

THE SCIENCE OF DELIBERATE CREATION

Abraham A Quarterly Journal & Catalog Addendum

THE TEACHINGS OF ABRAHAM

APR · MAY · JUNE 2006

VOLUME 36

This world is not set up for failure and demise and decline. It's set up for improvement and expansion and better and better, and better. And so, it must get better and better and better. And it is. We would just like all of you to let yourselves in on more of it.

Excerpted from
Abraham-Hicks
Workshop
Ashland, Oregon
G-7/23/05

Quarterly Journal Special Features

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PAGE 6

NEW ARTICLE: *Life Is Supposed to Feel Good*

PAGE 10

NEW: *Group Series Album, Fall, 2005*

PAGE 12

NEW: *Quarterly Quotes!*

PAGE 17

NEW: *CARD DECK—Ask and it is Given*

PAGE 24

NEW: *DVD HIGHLIGHTS—Episode One
Portland, Oregon*

PAGE 36

NEW: *Words of Wisdom*

PAGE 60

NEW BOOK: *National Launch Date —
The Law of Attraction, the Basics of the
Teachings of Abraham™*
Foreword by Neale Donald Walsche

PAGES 62

ABRAHAM-HICKS PUBLICATIONS



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Hello from Jerry & Esther



Esther & Jerry Cruising Along

Dear Friends,

If the only fun thing on earth that we were ever allowed to do was to read our mail, it would be enough. Your letters and emails expressing your joyful re-discovering of life, flow into our lives at such an incredible rate that we are breathless in our realization of how well you are making your lives work for you.

Jerry and I have commented that we could publish a book every week containing the success stories you send us as you tweak your lives a little here and a little there allowing the good stuff that has been lined up outside your doors to flow in. And our life is like that, too. Never in our “former” wildest dreams did we imagine the depth of abundance in all areas of our lives that were just waiting there for us to vibrationally catch up with. And one can only wonder at the extraordinary futures that are lurking, just waiting for our recognition and alignment.

As we travel from city to city, and from RV park to RV park, from hotel

to hotel, and restaurant to restaurant we see people who apparently feel only a fraction of the joy for their lives that we are feeling for ours. We are so happy to be fully awake and to feel such eagerness for life. And when Abraham says there is no end to the good feeling end of the Emotional Scale, we wonder, “how will we endure what is surely waiting for us.” We’ll practice every day, that’s what we’ll do. We’ll get so comfortable with feeling good that feeling even better will be the next logical step, and then the next and the next and the next. And then we’ll have, a good nights sleep so we can be ready for more good stuff tomorrow.

So if the only fun thing on earth that we were allowed to do was to drive our Monster Bus across this beautiful nation, rendezvousing with our wonderful Abraham-Hicks friends, experiencing wonderful weather all year long—that would be enough.

So if the only fun thing on earth that we were allowed to do was to conduct Abraham Seminars in city after city co-creating (with our fun, efficient, effective on-the-road staff, Mike & Karen, and Jeanne & Barbara, and with all of our beautiful, brilliant people) such amazing new insights and understandings—that would be enough.

Or if the only fun thing on earth that we were allowed to do was sift through the amazing material we are receiving at the workshops, condens-

Continued on page 39

Highlights of Contents

HELLO From Jerry & Esther	2
NEW! Abraham-Hicks Workshop Details for next 90 days	4
NEW! 2006-2007 Abraham-Hicks Workshop Schedule	5
NEW ARTICLE: <i>Your Life Is Supposed to Feel Good (6 pages)</i>	6
NEW! Love & Appreciation	8
NEW! Group Series Album, Fall, 2005 (CD or Cassette Format)	10
NEW! Quarterly Quotes.....	12
NEWEST BOOK: <i>The Amazing Power of Deliberate Intent</i>	15
NEW! GIFT EDITION: <i>Ask and It Is Given</i> (Hardcover plus CDs).....	16
NEW CARDS: <i>Ask and It Is Given Cards</i>	17
CD's STARTER SET: <i>The Law of Attraction (The Basic Teachings of Abraham</i>	18
CDS SPECIAL SUBJECTS VOL I (Cassettes and CDs)	20
SPECIAL SUBJECTS VOL II (Cassettes only)	22
NEW! DVDs: <i>Abraham Workshop Highlights, Episode One</i>	24
Synopsis of The Teachings of Abraham™	24
GREATEST HITS ALBUMS.....	28
SUBSCRIPTION PROGRAMS AVAILABLE (CDs and Cassettes)	29
ORDER FORM: How To Order, Price List, Services	30-34
FREE INTRODUCTION TO ABRAHAM (CD or CASSETTE or Download)	35
NEW! Words of Wisdom — <i>"Why Risk Discomfort?"</i>	36
Daily Planning Calendar/Course Workbook	37
BOOKS: <i>A New Beginning I & A New Beginning II</i>	38
BOOKS SARA 1, 2, 3, (PLUS CD'S & TAPES)	40
MUSIC: <i>CDAM-2 Joy! Joy! Joy! & CDAM-1 A New Adventure</i>	42
DVDS, VIDEOS, & CDs — <i>Special Subjects: Relationships, Money, Health</i>	44-46
DVD ALBUM — <i>2004 Alaskan Well-Being Cruise</i>	47
DVD & VIDEO — <i>The Art of Allowing</i> — VOL I, II, & III	48-53
CDs & CASSETTES: GROUP SERIES ALBUMS & EACHES	56-58
AUTHORS: Jerry & Esther's Evolutionary Process.....	59
BOOK LAUNCH: Forward, by Neale Donald Walsch for <i>The Law of Attraction</i>	60
CRUISES—Hawaii, Mexico, Alaskan	61
NEW! CARD DECKS: ASK AND IT IS GIVEN & WELL-BEING CARDS	62

Dear Friends,

We do love receiving your messages and reading your letters and notes that come by the thousands! Even though we can't personally respond to you, we will continue to read and listen to and relish your wonderful responses to Abraham's materials... And we will continue to expect you to be aware of how very much we appreciate your delightful addition to our delicious physical experience — and to the upliftment of All-That-I s.

From our hearts, Jerry & Esther



90 DAY EVENT SCHEDULE DETAILS

From time to time there are changes in our scheduling, so please reserve in advance with our San Antonio office at (830) 755-2299.

PREPAID RESERVATIONS — \$150.00
If you cancel 7 days, or less, before any event
a \$50 cancellation fee will be charged.

9/13/06 — Kansas City, KS — Held at the Overland Park Marriott, 10800 Metcalf Ave., Overland Park, Kansas 66210. For directions call (913) 451-8000. Wednesday 9AM to 4:20PM. \$150.00.

9/16/06 — Chicago, IL — Held at the Crowne Plaza Chicago North Shore, 510 East Route 83, Mundelein, IL 60060. For directions call (847) 949-5100. Saturday 9AM to 4:20PM. \$150.00.

9/18/06 — Louisville, KY — Held at the Marriott East, 1903 Embassy Square Blvd., Louisville, KY 40299. For directions call 502 499-6220. Monday 9AM to 4:20PM. \$150.00.

