The Science of Deliberate Creation

A Quarterly Journal and Catalog Addendum

Oct, Nov, Dec, 2003 — VOL 26

Are You As Selfish As Your Cat? (Page 6)

NEW VIDEO — MONEY & MANIFESTATION

SARA, BOOK 3 AUDIO — CD'S AVAILABLE ! (Page 45)

Quarterly Quotes! (Page 12)

Newest Group Series — Spring, 2003 Album (Page 10)

New Greatest Hits — San Francisco 8/9/03 (Page 38)

Shortage is only a perception. You can never use up all of the ideas, or resources, but you are so free — in the realm of limitlessness — that you can still limit yourself. In the same way you create abundance, you create shortage. As you perceive "shortage" — you create (your own) shortage.

G-3/8/03 — San Francisco, CA

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Hello from Jerry & Esther

Jerry & Esther, Cruise July, 2003

I always like it when I hear Jerry explaining to our audiences at our Abraham-Hicks Workshops that "we tested the Alaskan Cruise out for you to make sure it would be something that you might like." I think that is a job that I would like to assign myself: Get out there and check out the best things in life and then report back to all of you.

So here is our report: IT WAS SPECTACULAR! We loved every part of every part of every part of it.

Boarding a cruise ship is a very nice experience. It feels so orderly and efficient and easy. There is an easy check-in and then an exhilarating walk up a ramp to board the ship. And then there is that feeling of excitement as you get your first glimpse of your elegant home for the next week.

There are helpful people everywhere offering assistance as you get oriented, and we love the first day of discovering the ship: Up and down the elevators. Looking at our ship map and locating the dining rooms, (especially the ALWAYS OPEN 24 HOURS A DAY dining room) the gift shops, the art galleries, the spa, and swimming pools. It's like floating on a city block with everything you would ever want or need close by.

It was fun to unpack and move into our state room. And so nice to put things in the drawers knowing that they could stay there all week while this elegant ship transported us through unbelievably beautiful scenery from city to city, to city. There can not be a better-feeling way to travel. Such ease, such comfort, such wonderful accommodations — and SO MUCH FUN!

I know that Abraham teaches us that "nothing is more important than that I feel good", and it is their sincere desire that we reach the point where circumstances and events do not have to line up perfectly in order for us to have good feeling moments, but I have to tell you, these wonderful circumstances sure did make it EASY to align with Well-Being.

From time to time a beautiful voice would speak to us through the ship's loud speakers, describing something wonderful that was visible from our ship, and again and again he commented on the extraordinary weather we were experiencing. "Someone on board brought us this spectacular weather!" he said, again and again.

We smiled.

Throughout our connecting, realigning, sensuous, delicious, invigorating, replenishing week, we said to each other many times: Can you imagine what this cruise would be like with a few hundred of our dear friends AND ABRAHAM! I think it will shift our capacity for Well-Being to a whole new level!

Our cruise coordinator, Ron Oyer, has arranged our 15 hours of Abraham Workshops to fit seamlessly into our cruising schedule so that we will not miss any adventurous cruise experiences.

It would be wonderful if you could join us on this Well-Being Adventure! Thinking about it makes me want it NOW! But all good things, in perfect timing. July 3-10, 2004!

Our love

Jerry & Esther

See Cruise Pictures page 62

Highlights of Contents

HELLO From Jerry & Esther 2
NEW! Abraham-Hicks Workshop Details for next 90 days 4
2003 Abraham-Hicks Workshop Schedule.....5
ARTICLE: Are You As Selfish As Your Cat (6 pages) 6
NEW! Love & Appreciation 8
NEW! Group Series Tapes, Spring, 2003 (available in CD format).....10
NEW! Quarterly Quotes.....12
Synopsis of Abraham's Teachings 16
STARTER SETS CD's AND CASSETTES!.....18
SPECIAL SUBJECT TAPES, Volume I & Volume II.....20-23
NEW! VIDEO — ABRAHAM ON MONEY & MANIFESTATION 24
VIDEO — ABRAHAM, ON HEALTH & WELL-BEING.....25
VIDEOS — THE ART OF ALLOWING — VOL II — Monterey, CA.....26
Conversations with God for teens — by Abraham-Hicks 28
CD'S NOW AVAILABLE! for Tape Programs and more 29
Order Form, How To Order, Price List, ...30-34
FREE INTRO CD 35
NEW! Words of Wisdom.....36
Daily Planning Calendar/Course Workbook 37
NEW! GREATEST HITS SAN FRANCISCO 8/9/03.....38
MUSIC! A New Adventure Musical Feature.....39
BOOKS: A New Beginning I & A New Beginning II 40-41
BOOKS OR CASSETTES: SARA 1 & SARA 2.....42
NEW! BOOK: SARA 3: A Talking Owl is Worth a Thousand Words **CD's & Tapes** .45
Classic Workshop — Boston, MA — 10/5/02 48
VIDEO — ABRAHAM, ON DEATH & LIFE 49
VIDEOS — THE ART OF ALLOWING — VOL I — San Francisco, CA 50
GREATEST HITS.....52-55
G SERIES ALBUMS.....56-61
ALASKAN CRUISE PHOTOS.....62
Jerry & Esther's Evolutionary Process.....63
ALASKAN CRUISE — Back Cover 64

Dear Friends,

We do love receiving your messages and reading your letters and notes that come by the thousands! Even though we can't personally respond to you, we will continue to read and listen to and relish your wonderful responses to Abraham's materials... And we will continue to expect you to be aware of how very much we appreciate your delightful addition to our delicious physical experience — and to the upliftment of All-That-Is.

From our hearts,
Jerry & Esther

90 DAY EVENT SCHEDULE DETAILS

From time to time there are changes in our scheduling, so please reserve in advance with our San Antonio office at (830) 755-2299.

PREPAID RESERVATIONS ARE REQUIRED.

If you cancel 7 days, or less, before any event, a $50 cancellation fee will be charged.

11/1/03 — Dallas, TX — Held at the Dallas Marriott Quorum, 14901 Dallas Parkway, Dallas, TX 75254. (972) 661-2800. Saturday 9AM to 4:20PM. $150.00.

11/22/03 — San Antonio, TX — Held at the Abraham-Hicks Facility, 28550 Old Fredericksburg Rd., Fair Oaks, TX 78015. (830) 755-2299. Saturday 9AM to 4:20PM. $150.00.

12/6/03 — Tampa, FL — Held at the Tampa Marriott Westshore, 1001 N. Westshore Blvd., Tampa, FL 33607. (813) 287-2555. Saturday 9AM to 4:20PM. $150.00.

12/13/03 — Boca Raton, FL — Held at the Renaissance Boca Raton, 2000 NW 19th St., Boca Raton, FL 33431. (561) 368-5252. Saturday 9AM to 4:20PM. $150.00.

12/20/03 — Orlando, FL — Held at the Embassy Suites, Lake Buena Vista Resort, 8100 Lake Ave., Orlando, FL 32836. (407) 239-1144. Saturday 9AM to 4:20PM. $150.00.

1/24/04 — San Antonio, TX — Held at the Abraham-Hicks Facility, 28550 Old Fredericksburg Rd., Fair Oaks, TX 78015. (830) 755-2299. Saturday 9AM to 4:20PM. $150.00.

1/31/04 — West Los Angeles, CA — Held at the Courtyard Marriott, 13480 Maxella Ave., Marina del Rey, CA 90292. (310) 822-8555. Saturday 9AM to 4:20PM. $150.00.

2/7/04 — San Diego, CA — Held at Embassy Suites, 4550 La Jolla Village Dr., San Diego, CA 92122. (858) 453-0400. Saturday 9AM to 4:20PM. $150.00.

2/21/04 — San Rafael, CA — Held at the Four Points Sheraton, 1010 Northgate Dr., San Rafael, CA 94903. (415) 479-8800. Saturday 9AM to 4:20PM. $150.00.

2/28/04 — San Francisco, CA — Held at the Hyatt Regency SF Airport, 1333 Bayshore Hwy., Burlingame, CA 94010. (650) 347-1234. Saturday 9AM to 4:20PM. $150.00.

3/6/04 — North Los Angeles, CA — Held at the Hilton Woodland Hills, 6360 Canoga Ave., Woodland Hills, CA 91367. (818) 595-1000. Saturday 9AM to 4:20PM. $150.00.

3/20/04 — Phoenix, AZ — Embassy Suites, Phoenix-Biltmore, 2630 E. Camelback Rd., Phoenix, AZ 85016. (602) 955-3992. Saturday 9AM to 4:20PM. $150.00.

4/17/04 — San Antonio, TX — Held at the Abraham-Hicks Facility, 28550 Old Fredericksburg Rd., Fair Oaks, TX 78015. (830) 755-2299. Saturday 9AM to 4:20PM. $150.00.

4/24/04 — Atlanta, GA — Held at the Atlanta Marriott Century Center, 2000 Century Blvd. NE, Atlanta, GA 30345. (404) 325-0000. Saturday 9AM to 4:20PM. $150.00.

5/1/04 — Washington DC — Held at the Hilton Arlington, 950 N. Stafford St., Arlington, VA 22203. (703) 528-6000. Saturday 9AM to 4:20PM. $150.00.

5/3/04 — Philadelphia, PA — Held at the Philadelphia Marriott West, 111 Crawford Ave., West Conshohocken, PA 19428. (610) 941-5600. Monday 9AM to 4:20PM. $150.00.

2003-04 GENERAL WORKSHOP SCHEDULE

Please reserve in advance with our San Antonio office at (830) 755-2299. Prepaid registration closes at 2:30PM on Thursday for Saturday Events and 2:30PM the day before all weekday Events.

PREPAID RESERVATIONS ARE REQUIRED.

Following is general information for up-coming workshops. Specific location and other details will be provided when you make your reservation, or you may request this information at any time.

Time Format for following events: 9AM to 4:20PM

10/25/03	Saturday	Asheville, NC
11/1/03	Saturday	Dallas, TX
11/22/03	Saturday	San Antonio, TX
12/6/03	Saturday	Tampa, FL
12/13/03	Saturday	Boca Raton, FL
12/20/03	Saturday	Orlando, FL
1/24/04	Saturday	San Antonio, TX
1/31/04	Saturday	West Los Angeles, CA
2/7/04	Saturday	San Diego, CA
2/21/04	Saturday	San Rafael, CA
2/28/04	Saturday	San Francisco, CA
3/6/04	Saturday	North Los Angeles, CA
3/20/04	Saturday	Phoenix, AZ
4/17/04	Saturday	San Antonio, TX
4/24/04	Saturday	Atlanta, GA
5/1/04	Saturday	Washington, DC
5/3/04	Monday	Philadelphia, PA
5/8/04	Saturday	Tarrytown, NY
5/15/04	Saturday	Boston, MA
5/19/04	Wednesday	Buffalo, NY
5/22/04	Saturday	Chicago, IL
6/5/04	Saturday	San Antonio, TX
6/12/04	Saturday	Boulder, CO
6/19/04	Saturday	Fort Collins, CO
6/26/04	Saturday	Seattle, WA
7/3/04 through 7/10/04		Alaskan Cruise
7/14/04	Wednesday	Portland, OR
7/17/04	Saturday	Ashland, OR
7/24/04	Saturday	San Francisco, CA
7/25/04	Sunday	San Rafael, CA
7/31/04	Saturday	West Los Angeles, CA
8/1/04	Sunday	North Los Angeles, CA
8/14/04	Saturday	San Diego, CA
8/28/04	Saturday	Sedona, AZ
9/1/04	Wednesday	Albuquerque, NM
9/15/04	Wednesday	Kansas City, KS
9/18/04	Saturday	Chicago, IL
9/22/04	Wednesday	Cincinnati, OH
9/25/04	Saturday	Detroit, MI
9/29/04	Wednesday	Syracuse, NY
10/2/04	Saturday	Boston, MA
10/9/04	Saturday	Tarrytown, NY
10/13/04	Wednesday	Philadelphia, PA
10/16/04	Saturday	Washington, DC
10/23/04	Saturday	Asheville, NC
10/30/04	Saturday	Dallas, TX
11/20/04	Saturday	San Antonio, TX
12/4/04	Saturday	Boca Raton, FL
12/8/04	Wednesday	Tampa, FL
12/11/04	Saturday	Orlando, FL

➤ Indicates a change from previous announcement.

Are You As Selfish As Your Cat?

Are you aware that whatever you are giving your attention to, is really focusing You? You are Source. You are Nonphysical Energy. You are mostly Vibration, but as you are expressing through these physical bodies, it's easy to forget who you really are, because, as you stand in your bodies, living the results, or manifestations, of all of that focus, you tend to get wrapped up in the end product of the Vibration, rather than being aware of your being, in the moment of your offering the Vibration.

LC (Lovable Cat)

So, physical human life sometimes is not as sweet and delicious as it could be, when you, instead of being aware of your in-the-moment vibration, and therefore your in-the-moment Connection to the Source, and therefore your in-the-moment creation of your experience, you sometimes spend more time evaluating what has been created, than you do being in the moment of creation.

As you stand in your now and you look out into world events, or even those events that are up close to you, and you see unwanted things, there is this tendency to let whatever it is that you are seeing be more important than it ever needs to be—because everything is changing constantly in response to the Vibration that you are emitting.

It would be sort of like setting your radio dial on one station and then complaining about what you're hearing, when there are so many other choices that you could tune into. It's like sometimes you have it stuck on one station which you really don't like very much, but then, you just keep commenting to one another how unpleasant that one station is.

Anything that's happening in your experience, whether it's a physical condition, even one of a diagnosed illness that is dramatic and scary, or, financial trouble… even if it is looming very large and very big, or, a relationship, unsteadiness or discomfort, even if it is strong, we want you to realize that those things are only happening to you

because you're stuck on a station that you could change so easily if you just would look at it in that way.

We want to assist you in feeling, more, your powerful, in-this-moment, opportunity to select what you give your attention to, in order to adjust your own vibration. And when you select what you are giving your attention to, in order to adjust your own vibration, then, you affect either your allowance or your disallowance, either your allowance or your resistance, either your good-feeling or your bad-feeling—either your positive emotions or your negative emotions. It's all the same thing!

> Select what you give your attention to.

You are able to adjust your Connection with your Source, which is everything. When you are fully allowing your Connection with your Source, you are radiant; you are clear-minded; you are joyful; you feel good in the moment; you're usually smiling; your heart is swelling; you feel appreciation; you feel love; you feel fantastic; you are in love with life. It's like that first day of vacation feeling all the time. In other words, it's that feeling of awakening and feeling free, and knowing that all is well, and feeling adventurous and eager about the way your life unfolds. That's what Connection to your Source feels like.

And we say, folks, you've just got to start focusing, because you cannot control the conditions of your environment. And you cannot feel good when you look at conditions that do not please you. And the reason you don't feel good when you look at conditions that don't please you, is because you are choosing to look at something that your Source does not join you in.

Jerry and Esther were saying goodbye to LC, (Lovable Cat) and Esther said, "Goodbye, LC, we're going to be gone a really long time." And LC looked at Esther and said, "I don't care." And Esther said, "But LC, you are going to miss my sweet face. I'm not going to be petting you every day. I'm not going to be looking out for you. I'm going to be gone a really long time." And LC said, "So long. Goodbye. I'll be fine. In fact, I won't even think about you while you're gone." And something within Esther, while she adores this little cat, really would feel better if LC would miss her a little, because, isn't suffering in the absence of someone you love, proof of love? But, we're really wanting to help you to feel the absurdity of that, even though it's rampant in your society.

