets of Thacker's Trail. Even Solomon's reassuring words don't soothe Sara. But Sara discovers that not only does Annette's presence not detract from her joyful experience, but that it adds to it in many more ways than she could have imagined. The secrets of Thacker's Trail are known by more than Sara knew, and it turns out that Sara doesn't mind sharing her secrets as much as she at first believed.

Life just gets better and better for these extraordinary young people. And yours will, too, as you read their stories.

BOOK: Ask for SARA-3 — \$15 (plus S/H) Softcover ISBN# 0-9621219-9-1

## THE TAPES or CD's

*Sara 3: A Talking Owl Is Worth a Thousand Words*, is now available as an unabridged book on tape. Containing three recordings, this album offers over four hours of inspiring, uplifting and adventurous listening.

Sara's adventures expand as she and her best friend, Seth, are joined by Annette, a new girl in school.

Let Jerry's expressive voice transport you to Sara's world. A world of fun, and learning—and such good feelings.

CDS: Ask for CDS3S3 — \$45  
Cassettes: Ask for S3S3 — \$30  
(830) 755-2299 (Order form page 32)

# ABRAHAM'S GREATEST HITS CD/TAPES

**A CLASSIC ABRAHAM-HICKS WORKSHOP!**  
**Just too good to take anything out. Here, you get it ALL.**

THE SCIENCE OF DELIBERATE CREATION  
ABRAHAM-HICKS PUBLICATIONS  
Boston, MA — 10/5/02

## TAPE/CD ONE

17:00 How true can I make my "Truth"? 5:00 Somebody should do something about that problem. 13:00 To deactivate the vibration of your resistance? 12:05 Abraham gives a brief Vibrational Reality example. 5:23 Fall in love with where you are. 3:00 He's noticed that he has contradicted philosophies. 5:16 Is it possible to transfer negative moments? 12:04 Why did she get scratches on car?

## TAPE/CD TWO

10:00 Where do compassion and empathy fit in? 4:18 How long to stay in meditation? 3:45 Some questions about "New Age energy" terms. 6:00 Her husband has his own unique wisdom. 8:20 She usually finds joy in her painting. 8:52 Therapist has little tolerance for client's disconnection. 1:14 She wants to be the chosen one. 23:05 Her relations with relationships are still sticky. 4:50 What's up with her sporadic head tremor?

## TAPE/CD THREE

4:30 Why doesn't Abraham laugh like others? 5:12 Her meditation teacher misguided her into vegetarianism. 5:54 Abraham doesn't differentiate between males and females. 8:21 Is there a valid Energy Stream ritual? 7:41 The voice said "no" to medical procedure. 10:19 She has some questions about physical pain. 5:14 Was death as delicious as Mother observed? 4:09 How could she have lost unborn baby? 6:37 Would Law of Attraction determine starving adoptee? 15:43 He wants more success with less work. (Cont'd.)

## TAPE/CD FOUR

(Cont'd.) 14:20 He wants more success with less work. 7:32 Realistically, how far is he from success? 1:26 How do psychics read other's thought waves? 19:20 My Infinite-Self relationship. 16:00 The season of her long lost father. 8:00 Whether fungus or emotions, so be it! 1:00 Abraham closes the Boston Massachusetts Workshop.

Order 4T10-5-02—\$50 or 4CD10-5-02—\$60





## VIDEO SAN RAFAEL, CA

These videos were recorded in Monterey, California, on Saturday, the 2nd day of September, of the year 2000.

### **The Science of Deliberate Creation Presents: The Art of Allowing Volume III**

This powerful workshop series demonstrates the simple proven techniques that will allow you to easily create anything you desire!

Five, one-hour DVDs.

**5DVD-9/2/00 — \$90 plus S/H  
(or Video 5V-9-2-00 — \$90 plus S/H)**

#### **Included in Part 1:**

How life works. Why you're getting what you're getting. Contrast puts the eternalness in eternity. A belief is just a thought you keep thinking. Feel the way you would feel if you had it. Quantum leaps are possible but very uncomfortable. A headache is a wonderful thing. How to stop yelling at the walls. Access denied by you.

**Included in Part 2:**

Allowing is unconditional love. Worrying is practicing the art of resistance. Play with new desires until they feel familiar. The thing about past lives. Hold the vision because it feels good. Your job is to want it. You cannot suffer your way into well-being. Heaven's Gate swings both ways. Happy happy happy happy happy all the time.

**Included in Part 3:**

Have faith in your manager. Non-physical guidance comes in impulses. The placemat process. Signals of alignment. Deja vu. When Middle East fanatics give their lives to blow up buildings. There's no resting in heaven. Align your own energies and the neighbors will come into harmony. Banging into trees is better than not wanting.

**Included in Part 4:**

Hold only thoughts that thrill you. The Universe cannot buck your current. Finding a "Soul Mate." The difference between wanting and yearning. When it feels like the next logical step, then it is. Take a nap. Reach for a thought because it feels better. Create from the inside out. Every stick in the pile has two ends.

**Included in Part 5:**

Family harmony through self-fulfillment. Letting go of injury worries. Bad psychic readings reflect resistance. All healing is energetic. When an ex-mate threatens suicide. Now is where all your power is. What about the innocent babies? Good teachers facilitate natural desires. Abraham offers audio ecstasy.