9/23/06 — Detroit, MI — Held at the Embassy Suites Detroit-Livonia, 19525 Victor Parkway, Livonia, MI 48152. For directions call (734) 462-6000. Saturday 9AM to 4:20PM. \$150.00.

9/30/06 — Tarrytown, NY — Held at the Crown Plaza White Plains, 66 Hale Ave., White Plains, NY 10601. For directions call (914) 682-0050. Saturday 9AM to 4:20PM. \$150.00.

10/7/06 — Boston, MA — Held at the Boston Marriott Newton, 2345 Commonwealth Ave., Newton, MA 02466. For directions call (617) 969-1000. Saturday 9AM to 4:20PM. \$150.00.

10/9/06 — Philadelphia, PA — Held at the Hilton Philadelphia Airport, 4509 Island Ave., Philadelphia, PA 19153. For directions call (215) 365-4150 Monday 9AM to 4:20PM. \$150.00.

10/14/06 — Washington, DC — Held at the Hilton Washington DC/Silver Springs, 8727 Colesville Rd., Silver Springs, MD 20910. For directions call (301) 589-5200. Saturday 9AM to 4:20PM. \$150.00.

10/21/06 — Asheville, NC — Held at the The Inn on Biltmore Estate, One Antler Hill Rd., Asheville, NC 28803. For directions call (828) 225-1660. Saturday 9AM to 4:20PM. \$150.00.

10/22/06 — Asheville, NC — Held at the The Inn on Biltmore Estate, One Antler Hill Rd., Asheville, NC 28803. For directions call (828) 225-1660. Sunday 9AM to 4:20PM. \$150.00.

10/23/06 — Asheville, NC — Held at the The Inn on Biltmore Estate, One Antler Hill Rd., Asheville, NC 28803. For directions call (828) 225-1660. Monday 9AM to 4:20PM. \$150.00.

10/27-28/06 — Hay House I Can Do It, Orlando, FL — We are pleased to join Hay House and the wonderful group of speakers they have assembled. To register contact Hay House at (800) 654-5126 or register on-line at www.icandoit.net

10/30/06 — Boca Raton, FL — Held at the Boca Raton Marriott, 5150 Town Center Circle, Boca Raton, FL 33486. For directions call (561) 392-4600. Monday 9AM to 4:20PM. \$150.00.

11/1/06 — Tampa, FL — Held at the Double Tree Westshore/Airport, 4500 West Cypress St., Tampa, FL 33607. For directions call (813) 879-4800. Wednesday 9AM to 4:20PM. \$150.00.

11/11-12/06 — San Antonio, TX — Held at the The Westin Riverwalk, 420 W. Market St., San Antonio, TX 78205. For directions call (210) 224-6500. Saturday 9AM to 4:20PM. \$150.00. On Sunday, workshop attendees are invited to an Open House at Abraham-Hicks Publications facility. Call for address and directions (830) 755-2299.

1/20/07—2/4/07—Two-Week Hawaiian Cruise — Held on board Holland American's m/s Zaandam, sailing from San Diego on Saturday, January 20, 2007 and disembarking in San Diego on Sunday, February 4, 2007. Register on-line at www.abraham-hicks.com or call Worldview Travel (888) 259-9191 Ext. 225 or 213.

2006-2007 GENERAL WORKSHOP SCHEDULE

Please reserve in advance with our San Antonio office at
(830) 755-2299. Prepaid registration closes at 10:00AM on Thursday for
Saturday Events and 10:00AM the day before all weekday Events.

PREPAID RESERVATIONS ARE RECOMMENDED

Following is general information for up-coming workshops. Specific location and other details will be provided when you make your reservation, or you may request this information at any time.

Time Format for following events: 9AM to 4:20PM

8/29/06 Tuesday Albuquerque, NM	5/12/07 Saturday Washington, DC
9/8-9/06 Fri-Sat San Antonio, TX	5/17/07 Thursday Philadelphia, PA
9/13/06 Wednesday Kansas City, KS	5/19/07 Saturday Tarrytown, NY
9/16/06 Saturday Chicago, IL	5/26/07 Saturday Boston, MA
9/18/06 Monday Louisville, KY	5/29/07 Tuesday Buffalo, NY
9/23/06 Saturday Detroit, MI	6/2/07 Saturday Chicago, IL
9/30/06 Saturday Tarrytown, NY	6/9/07 Saturday Boulder, CO
10/7/06 Saturday Boston, MA	6/16/07 Saturday Fort Collins, CO
10/9/06 Monday Philadelphia, PA	6/23/07 Saturday Portland, OR
10/14/06 Saturday Washington, DC	6/30/07 Saturday Seattle, WA
10/21/06 Saturday Asheville, NC	7/8-7/15/07 . . 7-day . . Alaskan Well-Being Cruise
10/22/06 Sunday Asheville, NC	7/21/07 Saturday Sacramento, CA
10/23/06 Monday Asheville, NC	7/28/07 Saturday San Francisco, CA
10/27-28/06 Hay House I Can Do It, Orlando, FL	7/29/07 Sunday San Rafael, CA
10/30/06 Monday Boca Raton, FL	8/4/07 Saturday North Los Angeles, CA
11/1/06 Wednesday Tampa, FL	8/5/07 Sunday West Los Angeles, CA
11/11-12/06 . . Sat/Sun San Antonio, TX	8/11/07 Saturday San Diego, CA
1/20-2/4/07 . . Two-Week Hawaiian Cruise	8/25/07 Saturday Sedona, AZ
1/28/07 Sunday Maui, HI	8/28/07 Tuesday Albuquerque, NM
2/17/07 Saturday Sacramento, CA	9/7-9/8/07 . . Sat/Sun San Antonio, TX
2/24/07 Saturday San Francisco, CA	9/15/07 Saturday Chicago, IL
3/3/07 Saturday San Rafael, CA	9/22/07 Saturday Detroit, MI
3/10/07 Saturday San Diego, CA	9/29/07 Saturday Boston, MA
3/16-3/17/07 . Hay House I Can Do It, Toronto	10/6/07 Saturday Tarrytown, NY
3/24/07 Saturday West Los Angeles, CA	10/12-10/13/07 Hay House I Can Do It, Tampa, FL
3/31/07 Saturday North Los Angeles, CA	10/20/07 Saturday Washington, DC
4/7-4/14/07 . . 7-day Mexican Riviera Cruise	10/26/07 Friday Asheville, NC
4/21-4/22/07 . Sat/Sun San Antonio, TX	10/27/07 Saturday Asheville, NC
5/4/07 Friday Asheville, NC	10/28/07 Sunday Asheville, NC
5/5/07 Saturday Asheville, NC	11/3/07 Saturday Boca Raton, FL
5/6/07 Sunday Asheville, NC	11/10/07 Sunday Orlando, FL

Your Life Is Supposed to Feel Good

You would never be discouraged if you knew, as we do, that anything you want must be, and that all you have to do is line up with it. You would never be discouraged if you knew, as we do, that when contrast causes you to clarify a desire, that, in the moment of that clarification, even if you don't speak words about it, Source immediately says *yes* to that desire and becomes one with that desire. So, there is no possibility whatsoever anywhere in this Universe that your desire is not being answered in the moment that you give birth to it. But if you don't know that, if you're still looking at the gap between your realization that you want it and your realization of the manifestation of it, then, because you have forgotten that it's going to happen for sure, we can see how you might get discouraged.