Continued on page 14

Love ❤ Appreciation ❤ Love

86 years seeking

During most of my 86 years, I've been seeking. I finally found my answers in a transcript of your "Introduction to Abraham" four years ago—it was a sudden knowing that 'THIS IS IT!"

I so much appreciate the contribution that Abraham, Jerry, Esther and all of you are making to the lightheartedness of this planet.

Much Love,

Dr. Pam Macleod — Vic. Australia

Loving the monthly tapes

Your website is wonderful!! It's great to be able to contact you like this. I am loving your Monthly Tapes and I continue to get so much out of them. I listen to them as I drive to my client's homes. It's a perfect inspiration and a great way to segment my day! Thanks so much for being there. You are always in my thoughts.

With love,

Claudia Giovani — San Paulo Brazil

She loves to cruise

Please put me on your list to receive info about the Alaskan Cruise. Ready to sign up here! I love to cruise, and I just know this will be a highlight of this lifetime... my best friend and my grand niece are also ready to go...

Regards,

Vicki Rausch — Morongo Valley, CA

Flabbergasting Internet site

I want to send you a message of joy and thanks from Pretoria in South Africa: Through the Odyssey magazine I found your Internet site and I started printing your words and reading and rereading them... Thank you—oh what happy, marvelous, delicious, flabbergasting, overpowering, joyous future unfolding before me! Thank you for being there and sending the message out; I send you all my love and appreciation.

Marilese Koch — South Africa

My life is wonderful

I just received your Weekly Tape that I so look forward to enjoying. The work that you do is so appreciated. To hear Abraham say the same thing in so many different ways, (on occasion it more than sinks in) it is so interesting how you make me think and how my questions are answered, and how we are so all in this together. Thanks for making my heart sing and reminding me just who I am and why I came. Life is wonderful!

I want the staff to know that I very much appreciate what they do, because without them, Jerry and Esther could not do all that they do. So, from the bottom of my heart, THANKS.

Love always,

Jean — email

Devours every single word

I'm still in the Swiss Alps... somehow I didn't receive the last "Quarterly Journal". As I love them so much and devour every single word, and get a kick out of every single statement that has made its way into the booklet—I would be more than happy if you would still send that to me If it needs to take $$$ to keep getting those love filled booklets, please let me know. Now, I'm off jogging, then remodeling my bathroom (I'm doing it myself) and then baking a cake for friends who will come for coffee later... life is such an energy filled adventure!!!

With a smile,

Claudia Demarmels — Austria

Love ❤ Appreciation ❤ Love

World changed for the better

A year ago, a neighbor let me listen to your tapes on the Laws of Creation, and I want you to know how much they have radically changed my entire world forever for the better.

Thank you so very much. I am, and will be ever, eternally grateful for your contributions to my life.

Sincerely, a fellow truth seeker,
Mary Brooks — Ramah, NM

New insights have paid off

I'm sitting on a bench overlooking the glorious Pacific Ocean in La Jolla, CA. I walk along this beautiful trail every morning on my way to work.

Seven years ago I was introduced to Abraham. My life was already good, but still I wanted "more". I've been "asking" all my life, and I am now constantly amazed and delighted by the "answers" I receive. About 2 years ago I spoke with Abraham about creating new work. And I am thrilled to report that my new insights on how to "allow" really paid off. I now own a fun boutique right here in La Jolla; Jewels by the Sea! The purpose of this letter is to thank you and to invite you to stop by the next time you are in La Jolla.

There is great love here for you!
Linda — La Jolla, CA

And now I love my job

When I visited with Abraham at the Portland seminar I had the honor of asking for assistance regarding my difficulty with my job. I was unable to find any positive aspect about it.

Abraham helped me to reconsider my thoughts — and now I love my job! It didn't happen all at once. I stopped worrying about deadlines, while appreciating the work, the interactions, my co-workers, my paycheck...

Nothing has changed at my workplace. But the way I feel when I am there is a whole new and wonderful world. I truly enjoy it, and this makes all the other wonderful parts of my life even more wonderful.

Thank you so much.
With love and joy—Mary Dorr — OR

Wow! It's awesome

Wow! I've been reading about this stuff for 35 years, and you guys are absolutely awesome. You have a way of explaining it that I have not found anywhere. I'm looking forward to your next newsletter.

Thank you!
Sally Roach — Seattle, WA

In appreciation for the Workshop

In Appreciation: For having the workshop in this comfortable Albuquerque Marriott hotel. For one of the most positive experiences I've had in this lifetime. For the perfect words at this perfect time. For accepting and applauding my anger as a step up from depression... For being such a powerful attractor to bring me and so many others to the workshop to hear the words of hope, encouragement and love that we are ready to hear... For Esther's willingness to keep moving forward on her own path... For Jerry's efforts (successful) to inject humor, to reach out with his comments to include my existence in his experience... For myself, my efforts to expand my consciousness and to feel free to experience my emotions... And for the workshop tapes, because they will remind me to share with others all that I have heard and experienced today. You are more than I had hoped for. I had been looking for a very long time, and to know now that the journey will never end, makes it all so perfect.

Love and appreciation,
Kathy Spitler — Rancho de Taos, NM

G-SERIES TAPES or CDs — SPRING 2003

There is No Value In Suffering

There is something in most of you that says "I don't think I should allow it to be absolutely easy because a part of me seems to want to justify my Well-Being by a little bit of struggle... as if it's not right for me to have any great success without, at least, a little bit of suffering." And we say, *no suffering is of any value.*

You don't have to go the hard way to things, but you do have to go from wherever you are. If one good thing happens today and a hundred bad things, talk about that good thing a thousand times—and talk not about any of the bad things. Play the good-feeling things over and over in your mind—emphasize everything that feels good.

The Universe has understood the things you have been asking for and is answering perfectly. And if you won't work to orchestrate the *how* and *where* and *when*, and *who*, but instead work to be in the receiving mode—as you practice rampages of appreciation, and as you collect fun things and beautiful things and use them to become an Ambassador of Well-Being — the things you have been asking for will unfold in a continuum of extraordinary life experience. Those who don't yet know what you now know will stand flabbergasted as they see the stunning unfolding of your life experience. *You've just got to get happy—that's all it takes.*

Abraham — G-2-15-03A — San Diego, CA

G-1/4/03 — Attention to it evokes vibrational harmony. Abraham gives us a bag of tricks. But, you can never lose it all. Soothe, train, punish, or teach your child? A missing piece in individual weight management. If my teenager chooses to use drugs? Has quest to release asthma prolonged it?

G-1/25/03 — Are you as selfish as your cat? Life's so good; is she death bound? Do, to make my back heal faster? When flipping a coin to make decisions? The adjoining room sexuality amplified her aloneness. Citizen of Israel questions meaning of holocaust. Can you feel how wonderful it is?!!

G-SERIES TAPES SPRING, 2003

G-1/28/03 — Is that thought helping make it better? Should he ignore his recent health challenges? To comfortably view international political/war controversy? Why do the males seem most violent? Hesitates advising son: "Do what feels good." Are we all connected by Law of Attraction? Should she engage an accident resolution attorney?

G-2/1/03 — Two choices: feel good or feel bad. When ex-smoker couldn't stop thinking about bears. She loses power to her writing partner. Why she resisted 30 seconds to pleasure? Therapist questions "waiting for the right man"? His girlfriend's mother died, and she's distraught. Letting go of her haunting, sleepless nights?

G-2/15/03A — On allowing your Path of Least Resistance. To get ready for growth, get happy. Those you don't like, don't like you. Sees his business overwhelmed by trivial stuff. Author, teetering on edge of business bliss. The ultimate healer; the ultimate teacher, defined. Different aspects of the same Energy Stream?

G-2/15/03B — How could happy motorist hit a deer? Are you ready to feel good now? Illness departed as fast as it came. When "getting high" to avoid uncontrollable crying? What is the message in feeling disappointment? About pitching coach's communication with the players? Kissing sexy girls, in his Virtual Reality.

G-3/1/03 — Are you a Vibrational Match to wanted? The largest woman chose the largest dessert. Encourage connected son's corrective growth vs. surgery? But, which gets to write their commercial? Do same Universal Laws apply to animals? Guide teenage son to son's own guidance? Has she an attachment to the outcome?

G-3/8/03 — There will always be those who thrive. You're not powerless in a power seeking world. Why there'll never be an "energy shortage". He questions perceived Canadian codfish shortage. He's protesting George Bush's war against Iraq. Harmonizing with religious/political, USA/Iraq conflict? What "satisfaction" are people finding in war?

G-3/15/03 — When bombarded with a cacophony of ideas? Why would you escalate what's going wrong? Isn't life about Enlightenment and Self-realization? Wants to actually meet her Inner Being. Lost weight, but Snickers candy still calls. "Recovering Alcoholic" now thirsts for a relationship. Is husband fearing success—or fearing failure?

G-3/22/03 — Why they're advising you how to drive. How can healer relieve her enormous debt? How did her expectation affect her experience? What is the key to achieving forgiveness? He lives abundance, with dollars or not. Film maker received two million, but wants three. Does desire to win money contradict itself?

SEE PAGE 32 TO ORDER: G-SERIES, SPRING, 2003 CASSETTE ALBUM — $90.00 + S/H — EACHES $10 OR CD ALBUM — $117.00 + S/H — EACHES $15

Quarterly Quotes from Abraham-Hicks

Happiness and Well-Being

Your Inner Being likes to skip and laugh and think about things; your Inner Being likes to offer compliments and feel appreciation and contemplate something that is not fully understood and then feel the understanding come forth. Your Inner Being is just like your frisky two-year old who is eager for life experience. To meet up with your Inner Being just be more like that now.

Sacramento, CA — 3/15/03

When you are really in the flow with your Inner Being, ideas come easily—they are implemented easily. It's fun while you are in the process of them, and it doesn't matter how they unfold; and nothing can go wrong, and it doesn't matter if you don't get it done, it's just fun to do it. Your Inner Being feels no limit. So, anything that feels like limits is something that you have self-imposed.

Sacramento, CA — 3/15/03

A happy life is just a string of happy moments. But most people don't allow the happy moment, because they're so busy trying to get a happy life.

Sacramento, CA — 3/15/03

Many think success means, getting everything I want. And we say, that's what dead is, and there is no such thing as that kind of dead. Success is not being done; not being complete. Success is still dreaming and feeling positive in the unfolding.

Sacramento, CA — 3/15/03

Being happy is the cornerstone of all that you are! Nothing is more important than that you feel good! And you have absolute and utter control about that because you can choose the thought that makes you worry or the thought that makes you happy; the things that thrill you, or the things that worry you. You have the choice in every moment.

Sacramento, CA — 3/15/03

I'm going to be happy. I'm going to skip. I'm going to be glad. I'm going to smile a lot. I'm going to be easy. I'm going to count my blessings. I'm going to look for reasons to feel good. I'm going to dig up positive things from the past. I'm going to look for positive things where I stand. I'm going to look for positive things in the future. It is my natural state to be a happy person. It's natural for me to love and to laugh. This is what is most natural for me. I am a happy person!

Sacramento, CA — 3/15/03

We are really advocates of just getting as happy as you can be—which takes care of everything. Even if you don't have reason to be happy—make it up. Fantasize it. Make a decision that you're going to be happy one way or another—no matter what. "No matter what, I'm going to be happy! If I have to ignore everybody; if I have to never watch television again; if I have to never pick up a newspaper again, I'm going to be happy. If I never have to see that person's face again, I'm going to be happy. If I have to see that person's face, I'm going to find something to see in that person's face that makes me happy. I'm going to be happy. I'm going to be happy. I'm going to be happy.

Sacramento, CA — 3/15/03

All the resources you will ever want or need are at your fingertips. All you have to do is identify what you want to do with it, and then practice the feeling-place of what it will feel like when that happens. There is nothing you cannot be or do or have. You are blessed Beings; you have come forth into this physical environment to create. There is nothing holding you back, other than your own contradictory thought. And your emotion tells you you're doing that. Life is supposed to be fun—it is supposed to feel good! You are powerful Creators and right on schedule.

Savor more; fix less. Laugh more; cry less. Anticipate positively more; anticipate negatively less. Nothing is more important than that you feel good. Just practice that and watch what happens. There is great love here for you. We are complete.

North Los Angeles, CA — 3/22/03

Quarterly Quotes from Abraham-Hicks

Your conclusion that there isn't enough of something—whether it is enough land, or money, or clarity—stems from you learning, without meaning to, a vibration that holds you apart from what you want. There is no limitation. If you identify a desire for it, Source recognizes your desire, and immediately begins to deliver it to you. And it will manifest in the variety, in the fullness, and in the way that you, and only you, learn to allow it.

San Francisco, CA — 3/8/03

There are always those who thrive when masses are dying of sickness. There are always those who thrive economically when economic decline seems to be the order of your nation. There are always those who are clear-minded, in environments of confusion. You do not need everyone or anyone else to align with your desire—only you need to align with your desire.

San Francisco, CA — 3/8/03

You cannot get sick enough to help sick people get better. You cannot get poor enough to help poor people thrive. It is only in your thriving that you have anything to offer anyone. If you're wanting to be of an advantage to others, be as tapped in, turned in, turned on as you can possibly be.

San Diego, CA — 2/15/03A

Since nothing matters to you other than your personal alignment with your individual goals or desires, then that is where our work is. We are not here to debate the rightness or the wrongness of what you, or anyone, chooses. We are not taking sides, for or against, anything. We are here to help you understand that your life can be as wonderful or as horrible as you allow it to be. It all depends upon the thoughts that you practice. And therein lies the basis of anyone's success: How much do I practice thoughts that bring me joy, and how much do I practice thoughts that bring me pain?

San Francisco, CA — 3/8/03

We want to help you regain clarity about your individual power. Everyone has it. No one can ever take it away from you. No one can ever do anything "bad" to you. No one can assert into your experience. Everything, without exception, comes only by your individual invitation to it. Do you understand the process of asking? When you give something your attention and it becomes your dominant vibration relative to the subject—that is your asking. So, deliberate creating is not so much about looking out into the world and saying, "Oh, there are things that are good that I want to create or attract into my experience, and there are things that are bad that I don't want to create or attract into my experience." Deliberate creating is more about deliberate allowing. Deliberate allowing is more like deliberate vibration.

San Francisco, CA — 3/8/03

Two statements that will serve you very well. The first is: *There will always be war.* There will always be those who aggravate within others a sense of trouble in order to promote the solution that they already have *their* mind made up about. And so you're never going to come into agreement as a mass consciousness that this is "the way." There will always be disagreements; therefore, there will always be turmoil; there will always be war.

The other statement, that is our favorite, is, *Well-Being will always abound,* so the dominant experience of the majority of people will always be one of Well-Being. So, you can decide, at any point in time, in what part of this you want to play. You can use anything as your excuse to align with Well-being, or you can use anything as your excuse to not align. The thing that we think is at the heart of this discussion, is *my own personal power.* We think that's what you are, sort of, struggling for and reaching for.