**Ask for 5DVD-9/2/00 — \$90.00 plus S/H  
To order see page 32.**

## A SPECIAL SUBJECTS VIDEO/DVD:

### AV-8 — DEATH & LIFE

- Realize that there is no death. (12:00)
- We are all Eternal Beings. (8:00)
- What is it Like for Non-Physical? (16:00)
- When you understand death, you can begin to live. (8:00)
- When Middle East Fanatics give their lives to blow up buildings. (7:00)
- There's no resting in heaven. (1:00)
- Abraham offers audio ecstasy. (6:00)

(Excerpted from Video 5V-8/26, 8/29, 9/2/00)

DVD-8 — Death & Life — \$30

(VHS) AV-8 Death & Life — \$30

Running time: 1 hour

(To order, see page 32).



### AV-9 — HEALTH & WELL-BEING

- I am Vibrational Energy; I am Creator. (7:20)
- The good side of a bad headache? (7:20)
- To let go of fear of injuries? (3:00)
- When habits of thought contradict Energetic healing. (4:00)
- Diabetes can heighten the desire for Well-Being. (14:15)
- The 17-second focus, healing, flash point. (7:50)
- Well-Being is the basis of this Universe. (4:10)
- How does our natural healing process occur? (5:35)
- The life-giving effect of asking and receiving. (5:40)

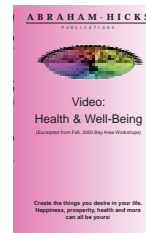
(Excerpted from Video 5V-8/26, 8/29, 9/2/00)

DVD-9 — Health & Well-Being — \$30.

(VHS) AV-9 Health & Well-Being — \$30.

Running time: 1 hour

(To order, see page 32, or call [830] 755-2299).



## A SPECIAL SUBJECTS VIDEO/DVD:

### AV-10 — MONEY & MANIFESTATION

- Thinking; feeling; getting — are always a match. (8:40)
- Nothing is more important than feeling good. (6:00)
- Delegate your desires to your Universal Manager. (6:30)
- Removing brakes from abundance in 17 seconds. (8:20)
- Visualize your economy for the pleasure received. (8:00)
- The summoning power of your big desires. (8:20)
- Letting Well-Being in through the Placemat Process. (14:00)



(Excerpted from Video 5V-8/26, 8/29, 9/2/00)

DVD-10 Money & Manifestation — \$30.

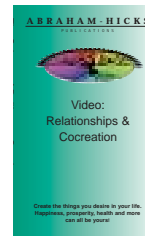
(VHS) AV-10 Money & Manifestation — \$30.

Running time: 1 hour

(To order, see page 32, or call [830] 755-2299).

### AV-11 — RELATIONSHIPS & COCREATION

- The Vibrational Universe. (10:00)
- Transforming painful past relationships. (3:40)
- Forgiveness, and unconditional love. (3:40)
- Staying up when others are down. (6:50)
- Your Book of Positive Aspects. (1:40)
- All of your relationships are eternal. (1:00)
- Avoiding problems with the neighbors. (5:00)
- Connecting with your kids. (13:20)
- The process of attracting your ideal mate. (14:26)



(Excerpted from Video 5V-8/26, 8/29, 9/2/00)

DVD-11 Relationships & Cocreation — \$30.

(VHS) AV-11 Relationships & Cocreation — \$30.

Running time: 1 hour

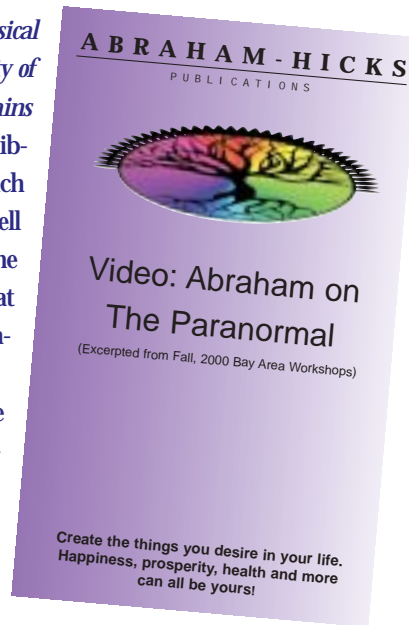
(To order, see page 32, or call [830] 755-2299).

## SPECIAL SUBJECTS DVD/VIDEO: THE PARANORMAL

*The mysteries of the metaphysical remains a mystery, and the ineffability of my knowledge of the paranormal remains inexplicable. Yet after decades of deliberate communication with that which we call Non-physical, I can clearly tell you that It feels good; It guides me wisely; It loves us each equally, and that It feels as though It is the personification of Well-Being.*

And so we are pleased to share with you here this degree of understanding that our workshop guests have evoked from Abraham through their questions regarding *the Paranormal*.

*Jerry Hicks*



### SUBJECTS INCLUDED:

You are all vibrational beings.  
Understanding precognition.  
Ancient seers and sorcerers.  
How Abraham “sees”.  
Are there negative entities?  
Technique to see auras.  
Death and Non-physical reality.  
Dreams and out-of-body experiences.  
Astrology versus predestination.  
What to do if you want to see an E.T. spaceship.

(Excerpted from Videos 5V-8/26, 8/29, 9/2/00)

Order: DVD-12 The Paranormal — \$30.