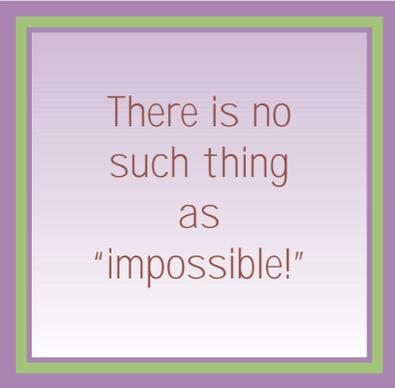
Feel the difference between something that you want that you

know you can achieve, and how exhilarating that is, and something that you want that you feel powerless to achieve. And what we're wanting you to understand, is: *You need not ever again feel powerless about the achieving of anything—because when you ask, it is given, every single time.*

There is no such thing as something that is incurable; there is no such thing as something that is impossible. There's only vibrational discord with the wellness; that's what illness is. There's only vibrational discord with abundance; that's what poverty is. There's only vibrational discord with clarity; that's what confusion is.

You have Guidance within you that will help you to quantify your journeys. And so, you can tell (if you care about how you

feel) whether you're marching, marching, marching towards something that you're going to like when you gets there. People will say, "Abraham, it came out of the blue!" And we say, hardly. You've been beating that drum



There is no
such thing
as
"impossible!"

for a long, long time. And you say, "No, I haven't. I haven't been thinking about *that*. I didn't think about the specifics of this terrible thing that happened to me." And we say: *You thought about enough things that were a vibrational equivalent to this powerlessness that you are feeling (or to this rage that you are feeling) that you activated a vibration that kept you from going in the direction of what you want, and, in fact, took you directly to what you do not want.*

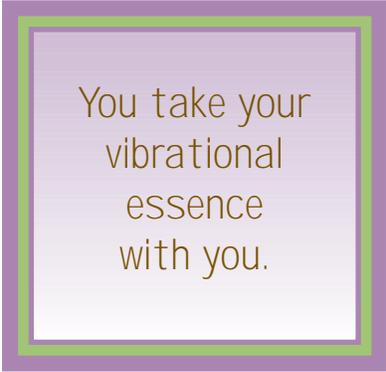
When you are feeling ornery, ornery, ornery, ornery, ornery, ornery, you can't end up in Happyville. It's on a different path, you see. When you are frustrated, frustrated, frustrated, frustrated, frustrated, everywhere you go, things that are frustrating in nature are there waiting for you. They are waiting for you with open arms. "You planned us," they say. "You prepared us. You called us from the ethers." And the Universe and *Law of Attraction* goes to great trouble (it's really no trouble at all; it's just a natural consequence of the Laws of the Universe). *Law of Attraction* (that which is like unto itself is drawn) will meet you around every corner with the essence of your vibrational nature. It's everywhere you go. That's what we mean when we say: *you take yourself with you.*

What we want you to come to understand is that, here you are, wherever you are, and out there somewhere, is something you really want, and out *there* somewhere else, is something you really *don't* want. In other words, it's like your future is a big long stick with things you really want on one end, and things you really don't want on the other end. And here you are, in every moment of every day, making a decision about which direction you're going. So, it's like there are all

of these potential forks in the trail.

Have you ever taken an airline trip or a car trip, or any trip, even a hiking trip, where you have made a direct line from where you are to where you want to be? Or, are your trips always ups and downs and around things? In other words, aren't you just always correcting your course, *generally* going in the direction? Jerry and Esther are amazed sometimes when they look at a map, and they realize that the road that they were on that says I-10 East doesn't go east a good deal of the time. It's really interesting how often it is going north, or even south in its *general* direction of east.

There are many twists and turns in your road, but you must have your Guidance System activated *consciously* so that you can



You take your
vibrational
essence
with you.

Continued on page 14



Love ➤ Appreciation ➤ Love

Loves the Journal I just received your latest Quarterly Journal, which I always read from cover to cover at least 3 times before I save it for future reference. This is how much I love your Journal! I belong to your Monthly CD program and have been to several of your workshops in NY and CA. The Journal is just as wonderful for me! I couldn't believe it when I saw Jerry having doubts about how many people read it! I refer to the quotes on a daily basis, just for the little boost. I love to share with other readers when they write how they are enjoying Abraham. We're like an invisible club that meets on a regular basis and shares with each other. I also enjoy reading about what other products are available...and daydream what it would feel like to purchase them (sometimes I even do!). So please, please, please keep the Journal. At least just for me! Monthly catalogs are supposed to be fun!

Thanks again for all your wonderful work,

Daniel Sonntag—CA

Cannot Misunderstand I think I may be the first person in Australia to have acquired this book (2 copies so far) and will also get the CDs. I just want to thank both Abraham and both of you. The two books alone are a guide to the living of *a life full of joy* and are written with such clarity and love...Sometimes great poets have expressed the concepts which one can hear if one is truly listening, but these writings are simply impossible to "misunderstand."

Reading the material is like being reminded of what one came into the world

knowing, but somehow forgot. How marvelous it is to remember we were meant for joy not pain and sorrow, and that truly we are loved and meant to have whatever we desire. Thank you from the center of my heart — Anne Robertson—

Eager for Each New Day A client and friend of mine gave me *Ask and It Is Given*, and my world has not been the same ever since. As a self-professed skeptic, I have looked for the answer to where my place in this universe is, in the obvious places of religious and philosophical teachings. No sooner had I read just a few pages of your book than I realized that it confirmed things I knew and did not know how and why. I am re-connected with myself. I feel as if I have stepped through a door and see a larger and more beautiful space. I am looking forward to every new day and the experiences that it will hold.

In appreciation and thankfulness,

Karin Singleton—NC

Runs for the CDs Thank you so much for the energy that you have put into helping us all become who we are. I've only been consciously with you since August, 2005 but have the current books and receive the weekly CD, which I run to the mailbox for weekly! I'm in a discussion group on Thursday nights here in Columbus that's been together for years, and now we're studying the new book, *The Amazing Power of Deliberate Intent*, on Wednesdays. My life has changed in so many positive ways that it brings tears just thinking about it. Bless both of you and the entire

Love ➤ Appreciation ➤ Love

Abraham vibration for everything you continue to do. Hope to meet you soon!
Peace and Love,
Gary Morse—OH

Ecstatic Time to be Here I wanted to let you know that my life, attitude and eagerness for life have changed dramatically though your recordings. Thank you all, and thank God, for your courage to “go public” with these message all those years ago. It is so wonderful to be able take in these teachings and live the life of which Abraham speaks. I truly feel the excitement, passion, and joy that come with the simplicity of these messages and the promise for the future!