San Francisco, CA — 3/8/03

Continued from page 7

We're wanting you to want so much for your own personal joy, that you can be as selfish as your cat. Your cat, who may focus upon you in the moment, or may not, but we promise you, your cat will do whatever is best for it. And where humans got the idea that their own individual, personal suffering was in any way good for anybody else, defies all Laws of all Universes that we have ever encountered.

Feeling good is good, and is your indication of your full Connection with who You are. So, we're wanting to help you to remember, to reorient you, to, almost to shock you into, the awareness that every Consciousness, which includes your full human form, and even the cells in your body—every Consciousness is, and must continue to be, selfishly oriented. Because, unless you are reaching for what is individually best for self, you cannot stay connected to Source. And the Whole, that is Well-Being based, cannot continue to be.

Your cat will do what is best for it.

Your freedom will truly come to you when you learn to exercise the power of your own focus. And we have never met anyone who could exercise the power of their own focus, who didn't first decide, "I really, really, really want to feel good. Nothing is more important than that I feel good. Everything other than that is irrelevant. I am going to focus upon that which feels good." As you begin to let feeling good be your dominant quest, everything in your environment begins to take shape to that—because your environment is coming in response to your thoughts.

Do you get that? *Your environment comes in response to your thoughts.* So often, humans play it the other way around. Their thoughts come in response to their environment. That's why you're quite often wanting to control your environment. You say, "Let's get the bad stuff out, and the good stuff in. Let's vote it out. Let's bomb it out. Let's boycott it out. Let's penalize it out. Let's find some ways of punishing enough that the bad stuff stays away." *You can't punish enough that the bad stuff stays away. You're wanting to adjust your vibration, so that you become a Vibrational Match to that which you, personally, have identified as that which is good.*

Whenever you look out into your world and see things that are wanted, we know how good that feels. And we can understand how you would want to promote those good things. And then when you look out into your world and you see things not wanted, we can under-

stand how you would not want to promote those bad things. But what we are saying to you here is—the promotion, every bit of it, happens by your attention to it.

There are those who say, "If we do not give our attention to unwanted things, then the unwanted things will overtake us." And we say, when you give your attention to unwanted things—more unwanted things will come.

Let's look for the path of most allowance.

The basis of your life is freedom; you are so free, you can choose to direct your thought anywhere. Joy is your quest; feeling good is what matters most; and, of course, your expansion, or growth, is the natural result of your being focused.

So, as we are moving forward here, realizing that all things are possible, what's the best utilization of this time together?

We're going to look for *Paths of Most Allowance;* we may call it the Path of Least Resistance, because, whether it is the Path of Most Allowance or the Path of Least Resistance, it's the same thing. It's the path that allows; it's the thought path, the words, the imagery, the picture, the memory, the projection of thought, the processes, the tools, the tricks.

Esther was telling Jerry that one of the strongest feelings of highs that she has ever felt was when she was pulling the monster bus into the RV resort in Chula Vista, and she had that feeling of anticipation of getting onto their parking space, and taking their walks on the bay, and feeling the ocean air in their lungs, and watching the sunsets. In other words, there was that moment: she pulled through the gate, and pulled the big parking air brakes that go "psssst!" when she does it, and it was sort of like announcing to the world, "Here we are." And it was a high that was almost indescribable.

So then, as Esther was trying to regurgitate that feeling, she discovered that when she thinks only about the monster bus being parked there, that although she gets a little hit from it, it wasn't very much. But, she discovered that if she would start at about the time when they reached El Paso, and think in terms of the delicious meal that they had at La Posta in Mesilla, and then drive across the desert and notice the sunset, and then park at that place that is such a beautiful place out in the Arizona desert and take her walk, and then get back on the freeway and drive through the open freeways with hardly any traf-

Continued on page 46

A Twelve Point Synopsis of Abraham-Hicks' Teachings

1 *You Are a Physical Extension of That Which is Nonphysical.*
All-That-Is, or that which you call God, is not finished and waiting for you to catch up. You are the leading edge of thought, here seeking more: more of all that feels good to you, more of that which is fresh and gloriously uplifting. (You are, in essence, bringing heaven to earth.)

2 *You Are Here in This Body Because You Chose to Be Here.*
You chose the opportunity to experience this delicious contrast in time and space, and with great anticipation you came to co-create with other joy-seeking beings, to fine-tune the process of deliberate thought. (What, where, when and with whom you create are your choices, too.)

3 *The Basis of Your Life is Freedom; the Purpose of Your Life is Joy.*
You are free to choose to discover new avenues for your joy. In your joy you will grow, and in your joyous growth you will add to the growth experience of All-That-Is. (However, you are also free to choose bondage or pain.)

4 *You Are a Creator; You Create With Your Every Thought.*
By the Universal Law of Attraction, you are attracting the essence of whatever you are choosing to give your attention to — whether wanted or unwanted. And so, you often create by default. But you can know by how your emotion feels if what you are attracting (creating) is what you are wanting or if it is not what you are wanting. (Where is your attention focused?)

5 *Anything That You Can Imagine is Yours to Be or Do or Have.*
As you ask yourself why you want it, the essence of your desire is activated, and the Universe begins to bring it to you. The more intense your positive feelings, the faster it is coming to you. (It is as easy to create a castle as a button.)

6 *As You Are Choosing Your Thoughts, Your Emotions Are Guiding You.*
Your loving Inner Being offers guidance in the form of emotion. Entertain a wanted or unwanted thought, and you feel a wanted or unwanted emotion. Choose to change the thought and you have changed the emotion — and you have changed the creation. (Make more choices in every day.)

7 *The Universe Adores You for it Knows Your Broadest Intentions.*
You have chosen to come to earth with great intentions, and the Universe constantly guides you on your chosen path. When you are feeling good, you are, in that moment, allowing more of that which you have intended from your broader perspective. (You are Spirit Incarnate.)

8 *Relax into Your Natural Well-Being. All is Well. (Really It Is!)*
The essence of all that you appreciate is constantly flowing into your reality. As you find more things to appreciate, your state of appreciation opens more avenues to more for which to feel appreciation. (As you think, you vibrate. As you vibrate, you attract.)

9 *You Are a Creator of Thoughtways on Your Unique Path of Joy.*
No one can limit where you can direct your thought. There are no limits to your joyous journeys to experience. On the path to your happiness you will discover all that you want to be or do or have. (Allowing others their experiences allows you yours.)

10 *Actions to Be Taken and Possessions to Be Exchanged Are By-products of Your Focus on Joy.*
On your deliberately joyous journey your actions will be inspired, your resources will be abundant, and you will know by the way you feel that you are fulfilling your reason for life. (Most have this one backwards, therefore most feel little joy in their actions or their possessions.)

11 *You May Appropriately Depart Your Body Without Illness or Pain.*
You need not attract illness or pain as an excuse to leave your body. Your natural state — coming, remaining or leaving — is that of health and Well-Being. (You are free to choose otherwise.)

12 *You Can Not Die; You Are Everlasting Life.*
In grace, you may choose to relax and allow your gentle transition back into your Nonphysical state of pure, positive Energy. Your natural state is that of Foreverness. (Have fun with all of this! You can't get it wrong, and you'll never get it done.)

PS *It is not necessary for even one other person to understand the Laws of the Universe or the processes that we are offering here in order for you to have a wonderful, happy, productive Life Experience — for you are the attractor of your experience. Just you!*

Jerry & Esther Hicks — 11/95 (www.abraham-hicks.com)

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YOUR STARTER SETS WILL ARRIVE IN A STURDY ALBUM and the recordings (CD or Cassette) included are:

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  — Learn how this most powerful Law in the Universe affects your daily life.
- LAW OF DELIBERATE CREATION
  — Use this Process for creating your life deliberately, rather than by default.
- LAW OF ALLOWING
  — Your Well-being is natural. Learn how to free yourself as you are freeing others.
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SPECIAL SUBJECT TAPES — VOL I

FOCUSED IN OUR NOW, the only point in which we have the power to create — neither speculating into the future nor reminiscing into the historical past — ABRAHAM speaks, primarily, toward that practical information which we can personally learn to deliberately apply to our current experience and thereby gain beneficial results....From their broader perspective, unencumbered by your cultural beliefs, ABRAHAM reaches into a place, within you, of clear, primal acknowledgement, from which you will repeatedly hear that enthused inner "voice" reminding you, "I knew that!"

As you experience these Special Subject tapes, expect a fresh state of joyous becoming, for ABRAHAM'S words will stimulate you to a new beginning. Retain the beliefs that are of value to you, and learn to become unaffected by any acquired beliefs or influences that have been a hindrance. ABRAHAM guides us, first, to harmony with our Inner Being, and then, all else falls into perfect alignment.

In order to build a foundation of an understanding of Abraham's teachings, begin with the tapes AB-1, *Free Introduction To Abraham*, through AB-5, Segment Intending, and then progress through the *Special Subject Tapes Series*— as per the order of your interest. Each tape addresses different levels of awareness, and as you repeatedly listen to them, as you are moving forward, you will continually be achieving new insights and experiences.

Order a single at $10, 3 or more at $9, or order 5 or more,
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AB-2 LAW OF ATTRACTION * — The most powerful Law in the universe. It affects every aspect of your daily life. A Law which is, whether you understand that it is or not. Specific processes are offered here to help you learn how to harness this Law — to get what you want.

AB-3 LAW OF DELIBERATE CREATION * — Discover the ecstasy of understanding universal Laws which are absolute — no matter what the circumstances. Without an understanding of this universal Law, it is as if you are playing in a game where the rules are not understood, so it is not only impossible to know if what you are doing is appropriate, but you do not know how to win the game. The rules of the game of life are clearly offered here.

SPECIAL SUBJECT TAPES — VOL I

AB-4 LAW OF ALLOWING * — Of all things that you will come to understand through this physical life experience, nothing is more important than to become an allower. In becoming an allower, you are free of the negativity that binds you. Learn the joyful difference between tolerating and allowing — and experience the blissful difference in every relationship you have.

AB-5 SEGMENT INTENDING — Our futures are individually paved by the steady stream of thoughts we set forth. We are literally creating our future life as we direct our thoughts of this moment into the future. Discover the magnificent power you hold in this moment — and learn how to use that power always to your advantage.

AB-6 GREAT AWAKENING, BLENDING — You have deliberately and excitedly chosen this time to be physical beings upon this planet, because you knew in advance that this would be the time when many — not all — physical beings would recognize the broadness and great value of their being. Follow this step-by-step process for awakening.

AB-7 RELATIONSHIPS, AGREEMENTS — We are all creators as we individually think and plan, but we are also often co-creators as we interact with others. Most relationships with others are far less than we want them to be. Find out why. Discover how to rejuvenate unhealthy relationships and attract new harmonious ones.

AB-8 BODILY CONDITIONS — Nothing is more important to us than the way we feel and look, and yet so many do not look or feel as they would like to. There is not a physical apparatus, no matter what the state of disrepair, that cannot have perfect health. Discover the powerful processes to bring your body to the state of being that pleases you.

AB-9 CHRIST, RELIGION & BIBLES — While it can be satisfying to read and remember the teachings of the great ones who have gone before us, it is ever more joyous to discover the power of that knowledge within our own being. Learn the process to go within — as Christ encouraged — to experience the blissful oneness with Christ.

AB-10 ADDICTIONS — Habits, or compulsions, or addictions can range from annoying to destroying. Often, long after they are no longer wanted, they can bind and control your life. As you listen to this recording — you will for the first time understand exactly what the addiction is, and the simple process offered here will free you from it.

AB-11 JOYOUS SURVIVAL — While there are seemingly earth shattering events occurring in greater frequency upon your planet, you need not be affected by them. Discover how to create and control your experience in this seemingly unstable environment.

SPECIAL SUBJECTS TAPES — VOL II

...I AM A MEDICAL DOCTOR and have not, before, run across material that has this much potential to create health...Have enjoyed Abraham's books and tapes beyond any expectations I had when my mother originally sent them. I would like to subscribe to your "Weekly Tape Program". Thank You. CHRISTIANE NORTHRUP, MD — ME — Best Selling Author of *Women's Bodies, Women's Wisdom.*

AB-12 PIVOTING & POSITIVE ASPECTS * — If I am the "Creator of my own experience", why don't I have more of what I want? Fostered by an action oriented world, most of you do not understand your true nature of attraction, thus the confusion in why you are getting what you are getting. These processes of pivoting and the book of positive aspects will assist you in the self-discovery of what is important to you, and will put you in the strong, clear place of Well-being, so that you can allow what you want into your experience.

AB-13 SEXUALITY — Love, sensuality and the perfect sexual experience — pleasure vs. shame. This misunderstood issue lies at the heart of more disruption in the lives of physical beings than any other issue. Discover the true nature of your being, and release yourself from the negative turmoil that surrounds the subject of sexuality.

AB-14 DEATH — Aging, deterioration and the perfect death experience — choices vs. chances. The gathering of years is a natural experience. However, deterioration of your physical body is neither natural nor necessary. Be healthy and productive and active and happy until the very day of your chosen re-emergence into the Non-Physical.

AB-15 DOLLARS — Abundance, in perfect flow — gaining the freedom that dollars can bring vs. losing your freedom while gaining your dollars. As there is an abundance of the air you breathe, so there is an abundance of the dollars you seek. Listen and learn how to relax and breathe in the fresh air of freedom offered to you through the abundant flow of dollars.

AB-16 HEALTH, WEIGHT & MIND — The perfect states of weight, health and mind — how can I get there and stay there? Diet plans abound and research continues and yet the number of those unsuccessful at maintenance of satisfactory bodily and mental conditions increases. Understand how your body functions and why you are as you are — and then begin your swift and steady progress toward that which you desire.

AB-17 MATING — The perfect mate: getting, being, evoking one — Attracting vs. attacking. While it is your natural endeavor to co-create with others, there are few who have discovered the bliss of magnificent relationships. Find out how you can experience the joy of a perfect union.

SPECIAL SUBJECT TAPES — VOL II

AB-18 PARENTING — Perfect harmony between my children and me — and me and my parents. Harmonizing vs. traumatizing. While often disconnected from parents, either by death or by distance, your parent/child relationships often have great influence in your experience with your children or with your current life experience. Learn how to perceive what has been in a way that is beneficial to your now rather than destructive. Let that which you have lived be of value.

AB-19 CAREER — The perfect career. What, where and when is it — and what can I do about it now? With so many exterior standards or rules regarding the appropriateness of your behavior or choices — in most cases more confusion than clarity abounds. Use this process to discover and attract that which is perfect for you. Stop the futile backwards approach — and begin creating from the inside out.

AB-20 SELF APPRECIATION — If I am so "Perfect as I am" — then why don't I feel better about me than I do? Selfishness vs. selflessness. Your awareness of your perfection was intact as you emerged into this physical body, but it was soon sabotaged by the critical, comparing, judgmental world that surrounded you. Rediscover your true sense of value and Well-being and perfection.

AB-21 INNER GUIDANCE — Tell me more about my Inner Voice? Because you have thought in terms of being dead or alive, you forget that you are, simultaneously, physically focused while another part of you remains focused from Non-Physical perspective. Once remembering that the inner you exists, you may begin to listen to what your Inner Voice is offering. Here is the process for re-establishing that important conscious connection.