(VHS) AV-12 The Paranormal — \$30.

Running time: 1 hour

(To order, see page 32, or call [830] 755-2299).



*Law of Attraction* (That which is like unto itself is drawn) is this powerful, consistent Law and your very best friend because when you get a sense of what your *vibration* is, and when you pay attention to the way you feel so you can feel how much of who you really are you are focusing in this moment, then you will never again be uncomfortable or surprised about anything that happens to you, or to anyone else.

No one else is keeping you from anything that you want. There is not an agency, not a parent, not an influence, there is not another—nothing can prevent you from the fulfillment of your own desires—only you. And only you can do it through offering a *vibration* that is not in alignment with your desires. And, your emotions are telling you in every moment whether or not you are allowing or resisting, whether or not you are in alignment or misalignment with your own desires.

Understanding the *Law of Attraction*, and more importantly, understanding the way you feel, will give you creative abilities beyond your wildest dreams. There is nothing that you cannot be or do or have; there is nothing that you cannot reach for and achieve—and there is nothing that needs to take a long time to come to you.

*Source Energy is very fast-moving Energy, and manifestation is much faster in these days than it has ever been before. And it is time for you to reclaim your power by paying attention to whatever you*

are doing that is causing you to divert your power or to resist your power.

*Pay attention to the way you feel. And make your essential, determined stance be that you're going to make the best of things. That's really the mantra that will put you on course: I'm going to make the best of this. No matter where I am, I'm*

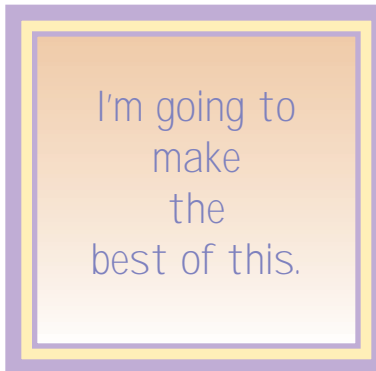
*going to make the best of it! Hear what that means: No matter where I am, if I make the best of it, it's gotta get better. And then if I still make the best of it, it's gotta get better. And if I still make the best of it, it's gotta get even better. . . .*

People are going to find you to be very nice to with.

Children may be a little shocked as they discover you are not riding herd on their behavior so much. They will be delighted as they discover you are giving them an up-close example of someone who is joyous. Other's will discover, through their exposure to you, their own joy—for you will teach through the clarity of your example.

*You never teach anyone anything by pointing out what they're doing wrong and then trying to discipline them into doing something that you believe is right. All you do is distort their awareness of the only Guidance that will ever be of any value to them.*

*No one else can evaluate anyone else's Emotional Scale. It's an inside job. It's a personal job, and nobody else can do it.*



Excerpted from  
Abraham-Hicks Workshops  
G-12-13-03 —Boca Raton, FL

## Hello from Jerry & Esther (Continued)

Continued from page 2

of Jacky Grace and of being able to use the same cruise line, Holland America, and Travel Agency, WorldView Travel with Ron Oyer (we were so pleased with them), and we even will be using the same ship (m/s Oosterdam) for both cruises. How perfect is that? (Enclosed with this journal you will find two brochures giving you all the details for each of these cruises.)

**NEW BOOK:** Hay House tells us that our new book *Ask and It Is Given, Learning to Manifest Your Desires* will be in our warehouse and in the bookstores in Australia and the US on October 1<sup>st</sup>. We can hardly wait for you to read it. Abraham describes in even clearer detail how to effectively create the life you want, and then offers 22 processes to help you to do just that! You're gonna love it!

**SPECIAL SUBJECTS TAPES NOW ON CDS:** You have been asking for the CD version of the 10 Tape Special Subject Tapes, Volume One, and we are so happy to tell you that they are now available! At last!

**DVDs:** We are now able to offer our Special Subject Videos: Death & Life, Health & Well-Being, Money & Manifestation, Relationships & Cocreation, and our newest offering, Abraham on the Paranormal, in both VHS and DVD format. And an entirely new workshop from San Rafael California is now available in both the VHS and DVD format.

**SARA SERIES (BOOK ON TAPES) NOW ON CD:** Jerry did a great job of reading these wonderful books onto tapes a while ago. Now they are also available on CD.

**PLAN AHEAD FOR WORKSHOPS:** The following workshops have space limitations, so if it is important to you to attend these events you may want to make your plans early because we can't add extra space at the last minute:

- San Antonio (4 events at Abraham-Hicks Facility)
- Asheville NC — (at the Inn on Biltmore Estates)
- Cruise to the Mexican Riviera (on board m/s Oosterdam)
- Cruise to the Alaskan Inside Passage (on board m/s Oosterdam)

**WE LOVE HEARING FROM YOU:** Our wonderful staff in San Antonio does a great job of recording your wishes and letting us know what you are enjoying and what you are asking for, and we are so happy in this past quarter to be able to fulfill so many of your requests.

We feel such appreciation for our lives, our work, and all of the nice people who help us in so many ways.

We see a beautiful year stretched out before us and we are so looking forward to meeting up with you in person or in thought somewhere along the trail.



**ALASKAN CRUISE WAS SOOOOOOOOO GOOD  
WE'RE DOIN' IT AGAIN — JULY 9-16, 2005**

Dear Jerry & Esther,

I am still basking  
in the sweet  
afterglow of  
my Abraham  
Alaskan  
Well-Being  
Adventure cruise.