As a teacher myself, I look forward to being able to spread these lessons to the children I am with each day through example and an attitude of gratitude and grace. I also look forward to attending your conferences and learning how to share these lessons even more with those around me. This is an ecstatic time to be “here” — a part of this wondrous changing world!!

Thank you again for your gifts!!
Sincerely, Marcia Brown—NY

Joyous 63 Year Old Child Again I am 63 and you have made me a joyous happy child again. I just finished the Sara books (turning the last pages slowly because I didn't want it to end). I have degrees from prestigious universities and I have never had learning presented in such a clear and concise way before, not to mention wrapped up in such a marvelous story. Thank you!

But, I WANT MORE, MORE, MUCH MUCH MORE !!!!
Namaste,
Barbara Harris—Internet

Grandson Likes the “Teacher” Has Abraham considered creating a CD for children? I ask because my 6-year-old grandson really likes listening to my Abraham CDs when we are in the car. He calls Abraham, the “teacher.” (The first time he heard an Abraham CD in my car, I went to change it to his favorite music CD, and he asked if I would put the “teacher” back on because he wanted to listen to it. He now asks for the “teacher CD” when he gets into my car.) I would love to have something to share with him that speaks directly to him about his natural state of joyous well-being. I've imagined having a video or book that I could give to him, that he could watch or read with his mom/dad before bed.

Thank you so very much for “listening.”

Susanne Cate Lynn—CA

The Cruise Miracles There is neither room nor conceived words to describe all of the miracles that happened on the Caribbean cruise and continue to happen. Nor is there room or words to fully explain my love and appreciation to you two wonderful human beings.

Wishing you increasing love, joy, freedom, happiness, success, well-being and fun now and forevermore.

Hope to play with you again sometime soon on this wonderful planet!!

Lots of love,
Michael Husbands—England



Life Is Supposed to Feel Good!

You are leading edge creators, and you are responsible for the expansion of the Universe. And you don't give yourselves enough credit for that. We want you to have more fun in your day-to-day experience, and not take your physical life so seriously.

Reach for the frolicking good-feeling, very wise, fun-loving Being that you really are. And let that Being come and out and play with you more often. But you can't do that all of a sudden. You have to work yourself into that.

You are supposed to feel good, and heartbreak does not become you. You are supposed to feel good; frustration does not become you; wrong-doing does not become you. What becomes you is joy, and appreciation, and love, and passion, and good feeling. What becomes you is energy and humor. What becomes you is the stuff that you remember from your childhood that you've wanted to launch into your future.

You are powerful creative Beings, and you have done nothing wrong. Your Source adores you, and your Inner Being is with you. And we're enjoying your life experience immensely, whether you are (or whether you know that we are) or not. Don't do it for us. Do it for yourself. You're supposed to be in on it, and you're supposed to be in on it—now. There is great love here for you. We are complete.

Boulder, CO — 6/11/05

G-6-11-05 The Balancing of Energy within yourself. Why would anyone want what I wouldn't? Whose fault was her finance's unwanted activities? Sex was the best part of them. To get past his fear of judgment? Was toothless cowboy not heeding his GOD? To comfort mother after step-dad's death?

G-7-2-05 When someone's rude, another preference is born. Are you living your truth, or theirs? But, her husband has different philosophical beliefs. Has flying, swimming, teaching, feeling-lost dreams. Do they really "fear" their future success? Is there a hierarchy amongst the angels? Has been struggling with gender identity.

G-SERIES CDS/TAPES FALL, 2005

G-7-23-05 Is not a war against war, war? Law of gravity taught itself to you. Her recent lover was fundamentally funless. How can I help the world condition? She'll tell her surgery story, anyway. Why aren't Abraham's teachings clear to everyone? How literal can she accept ancient teachings?



G-7-27-05 Your life is supposed to be good. Can our past lives guide our now? Future generations will benefit from this generation. Can Karma affect our everyday experience? What is Abraham's main advantage to us? Any "purpose" other than "following his bliss"? She wants her daughter to remain happy.

G-7-30-05 Wherever you go, you still take you. It gets better the better it gets. The bigger the "but", the stronger desire. Why do dogs risk heads out of cars? From a healer's perspective, what's up Planetically? He is filled with feelings of appreciation. He's at a crossroads in their relationship.

G-7-31-05 You're wanting to feel your negative emotions. Fork your way to whatever feels better. The better to feel: love or appreciation? Is "God" evolving to a nicer Being? Does she owe Mom a "karmic debt"? From where came our 6.5 billion souls? Is his procrastination not sabotaging his success?

G-8-6-05 Keep forking off into better-feeling directions. You get to choose your next vibration. How does "worthiness" relate to "humility"? Any specific contract with an unborn baby? Teach a child fundamental rights and wrongs? A surrogate child by a "gay" couple? Is not action necessary to cause manifestation?

G-8-7-05 Closing the gap between your preferences and beliefs. To feel good, you must feel free. Has play time but doesn't have playmate. Row, row, row your boat...or dream? People, everyday, just get on his nerves. Money for bombs vs. schools? Abraham closes the North Los Angeles Workshop.

G-8-13-05 You will always have an unfulfilled desire. Attaining true joy is simple, isn't it? Will casual sex hinder future marital relationship? When does a Being enter physical body? Are there dark polarizing influential Non-physical entities? To be more comfortable with her husbands moods? He's 86; must his vitality taper down?

G-8-27-05 The Universe already knows what you want. Lean in the direction of your desire. What's common to those attracted to Abraham? The positive aspects of high priced gasoline? Could you make peace with a Twinkie? Should mothers guide children from offensive language. Your beasts do not worry about death.

*SEE PAGE 32 TO ORDER: G-SERIES, FALL, 2005 CASSETTE ALBUM — \$90.00 + S/H — EACHES \$10
OR CD ALBUM — \$117.00 + S/H — EACHES \$15*

Quarterly Quotes from Abraham-Hicks

The thoughts that you think will — wanted or not wanted—eventually become manifestation if your vibrational accord is sufficient enough... And so, you could say, as you're launching thoughts of appreciation and things that make you feel good, that you're filling your *Vibrational Escrow* full of all kinds of things that are going to please you when you get there.

Sacramento, CA — 7/27/05

Find thoughts that feel good, because it is inevitable that you are going to always be moving toward something. So why not be moving toward something that is pleasing? You can't cease to vibrate, and *Law of Attraction* will not stop responding to the vibration that you are offering. So, expansion is inevitable. You provide it, whether you know you do, or not. The only question is, what is the standard of joy that you are demanding for yourself? From your Nonphysical perspective, it's a high, high standard.

Seattle, WA — 7/2/05

You can never have a happy ending at the end of an unhappy journey; it just doesn't work out that way. The way you're feeling, along the way, is the way you're continuing to pre-pave your journey, and it's the way it's going to continue to turn out until you do something about the way you are feeling.

West Los Angeles, CA — 8/6/05

Make a decision and then make it right. There just are no wrong decisions. You could go this way, or that way, and either way will eventually get you to where you want to be. But in the moment you start complimenting yourself on the decision you've made, in that moment,

you come back into vibrational alignment with who-you-really-are.