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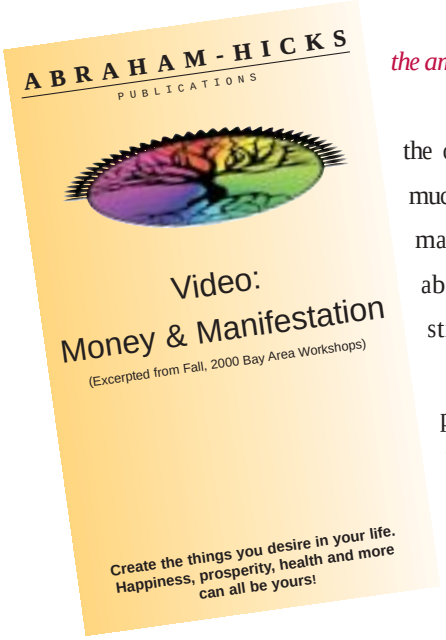
...Since receiving ABRAHAM'S *Free Introductory Tape*, I've listened to it 3 or 4 times. It is concise and very recreatable both in my life and in my work as a consultant...*I wanted to thank you for so much value in this one small tape. I am impressed and moved...Enclosed is my first "real" order.—Texas*

A SPECIAL SUBJECTS VIDEO: MONEY & MANIFESTATION



The only true measure of success is the amount of joy that we are feeling.

And for most of us (who are living on the cusp of this rising Information Age) much of our joy can be associated with our manifestations of money and the abundant variety of things that stimulate our interest.

The seven segments that comprise this composite video have been selected specifically to enhance your knowing that *there is nothing that you cannot be or do, or have*.

(ABRAHAM ADVISES US THAT THE BEST TIME TO WORK ON OUR ABUNDANCE IS WHEN WE ARE FEELING ABUNDANT.)

SUBJECTS INCLUDED:

- Thinking; feeling; getting — are always a match. (8:40)
- Nothing is more important than feeling good. (6:00)
- Delegate your desires to your Universal Manager. (6:30)
- Removing brakes from abundance in 17 seconds. (8:20)
- Visualize your economy for the pleasure received. (8:00)
- The summoning power of your big desires. (8:20)
- Letting Well-Being in through the Placemat Process. (14:00)

(Excerpted from 5V-8/26, 8/29, 9/2/00)

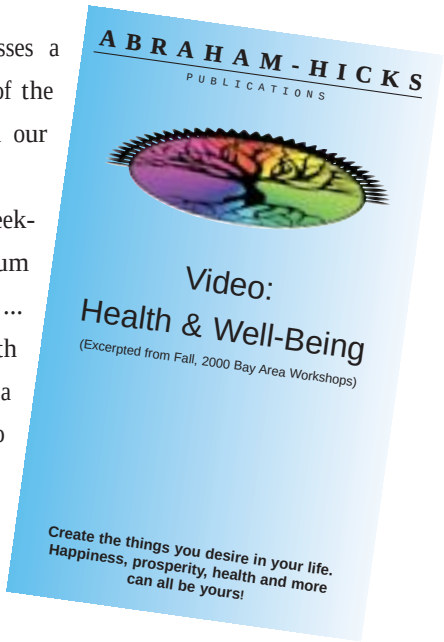
Order: AV-10 Money & Manifestation — $30. Running time: 1 hour

(To order, see page 32, or call [830] 755-2299).

A SPECIAL SUBJECTS VIDEO: HEALTH & WELL-BEING

This composite video addresses a subject that is near the forefront of the thoughts of nearly every adult in our current culture.

To any viewer who may be seeking to return to their optimum health, Abraham offers guidance ... To anyone who may be feeling health related concerns, Abraham offers a soothing... and for those of us who are just wanting to keep feeling as good as we now feel, this video confirms our natural state of Well-Being.



(ABRAHAM ADVISES US THAT THE BEST TIME TO WORK ON OUR HEALTH IS WHEN WE ARE FEELING HEALTHY.)

SUBJECTS INCLUDED:

- I am Vibrational Energy; I am Creator. (7:20)
- The good side of a bad headache? (7:20)
- To let go of fear of injuries? (3:00)
- When habits of thought contradict Energetic healing. (4:00)
- Diabetes can heighten the desire for Well-Being. (14:15)
- The 17-second focus, healing, flash point. (7:50)
- Well-Being is the basis of this Universe. (4:10)
- How does our natural healing process occur? (5:35)
- The life-giving effect of asking and receiving. (5:40)

(Excerpted from 5V-8/26, 8/29, 9/2/00)

Order: AV-9 Health & Well-Being — $30. Running time: 1 hour

(To order, see page 32, or call [830] 755-2299).

NEW!! VIDEO MONTEREY, CA

These videos were recorded in Monterey, California, on Saturday, the 29th day of August, of the year 2000.

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Included in Part 1:

You are a creator. Shouting no is saying yes. Stop sticking your pencil in the fan. Never face reality. Nothing is more important than feeling good. There is not a source of evil. Abraham's sales job for selfishness. Disease causes a heightened desire for health. You cannot appreciate and resist at the same time.

Included in Part 2:

Stop holding your cork under the water. The 17-second focus flash-point. Little things can be behind a big illness. Finding the value in school. Reclaiming your sense of power. The only thing that matters is which thought lets it in. The lesson of TV's Survivor. Realize that there is no death. We are all eternal beings.

Included in Part 3:

What is it like for Non-Physical? What Abraham sees. Your senses are focusing mechanisms. How to observe Auras. Negative thought-forms can't assert. The deciphering of contrast. Learn to offer more of your vibration by choice, rather than as a reaction to your observations. Using your Book of Positive Aspects.

Included in Part 4:

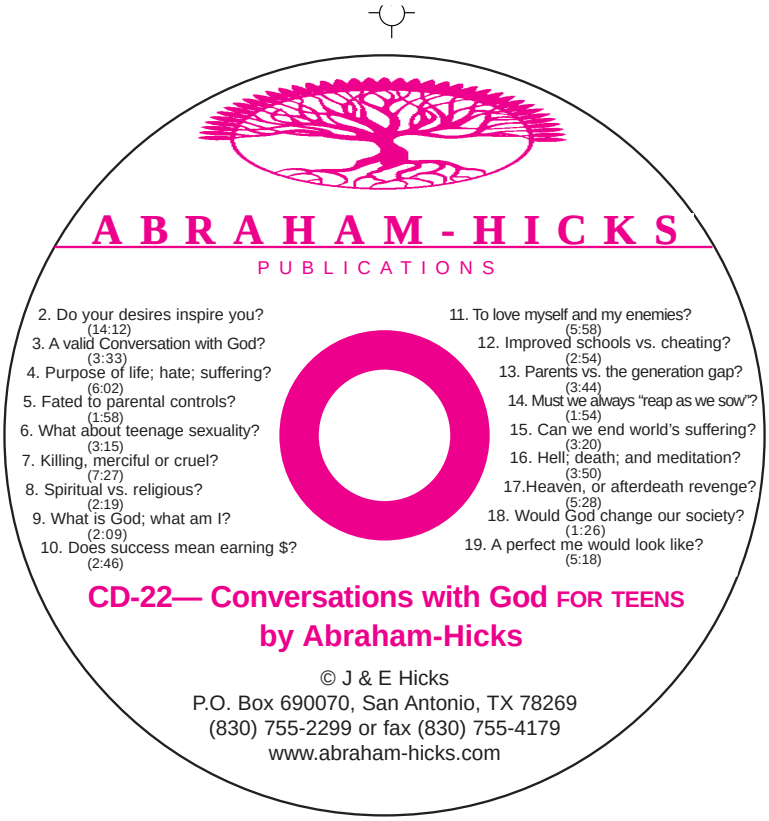
Delegate to The Manager. Removing the brakes on abundance. Bridging belief and desire. Visualize for the pleasure of visualizing. Why you don't remember who you are. Yes your way through life's buffet. There is no such thing as fixing a problem. Your natural state of Well-Being. Abraham's mission statement.

Included in Part 5:

Learning to selectively sift your subjects of attention. Your vibration on any subject is right where you last left it. Tell it the way you want it to be. Playing the wouldn't-it-be-nice-if game. Following the path of your new desires. Steps for becoming a vibrational match to your Well-Being. Abraham explains how bad things happen.

Ask for 5V-8/29/00 — $100.00 plus S/H
To order see page 32.

Conversations With God for teens
by Abraham-Hicks



In 1999 USA Today published an article: "If you could ask God any question... what would it be?" I presented those questions to Abraham and we published the recording as G-5/30/99.

We recently discovered N.D. Walsch's *If you could ask God any question...?* book: "Conversations with God for teens", and now it has been a thrill for me to present over 50 of my favorite "teens" questions to Abraham at our El Paso Workshop — and to now make the dialog available to you!

Don't you wish we could have had this wisdom "back then"? Isn't it a blast to have it now?!

Order CD-22 — $15 (plus S/H)
AB-22 (cassette) — $10 (plus S/H)

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MONTHLY SUBSCRIPTION CASSETTE OR CD PROGRAM

We select and edit from as many as 28 new Group Session Tapes that ABRAHAM produces in a month, a 74 minute recording of what we feel contains the most new, inspiring and thought provoking material. And we ship that 74 minute composite recording to the subscribers of the Monthly Subscription Program. *A gift that keeps on giving. Subscription fee: $12 per month for cassette and $15 per month for CD.*

• ...Enclosed, please find a check for another one-year subscription to the Monthly Tape Program. *...Every time I replay any one of those tapes, I realize that it has a whole new meaning for me... What a great way to start the day! My profound gratitude to you for sharing this wonderful way of life. — New Jersey*

• ...You do a wonderful job of editing the Monthly Tapes, because each tape seems to give the answer I need at the time. *Each month gets a little deeper and broader. It is so wonderful to have such guidance. You are what is needed on our planet now. Fondly* — Iowa

WEEKLY SUBSCRIPTION CASSETTE OR CD PROGRAM

For those who want to learn as much as they can "to be and have and do" as fast as they can and are not in the position to personally attend ABRAHAM'S ever evolving Workshops, we offer this Weekly Subscription Program: We choose, each week, what we consider to be the workshop with the most stimulating, practical, new ideas — or significant ideas presented from a new perspective — and we form a 74 minute composite recording and ship it to our subscribers. Four cassettes equal one month's billing. *Fill your spare moments with upliftment, flow and forward motion. Subscription fee: $10.25 per week for cassette and $12.50 per week for CD.*

• ...I'm so enjoying the Weekly Tape Program! Each new tape seems to get better and better! My life has been transformed in the three years that I have been listening to your tapes. *Every aspect of my life, every relationship I have, has been enriched and enhanced with the knowing of Abraham. I am eternally grateful for this information! With a full and joyful heart. Your friend* — Pennsylvania

GLUTTON SUBSCRIPTION PROGRAM

Be on a standing order to receive the uncut recordings of every Workshop. Subscription fee: $50 for each 4 cassette album. $60 for CD's (plus S&H)

WORKSHOPS & WEEKENDS

What do you want to more clearly understand?: Your state of becoming? Finances? Bodily conditions? Relationships? Business/Career? Metaphysicality? Your state of being/having/doing...? To participate in an open group "Questions and Answers" workshop with ABRAHAM, contact Abraham-Hicks Publications at (830) 755-2299 for dates, locations and to make your reservation.

• ...I was at your workshop in Chicago a few days ago, and I am still floating several feet above the earth. I had listened to the tapes and read some of the books but *being in the presence of Abraham and watching Esther's physical expression of this profound energy and passion has truly taken me to another level of being able to integrate this information more deeply and easily. Much love.* — Illinois

TO RESERVE OR SUBSCRIBE, CALL OUR OFFICE AT 830 755-2299

PRICE LIST

WORKSHOPS, WEEKENDS, SEMINARS — Details are posted in each Quarterly Journal on page 4. Call (830) 755-2299 for details of activities in your area.

STARTER SET — Cassettes: $35. CD's: $45. (See page 18) Album of five of Abraham's most powerful and popular recordings. (See ordering information on page 32.)

WEEKLY SUBSCRIPTION PROGRAM — Cassettes: $10.25 per week. CD's: $12.50 per week. One 74 minute composite of group sessions. Call or write to begin your Weekly Tape or CD Program. (See page 30)

MONTHLY SUBSCRIPTION PROGRAM — Cassettes: $12 per month. CD's: $15 per month. One 74 minute composite, each month, that offers the most new practical and inspirational material from Abraham, is selected and shipped to a group of subscribers. Call or write to begin your Monthly Tape or CD Program.

NEW! GLUTTON PROGRAM (4 TAPE WORKSHOP ALBUMS) — You may now order 4, 74 minute recordings (with flaws and flows) of complete workshops. Cassettes $50. CD's $60 (plus S & H). Call our office (830) 755-2299 for subscription details.

CASSETTE TAPES & CDs — $10 each. (CD's $15) Order 3 or more at $9 each (CD's 3 or more $12) — or order 5 or more (in same "Set", "Volume" or "Season") and they will be shipped to you in a complimentary, (a limited offer) convenient 12 space cassette album. Abraham's "AB Series" – Special Subjects 74 minutes, and their "G-Series" 74 minute group session composites are all priced the same: $90 for the album sets of 10, (CD's $117) $10 for singles (CD's $15) or $9 each (CD's $14) when ordering 3 or more. (Plus shipping and handling.)

BOOKS — $15 each. Pay $12 each when ordering 3 or more. (Plus shipping and handling) Study groups, teachers or dealers, call for volume discount when ordering 9 or more books. (See page 40-45)

3 TAPE ALBUMS — $30 each (plus S/H). Currently these include our Sara Books on tape and Abraham's Greatest Hits albums. (See page 38, 42, 48, 52-55)

DAILY PLANNING CALENDAR/STUDY GROUP WORKBOOK — A 768 page planning, implementing and manifesting calendar to utilize for your personal creation, or use it as a Course Workbook for a 12 month Group Study. $25 (plus S/H). *Check it out; satisfaction guaranteed.* (See page 36)

VIDEO CASSETTES — For prices and details of offerings see page 28 & 60 of our complimentary Catalog (Quarterly Journal, Volume 24) which includes all materials created from 1988 to 2002. (See pages 24-27 & 49-51)

TRANSCRIPTIONS — Many 90 minute Abraham recordings have been transcribed and are now available for $10 each (plus S/H). On line, $5.

QUARTERLY JOURNAL — "The Quarterly Journal of *The Science of Deliberate Creation*" — Published 4 times a year by Jerry and Esther Hicks. (Current issues are complimentary while in stock. Back issues can be ordered for the minimum packaging and delivery fee of $5 each while supplies last.) Other countries pay postage only.

CATALOG — Complimentary full color 112 page compendium of the first decade of Abraham-Hicks teachings, from 1988 to 2000. Over 600 cassettes, books and videos.

FREE INTRODUCTION TO ABRAHAM-HICKS — This 74 minute recording is an ideal way to introduce the concepts to someone you love. The basics are all here! Specify tape or CD format and include $5 for minimum shipping and handling. (See page 35)

WEB SITE — Visit our up-dated Web Site: www.abraham-hicks.com. Free downloads of *Free Introduction to Abraham*, 74 minutes, or a sample of *A New Adventure* Music CD.