Abraham encouraged  
us to reach for the memory  
that thrills us. Well, I have many more to draw on after that  
cruise. Thank you for providing me the opportunity to take  
my dream trip. For me it was a time to be with others and  
“comblisserate,” (*not commiserate*). I have coined the word to  
remind myself that I intend to raise my vibration and to uplift

others. Being with those  
other students of  
Abraham in such  
a glorious place  
was the perfect  
opportunity for  
me to practice  
comblisseration.

*Jan Martindale, Oregon*



**Mexican Riviera Well-Being  
Adventure Cruise  
February 5 - 12, 2005**

**“We loved Alaska!” they said, “Now Let’s Go some-  
place new!” So, “Mexican Riviera, here we come!”**

To book, contact Worldview Travel 888-259-9191 ext. 225 or 213



## SAN FRANCISCO WORKSHOP VIDEOS

These videos were recorded in San Francisco, California,  
on Saturday, the 26th day of August, of the year 2000.

### The Science of Deliberate Creation Presents: The Art of Allowing **Volume I**

This powerful workshop series demonstrates the simple  
proven techniques that will allow you to easily create  
anything you desire!

Five, one-hour video cassettes.

**Ask for 5V-8/26/00 — \$90.00 plus S/H**

#### **Included in Part 1:**

Abraham tells all that they know; The Law of Attraction; There is no such thing as exclusion; What you are getting is always a vibrational match; Your emotions are your guidance system; Contrast gives birth to rockets of desire; Know that all is well; Ask and it is given; Be more like your cat; Putting death in the proper perspective.

**Included in Part 2:**

Examine the content of what you're living to understand your vibrational offering; The pulling power of desire; Realize your power is in the here and now; Reach for the thought that feels better; Difficult relationships teach unconditional love; How to see an extraterrestrial spaceship; Allowing your child to not be an allowee.

**Included in Part 3:**

Understanding your connection to Source. Why does Abraham seem to trivialize ecological concerns? The difference between physical and Non-Physical energy. How does healing take place? Why has Abraham philosophy not manifested clearly before now? The meaning of astrology. Appreciating your leading-edge role.

**Included in Part 4:**

Abraham's tips for teaching connection. Whatever it is you are feeling is your indicator of your level of allowance or resistance. In your appreciation, you are a vibrational match to what you want. Accept the grace in which you live. The life-giving effect of asking and receiving. It is about aligning, not earning.

**Included in Part 5:**

Dreams and out-of-body-experiences. Your triad of intentions. Whatever happened, your work now is to let it in. Know that all of your desires are in the process of being answered. How contrast manifests. The mantra of the universe is "Now what?" The art of allowing is in feeling good about what you want.



Ask for 5V-8/26/00 — \$90.00 plus S/H  
To order see page 32.



## VIDEO MONTEREY, CA

These videos were recorded in Monterey, California, on Saturday, the 29th day of August, of the year 2000.

### The Science of Deliberate Creation Presents: The Art of Allowing **Volume II**

This powerful workshop series demonstrates the simple proven techniques that will allow you to easily create anything you desire!

Five, one-hour video cassettes.

**Ask for 5V-8/29/00 — \$90.00 plus S/H**

#### **Included in Part 1:**

You are a creator. Shouting no is saying yes. Stop sticking your pencil in the fan. Never face reality. Nothing is more important than feeling good. There is not a source of evil. Abraham's sales job for selfishness. Disease causes a heightened desire for health. You cannot appreciate and resist at the same time.

**Included in Part 2:**

Stop holding your cork under the water. The 17-second focus flash-point. Little things can be behind a big illness. Finding the value in school. Reclaiming your sense of power. The only thing that matters is which thought lets it in. The lesson of TV's Survivor. Realize that there is no death. We are all eternal beings.

**Included in Part 3:**

What is it like for Non-Physical? What Abraham sees. Your senses are focusing mechanisms. How to observe Auras. Negative thought-forms can't assert. The deciphering of contrast. Learn to offer more of your vibration by choice, rather than as a reaction to your observations. Using your Book of Positive Aspects.

**Included in Part 4:**

Delegate to The Manager. Removing the brakes on abundance. Bridging belief and desire. Visualize for the pleasure of visualizing. Why you don't remember who you are. Yes your way through life's buffet. There is no such thing as fixing a problem. Your natural state of Well-Being. Abraham's mission statement.

**Included in Part 5:**

Learning to selectively sift your subjects of attention. Your vibration on any subject is right where you last left it. Tell it the way you want it to be. Playing the wouldn't-it-be-nice-if game. Following the path of your new desires. Steps for becoming a vibrational match to your Well-Being. Abraham explains how bad things happen.



**Ask for 5V-8/29/00 — \$90.00 plus S/H  
To order see page 32.**

## G-SERIES CDS/TAPES FALL, 2003

### EVERY PREFERENCE SUMMONS SOURCE

**G-6/28/03** — I am the creator of my reality. How does this philosophy differ from religion? ADHD's being medicated to curb his creativity. Should heiress cousin have multiple entities removed? Questioning the evolutionary purpose of flying beasts. Any danger in trying on sexual fantasies? Her son refuses to participate in kindergarten.

