

# ***KNOW BEFORE YOU GO***

## **The Mexican Well-Being Adventure Cruise**

**February 7-14, 2009**

### ***How much time do I need to allow for embarking and disembarking?***

For air arrivals and departures into Los Angeles it is recommended that guests allow adequate time for transfer between the airport and pier, customs inspections and airport security checks. On the day of departure (February 7) flights should arrive no later than 1:00 pm, and on the day the ship returns (February 14) flights should depart after 12:30 pm.

### ***Can I purchase transfers from the airport to the ship?***

If you are arriving at the Los Angeles airport (LAX) on the day of sailing you may add transfers to the ship for \$20 per person each direction. These transfers are provided by Princess Cruises and must be added to your cruise booking by **December 15, 2008**. Flight numbers and details are required for your reservations. Approximate taxi cost from LAX to the pier would be \$35-45 per cab. When traveling with at least two passengers most people just take taxi cabs.

### ***When may I embark the ship?***

The *ms Princess Sapphire* departs from the port of Los Angeles at 4:00 pm. **Embarkation begins at approximately 12:00 pm.** Lunch is served in the Horizon Court until 3:30 pm. Guests are requested to be on board no later than one hour prior to sailing time. The pier address is: Los Angeles World Cruise Center, Berth#93 in San Pedro, Ca. 90731 (located at the 110 Freeway and Harbor exit). For those driving, parking is available at the pier for \$11 per day. For information you can call 310-547-4357 or the web site is [www.LAcruisecenter.com](http://www.LAcruisecenter.com).

### ***Hotel Recommendations***

For those arriving early – there are many hotel options in the greater Los Angeles area. Check websites like [www.hotels.com](http://www.hotels.com) or [www.kayak.com](http://www.kayak.com).

### ***Making dining room reservations?***

**There are three choices for our group in regard to dining.** Your selection is noted on your confirmation letter. If you have selected either First Dining (5:45 pm) or Second Dining (8:00 pm) after the first night, we will have open seating within our group tables, which will give you the opportunity to dine with a variety of people from our group. If you have selected the "Anytime Personal Choice" dining you are free to dine in four of the main dining rooms anytime between 5:30 pm to 10 pm. **Your selection of Traditional or Anytime Dining must be maintained throughout the entire cruise and no changing is allowed once onboard.** Or for a buffet style restaurant, try the Horizon Court (deck 14) where attire is always casual.

### ***Reservation-Only Dining Rooms***

As a delicious alternative to the main dining room, you might try the two specialty restaurants onboard. These restaurants are by reservation only, which can be made onboard. There is a \$15 or 20 per person charge for this special dining experience depending on which restaurant you choose.

### ***Can the dining room accommodate special diets?***

Watching your salt, fat or sugar intake? Going vegetarian? Advise us at the time of booking, and we'll be happy to accommodate any special diets. Gluten-free or special medical diets must be pre-ordered a minimum of 60 days prior to sailing. Contact Worldview Travel for these special requests.

### ***What's included in the Cruise Price?***

- All meals, including room service, except in the specialty "reservations only" restaurants.
- Most entertainment & activities on board.

### ***What's not included in the price?***

- Air Transportation or transfers to the ship
- Shore excursions in the various ports
- On board: sodas, alcoholic beverages and bottled water, telephone calls or internet access service, spa treatments, laundry or dry cleaning, photographs, casino gambling, and gratuities, (\$10.00 per day).

### ***We're bringing the kids; any special activities for them?***

Absolutely. Princess Cruises has a special, fully supervised program for children from ages 3 to 17. Programs include arts and crafts, dance parties, scavenger hunts, pizza parties, and much more. More information is available at [www.princess.com](http://www.princess.com) (go to "Learn about our cruises" and then go to "onboard experience").

### ***When can I reserve my Shore Excursions?***

Parasailing, deep sea fishing, horseback riding, snorkeling and scuba diving are only a few of the many exciting shore excursions offered in every port. Booking shore trips are usually available between 120-60 days before sailing. You can pre-request your excursions with your booking number up to 7 days prior to sailing at [www.princess.com](http://www.princess.com) (go to "prepare for your cruise" and then to "cruise personalizer") or call Princess at 800-421-1700, or make your arrangements when you board your ship. Please be prepared with your questions if calling. Pre-booking excursions is recommended.

### ***Stateroom Amenities***

All staterooms include: safe, hairdryers, refrigerators, multi-channel music system, and remote-controlled color TV.

### ***May I bring my own liquor On-Board?***

Only wine and champagne are allowed (one bottle per person).

### ***Cruise Attire***

Casual wear will be appropriate for days onboard. For evening wear, count on two basic types of attire.

- Smart Casual: dresses, or slacks & blouse for women; sport shirts & trousers for men
- Formal: cocktail dresses for women; suits & ties, or tuxedos for men

There are two formal nights, and the rest are smart casual. There are self service laundry and ironing facilities available on each deck. Full laundry services including pressing are available for a fee.

### ***Ship Contact Information?***

Your final documentation packet will contain detailed information including the phone number for your ship and email address. The Internet Café is available for sending and receiving emails. Wireless capabilities are available if you decide to bring your own laptop. Charges for internet access will be posted to your ship board account.

### ***Weather***

Expected temperatures range from a low of 68° F (night) to a high of 85° F (day). It is advisable to check the internet for up-to-date weather conditions