ORDER FORM

ORDER BY TELEPHONE: (830)755-2299 or FAX (830)755-4179

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ST-CD		Starter Set: Abraham's Basics in CD Format @ $45	
ST-TP		Starter Set: Abraham's Basics in Cassette Format @ $35	
ABVONE		Cassette Album: 10 Special Subjects @ $90	
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Call (830) 755-2299 to reserve your space at any of our Workshops. Call or write if you have questions regarding subscribing to a tape or CD program.

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We usually ship within two working days of your order and UPS usually is best for larger orders. Please specify any preferences.

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We ship USPS (unless requested otherwise). Call us for current shipping rates outside of the continental USA.

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DEFECTIVE OR DAMAGED TAPES OR BOOKS

Call, write or email telling us the title series date and problem and we will replace, or refund cost of the item. (We no longer refund shipping costs.)

We are most appreciative of the many suppliers of services and materials who make it possible for Abraham's words to reach you so efficiently. As costs of doing business are increased, or decreased (taxes, inflation, etc.) to any of our suppliers and passed on to us, we, in turn, through our varied business transactions, reflect those changes back into the international economy.

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THANK YOU!

Our thanks to you for your role in this joyous co-creation. Your thoughts as we interact, your pondering, questioning, recognizing, knowing and wanting... add to our forward motion and to the fulfillment of our purpose.

We intend to allow ABRAHAM's words of perspective, positive guidance and stimulation of thought, to go as far and as fast as they are wanted. At the same time, we intend to continue our abundant, positive, mental, material and spiritual experience — and we do appreciate your contribution of "thoughts, words and deeds."

Do you have a friend who would enjoy our Quarterly Journal?

Name (Please print) _____

Address _____

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Your name _____

* EDUCATORS—TEACHERS—STUDENTS *

Are you involved in education and interested in an uplifting perspective? We can mail to you (at no cost) a copy of Daniel Greenberg's *Free At Last*, highlights of the first 20 years of the remarkable Sudbury Valley School experience. We have a few remaining copies (not for sale) just let us know if you would like one and we'll get it off to you as soon as it is practical.

This book will make your heart sing!

(We ship this book only to the one who is requesting it.)

OUR UNCONDITIONAL GUARANTEE OF SATISFACTION

We are aware that due to technical or personal idiosyncrasies you may receive a damaged or defective or unwanted item from us — but we will replace it or refund your money (whichever you prefer) just as soon as you call or write and give us the details. Unless we request it, please don't bother with shipping the item back to us. Just toss it away, or pass it on. We want you to be completely satisfied with our products and our service.

Jerry & Esther

Packaging & delivery (S/H) costs are no longer refundable.

FREE CD/CASSETTE
"INTRODUCTION TO ABRAHAM"

…Yesterday I received the Introduction to Abraham CD! Although I have been working with Abraham's ideas for more than a year, am a member of the "CD of the Month" club, and was very happily present at the workshop at the Biltmore Estate in Asheville, I had never heard the introductory tape. Well, the information on that CD helped me bridge a gap in my thinking about the principles of deliberate creation. And the clarity feels wonderful! Many thanks for the CD, and for all the wonderful work you are all doing!

With boundless appreciation, — LR — NC

…Thanks for the wonderful new Introduction CD. Wow! I'm so very pleased! My gratitude, for so much Joy and Well-Being that I am now experiencing, is immense. I resonated with the comments from the readers and listeners on the inside of the jacket cover of the CD: "I've been a 'searcher', 'seeker', 'sharer' since I was a teen," except in my case it's been since I was about 5. The next line just floored me, "My middle name was purported to be 'Why?'" How true… I was asking as a child. Especially as a child. I never stopped asking. And thank you for clarifying the role that "contrast" plays in our lives. Yes, all the pieces are finally falling into place. And also "Thank you for helping to put the fun back into my life". My entire experience has pivoted, literally.

Thanks again — In absolute bliss — BF — Canada

This 74 minute professionally remastered *Introduction to Abraham* is now available in cassette or CD format. It's a comfortable way to share Abraham with those who seek a new way of realizing a more successful life experience.

Order:AB-1 or CD-1 (Include $5.00 Minimum S/H)

(See free download at www.abraham-hicks.com)

WORDS OF WISDOM FROM THE BROADER PERSPECTIVE

"MY LIFE WORKS" When you look at what *is* working, then you generate a vibration within you that says *my life works,* and then, in everything that you approach — your life works.

You could have ninety-nine things not working in your life and only one thing working, and if you would focus upon the one thing that is going right, for a disproportionate amount of time, saying "my life works; my life works; my life works..." the other 99 things would fall in line with what *is* working.

So when we say to count your blessings or look at the positive aspects, that's just about deliberately activating what *is* working in your life. Because when you do that, you get more and more, and more of that. That's how the better it gets, the better it gets — the better it gets. That's when it's easy to accept that Well-Being is the order of this Universe.

(Excerpted from — G-3/22/03 — North Los Angeles, CA)

PRESENTING A POWERFUL 365 DAY COURSE IN SPIRITUAL PRACTICALITY

Habits are usually created slowly. And since a major aspect of the value to you of using this material will be the changing — often slowly — from unwanted habits of thought to habits of thought that are more appropriate to your current conscious desires — *but the most common use of this calendar will be as a joyous 365 day journey into a new world of leading edge thought and experience.*

Begin experiencing the power of this calendar at any time. You don't have to wait until the first of next year. However, in order to get into time sequence with the calendar — it is best to start at a month's beginning. Let the first day of your first month be day one (page three) of this calendar.

After over 30 years of studying, teaching and enjoying the art of personal fulfillment, I have long understood the power of clarifying and writing out my decisions in appointment books, journals, organizers, etc. But as the years passed, I became aware that at the most joyous and highly productive segments of my life — I simply carried, daily, a fresh, updated sheet of paper in my pocket. This works!

The first sides of the pages are compilations from the best of the Abraham teachings. The second sides of the pages are designed to accommodate your daily list of things to do. *But as the course progresses, you will discover that the pages will be offering processes and techniques to fit the advancing stages of your progression within these materials.*

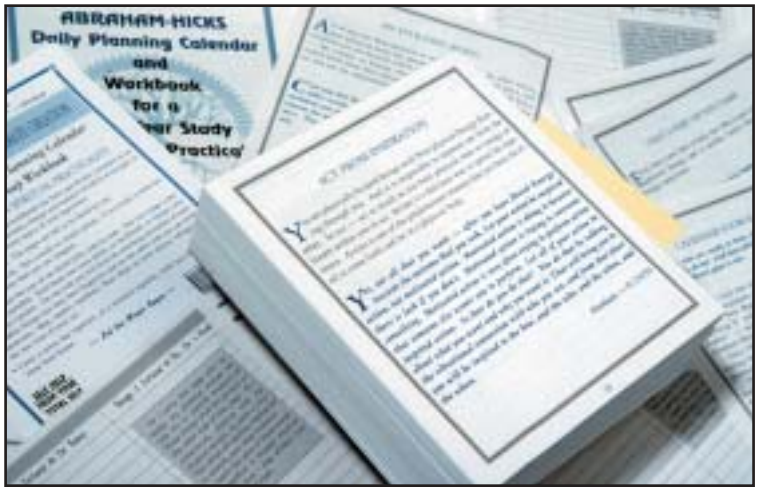
Your only power to create your life is in this moment, and the Abraham-Hicks Planning Calendar is designed to focus the purest of your intentions to your todays, the time in which you have your creative power.

In our estimation, this Abraham-Hicks Planning Calendar/Workbook is the most effective tool available for the practical application of "The Science of Deliberate Creation." Utilize it to create and to teach others to create, the perfect (by your ever changing standards) adventure in living.

"If you want to change what you are living,
you only have to change the balance of your thought." — Abraham

THE SCIENCE OF DELIBERATE CREATION

Abraham-Hicks Daily Planning Calendar and Study Group Workbook



A 365 DAY COURSE IN SPIRITUAL PRACTICALITY

- The material in this calendar/workbook has been specifically intended as an experiential guide to comfortably change your balance of habits of thought to that which will enrich every aspect of your experience.
- Begin in any month. The pages are left to be dated by you.
- This is a study to do, not a study to simply peruse. It is a study to have fun with in every way that you can imagine.
- The pages are the size of two $100 bills, side-by-side. Tear out a page a day. They are portable. Fold them into your wallet or checkbook, or simply carry them in a pocket. On one side you will find life enriching reminders of some things you may have forgotten and on the other side you can write intentions, ideas, names, numbers. Post them on your mirror, refrigerator, the sun visor of your car...
- Carry a seven day segment or a vacation segment with you when you are away from home — and then file them for future reference.

— Let the Magic Begin —

SELF HELP FROM YOUR TOTAL SELF

ORDER: PLANNING CALENDAR (768 PAGES) $25 USA — PG 56

NEW GREATEST HITS

AVAILABLE ON CD OR CASSETTE — "*Nothing changes in my reality until something changes in my thought.*" And this San Francisco album does evoke new thought.

A classic recipe for guidance to our state of natural Well-Being: Abraham magically mixes their brilliant thought provoking knowing with splashes of loving, clarifying humor, and they blend those ingredients into the audience's ever expanding observations and questions. The result is this delicious, recorded, learning experience for each of us who is wanting to learn (or to teach) *how to live the joyous, fulfilling life that we came to earth to live*.

"On a scale from 1 to 10, this Workshop was a 400!" — Andy Harrington — email

THE SCIENCE OF DELIBERATE CREATION
ABRAHAM-HICKS PUBLICATIONS

San Francisco, CA — 8/9/03

(Nearly 4 hours of Classic Abraham)

TAPE/CD ONE

- New ideas are the breath of life. (11:00)
- Maybe we could make Well-Being the"Truth"? (12:00)
- Learning to enjoy our dreams as messages? (16:00)
- Surreptitiously toying with red lights and marijuana. (15:30)
- Eyes see what you believe you can. (3:30)
- Was Cod Liver Oil really the remedy? (12:48)
- Dad told Esther when fish were flying. (16:00)

TAPE/CD TWO

- Time to stop being amazed by Well-Being. (6:30)
- She's discovered that NOW never goes away. (2:00)
- The subtle differences between solutions and problems. (7:00)
- When lover mistreats his dog and kids. (11:00)
- Starting a savings plan to buy house. (6:30)
- Which feels better, anger or depression? (13:17
- Deliberately doing nothing *is really doing something!* (26:00)

TAPE/CD THREE

- To increase our awareness of our thoughts. (13:00)
- Energy flow, Aliens and "Vibrational Thought Soup"? (9:00)
- Bluegrass music, Planet Earth, and Abraham's knowledge. (9:00)
- Oops! she got a third speeding ticket. (13:00)
- He feels pains from his nation's aggressiveness. (6:00)
- Living the nearsighted life of Mr. Magoo. (8:30)
- A decision? and how to make one? (3:00)

Order S3-8/9/03—$30 or S3CD-8/9/03—$45

ABRAHAM-HICKS
MUSIC

PRESENTS

A New Adventure,

the teachings of Abraham masterfully combined with the music of Francine Jarry

Order CD — $15 + S/H

More than 70 minutes of a variety of uplifting music that projects the philosophy of Abraham in a way we have never felt it before.

The first half of this album contains 20 of Francine's bright melodies that project a wide range of musical styles. From her *Count Your Blessings*, and *Reach for a Thought That Feels Better*, she carries us through to the rollicking *I Want to Live My Life to the Fullest*, and on to the elegant, meditative *Joy to the Universe.*

The second half of the album promises to give the listener a first in a lifetime experience. You will be enraptured when you immerse yourself in this 30 minutes of Abraham's Rampages of Well-Being. Over Francine's haunting *Mayan Theme*, we have blended, from three live workshops, Abraham's *Living Happily Ever After* and *Finding My Core Beliefs*, and finally Abraham reminds us that our Well-Being is natural with their, never to be forgotten, *It Is Good To Feel Good.*

Cassette — $10 + S/H

(Download a sample at www.abraham-hicks.com)

BOOK: A NEW BEGINNING I

THIS EXTRAORDINARY BOOK is powerfully offered by a group of teachers who call themselves Abraham. They express clearly and simply the laws of the universe, explaining in detail how we can deliberately flow with these laws for the joyful creation of whatever we desire. Abraham describes this as the time of awakening, explaining that each of us chose, with very deliberate intent, this specific time of great change to participate in this physical experience. This is an empowering, life-changing book that will assist you in seeing your personal life experience as you have never seen it before.

...The breakthrough book that started a worldwide interest in Abraham. Now in it's ninth printing, *A New Beginning I* explains in simple terms the eye-opening fundamentals of living a life of health, wealth and happiness. — Texas

COMMENTS:

- Thank you for a delightful book—*A NEW BEGINNING I*—a life changing book...a joyous do-it-yourself book...I have always known this was an "inside job", but I've not known, before, how to communicate well with the "inside." — Germany

- We are thrilled with the data. Everyone we have sent the book to thinks it is the best book they have ever read. — California

- The feedback I've gotten on the many *ABRAHAM* books that I have distributed has been phenomenal and it has come from all over the world. — California

- The first edition of *A NEW BEGINNING I* sold out because readers love the practical ideas of Abraham. In the tradition of Jane Roberts, this refreshing new book reveals a unique blend of new-age thought with the Western desire for "more." An inspiring self-help classic that gets results.

Softcover. $15. 218 pages. ISBN 0-9621219-3-2.
(To order, see page 32, or call 830 755-2299).

BOOK: A NEW BEGINNING II

THIS IS AN UPLIFTING BOOK that strikes a chord with the very core of your being. Written by Abraham to assist you in understanding the absolute connection between your physical self and your inner self, Abraham puts this physical life experience into perspective as they explain and define who we really are and why we have come forth as physical beings. This book is filled with processes and examples to assist you in making a deliberate conscious connection with your own Inner Being, that you might find the awesome satisfaction with this physical life experience that can only come once this connection is made.

...Now in it's eighth printing, *A New Beginning II* contains uplifting new material from Abraham including *Law of Attraction, Law of Allowing,* and the effective use of your *Guidance System.* Includes questions and answers from live workshops, affirmations, and powerful processes for increasing your ability to intentionally create WHATEVER you want. Incredible! A must read! — Texas

COMMENTS:

- Your book, *A NEW BEGINNING II*, has been my constant companion, now marked and circled on page after page...So—UP with the "Fairies of the Universe" and beautiful music and laughter! — France
- ..I hugged the book; I couldn't put it down for two days....You should see my metaphysical library—and of every book I have, this is the clearest! — Germany
- Thank you so much for the book—it is the best yet. I like to open it at random and see what the good word is for the day. — California
- Like the book before it, *A NEW BEGINNING II* is clear, practical, inspiring and empowering with more focus on how to realign with your Inner Being. The bottom line for Abraham-Hicks is to choose to feel good in every moment. From that base of joy you will naturally and easily create what you want for yourself and the world.

Softcover. $15. 258 pages. ISBN 0-9621219-1-6
(To order, see page 32, or call 830 755-2299)

SARA. BOOK 1 — Sara, and the Foreverness of Friends of a Feather

...My whole family read this book and we haven't been the same since. My husband, perhaps, was the most moved by it. He actually said that it had such a tremendous impact on him that he looks at life with new eyes. It's like being nearsighted your whole life and then finally getting glasses. Everything becomes crystal clear.

I cannot say enough good things about this life-transforming book. If there is only one book you ever buy, make sure it is this one. You won't regret it! (all ages)

— by Denise Tarsitano in the "Rising Star Series.