**G-7/12/03A** — It's time to let myself be. I am here to follow my bliss. Psychologist questions why some adults abuse children. Forgive? forget? or distract with a bee? To remain happy although lover feels awful? How can she enjoy being more selfish? From "don't wants" to "do wants"?

**G-7/12/03B** — Should he discipline himself to complete projects? Practicing conflict resolution regarding practitioner's dream house. Moving from tolerating his government to "Allowing"? What are Abraham; spirits, or wise spooks? What would create a "Kingdom of Hell?" Enjoying life but fearing experience after death. How to alleviate dying mom's death fears?

**G-7/19/03** — There is not a Stream of "Other". Moving from mostly miserable to mostly joyful. Doctor's happiness can't depend on Mother's perspective. Where is "Should Monster" during fun time? But, isn't cruelty natural to the animals? Aren't "Hannah" children demanding more of parents? Would mentally ill mom's suicide be condemned?

**G-8/10/03** — When you have a desire you have everything! From depression, step by step, to joy. You can't become less than you've become. How can new mother nurture child's nature? To discipline sons, while allowing their freedom? Is having faith the same as Allowing? When a Sensitive is sensitive to unwanted vibrations?

**G-8/23/03** — Do it for the joy of it. Her only son lives in incredible drama. Has studied multiple philosophies, now do what? He wants the experience of a bird? Who really wants to attend that wedding? Why is he so passionate about dinosaurs? Studying New Thought evokes her Catholic guilt.

**G-9/2/03** — To maintain control of my creative experience? Her aged father has been becoming angry. Is it possible to discreate mother's disease? She truly enjoys Jerry & Esther's foibles. Sometimes her daughter's joy path collides. Should I consciously plan my own transition? Has more to do than can do.

**G-9/17/03** — The power of a newly hatched desire. Everything is being in perfect, joyous time! Retired and experiencing a painful powerless situation. She feels healthy, but she feels fat. Do we choose to forget our past? When out walking, what are your intentions? Abraham closes the Kansas City Workshop.

**G-9/20/03** — Your unfulfilled desire is a good thing. Works in progress aren't cooked in the squat. Wants to be more relaxed and trusting? Can hypnotism replace one's sleep, without time? The most value, tapes, Workshops or laughter? Conscious breathing, disciplined running, and big desires? Why has Teacher's Workshops leader's inspiration waned?

**G-9/24/03** — Every preference is a summoning of Source. Why his clarity sometimes seems to fade? Low carbs diet vs. fat makes fat? Would a master clown feel no contrast? She was happier in death than life. Should we psychiatrists attempt to avert suicides? A question about the concept of reincarnation.

*SEE PAGE 32 TO ORDER: G-SERIES ALBUMS — \$90.00 + S/H — EACHES \$10  
OR CD ALBUM — \$117.00 + S/H — EACHES \$15*



## G-SERIES CDS/TAPES SUMMER, 2003

### *I MAKE THE BEST OF EVERY SITUATION*

**G-3/29/03** — There are no painful paths to joy. Cancer's gone, but asthma affects his breathing. Where will her new abundance come from? What causes chills up her spine? How did her husband create Alzheimer's disease? A long term relationship with ice cream? Will their dad's suicide affect their afterlife?

**G-5/7/03A** — To look at what-is and feel good? What the Path of Least Resistance feels like. Your negative emotion is a wonderful thing. Abraham's Prosperity Game Process to regain Well-being. Has wonderful life, except for mate's snoring. She wants to regrow her teenage body. Now ready to take a quantum leap?

**G-5/7/03B** — Always responsible for how we are treated? Inner Being, your most intimate Nonphysical aspect. How can we distinguish the "old souls"? To enhance the community's health and wellness? Fear of losing her lover, lost him. When joyous Granny goes, what lives on? I will do it because it's joyful.

**G-5/10/03A** — Path of Least Resistance always feels better? Law of Attraction as a magnificent Manager. My world is a reflection of me. He's searching for the historical biblical Jesus. From whence came biblical Cain's virgin wife? Is it wrong to define what's evil? What or whom "thou shalt not kill"?

**G-5/10/03B** — When beating the drums of unwanted health? Does her "subconscious" mind sabotage her creation? Is gravity behind our aging and dying? To best use Abraham's Segment Intending Process? At what point does "uplifting" become imposing? Is fulfillment more about time, or focus? Her Greater Self calmly observed survived bombing.

**G-5/17/03** — Middle East conflicts, as a family grudge. What "being in the flow" feels like? Should we confide relationships problems with supporters? Will happiness make his skin clear up? This "recovering physicist" still has many questions. Why doesn't Abraham ever laugh out loud? Can she do something about her health?

**G-5/20/03** — Can I think same and receive differently? There are many paths to your fulfillment. Has received multiple conflicting medical diagnoses. She has a secret: No more medications. Can balanced person positively affect the world? Leading the parade at age 122? Why would father die in such agony?

**G-6/7/03** — Which would you choose: truth, or Well-being? Cosmic answers to his house sale questions. Have we recognitive or manipulative weather powers? Nothing is worth getting upset about. Law of Attraction fulfills all individual desires? Is there a natural aging/declining process? How to reveal dad's suicide to stepson?