West Los Angeles, CA — 8/6/05

When you feel enthusiasm to do something, it means you've lined up the Energy, and you are being inspired to take action from that point of alignment. When you don't feel like doing it, don't push yourself, because your effort is not worth it. But, when you line up the Energy, the feeling of procrastination goes away.

San Rafael, CA — 7/31/05

If you are ending up where you want to be, what difference does it make whether you went fast or slow? Or what difference does it make whether it was painful before it got really good? Isn't that the point of free will? You get to choose.

San Francisco, CA — 7/30/05

Everyone thinks they're right. So, the question isn't who's right or who's wrong. The question is, who is most in alignment with their Source? And who is the most allowing? And whose life is really going the best, most of the time?

North Los Angeles, CA — 8/7/05

“Gender identity” is inconsequential from an Energy standpoint. In other words, when we view anything that is physical, we see the Energy of it, and we note that the Energy of what you call male and female is equal in all things.

Seattle, WA — 7/2/05

You cannot notice *what-is* and complain about it, and be a vibrational match to the solution. When you were living the problem, you were asking for the solution, and Source said *yes* immediately. So, there's never a reason for you to

Quarterly Quotes from Abraham-Hicks

be wallowing around in a problem for more than about a second? You can get so good at this that before you're even aware that the problem has gotten started, you've already got the solution under way.
Sacramento, CA — 7/27/05

TTrue healers know that wellness is the order of the day, so they do not allow themselves, even for a moment, to see anything other than that. So, the power of the healer is in the power to influence the one who needs to be healed into a vibration that allows the healing that they are summoning. (that they *could* get, even without the healer, but they can get faster with a healer's influence)
San Francisco, CA — 7/30/05

Unless you do something about your vibrational countenance, nothing can change. Nothing long term will change, that's certain... Haven't you noticed that a new disease pops up, and humanity finds the cure, only to find another disease popping up? Don't you think it's interesting that you don't get to the end of those diseases? The reason you don't, is because you have not yet come to the end of pushing against things.
San Diego, CA — 8/13/05

It's not about years. It's not about age. It's not about youth. It's about decline. And decline is about alignment, or not. Decline is about, in this moment, which way am I forking? In this moment, which way am I forking? In this moment, which way am I forking? That's all it's about.
San Diego, CA — 8/13/05

What makes people decline is that they start forking in the direction that doesn't allow them to be the receivers of this never-ending Stream of Well-

Being. You don't have to decline... "Happy, healthy, happy, healthy, happy, healthy, happy, healthy, dead!" That's Esther's plan...
San Diego, CA — 8/13/05

Death is an inevitable cycle. But sickness before death is a symptom of resistance. Most people think they've got to get sick to die. But, you could be like the cat who chooses to get run over. Or, you could just lie down in your bed, happily, one night, so content and thoughtless, wanting nothing in this physical world, and just reemerge into Pure Positive Energy... You can play it out any way you choose.
Sedona, AZ — 8/27/05

Make fun of death. We are as dead as it gets, and we are fully aware of this joyous experience. We are with you every time you allow it. We are in every singing bird and in every joyful child. We are part of every delicious pulsing in your environment. We are not dead, and neither will you ever be! You will just get up, one day, and get out of the movie.
Boulder, CO — 6/11/05

When you withdraw your attention from those things that are not pleasing, and you put your attention upon those things that are pleasing, those pleasing things begin to become more abundant, and those not-pleasing things become more rare. Until, eventually, those not-pleasing things cannot be part of your experience because you will have eliminated your attraction factor from your vibration... What you think and what you get always matches.
San Rafael, CA — 7/31/05

Continued from page 7

tell, when you twist and turn, how you're wanting to correct yourself—because, of course, things are going to happen—of course. Something's going to sneak up on you that you didn't see coming because you weren't aware that it was active in your vibration. *Sometimes, stuff got activated in your vibration when you were really little, when you were living with somebody else whose activation was very strong, and you didn't even know it got activated until you got old enough that you started watching the manifestational response.*

It's a wonderful thing, that what you think and how you feel is always a vibrational match. *It's a wonderful thing that what you think and how you feel—and what manifests—is always a vibrational match. But if you wait to correct your course until something is already manifested, it's harder to correct your course. We call that post-manifestational awareness.*

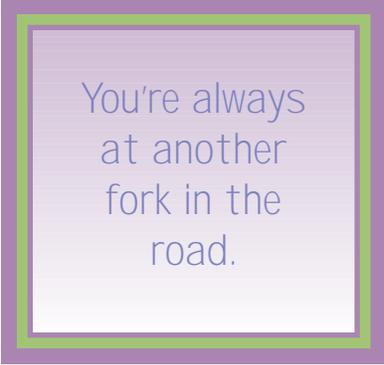
It's ever so much more effective if you are correcting your course, based upon the way you feel, and that you stop in the middle of an ornery moment and you say to yourself, "I'm marching, marching, marching toward something that I'm not going to like when it gets there. Can I find a slightly better approach?"

Now, this is the thing that we really want you to hear: We do not expect you, because no one has ever done it, to go from an ornery vibration directly to bliss—it doesn't happen. We don't expect you to immediately correct your course. We don't expect you to teleport yourself to where you want to be. This is a physical

time/space reality where you have this magnificent buffer of time. So, you have plenty of time to get yourself lined up. And with every effort of realignment that you attempt, you

will find a slight enough improvement that you will begin to see manifestations that reflect your effort. Even though you're not all the way to where you want to be, you will see manifestation that reflects your effort. (We're not kidding you one bit about that.)

So, you might see yourself as standing always at a fork in the road because there is always the option of finding a way that feels better. In other words, *wouldn't it be nice if?* Or, *making the best of it.* Or, there is also the option of, *wouldn't it be awful?* Or, *making the worst of it.* In other words, you get to choose.



You're always
at another
fork in the
road.