THE BOOK

Sara, and the Foreverness of Friends of a Feather is a novel about a young girl, Sara, who learns about life through a wise owl named Solomon.

As you settle into this book you will begin to experience Sara's life, almost as if it is your own. You'll discover that the questions that Sara's life uncovers will not be so different from the questions of your own life.

Sara has the benefit of a wise and wonderful mentor who not only knows the answers to all questions, but also understands that words don't teach. Solomon wisely helps Sara to find the answers to her very important questions through her own life experience. And as Sara discovers her answers — you will very likely discover some of your own, as well.

This book will awaken within you wisdom you were born with, that you may have forgotten. It will open you to who you really are. (all ages)

BOOK: Ask for SARA-1 — $15 (plus S/H) Softcover.— ISBN 0-9621219-4-0

THE TAPES

Sara and the Foreverness of Friends of a Feather is now available as an unabridged book on tape. Containing three audio-cassettes, this album offers over three hours of inspiring, uplifting and entertaining listening.

At the wheel of your vehicle or doing mundane chores or relaxing with closed eyes, you can now comfortably absorb the pleasure of this extraordinary magical relationship between young Sara and her ethereal, old, feathered owl friend, Solomon...

CASSETTES: Ask for S3S1 — $30
(830) 755-2299 (Order form page 32)

SARA. BOOK 2 — Sara and Seth, Solomon's Fine Featherless Friends

...My family had read the first Sara book and were captivated by its wisdom and clarity. I knew we were in for a treat with this new story, "Sara and Seth", but I had no idea just how much of an impact it would have on all of us.

The sheer brilliance of this unassuming little book with its powerful message (of Well-Being) will leave you breathless.

(all ages)

— by Denise Tarsitano in the "Rising Star Series."

THE BOOK

When Seth moves into Sara's mountain town, and right into the middle of all of the secrets of Thacker's Trail, Sara doesn't know what to do with him. She is drawn to him in a strange and powerful way, but the idea of letting anyone in on her unbelievable secrets seems impossible. But Sara soon comes to trust Seth, and together they embark on an even more wonderful experience with Solomon.

Seth has been gathering important questions all of his very short life. He can barely believe his good fortune in meeting Solomon, who understands all things.

You'll enjoy seeing Sara's good life getting even better, and Seth's rather awful life becoming wonderful. And like everyone else, you will love Solomon.

BOOK: Ask for SARA-2 — $15 (plus S/H) Softcover ISBN# 0-9621219-7-5

THE TAPES

Sara and Seth, Solomon's Fine Featherless Friends is now available as an unabridged book on tape. Containing three audio-cassettes, this album offers over four hours of inspiring, uplifting and adventurous listening.

Relaxing with closed eyes, you can now comfortably absorb the pleasure of this extraordinary magical relationship between Sara and her new friend of a feather, Seth... plus, her ethereal owl friend, Solomon, makes his welcome reappearance, adding his wise perspective to their/our learning experiences.

CASSETTES: Ask for S3S2 — $30
(830) 755-2299 (Order form page 32)

The Newest Sara Book

Sara Insights!

Thanks for the great new *Sara* book! I have read it three times so far, and I find lovely new insights each time I read it. And what wonderful fun that the book ended on page 222!

Linda Mabry — SC

Great Changes!

We here on Maui enjoy your work tremendously. You have lifted my vibration and continue to do so as I listen to your tapes. My daughter who is six enjoys listening to *Sara and Seth* through tapes and the books. Your teachings have brought a whole new light in the raising of my daughter and 22 month old boy. I have seen changes in my husband because of your tapes. I thank you for all of this.

Sincerely,
Larissa Pasek — HI

A Clearer Understanding

I am really enjoying *Sara 3* book. It has given me clearer understanding of how to stay more connected instead of feeling like I need to look at "what is", and understanding that I don't have to suffer just because someone else had that experience and it didn't get better.

I am so grateful for this book and also the newest monthly tape, Tarrytown, NY, 5/18/02B.

Much love and appreciation,
Joyce Taylor — TX

A Sara Musical?

Seems like a year since we've seen you! Or was it yesterday? Colton (7) is reading *Sara* to me as we drive to Boulder every day. The other day he was doing the voices like I do, sort of (Sara has a higher voice, Solomon has a lower voice, very imaginative!) except since Solomon has no lips, he makes a sort of beak as he speaks. Then he gave Solomon the voice of a robot for a couple paragraphs. Then he started singing all the voices. It was SO sweet! I thought how wonderful it would be to have *Sara* produced as a musical (someone else's job, not mine, I'm afraid!) Of course a movie would be cool, too. I'm sure lots of people have said that to you!

Love to you both, Judi Royer — CO

Meaningful To Us

The *Sara 3* book was so meaningful to my husband and I that after we read it individually, we want to read it aloud to each other. Thanks for your love and time.

Mary Naughton — IL

The Best One Yet!

I just wanted you to know how much I've gotten already from the new *Sara* book. Just got it yesterday and read it last night. It's wonderful — the best one yet.

It seems to help solidify all I've been coming to know, especially through Abraham. What I've been realizing is that I never knew it was OK to choose to be happy. It took me a lot of pain to really think "This cannot be what life is for."

So thank you for your work and for loving what you do. Although I'm 45 years old, the *Sara* books really speak to me — to my heart and to my true innocence. I am coming to remember who I really am.

Blessing to you all,
Your friend, Cindy Shilanskis — PA

Clearer & Clearer

My son (11 years old) and I want to thank you so much for following your joy in writing the *Sara* books. We have just devoured book 3 and are enthusiastically awaiting *Sara books 4, 5, 6*… The laws are getting clearer and clearer and we are so happy to receive your gift.

Thank you Abraham, Esther and Jerry! We truly appreciate you and send you our love,

Agnes and Narturi — Email

SARA: BOOK 3
A Talking Owl is Worth a Thousand Words

...Add me to the list! The list of those that were totally delighted, enchanted, and inspired by your newest book, *Sara 3*. I read it in two sittings. I read it out loud as if I had an audience of eager listeners hanging onto every word. A few times I had to stop, lift my glasses and wipe away the tears. I have never enjoyed reading a book as much as I did this book.

(all ages)

by Kathy Johnson—NC

THE BOOK

Sara has a hard time understanding why Seth wants to befriend the new girl in town and even share their secrets of Thacker's Trail. Even Solomon's reassuring words don't soothe Sara. But Sara discovers that not only does Annette's presence not detract from her joyful experience, but that it adds to it in many more ways than she could have imagined. The secrets of Thacker's Trail are known by more than Sara knew, and it turns out that Sara doesn't mind sharing her secrets as much as she at first believed.

Life just gets better and better for these extraordinary young people. And yours will, too, as you read their stories.

BOOK: Ask for SARA-3 — $15 (plus S/H) Softcover ISBN# 0-9621219-9-1

THE TAPES or CD's

Sara 3: A Talking Owl Is Worth a Thousand Words, is now available as an unabridged book on tape. Containing three audio-cassettes, this album offers over four hours of inspiring, uplifting and adventurous listening.

Sara's adventures expand as she and her best friend, Seth, are joined by Annette, a new girl in school.

Let Jerry's expressive voice transport you to Sara's world. A world of fun, and learning—and such good feelings.

Ask for S3S3 — Cassettes—$30; CD's—$45
(830) 755-2299 (Order form page 32)

Continued from page 15
fic, and then setting the cruise control on about 87, and feeling the power of the monster bus as it sailed across the desert. And then stopping at a rest stop and having a picnic with Jerry, and then anticipating where they were going. And *then*, when pulling into Chula Vista, oh boy, did she ever get there!

In other words, just by wanting to milk some joyful experience for the purpose of feeling good *now*, Esther has discovered that that is one that she can use over, and over, and over, and over again. Very often, she goes back to their Center in Texas where a stream has been man-made, but it looks very, very real. In fact, people who see it don't know that it has not always been there. And Esther sits on a bridge, that is made of a big rock, with her feet not quite dangling in the water, but close to it. And as she sits there, Lovable Cat comes up from a rock ledge and decides to jump over to another rock, and literally flies through the air over her head in order to get there. And when Esther remembers that moment in time, she connects to Source Energy in a very powerful way. And then, Lovable Cat runs up the tree and stops long enough to say, "Did you see that?" And then runs down the tree and stops long enough to say, "Did you see *that?*" And runs up the tree, and stops long enough to say, "Did you see *that?*" in order to demonstrate her powerful joy in the moment. And Esther cannot focus upon that without using that as the moment in time to connect to Source Energy.

Are most of my thoughts good-feeling thoughts?

All of you have these moments in time. Maybe it was a day you met someone you loved, and you knew it, for the first time. Maybe it was the first thing that they said to you that made you know that you really loved them. Maybe it was the first time you slept together. Maybe it was the first time you ate out together. Maybe it was the first time you drove somewhere together. But all of you have those moments in time, that, every time you reflect on them, they take you to that high, good place.

And our question to you is, why not let as many moments of your day, as possible, be in thinking about those things that take you to that high, good place? Because that's the only thing that you need to do to open your valve to allow the Universe to deliver to you, right now, all of the things that you've been asking for.

You don't have to explain anything to anyone. You don't have to justify anything, and in fact, you cannot. The best use of your time is to find a moment that is pleasing, and milk it for everything that it is worth. And then, if we were standing in your physical shoes, we would add them together; we would pretend as if all the happy things happened at the same time; we'd add to it; we'd make it up; we would float it into the future. In other words, we would just get on rampages of joyous mushing and mashing of the deliciousness of our life experience.

We would never stop talking about how good it is! We would never stop talking about how good it is, BECAUSE IT IS SO VERY GOOD. We have watched all of the humans who have lived all of the lives, and we have never seen anything with the potential of what you are standing on now. *The potential for joy in this time/space reality is beyond anything that anyone has ever lived. And if we were standing in your physical shoes, we would be using every excuse that we could possibly find to connect to the Source Energy.* And in doing so, every fleeting little dream that we ever had would float into our experience like butterflies and say, *"Here I am. Here I am. Here I am. Here I am. Remember me? You dreamed me when you were 12. Remember me? You dreamed me when you were 18. Remember me? You asked for me yesterday. Remember me? Remember me? Remember me?"*

Because every one of them remembers you. Every desire that you have ever held has been encoded with your Vibration, and has been making its way to you. And you don't have to get them all at once. *You wouldn't want to get them all at once.* They are strung out in a perfect array to give you a never-ending unfolding of perfection. You don't eat all of your meals at the same time—*you wouldn't want to.* You want them to come and to be satisfying as they come. And so it is with orgasms, and so it is with empires, and so it is with compliments, and so it is…

In other words, this is a life-giving experience. This is not only your life—this is Life living through you. You are the livers of all of this, you see.

> Today's potential for joy is beyond anything anyone has ever lived.

Excerpted from Abraham-Hicks Workshops
G-1-25-03 San Antonio & G-2-15-03 San Diego

ABRAHAM'S GREATEST HITS

A CLASSIC ABRAHAM-HICKS WORKSHOP!
Just too good to take anything out. Here, you get it ALL.

THE SCIENCE OF DELIBERATE CREATION
ABRAHAM-HICKS PUBLICATIONS
Boston, MA — 10/5/02

TAPE/CD ONE

17:00 How true can I make my "Truth"? 5:00 Somebody should do something about that problem. 13:00 To deactivate the vibration of your resistance? 12:05 Abraham gives a brief Vibrational Reality example. 5:23 Fall in love with where you are. 3:00 He's noticed that he has contradicted philosophies. 5:16 Is it possible to transfer negative moments? 12:04 Why did she get scratches on car?

TAPE/CD TWO

10:00 Where do compassion and empathy fit in? 4:18 How long to stay in meditation? 3:45 Some questions about "New Age energy" terms. 6:00 Her husband has his own unique wisdom. 8:20 She usually finds joy in her painting. 8:52 Therapist has little tolerance for client's disconnection. 1:14 She wants to be the chosen one. 23:05 Her relations with relationships are still sticky. 4:50 What's up with her sporadic head tremor?

TAPE/CD THREE

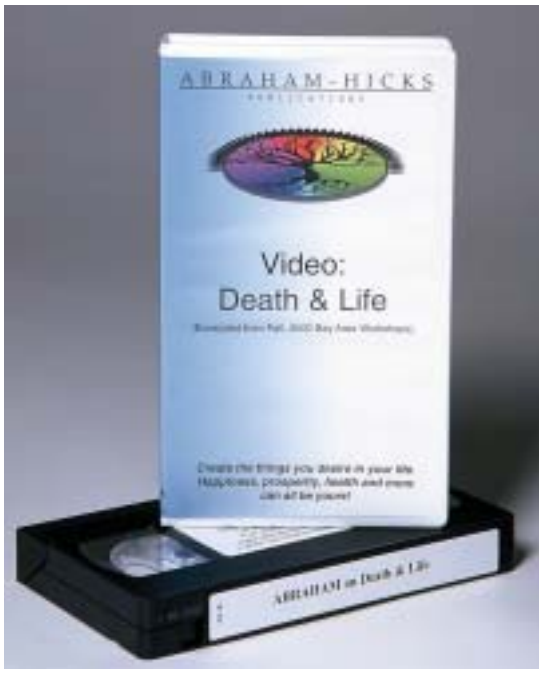
4:30 Why doesn't Abraham laugh like others? 5:12 Her meditation teacher misguided her into vegetarianism. 5:54 Abraham doesn't differentiate between males and females. 8:21 Is there a valid Energy Stream ritual? 7:41 The voice said "no" to medical procedure. 10:19 She has some questions about physical pain. 5:14 Was death as delicious as Mother observed? 4:09 How could she have lost unborn baby? 6:37 Would Law of Attraction determine starving adoptee? 15:43 He wants more success with less work. (Cont'd.)

TAPE/CD FOUR

(Cont'd.) 14:20 He wants more success with less work. 7:32 Realistically, how far is he from success? 1:26 How do psychics read other's thought waves? 19:20 My Infinite-Self relationship. 16:00 The season of her long lost father. 8:00 Whether fungus or emotions, so be it! 1:00 Abraham closes the Boston Massachusetts Workshop.

Order 4T10-5-02—$50 or 4CD10-5-02—$60

NEW VIDEO: DEATH & LIFE



Mike and Karen Sherlock, our videographers and long time friends, surprised us with this spectacular special edition of *Abraham, on Death & Life.*

Especially timely is an excerpt from the San Rafael workshop taped in September, 2000. It seems most revealing of the stance of the mass consciousness, in that, one year before the vengeful September 2001 event, that one of the questions asked of Abraham was regarding those who would "give up their lives to blow up buildings."

Esther and I reviewed this video last night, and we were both thrilled by it. (Esther, especially enjoyed it because she had the opportunity to "see and hear" Abraham much like the rest of us do.)

And Abraham's closing segment, "Audio Ecstacy" is as good as it gets!

SUBJECTS INCLUDED:

- Realize that there is no death. (12:00)
- We are all Eternal Beings. (8:00)
- What is it Like for Non-Physical? (16:00)
- When you understand death, you can begin to live. (8:00)
- When Middle East Fanatics give their lives to blow up buildings. (7:00)
- There's no resting in heaven. (1:00)
- Abraham offers audio ecstacy. (6:00)

Order: AV-8 Death & Life — $30 Running time: 1 hour
(To order, see page 32, or call 830 755-2299).