**G-6/14/03** — What is the drum you are beating? Her neighbor shot her best client's dog. Should I forgive, or should I ignore? Drumming the best from his musical groups? Where are we when we are asleep? To awaken from sleep full of energy? Wanting to feel her oneness with Abraham.

**G-6/21/03** — How did humans get on this earth? Can we NOW get into the future? She wants clearer evidence of Nonphysical Guides. The case of a fearless, toothless cowboy. Her mother had a hard time dying. She's still oftentimes beset with painful headaches. To make the best of sleep?

*SEE PAGE 32 TO ORDER: G-SERIES ALBUMS — \$90.00 + S/H — EACHES \$10  
OR CD ALBUM — \$117.00 + S/H — EACHES \$15*

## G-SERIES CDS/TAPES SPRING, 2003

### THERE IS NO VALUE IN SUFFERING

**G-1/4/03** — Attention to it evokes vibrational harmony. Abraham gives us a bag of tricks. But, you can never lose it all. Soothe, train, punish, or teach your child? A missing piece in individual weight management. If my teenager chooses to use drugs? Has quest to release asthma prolonged it?

**G-1/25/03** — Are you as selfish as your cat? Life's so good; is she death bound? Do, to make my back heal faster? When flipping a coin to make decisions? The adjoining room sexuality amplified her aloneness. Citizen of Israel questions meaning of holocaust. Can you feel how wonderful it is?!!

**G-1/28/03** — Is that thought helping make it better? Should he ignore his recent health challenges? To comfortably view international political/war controversy? Why do the males seem most violent? Hesitates advising son: "Do what feels good." Are we all connected by Law of Attraction? Should she engage an accident resolution attorney?

**G-2/1/03** — Two choices: feel good or feel bad. When ex-smoker couldn't stop thinking about bears. She loses power to her writing partner. Why she resisted 30 seconds to pleasure? Therapist questions "waiting for the right man"? His girlfriend's mother died, and she's distraught. Letting go of her haunting, sleepless nights?

**G-2/15/03A** — On allowing your Path of Least Resistance. To get ready for growth, get happy. Those you don't like, don't like you. Sees his business overwhelmed by trivial stuff. Author, teetering on edge of business bliss. The ultimate healer; the ultimate teacher, defined. Different aspects of the same Energy Stream?

**G-2/15/03B** — How could happy motorist hit a deer? Are you ready to feel good now? Illness departed as fast as it came. When "getting high" to avoid uncontrollable crying? What is the message in feeling disappointment? About pitching coach's communication with the players? Kissing sexy girls, in his Virtual Reality.

**G-3/1/03** — Are you a Vibrational Match to wanted? The largest woman chose the largest dessert. Encourage connected son's corrective growth vs. surgery? But, which gets to write their commercial? Do same Universal Laws apply to animals? Guide teenage son to son's own guidance? Has she an attachment to the outcome?

**G-3/8/03** — There will always be those who thrive. You're not powerless in a power seeking world. Why there'll never be an "energy shortage". He questions perceived Canadian codfish shortage. He's protesting George Bush's war against Iraq. Harmonizing with religious/political, USA/Iraq conflict? What "satisfaction" are people finding in war?

**G-3/15/03** — When bombarded with a cacophony of ideas? Why would you escalate what's going wrong? Isn't life about Enlightenment and Self-realization? Wants to actually meet her Inner Being. Lost weight, but Snickers candy still calls. "Recovering Alcoholic" now thirsts for a relationship. Is husband fearing success—or fearing failure?

**G-3/22/03** — Why they're advising you how to drive. How can healer relieve her enormous debt? How did her expectation affect her experience? What is the key to achieving forgiveness? He lives abundance, with dollars or not. Film maker received two million, but wants three. Does desire to win money contradict itself?

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OR CD ALBUM — \$117.00 + S/H — EACHES \$15*

**G-SERIES CDS/TAPES WINTER, 2002**  
***SAVOR THE MOMENT!***

- G-9/28/02 — Perfect Life, Choice, Diagnosis, Lump, Children, "Parkinson's," Blessing  
G-10/12/02 — Feel Good, Surgery, Savoring, Inner Being, Abraham, Student, Freedom  
G-10/15/02 — Now, Medicine, Abraham, Business, Bibles, Diversity, Child's Pet  
G-10/19/02 — Allowing, Wanting, Visualization, Tantrums, Universe, Reality, Money  
G-10/26/02 — Path, Minds, Abraham, Hospitals, Dreams, Goals, Savoring  
G-11/02/02A — Temporary, Source, Well-Being, Path, Employees, Energy, Resistance  
G-11/02/02B — Jealousy, Moods, Music, Abraham, Savoring, Dreams, Death  
G-11/23/02 — Source, Feel Good, Creating, In-laws, Animals, Abraham, Feelings  
G-12/07/02 — Worrying, Heart Transplant, Beliefs, Children, Chores, Psychiatrist  
G-12/14/02 — Allowing, Squirrels, Diabetes, Birth Controls, "Truth," Immunization