Continued on page 43

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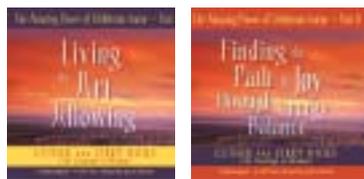
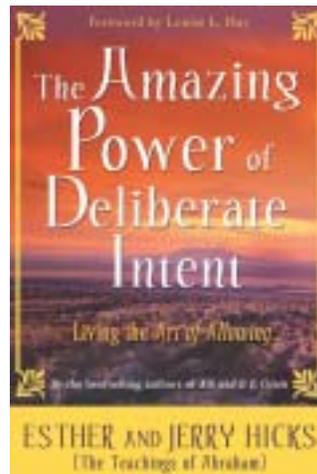
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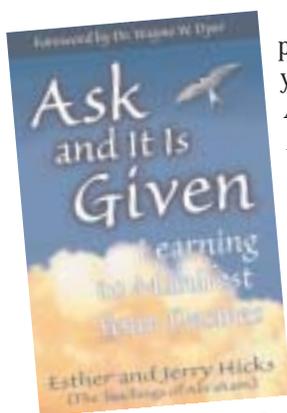
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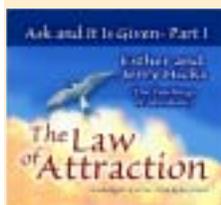
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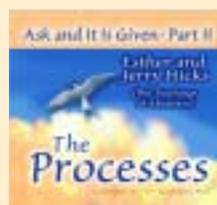
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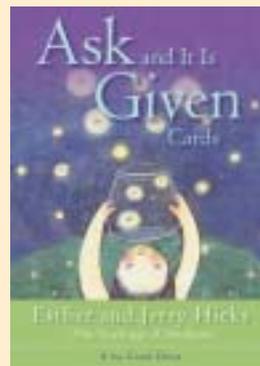
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CD-3/AB-3 LAW OF DELIBERATE CREATION — Discover the ecstasy of understanding universal Laws which are absolute — no matter what the circumstances. Without an understanding of this universal Law, it is as if you are playing in a game where the rules are not understood, so it is not only impossible to know if what you are doing is appropriate, but you do not know how to win the game. The rules of the game of life are clearly offered here.

CD-4/AB-4 LAW OF ALLOWING — Of all things that you will come to understand through this physical life experience, nothing is more important than to become an allower. In becoming an allower, you are free of the negativity that binds you. Learn the joyful difference between tolerating and allowing — and experience the blissful difference in every relationship you have.

CD-5/AB-5 SEGMENT INTENDING — Our futures are individually paved by the steady stream of thoughts we set forth. We are literally creating our future life as we direct our thoughts of this moment into the future. Discover the magnificent power you hold in this moment — and learn how to use that power always to your advantage.

CD-6/AB-6 GREAT AWAKENING, BLENDING — You have deliberately and excitedly chosen this time to be physical beings upon this planet, because you knew in advance that this would be the time when many — not all — physical beings would recognize the broadness and great value of their being. Follow this step-by-step process for awakening.

CD-7/AB-7 RELATIONSHIPS, AGREEMENTS — We are all creators as we individually think and plan, but we are also often co-creators as we interact with others. Most relationships with others are far less than we want them to be. Find out why. Discover how to rejuvenate unhealthy relationships and attract new harmonious ones.

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CD-9/AB-9 CHRIST CONSCIOUSNESS, RELIGIONS & BIBLES — While it can be satisfying to read and remember the teachings of the great ones who have gone before us, it is ever more joyous to discover the power of that knowledge within our own being. Learn the process to go within — as Christ encouraged — to experience the blissful oneness with Christ.

CD-10/AB-10 ADDICTIONS — Habits, or compulsions, or addictions can range from annoying to destroying. Often, long after they are no longer wanted, they can bind and control your life. As you listen to this recording — you will for the first time understand exactly what the addiction is, and the simple process offered here will free you from it.

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AB-12 PIVOTING & POSITIVE ASPECTS — If I am the "Creator of my own experience", why don't I have more of what I want? Fostered by an action oriented world, most of you do not understand your true nature of attraction, thus the confusion in why you are getting what you are getting. These processes of pivoting and the book of positive aspects will assist you in the self-discovery of what is important to you, and will put you in the strong, clear place of Well-being, so that you can allow what you want into your experience.

AB-13 SEXUALITY — Love, sensuality and the perfect sexual experience — pleasure vs. shame. This misunderstood issue lies at the heart of more disruption in the lives of physical beings than any other issue. Discover the true nature of your being, and release yourself from the negative turmoil that surrounds the subject of sexuality.

AB-14 DEATH — Aging, deterioration and the perfect death experience — choices vs. chances. The gathering of years is a natural experience. However, deterioration of your physical body is neither natural nor necessary. Be healthy and productive and active and happy until the very day of your chosen re-emergence into the Non-Physical.

AB-15 DOLLARS — Abundance, in perfect flow — gaining the freedom that dollars can bring vs. losing your freedom while gaining your dollars. As there is an abundance of the air you breathe, so there is an abundance of the dollars you seek. Listen and learn how to relax and breathe in the fresh air of freedom offered to you through the abundant flow of dollars.

AB-16 HEALTH, WEIGHT & MIND — The perfect states of weight, health and mind — how can I get there and stay there? Diet plans abound and research continues and yet the number of those unsuccessful at maintenance of satisfactory bodily and mental conditions increases. Understand how your body functions and why you are as you are — and then begin your swift and steady progress toward that which you desire.

AB-17 MATING — The perfect mate: getting, being, evoking one — Attracting vs. attacking. While it is your natural endeavor to co-create with others, there are few who have discovered the bliss of magnificent relationships. Find out how you can experience the joy of a perfect union.

SPECIAL SUBJECT TAPES — VOL II

AB-18 PARENTING — Perfect harmony between my children and me — and me and my parents. Harmonizing vs. traumatizing. While often disconnected from parents, either by death or by distance, your parent/child relationships often have great influence in your experience with your children or with your current life experience. Learn how to perceive what has been in a way that is beneficial to your now rather than destructive. Let that which you have lived be of value.

AB-19 CAREER — The perfect career. What, where and when is it — and what can I do about it now? With so many exterior standards or rules regarding the appropriateness of your behavior or choices — in most cases more confusion than clarity abounds. Use this process to discover and attract that which is perfect for you. Stop the futile backwards approach — and begin creating from the inside out.

AB-20 SELF APPRECIATION — If I am so "Perfect as I am" — then why don't I feel better about me than I do? Selfishness vs. selflessness. Your awareness of your perfection was intact as you emerged into this physical body, but it was soon sabotaged by the critical, comparing, judgmental world that surrounded you. Rediscover your true sense of value and Well-being and perfection.

AB-21 INNER GUIDANCE — Tell me more about my Inner Voice? Because you have thought in terms of being dead or alive, you forget that you are, simultaneously, physically focused while another part of you remains focused from Non-Physical perspective. Once remembering that the inner you exists, you may begin to listen to what your Inner Voice is offering. Here is the process for re-establishing that important conscious connection.

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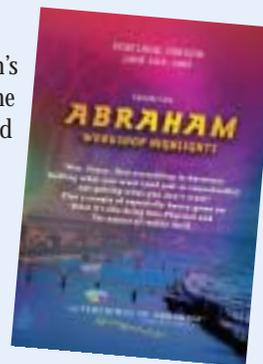
*"Give yourself the key to the freedom
you've been looking for all your life."*

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EPISODE ONE



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1 *You Are a Physical Extension of That Which is Non-physical.*

All-That-Is, or that which you call God, is not finished and waiting for you to catch up. You are the leading edge of thought, here seeking more: more of all that feels good to you, more of that which is fresh and gloriously uplifting. (You are, in essence, bringing heaven to earth.)

2 *You Are Here in This Body Because You Chose to Be Here.*

You chose the opportunity to experience this delicious contrast in time and space, and with great anticipation you came to co-create with other joy-seeking Beings, to fine-tune the process of deliberate thought. (What, where, when and with whom you create are your choices, too.)