SAN FRANCISCO WORKSHOP VIDEOS

These videos were recorded in San Francisco, California, on Saturday, the 26th day of August, of the year 2000.

The Science of Deliberate Creation Presents: The Art of Allowing Volume I

This powerful workshop series demonstrates the simple proven techniques that will allow you to easily create anything you desire!

Five, one-hour video cassettes.

Ask for 5V-8/26/00 — $100.00 plus S/H

Included in Part 1:
Abraham tells all that they know; The Law of Attraction; There is no such thing as exclusion; What you are getting is always a vibrational match; Your emotions are your guidance system; Contrast gives birth to rockets of desire; Know that all is well; Ask and it is given; Be more like your cat; Putting death in the proper perspective.

Included in Part 2:

Examine the content of what you're living to understand your vibrational offering; The pulling power of desire; Realize your power is in the here and now; Reach for the thought that feels better; Difficult relationships teach unconditional love; How to see an extraterrestrial spaceship; Allowing your child to not be an allower.

Included in Part 3:

Understanding your connection to Source. Why does Abraham seem to trivialize ecological concerns? The difference between physical and Non-Physical energy. How does healing take place? Why has Abraham philosophy not manifested clearly before now? The meaning of astrology. Appreciating your leading-edge role.

Included in Part 4:

Abraham's tips for teaching connection. Whatever it is you are feeling is your indicator of your level of allowance or resistance. In your appreciation, you are a vibrational match to what you want. Accept the grace in which you live. The life-giving effect of asking and receiving. It is about aligning, not earning.

Included in Part 5:

Dreams and out-of-body-experiences. Your triad of intentions. Whatever happened, your work now is to let it in. Know that all of your desires are in the process of being answered. How contrast manifests. The mantra of the universe is "Now what?" The art of allowing is in feeling good about what you want.

Ask for 5V-8/26/00 — $100.00 plus S/H
To order see page 32.

ABRAHAM'S GREATEST HITS

NOW ON CD OR CASSETTE — Here are three dynamic recordings of uplifting material skimmed from the six hour Los Angeles Workshop, February, 2002. These three recordings are a prime example of Abraham's expanding message of consciously regaining our natural Well-Being. Abraham's cocreative, fun-filled dance with the questioners and the audience offers new, exciting words to guide us toward creating our everyday joyous journey. This is the perfect album for those who are asking for more. A classic!

THE SCIENCE OF DELIBERATE CREATION
ABRAHAM-HICKS PUBLICATIONS

Los Angeles, CA — 2/9/02
(Nearly 4 hours of Classic Abraham)

TAPE/CD ONE

- Practice, first, your Virtual Reality.
- Why would a pure positive beast sleep?
- Had a fear of losing mate; guess what?
- Are Abraham's teachings becoming world wide?
- Her ex-mate evokes uncontrollable angry outbursts.
- Playfully taking finances to the next level.
- Fox fur jacket vs. rabbit fox dinner.

TAPE/CD TWO

- Movie progressed during traumatic medical diagnosis.
- Mother's death directed praying son to Abraham.
- Is not every illness a "mental" illness?
- To do for her "mentally ill" son?
- To better understand her propensity toward seizures?
- Which is worse, medical fears, or realities?
- What about the abused little children?

TAPE/CD THREE

- Did painful childhood create neurological damage?
- What about surgeries on his basketball knees?
- Likes the exercise, but hates the pain.
- Let her daughter's medication become a non-issue.
- Can 27 year cat now live forever?
- Abraham gives definition of who they are.
- Abraham closes the Los Angeles Workshop.

Order S3-2/9/02—$30 or S3CD-2/9/02—$45

ABRAHAM'S GREATEST HITS

Here are three dynamic hours of uplifting material skimmed from the five hour San Antonio Workshop, April, 2000. These three tapes are a prime example of Abraham's expanding message of consciously regaining our natural Well-Being. Abraham's cocreative, fun-filled dance with the questioners and the audience offers new, exciting words to guide us toward creating our everyday joyous journey. This is the perfect album for those who are asking for more.

THE SCIENCE OF DELIBERATE CREATION
ABRAHAM-HICKS PUBLICATIONS

San Antonio, TX — 4/15/00
(3 hours of Classic Abraham)

TAPE ONE

- To monitor your pile of "Vibrational Sticks".
- Reach for the thought that feels best.
- His Ex-wife and Their Kids Stick.
- Were they divorcing from their happiness?
- The Golden rule or the Platinum Law?
- Human's overlaying vibration: the desire for approval.
- Can't communicate with dead father's Energy.

TAPE TWO

- Is daughter more protected attending church school?
- Who should be controlling your child's mind?
- Will religious beliefs affect her death experience?
- Death experience, likened to Lovable Cat's door.
- What is the mission of my life?
- Can one have freedom without expectations?
- What should she invest in singing career?

TAPE THREE

- When one's mate isn't seeking same "Truth"?
- In every relationship, a guide and a follower.
- Getting past his compulsion to eat sugar.
- Addictions, as cell's compensation for dietary imbalances.
- Why does he get small things faster?
- Look great in mirror or on sailboat.
- Your cells respond to your visualized perceptions.

Order S3SA — $30 plus S/H

ABRAHAM'S GREATEST HITS

It seems that at the end of every Abraham Seminar we all agree: "That was the best one yet!" This Burlingame, CA (San Francisco) group seemed to evoke extraordinary wisdom and clarity from Abraham. Abraham commented that this was truly co-creation at its very best. We are so appreciative of the wonderful people who bring to these seminars the details of what they are living and assist Abraham in taking thought beyond that which it has been before.

THE SCIENCE OF DELIBERATE CREATION

ABRAHAM-HICKS PUBLICATIONS

Burlingame, CA — 8/21&22/99

(4 hrs. 30 minutes of Classic Abraham)

TAPE ONE

- Evolutionary basis of your body's individual cells.
- When asking Soul: "Why me, here now?"
- What about needing to "be of service"?
- He's still stuck on the victimized clam.
- Does his lethargy indicate his forthcoming "croaking"?
- Does a few drinks make him nicer?
- His little guy's mother turned on him.

TAPE TWO

- Allowing new desires versus past opposing beliefs?
- Moving one's vibration up the "Relationship Stick".
- About helping them without feeling their pain.
- Will the computer replace the worker's value?
- What's the game plan for "handicapped" children?
- Sameness doesn't evoke new ideas — diversity does.
- You have been wired to be "selfish".

TAPE THREE

- Is my death contracted before each lifetime?
- Involved with widowed father of spoiled teenagers.
- She desires a perfect artistic lifestyle job.
- Cellular diseases are not about the cigarettes.
- Doctor's experiment with testing prayers for patients.
- Envisions energetic ease in her business operations.
- Wanting a two-way conversation with Non-Physical.

Order S3BU — $30 plus S/H

ABRAHAM'S GREATEST HITS

...I received the 3-tape set expressed in San Francisco, and with great delight I listened to the first tape a few days ago and am still vibrating in great appreciation. I have just now been with the 2nd tape, and it is profoundly resonating within me in a kind of paradoxical giggle...as I feel like a kid eating an ice-cream cone with sprinkles on it and simultaneously experiencing the profound tranquility and excitement of an adult who organically knows everything *is* all right as I continue to have the appetite for more. I am deeply appreciative. — R.E. — CA

THE SCIENCE OF DELIBERATE CREATION
ABRAHAM-HICKS PUBLICATIONS

San Francisco, CA — 2/20 & 2/21/99
(4 hrs. 30 minutes of Classic Abraham)

TAPE ONE

- You live in a flexible self-created reality.
- Are there better choices than world peace?
- Regarding: "I'm only human; I'm not perfect."
- How much tennis would be too materialistic?
- To maintain my Tone while observing unwanted?
- Interact with as many people as you can.
- Tell us about the merry old souls?

TAPE TWO

- AIDS carrying survivor considers rejoining dating pool.
- Birth control pills, do they affect natural selection?
- Abraham's perspective of celibacy, orgasms, etc.
- Brief series of Abraham's past one-liners.
- She really, really, really resents men.
- Do fathers always have to be right?
- To understand relationship between sex and violence?

TAPE THREE

- Is child's weight perpetuating classmate's teasing?
- Teach children through clarity of your example.
- How much action to do or not?
- Total financial freedom for her family?
- Where is the place here for compassion?
- What if mate dies and I'm left alone?
- Focus Wheels, Meditation and a screaming kid.

Order S3SF — $30.00 plus S/H

G-SERIES TAPES/CDS WINTER, 2002

SAVOR THE MOMENT!

G-9/28/02 — What could be called the perfect life? I get to choose how I feel. Doctor proposes theory that diagnosis "spreads" cancer. Lump in physician's breast was a fearsome dud. But, legal responsibility for errant children? She has been diagnosed with "Parkinson's Disease". It's time to count our many blessings.

G-10/12/02 — Nothing's more important than my feeling good. Can she experience massive surgery, in joy? Time to stop fixing and start savoring. So, are we becoming more Inner Being-like? Son wants to know what Nonphysical sees. Teacher wants to inspire apathetic sixth graders. The basis of my life is freedom.

G-10/15/02 — Feel good now; just feel good now. So, why does medicine work for some? Has Abraham also learned from our experiences? Her business concepts and worthiness are shifting. Through what "medium" was the Bible received? When pleasing one is displeasing to another? Son wants dog; Dad says, no.

G-10/19/02 — Is it least resistance, or more allowing? Wanting, is something you just can't stop! Can he visualize his desire for freedom? Niece, adopted from Russia, has temper tantrums. Does Universe eternally continue to expand? Virtual Reality made her want "real" reality. The day the financial ocean turned bloody.

G-10/26/02 — When following the Path of Least Resistance. Are our minds directed from another source? Abraham's recordings soothe her and the baby. She volunteered some painful hospital visitations. Has questions regarding his fear based dreams. Are his 36 life-enhancing goals not? Time to stop fixing and start savoring.

G-11/02/02A — Whether good or bad, it's always temporary. You are an extension of Source Energy. Processes for realigning with my natural Well-Being. Follow your personal Path of Least Resistance. Dealing with delinquent employees and accounts receivable. It's so much fun to direct increasing Energy. She resists her Path of Least Resistance.

G-11/02/02B — This jealousy and envy doesn't feel good. Has absolutely wonderful life until Saturday let down. Musicians want to stay in the zone. Why Abraham, why now, and why us? Time to stop fixing and start savoring. Will our unrealized dreams ever go away? Mother's not dealing well with dying mother.

G-11/23/02 — The Source Energy is not your mother. Talk to me about what feels good. Are we creating forward or pulled to? Their family gatherings, with in-laws, feel bad. Is their an animal hierarchy in Nonphysical? What things do Abraham appreciate about themselves? Never feel bad about your bad feelings.

G-12/07/02 — Worrying about anything is not your responsibility. Her husband is awaiting a heart transplant. When new manifestations trigger old beliefs? She wants to support the children's success. Are they chores, or are they blessings? Psychiatrist's life fell apart five years ago. You all have a friend upstream.

G-12/14/02 — Here we teach the Art of Allowing. What prompts the squirrels to store nuts? Car crash, to diabetes, to comfortable in skin. Birth controls, as inhibiting Inner Being's desires? Is intellect restraining his faith in "Truth"? Immunization shots, their upsides and their downsides? Do caged beasts want freedom?

G-SERIES TAPES/CDS FALL, 2002

YOUR WELL-BEING IS NATURAL

G-7/3/02 — Discover how to allow your every desire. She still has issues with "evil" people. Her question is about her astrological fate. Is this the Universal Truth he's seeking? The weaker country vs. the big bully? Is creation only activated by sober minds? What's the difference between unconsciousness and death?

G-7/13/02 — Why do people come to see Abraham? "Optimism", as doing what's best for me. Torn between teaching Well-Being and earning $. Ranking man-made laws vs. Universal Laws? Raw foods, scrimping, saving; avenues to success? Total family disconnects when mother falls apart. Advice for first year high school teacher.

G-7/20/02 — Bad doesn't just happen; good gets resisted. Does Abraham have any tips on meditation? So, what's the purpose of my body? Are one's past "unhealthy" thoughts still active? Any disease could be healed with distraction. The relationship between emotion and solar plexus? Is "being happy" enough to maintain Well-Being?

G-8/3/02 — To tell the truth, or feel good? An "Elderly New Ager" considers valve closers. Not stuck with illness she doesn't resist? Why are his dreams no longer uplifting? The egg or the chicken; which came first? What's best for smart, advanced children? Should they seek out their "core beliefs"?

G-8/10/02 — Do things have "Vibrational Matches"? Twenty-five years of Teachers — and now Abraham. Speak about my own Well-Being being enough? When does monkey's Spirit enter fetus? A monkey's Life Force vs. human's Spirit? As father abandoned him, he abandoned son. Can anything physical block his business?

G-8/18/02 — Do you enjoy a new insight? Has mother transferred irrational fears to daughter? Wrote children's book using Abraham's copyrighted material. Lost nearly everything; regained it; now what? She performs stand-up comedy in harsh environment. Getting from starving artist to prosperous artist? She has questions about her sexual dreams.

G-8/31/02 — I'm on a joyous path to what? Is the "ego-in-natural-man" evil? At what point do we become separate? Will cluttered worldwide event not create "Armageddon"? What form of consciousness does our Soul take in Nonphysical? Mother feels lack of hugs from son. Is this guiding, or controlling, teenage daughter?

G-9/2/02 — Deactivate what's unwanted by activating what's wanted. How does "forgiveness" fit in with "allowing"? Her mother's funeral evoked family unity. But, when one misses relationship with deceased? Is there any value in utilizing hallucinogenic plants? Why doesn't he get more straight answers? Wants clarification between humans and the beasts.

G-9/7/02 — If I can remember, I can visualize. When taking the life of another being? The difference between drugged and rational thought? A one-on-one relationship with Inner Being? Has Abraham-Hicks ever committed an error? When trying to explain "channeling our Source"? Fears child's ethnic background will provoke arrests.

G-9/21/02 — Are "hands on stove" a family tradition? Can she avoid thinking about terminal illnesses? Do we have "free will" or "predestiny"? Can they work less and play more? What to do with her old tapes? He's struggling with disorganization in his business. Should he break his knuckle cracking habit?

SEE PAGE 32 TO ORDER: G-SERIES ALBUMS — $90.00 + S/H — EACHES $10
OR CD ALBUM — $117.00 + S/H — EACHES $15

G-SERIES TAPES/CDS SUMMER, 2002

CREATIVE CONTROL IS YOURS

G-5/7/02 — You seem to have forgotten why you came. From the boogie man, to the IRS. How does one's tithing relate to prosperity? Can my new alignment affect my ancestors? Can he revive his successful business vibration? Is past cancer poised in her future? Can we fly, like in our dreams?

G-5/11/02 — You have creative control of your life. Virtual Reality isn't about fixing something broken. The Non-physical, as incompatible with our logic. What's the nature of the physical body? She was taught earthly things aren't worthy. So, is there value in being physical? He has noticed the evolution of "Abraham".