**G-SERIES CDS/TAPES FALL, 2002**  
***YOUR WELL-BEING IS NATURAL***

- G-7/3/02 — Allowing, "Evil," Astrology, Universal Truth, Bully, Sobriety, Death  
G-7/13/02 — Optimism, Money, Laws, Raw Foods, Relationships, School Teacher  
G-7/20/02 — Bad/Good, Meditation, Body, Thoughts, Health, Solar Plexus, Happiness  
G-8/3/02 — "Truth," Valve Closers, Illness, Dreams, First, Children, Core Beliefs  
G-8/10/02 — Matches, Abraham, Well-Being, Fetus, Monkeys, Children, Business  
G-8/18/02 — Insights, Children, Copyrights, Now?, Comedienne, Artists, Dreams  
G-8/31/02 — Path, Ego, Separation, "Armageddon," Consciousness, Children, Teenager  
G-9/2/02 — Deactivate, Forgiveness, Funerals, Death, Hallucinogenics, Beasts  
G-9/7/02 — Visualizing, Killing, Drugs, Inner Being, Abraham, "Channeling," Ethnic  
G-9/21/02 — Hands/Stove, "Terminal," Free Will, Play, Business, Knuckle Cracker

**G-SERIES CDS/TAPES SUMMER, 2002**  
***CREATIVE CONTROL IS YOURS***

- G-5/7/02 — Purpose, Boogie Man, Tithing, Non-physical, Business, Disease  
G-5/11/02 — Control, Virtual Reality, Logic, Body, Worthiness, Purpose, Abraham  
G-5/13/02 — Get Out, Perspective, "Fittest," Biology, In Flow, Sleep, Lumps  
G-5/18/02B — Live It, Sleep, Me, Diagnosis, Money, Universe, Coma  
G-5/21/02 — Manifestations, Children, School, Eyesight, Universe, Wonderful, Parents  
G-5/25/02 — Imagining, Birthing, Business, Cats, Psychologist, Money, Stock Market  
G-5/28/02 — Desires, Practicing, Social Changes, Thoughts, Sexuality, Source, Time  
G-6/1/02 — Risk, Responsibility, Religions, Procrastination, Relationships, Children  
G-6/15/02 — Teamwork, Protection, Meditation, Prisons, Phobias, Children  
G-6/29/02 — Core Beliefs, Relationships, Non-physical, Complainers, Accidents

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**G-SERIES CDS/TAPES SPRING, 2002**  
***VIRTUAL REALITY PROCESS REFINED***

- G-1/26/02 — One World, Religion, Bombing, Failures, Movies, Birthright, Meditation
- G-2/2/02 — Argentina, Habits, Counseling, Media, War, Children, Light Board
- G-2/23/02 — Paranoid, God, Deja Vu, Meditation, War, Bipolar, Alcoholics
- G-3/2/02 — Well-Being, Reincarnation, Weight, Opinions, Physicians, Appreciation
- G-3/9/02 — Oil cap, Dominant Thoughts, Relationships, Bad People, Spider Fear
- G-3/16/02A — Allowing, Dollars, Foods, Relationships, Children, Environment
- G-3/16/02B — Age, Time, Prebirth Attitudes, Energy Soup, Astrology, Money
- G-3/23/02A — Action, Remembering, Practice Thoughts, Baseball, God, Inner Being
- G-4/20/02 — Virtual Reality, Place Mat, Dreams, Nightmares, Business, Widowed
- G-5/4/02 — Virtual Reality, Beliefs, Healers, Abraham, Mammograms, Religions

**G-SERIES CDS/TAPES WINTER, 2001**  
***PRACTICE YOUR VIRTUAL REALITY***

- G-10/06/01 — Unwanted, Majority, Death, Charlie, 9/11/01, "Antichrist," Conspiracy
- G-10/13/01-A — Completion, Goals, Rich/Bad, 9/11/01, God, Christ, Truth
- G-10/13/01-B — 9/11/01, Heart, Children, Well-Being, Success, Happiness
- G-10/20/01 — Soul Intention, Economy, Will Power, Children, Media, Sex, Dinosaurs
- G-10/27/01 — Fears, Time, Death, Relationships, Right/Wrong, Supplements, Karma
- G-11/03/01 — Asking, Obligations, Leadership, Physicians, Money, Menopause
- G-11/24/01 — Relax, Intentions, Healthy, Unfaithful, Opinions, Dreams, Now, Angels
- G-12/01/01 — Bad, 9/11/01, Pain, 17 Seconds, Culmination, Obsession, Diagnosis
- G-12/15/01 — Reality, Drunkard, Goat, Channeling, Minister, Relationship, Manifestation
- G-1/5/02 — Step 3, Alcoholics, Passion, Children, Resources, Acquisitions, Aging

**G-SERIES CDS/TAPES FALL, 2001**  
***WHATEVER YOU LIKE IS APPROPRIATE***

- G-8/4/01 — Issues, Career, Effort, Diagnosis, God, All-That-Is, Death
- G-8/11/01 — Oops! Career, Artist, Vibration, Childbirth, Guilt, Divorce
- G-8/13/01 — Death, Autism, God, Aliens, Complainers, Loss, Savoring
- G-8/18/01 — Fear, Retaliation, Diversity, Humans, Earth, Empathy, Terrorists
- G-8/21/01 — Universe, Mating, Guilt-free, Death, Joy Medicine, Connection
- G-8/25/01 — Vaccinate?, Chemotherapy, Money, Sexual, Dementia, MA, Chores
- G-9/22/01 — 9/11/01, Retaliation, Mother, Children, Emotion, Pollyanna, Revenge
- G-9/25/01 — Contrast, New York, 9/11/01, Feelings, Patriotism, Unity
- G-9/29/01 — Student, Osteoporosis, Tongues, Legal, Self, Well-Being, 9/11/01
- G-10/1/01 — Appropriate, Blessings, Connections, Parents, Mother, Attachment

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## ABOUT THE AUTHORS

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EXCITED ABOUT THE CLARITY and practicality of the translated word from ABRAHAM, Jerry and Esther Hicks began, in 1986, disclosing their ABRAHAM experience to a handful of close business associates. Then, recognizing the practical results being received by those persons who began plying ABRAHAM with meaningful personal questions regarding their finances, bodily conditions, and relationships...the Hickses made a conscious decision to allow ABRAHAM's teachings to become available to an ever widening circle of seekers. And that circle continues to expand — even as you read this page.