3 *The Basis of Your Life is Freedom; the Purpose of Your Life is Joy.*

You are free to choose to discover new avenues for your joy. In your joy you will grow; and in your growth you add to the expansion of All-That-Is. (However, you are also free to choose bondage or pain . . . but everything anyone chooses is only because they believe it will help them feel better.)

4 *You Are a Creator; You Create With Your Every Thought.*

By the Universal Law of Attraction, you are attracting the essence of whatever you are choosing to give your attention to — whether wanted or unwanted. And so, you often create by default. But you can know by how your emotion feels if what you are attracting (creating) is what you are wanting or if it is not what you are wanting. (Where is your attention focused?)

5 *Anything That You Can Imagine is Yours to Be or Do or Have.*

As you ask yourself *why* you want it, the essence of your desire is activated, and the Universe begins to bring it to you. The more intense your positive feelings, the faster it is coming to you. (It is as easy to create a castle as a button.)

6 *As You Are Choosing Your Thoughts, Your Emotions Are Guiding You.*

Your loving Inner Being offers guidance in the form of emotion. Entertain a wanted or unwanted thought, and you feel a wanted or unwanted emotion. Choose to change the thought and you have changed the emotion — and you have changed the creation. (Make more choices in every day.)

7 *The Universe Adores You for it Knows Your Broadest Intentions.*

You have chosen to come to earth with great intentions, and the Universe constantly guides you on your chosen path. When you are feeling good, you are, in that moment, allowing more of that which you have intended from your broader perspective. (You are Spirit Incarnate.)

8 *Relax into Your Natural Well-Being. All is Well. (Really It Is!)*

The essence of all that you appreciate is constantly flowing into your reality. As you find more things to appreciate, your state of appreciation opens more avenues to more for which to feel appreciation. (As you think, you vibrate. As you vibrate, you attract.)

9 *You Are a Creator of Thoughtways on Your Unique Path of Joy.*

No one can limit where you can direct your thought. There are no limits to your joyous journeys to experience. On the path to your happiness you will discover all that you want to be or do, or have. (Allowing others their experiences allows you yours.)

10 *Actions to Be Taken and Possessions to Be Exchanged Are By-products of Your Focus on Joy.*

On your deliberately joyous journey your actions will be inspired, your resources will be abundant, and you will know by the way you feel that you are fulfilling your reason for life. (Most have this one backwards, therefore most feel little joy in their actions or their possessions.)

11 *You May Appropriately Depart Your Body Without Illness or Pain.*

You need not attract illness or pain as an excuse to leave your body. Your natural state — coming, remaining or leaving — is that of health and Well-Being. (You are free to choose otherwise.)

12 *You Can Not Die; You Are Everlasting Life.*

In grace, you may choose to relax and allow your gentle transition back into your Non-physical state of pure, positive Energy. Your natural state is that of Foreverness. (Have fun with all of this! You can't get it wrong, and you'll never get it done.)

PS *It is not necessary for even one other person to understand the Laws of the Universe or the processes that we are offering here in order for you to have a wonderful, happy, productive Life Experience — for you are the attractor of your experience. Just you!*

Jerry & Esther Hicks — 11/95 (www.abraham-hicks.com)

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THE SCIENCE OF DELIBERATE CREATION
ABRAHAM-HICKS PUBLICATIONS
Boston, MA — 10/5/02

TAPE/CD ONE

17:00 How true can I make my "Truth"? 5:00 Somebody should do something about that problem. 13:00 To deactivate the vibration of your resistance? 12:05 Abraham gives a brief Vibrational Reality example. 5:23 Fall in love with where you are. 3:00 He's noticed that he has contradicted philosophies. 5:16 Is it possible to transfer negative moments? 12:04 Why did she get scratches on car?

TAPE/CD TWO

10:00 Where do compassion and empathy fit in? 4:18 How long to stay in meditation? 3:45 Some questions about "New Age energy" terms. 6:00 Her husband has his own unique wisdom. 8:20 She usually finds joy in her painting. 8:52 Therapist has little tolerance for client's disconnection. 1:14 She wants to be the chosen one. 23:05 Her relations with relationships are still sticky. 4:50 What's up with her sporadic head tremor?

TAPE/CD THREE

4:30 Why doesn't Abraham laugh like others? 5:12 Her meditation teacher misguided her into vegetarianism. 5:54 Abraham doesn't differentiate between males and females. 8:21 Is there a valid Energy Stream ritual? 7:41 The voice said "no" to medical procedure. 10:19 She has some questions about physical pain. 5:14 Was death as delicious as Mother observed? 4:09 How could she have lost unborn baby? 6:37 Would Law of Attraction determine starving adoptee? 15:43 He wants more success with less work. (Cont'd.)

TAPE/CD FOUR

(Cont'd.) 14:20 He wants more success with less work. 7:32 Realistically, how far is he from success? 1:26 How do psychics read other's thought waves? 19:20 My Infinite-Self relationship. 16:00 The season of her long lost father. 8:00 Whether fungus or emotions, so be it! 1:00 Abraham closes the Boston Massachusetts Workshop.

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- ...Enclosed, please find a check for another one-year subscription to the Monthly Tape Program. *...Every time I replay any one of those tapes, I realize that it has a whole new meaning for me... What a great way to start the day! My profound gratitude to you for sharing this wonderful way of life. — New Jersey*
- ...You do a wonderful job of editing the Monthly Tapes, because each tape seems to give the answer I need at the time. *Each month gets a little deeper and broader. It is so wonderful to have such guidance. You are what is needed on our planet now. Fondly — Iowa*

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For those who want to learn as much as they can “to be and have and do” as fast as they can and are not in the position to personally attend ABRAHAM’S ever evolving Workshops, we offer this Weekly Subscription Program: We choose, each week, what we consider to be the workshop with the most stimulating, practical, new ideas — or significant ideas presented from a new perspective — and we form a 74 minute composite recording and ship it to our subscribers. Four cassettes equal one month’s billing. *Fill your spare moments with upliftment, flow and forward motion. Subscription fee: \$10.25 per week for cassette and \$12.50 per week for CD.*

- ...I’m so enjoying the Weekly Tape Program! Each new tape seems to get better and better! My life has been transformed in the three years that I have been listening to your tapes. *Every aspect of my life, every relationship I have, has been enriched and enhanced with the knowing of Abraham. I am eternally grateful for this information! With a full and joyful heart. Your friend — Pennsylvania*

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- ...I was at your workshop in Chicago a few days ago, and I am still floating several feet above the earth. I had listened to the tapes and read some of the books but *being in the presence of Abraham and watching Esther’s physical expression of this profound energy and passion has truly taken me to another level of being able to integrate this information more deeply and easily. Much love. — Illinois*

TO RESERVE OR SUBSCRIBE, CALL OUR OFFICE AT 830 755-2299

PRICE LIST

WORKSHOPS, WEEKENDS, & CRUISES — Details are posted in each Quarterly Journal on page 4 & 30. Call (830) 755-2299 for details of activities in your area.