G-5/13/02 — Get in, feel good — and get out! When believing humans aren't made quite right? Geriatric Nurse questions "survival of the fittest." Veterinarian questions how biology connects with spirituality. Can his work feel "in the flow"? Regarding Seth's setting proper blocks of sleep time? Has selfishness evoked unresolved body lumps?

G-5/18/02B — We teach it; we don't live it. Why sleepy after twelve hours of work? Will this unique, eccentric me always be? She has been diagnosed with something unpleasant. What if we're working on more dollars? How does the "Universe answer" our desires? Mom, in coma, visited with comforting grandparents.

G-5/21/02 — You have creative control over your manifestations. School's teaching children to practice horrible deaths. Teacher's young daughter isn't enjoying her school. After 85 years, she expects improved eyesight. She's fascinated by the evolving, expanding Universe. All wonderful things are coming to her. Abraham's words of wisdom for new parent.

G-5/25/02 — Imagine yourself anywhere you want to go. Why should birth experience be painful? Contractor has recurring fear of being broke. Her cats vs. her business partner husband. Painful issues take away this Psychologist's joy. How can she deactivate financial abundance fluctuations? Stock market investor wants some daily phrases.

G-5/28/02 — How does your new desire make you feel? To keep Process-practicing from becoming boring? Any recommended sweeping social and environmental changes? He disturbed himself with an inappropriate thought. Friend's sexual chemistry felt better than husband's. Wants a realistic feeling of Source Energy? Is there time for all I want?

G-6/1/02 — Your life, as an adventure without risk. Got more money, but more responsibility too. What is his best question to ask? Various religion's founders; "what were they thinking"? He plays procrastination games with term papers. Hated father doesn't visit children often enough. Son belches the alphabet at dinner table.

G-6/15/02 — When horses pull together vs. pulling apart. There's nothing from which to protect yourself. She really doesn't know how to meditate. Son's "third strike" and it's jail for life? Had a year of phobias and anxieties. Has ongoing power struggle with preteen son. To inspire son to be "team player"?

G-6/29/02 — I can damn well choose my thoughts! Can she eliminate her basic core beliefs? How can she make her mate behave? Does deceased Dad observe her sexual activity? How can we not interact with complainers? Should she remarry the man she divorced? Accidents,healing and "cause & effect law"?

SEE PAGE 32 TO ORDER: G-SERIES ALBUMS — $90.00 + S/H — EACHES $10
OR CD ALBUM — $117.00 + S/H — EACHES $15

G-SERIES TAPES/CDS SPRING, 2002

VIRTUAL REALITY PROCESS REFINED

G-1/26/02 — Not "one world", but many individual worlds. What does Non-Physical want from our religions? Does our bombing Afghanistan split our Energy? But, Thomas Edison invented thousands of "failures"? Does watching movies affect our future reality? How can she foster her child's birthright? Meditation techniques to communicate with Non-Physical?

G-2/2/02 — How can one person help floundering Argentina? To get past his habits of thoughts? Is "couples counseling" proving counterproductive for them? Free from resistance to media war violence. Non-Physical's perspective of our ongoing varied wars? Saving the state and its problem children? Is resistance lighting up your Light Board?

G-2/23/02 — They have labeled her son, paranoid. Must our view of god be limited? Precognition, deja vu, & meaning of dreams? Been trying meditational techniques for 20 years. "Kurt, get away from the explosive tree!" Can she heal self of bipolar illness? Gets obliterated when with "Alcoholics Anonymous" friend.

G-3/2/02 — Well-Being is the special of the day. Was this instantly unpleasant relationship a reincarnation? Follow your bliss; let the slender in. Other's opinions of you are from you. As physicians, do we cocreate illnesses? Allow Well-Being, with or without the body. The perfect life, from appreciation to inspiration.

G-3/9/02 — Is "lost oil cap" the Dominant Thought? Is there a more gentle "monitoring process"? Does her Dominant Thought underlie her fear? In regard to having that one relationship? You deserve good thoughts about bad people. How to feel which thought feels better? Four year old has morbid spider fear.

G-3/16/02A — Allow others to have their experience. What's your dominant vibrational pattern of thought? What's your opinion of penny pinching fathers? Do you believe foods make you fat? Doesn't trust, or feel safe with, men. But, aren't children affected by their environment? Why do some children have horrible experiences?

G-3/16/02B — Regarding my age; what's my dominant vibration? Abraham, regarding "time" in our physical shoes. Esther translates the prebirth attitude of Non-physical. Seth, Solomon, Abraham, a soup of Energy? After astrological concerns, she feels better now. What now, after his catastrophic investment scenario? How did Abraham choose Esther and Jerry?

G-3/23/02A — Somebody should be doing something about that. Whenever you're remembering, you are visualizing. Learn to practice thoughts that feel good. Striving to throw consistently fast ball. Does girlfriend stuff affect his baseball pitching? The difference between "Inner Being" and "God"? Is it fair to say God evolves?

G-4/20/02 — A discussion of the Virtual Reality Process. Another look at the Place Mat Process. Fortuitous fan belt break, at 100 MPH. What is the purpose of our dreams? Her bug attack nightmare became a reality. Can she speed up her business development? After husband's transition, she began noticing couples.

G-5/4/02 — Create your own dream with Virtual Reality. Is there a role for preventative medicine? What is belief's role in physical health? Should healer seek emotional cause of illness? Visible Energy floated between him and Abraham. Will mammogram bring her peace of mind? Should New Thought coworker fear "Bible Belters"?

G-SERIES TAPES/CDS WINTER, 2001

PRACTICE YOUR VIRTUAL REALITY

G-10/06/01 — Preferences are evoked when unwanted is observed. When it seems like the majority rules. When controlled by your fear of death. Who is in charge in Charlie's life? Her health feels affected by 9/11 event. The "Antichrist" or the "Charlie Consciousness"? Will Abraham confirm her 9/11 conspiracy rumors?

G-10/13/01-A — The good news is, it's never done. Structure his "Workshop" thoughts to achieve goals? Basket of rich people / bad people beliefs. Where did 9/11/01 event vibration come from? How does a God allow 9/11/01 events? Will 9/11/01 event compare to Christ event? Why aren't Universal Truths remembered by more?

G-10/13/01-B — What "deliciousness" could possibly evolve from 9/11/01. Are therapies focusing him on heart problem? How can he safely "protect" small children? Air Force son eagerly anticipates 9/11/01 retaliation. What was 9/11/01 supposed to teach us? You may assume worldwide Well-Being. Want to be successful? Just be happy.

G-10/20/01 — Are we branded with our "Soul Intentions"? Can we return to another economic period? Will power, is it assertive, or allowing? Children, choices, and clumps of colorful clay. Negative media, and the buffer of time. She wants to begin to enjoy sex. Something, to us, as us, to dinosaurs.

G-10/27/01 — Is she "at one" with worldwide fears? Physical time, as related to Non-Physical expansion? Do physical families reunite after our transition? Creating deliberately, when involved in a relationship? Is there no ultimate right or wrong? Is it time to discontinue his supplements? Should we be concerned with Karma Koncepts?

G-11/03/01 — Through the vibration you're emanating, you're "asking". Her "obligations" to workers who "betrayed" her? What brings about the characteristics of leadership? Physician ponders "beliefs" role in spontaneous healing. He wants more freedom, but same money. He prefers brief, while still positive, relationships. What's up, with menopausal flaming night sweats?

G-11/24/01 — Just relax and enjoy this comfortable unfolding. Are our emotions different than our intentions? He is intending healthy, wealthy and slim. Her husband was unfaithful to her, again. To be free of the opinions of others? He dreamed a dream of transparent eggs. Now, as limited vs. past and future. Are angels guarding or are they guiding?

G-12/01/01 — But, when there are bad things out there? From sting ray to 9/11/01 to bird's song. You have been trained to endure pain. A clearer understanding of the 17 Second Process? Culmination points, and the nature of creation. Stop calling your obsession a bad thing. How can she guarantee positive medical diagnoses?

G-12/15/01 — Spend more time in your Virtual Reality. When drunkard's Inner Being became designated driver. Does name, "Goat", carry specific vibrational data? Her virtual "Feeling of Channeling" ability. Minister friend, argues for painful perspectives. When virtual relationships become physical reality? When you joyously make manifestation a non-issue.

G-1/5/02 — Step one is one, and step three is three. What to do for alcoholic family members? She has everything, but wants passionate desire. Appropriate to tell children of past immoralities? Giving and receiving, and dwindling natural resources? When successful acquisitions prove unsatisfactory? Can she release beliefs about physical aging?

G-SERIES TAPES/CDS FALL, 2001

WHATEVER YOU LIKE IS APPROPRIATE

G-8/4/01 — It's only about a handful of issues. When placing career order with the Universe. Attorney wants dancing, and dollars, without effort. Should he submit to diagnostic medical tests? Wanting to feel the presence of GOD. Does All-That-Is have any desires? His career, thoughts, cliff notes and death?

G-8/11/01 — Catching yourself with egg on your face. Envisioning future job without jeopardizing present? Purloined paintings portfolio of visiting visionary artist. The power of consciously raising one's vibration? Wants another baby before final egg drops. Catholic guilt vs. doing the Hokey Pokey? Closing chapter of "going through" his divorce.

G-8/13/01 — What does transition experience feel like? Autistic 37 year son has special needs. Does Abraham see human's version of GOD? Will other life-forms come onto this planet? When keeping company with an habitual complainer? Losing one's possessions, as joyously moving on. Is she working too hard at savoring?

G-8/18/01 — In their fear they relinquish their power. Any place for retaliation in "no fault" Universe? The evolution of planetary diversity and upheaval. Are we almost in a godly form? Earth, the perfect rendezvous for all events. Appropriate to be happy with unhappy others? Baghdad born Jewess abhors the terrorizing bombings.

G-8/21/01 — Would the Universe thwart our mundane plans? No shortage of men in her labyrinth. With opposite intentions, couples still find satisfaction. Guilt-free resignation as manager of the Universe. Energy exchange at the moment of transition? Internist is practicing sensitive, futuristic Joy Medicine. The process of connecting with Source Energy.

G-8/25/01 — Vaccinate? Daddy says yes; Mommy says no. Chemotherapied mother-in-law is retreating into dementia. Except for money, he's creating exceptionally well. Do our sexual unions create special bonds? All ailments will resolve themselves if allowed. MS (multiple sclerosis) gone; SM (Soul Mate) coming. Should children have choices of unpleasant chores?

G-9/22/01 — A broader perspective of the 9/11/01 event. Retaliation for the 9/11/01 New York destruction? Her lover vacated, but Mother moved in. Becoming a better teacher to his children? Are our emotions not indicators of conditions? Would a sensitive Pollyanna not seek revenge? Is retribution our only course of action?

G-9/25/01 — This is a time of significant contrast. Terrifying New York news turned her into jelly. Trying to understand the 9/11/01 disaster? Reaching for the thought that feels better. Virtues, Martyrdom, Goodness and Pride and Patriotism? Canadian felt patriotism for United States' unity.

G-9/29/01 — Seventh grade socialite son not applying self. She has received a frightening osteoporosis diagnosis. Was he "speaking in tongues" with God? Abraham and law professor discuss legal business. He's in the process of redefining himself. It's time to accept that Well-Being is. Feels hypocritical regarding 9/11/01 vs. neighborhood trees.

G-10/1/01 — Whatever it is you like is appropriate. "Bless me, and please enlarge my territory." Wants new ways to connect with Well-Being. An effective parent is a happy parent. Mother becomes as rude as her daughter. He's playing with a "law of attachment". If Abraham were president during 9/11/01 resolution?

Continued from page <None>

Hard to choose which of our Alaskan cruise pictures to show you, because every picture is gorgeous. You can see what a great time grandson Kevin was having on his first helicopter ride up to his first glacier!

ABOUT THE AUTHORS

Esther & Jerry Hicks

EXCITED ABOUT THE CLARITY and practicality of the translated word from ABRAHAM, Jerry and Esther Hicks began, in 1986, disclosing their ABRAHAM experience to a handful of close business associates. Then, recognizing the practical results being received by those persons who began plying ABRAHAM with meaningful personal questions regarding their finances, bodily conditions, and relationships...the Hickses made a conscious decision to allow ABRAHAM'S teachings to become available to an ever widening circle of seekers. And that circle continues to expand — even as you read this page.

Jerry and Esther have now published more than 600 *Abraham-Hicks* books, cassettes and videos, and have been presenting open group interactive *Art of Allowing Workshops* in about 50 cities a year to those leaders who gather to participate in this progressive stream of thought.

Although worldwide attention has been given by leading edge thinkers to this *Science of Deliberate Creation* who, in turn, incorporate many of ABRAHAM'S concepts into their books, lectures, sermons, screenplays and scripts, the primary spread of this material has been from person to person — as individuals begin to discover the value of these materials in their practical, personal experience.

ABRAHAM, a group of obviously evolved teachers, speak their broader Non-Physical perspective through the physical apparatus of Esther. *Speaking to our level of comprehension, from their present moment to our now, through a series of loving, allowing, brilliant yet comprehensively simple, recordings in print and in sound — they guide us to a clear connection with our Inner Being — they guide us to self-upliftment from our total self.*

COMMENTS FROM READERS & LISTENERS:

...It's hard to believe that life could be so simple and so joyous... Thank you, so much, for making an already good life even better! (With lots of good feelings) SC — PA

...I've been a "searcher," "seeker," "sharer" since I was a teen. My middle name was purported to be "Why?" The information from Abraham is so down-to-earth, useful, compelling, exciting, sensible, practical, empowering, clear, usable. I'm a marvelous deliberate creator now. Thanks for putting the "fun" back into physical life. JS — AZ

...Am so delighted to be reading your books, listening to your tapes and attending your seminars. I am so happy and getting happier and clearer every day. My life has been leading to this point, and it feels like the icing on the cake. I know everything will just get better, although it's hard to know how. What a powerful gift you've given us — the recognition of our ability to create the life we want, and the tools to carry out the plan. Thank you for sharing. — CA

"All Hands on Deck for the joy of the Mendenhall Glacier experience."

NOW IS THE TIME TO CHOOSE YOUR FAVORITE STATEROOM ON THE 2004 ALASKAN WELL-BEING ADVENTURE CRUISE.

- The sailing dates are confirmed: We are sailing from Seattle on Saturday, July 3, and we will disembark in Seattle, WA on Saturday, July 10, 2004.
- First, book your Workshop reservation directly with us, Abraham-Hicks Publications. Call (830) 755-2299 or on line at www.abraham-hicks.com (For details, see the enclosed Workshop registration form.)
- Second, book your ship stateroom reservation directly with Ron Oyer at Worldview Travel. Call (888) 259-9191 Ext 228. (For details, see the enclosed Cruise registration form.)
- Third, plan any travel and sleeping arrangements to or from the Seattle, Washington area.
- Fourth, expect this week — together with Abraham, and other like-minded friends — to be one of the highlights of this lifetime.

We have decided to sail with the Holland American cruise lines newest liner: the 5 star m/s Oosterdam.

So, here we go, on a new ship, sharing a week of luxurious new adventures with many new friends. This will be a week of allowing Abraham to guide us to a series of new, uplifting thoughts. And these new uplifting thoughts will result in each of us achieving a new level of Joy and Well-Being.

Esther and I feel pleased, and blessed, that we have received this opportunity to offer to you this opportunity to participate in this delicious experience.