Esther & Jerry Hicks

Jerry and Esther have now published more than 600 *Abraham-Hicks* books, cassettes and videos, and have been presenting open group interactive *Art of Allowing Workshops* in about 50 cities a year to those leaders who gather to participate in this progressive stream of thought. And although worldwide attention has been given by leading edge thinkers to this *Science of Deliberate Creation* who, in turn have been incorporating many of ABRAHAM's concepts into their books, lectures, sermons, screenplays and scripts—the primary spread of this material has been from person to person as individuals begin to discover, and share with others, the practical value of these materials in their personal experience.

ABRAHAM, a group of obviously evolved teachers, speak their broader Non-Physical perspective through the physical apparatus of Esther. *Speaking to our level of comprehension, from their present moment to our now, through a series of loving, allowing, brilliant yet comprehensively simple, recordings in print and in sound — they guide us to a clear connection with our Inner Being — they guide us to self-upliftment from our Total Self.*

### COMMENTS FROM READERS & LISTENERS:

*...It's hard to believe that life could be so simple and so joyous... Thank you, so much, for making an already good life even better! (With lots of good feelings) SC — PA*

*...I've been a "searcher," "seeker," "sharer" since I was a teen. My middle name was purported to be "Why?" The information from Abraham is so down-to-earth, useful, compelling, exciting, sensible, practical, empowering, clear, usable. I'm a marvelous deliberate creator now. Thanks for putting the "fun" back into physical life. JS — AZ*

*...Am so delighted to be reading your books, listening to your tapes and attending your seminars. I am so happy and getting happier and clearer every day. My life has been leading to this point, and it feels like the icing on the cake. I know everything will just get better, although it's hard to know how. What a powerful gift you've given us — the recognition of our ability to create the life we want, and the tools to carry out the plan. Thank you for sharing. — CA*



## THE TEACHINGS OF ABRAHAM WELL-BEING CARDS



Our good friend, Louise L. Hay, author of "You Can Heal Your Life" and the publisher of Hay House books, has asked us to create a set of Well-Being Cards that get across the Abraham message of joy and inspiration in an attractive, easy-to-enjoy format. These Well-Being Cards are now in our office, ready to be delivered to you! This is a deck of sixty cards, attractively illustrated, each with a different valuable message of joy and inspiration drawn from the most unique and powerful perspectives gleaned from eighteen years of our "Art of Allowing" workshops. Use them for meditation, affirmation, or just the pleasure of an uplifting message that will accentuate your natural state of Well-Being.

Words don't teach; life experience teaches. But with these Abraham-Hicks words fresh in your mind, your every life experience will now be more meaningful to you. And since nothing is more important than feeling good, nothing is more valuable than these processes that will allow more of your natural Well-being to flow.

Plan to have fun with these cards. Let these words inspire thoughts that will attract to you more of that which evokes your greatest joy.

With the help of Hay House, the Well-Being Cards will be stocked in bookstores across the world this month. Ask for them in bookstores. Recommend them to your friends! Or, for immediate delivery, order the "Well-Being Cards, The Teachings of Abraham" right now.

**Suggested retail is \$15.95. Order yours today for \$12.76 plus S/H.**

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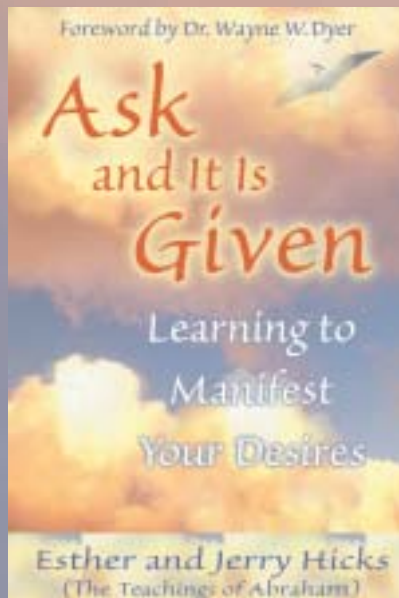


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John Gray, PhD, the author of *Men Are From Mars, Women Are From Venus* says: "My wife and I have enjoyed these practical teachings for years. We recommend them to all our friends!"

Louise L. Hay, the author of *You Can Heal Your Life* writes "...Abraham gives us 22 different powerful processes to achieve our goals."

Christiane Northrup, M.D., the author of *Women's Bodies, Women's Wisdom* says "...These teachings have helped our family tremendously."

Neale Donald Walsch, the author of *Conversations with God* writes: "This is one of the most powerful books I have ever read."

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