STARTER SET — Cassettes: \$35. CD's: \$45. (See page 18) Album of five of Abraham's most powerful and popular recordings. (See ordering information on page 32.)

WEEKLY SUBSCRIPTION PROGRAM — Cassettes: \$10.25 per week. CD's: \$12.50 per week. One 74 minute composite of group sessions. Call or write to begin your Weekly Tape or CD Program. (See page 29 & 30)

MONTHLY SUBSCRIPTION PROGRAM — Cassettes: \$12 per month. CD's: \$15 per month. One 74 minute composite, each month, that offers the most new practical and inspirational material from Abraham, is selected and shipped to a group of subscribers. Call or write to begin your Monthly Tape or CD Program.

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Thank you!

Our thanks to you for your role in this joyous co-creation. Your thoughts as we interact, your pondering, questioning, recognizing, knowing and wanting... add to our forward motion and to the fulfillment of our purpose.

We intend to allow ABRAHAM'S words of perspective, positive guidance and stimulation of thought, to go as far and as fast as they are wanted. At the same time, we intend to continue our abundant, positive, mental, material and spiritual experience — and we do appreciate your contribution of “thoughts, words and deeds.”

Do you have a friend who would enjoy our Quarterly Journal?

Name (Please print) _____
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*** EDUCATORS—TEACHERS—STUDENTS ***

Are you involved in education and interested in an uplifting perspective? We can mail to you (at no cost) a copy of Daniel Greenberg's *Free At Last*, highlights of the first 20 years of the remarkable Sudbury Valley School experience. We have a few remaining copies (not for sale) just let us know if you would like one and we'll get it off to you as soon as it is practical.

This book will make your heart sing!

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Jerry & Esther

FREE CD/CASSETTE " INTRODUCTION TO ABRAHAM"

... Yesterday I received the Introduction to Abraham CD! Although I have been working with Abraham's ideas for more than a year, am a member of the "CD of the Month" club, and was very happily present at the workshop at the Biltmore Estate in Asheville, I had never heard the introductory tape. Well, the information on that CD helped me bridge a gap in my thinking about the principles of deliberate creation. And the clarity feels wonderful! Many thanks for the CD, and for all the wonderful work you are all doing!

With boundless appreciation, — LR — NC



... Thanks for the wonderful new Introduction CD. Wow! I'm so very pleased! My gratitude, for so much Joy and Well-Being that I am now experiencing, is immense. I resonated with the comments from the readers and listeners on the inside of the jacket cover of the CD: "I've been a 'searcher', 'seeker', 'sharer' since I was a teen," except in my case it's been since I was about 5. The next line just floored me, "My middle name was purported to be 'Why?'" How true... I was asking as a child. Especially as a child. I never stopped asking. And thank you for clarifying the role that "contrast" plays in our lives. Yes, all the pieces are finally falling into place. And also "Thank you for helping to put the fun back into my life". My entire experience has pivoted, literally.

Thanks again — In absolute bliss — BF — Canada

This 74 minute newly remastered and musically scored *Introduction to Abraham* is now available in cassette or CD format. It's a comfortable way to share Abraham with those who seek a new way of realizing a more successful life experience.

Order: CD-1 or AB-1 (Include \$5.00 Minimum S/H)

(See free download at www.abraham-hicks.com)





WORDS OF WISDOM FROM THE BROADER PERSPECTIVE

WHY DO DOGS STICK HEADS OUT OF VEHICLE WINDOWS? — Guest: I kind of promised I wouldn't ask this question. (I've mentioned it to people and they said, "Oh, don't.") But, this is a quick one: *Why do dogs risk getting bugs in their eyes by sticking their heads out of car windows?*

Abraham: Well, tell your friends that you have given us an opportunity to give the answer we have been waiting a very long time to give. And that is, because the contrast of the bugs in the eyes is a small price to pay for the exhilaration of that ride. And it is exactly the same way you felt when you made the decision to come into this physical existence. You knew there would be contrast here, but you said, *the ride is going to be worth it!*

Excerpted from — G-7/30/05 — San Francisco, CA

PRESENTING A POWERFUL 365 DAY COURSE IN SPIRITUAL PRACTICALITY

Habits are usually created slowly. And since a major aspect of the value to you of using this material will be the changing — often slowly — from unwanted habits of thought to habits of thought that are more appropriate to your current conscious desires — *but the most common use of this calendar will be as a joyous 365 day journey into a new world of leading edge thought and experience.*

Begin experiencing the power of this calendar at any time. You don't have to wait until the first of next year. However, in order to get into time sequence with the calendar — it is best to start at a month's beginning. Let the first day of your first month be day one (page three) of this calendar.

After over 30 years of studying, teaching and enjoying the art of personal fulfillment, I have long understood the power of clarifying and writing out my decisions in appointment books, journals, organizers, etc. But as the years passed, I became aware that at the most joyous and highly productive seg-

ments of my life — I simply carried, daily, a fresh, updated sheet of paper in my pocket. This works!

The first sides of the pages are compilations from the best of the Abraham teachings. The second sides of the pages are designed to accommodate your daily list of things to do. *But as the course progresses, you will discover that the pages will be offering processes and techniques to fit the advancing stages of your progression within these materials.*



Your only power to create your life is in this moment, and the Abraham-Hicks Planning Calendar is designed to focus the purest of your intentions to your todays, the time in which you have

your creative power.

In our estimation, this Abraham-Hicks Planning Calendar/Workbook is the most effective tool available for the practical application of "The Science of Deliberate Creation." Utilize it to create and to teach others to create, the perfect (by your ever changing standards) adventure in living.

*"If you want to change what you are living,
you only have to change the balance of your thought." — Abraham*



THE SCIENCE OF DELIBERATE CREATION

Abraham-Hicks Daily Planning Calendar and Study Group Workbook



A 365 DAY COURSE IN SPIRITUAL PRACTICALITY

- The material in this calendar/workbook has been specifically intended as an experiential guide to comfortably change your balance of habits of thought to that which will enrich every aspect of your experience.
- Begin in any month. The pages are left to be dated by you.
- This is a study to do, not a study to simply peruse. It is a study to have fun with in every way that you can imagine.
- The pages are the size of two \$100 bills, side-by-side. Tear out a page a day. They are portable. Fold them into your wallet or checkbook, or simply carry them in a pocket. On one side you will find life enriching reminders of some things you may have forgotten and on the other side you can write intentions, ideas, names, numbers. Post them on your mirror, refrigerator, the sun visor of your car...
- Carry a seven day segment or a vacation segment with you when you are away from home — and then file them for future reference.

— Let the Magic Begin —

SELF HELP FROM YOUR TOTAL SELF

ORDER: PLANNING CALENDAR — ABCN (768 PAGES) \$25 USA — PG 32

BOOKS: A NEW BEGINNING I & II



THIS EXTRAORDINARY BOOK is powerfully offered by a group of teachers who call themselves Abraham. They express clearly and simply the laws of the universe, explaining in detail how we can deliberately flow with these laws for the joyful creation of whatever we desire. Abraham describes this as the time of awakening, explaining that each of us chose, with very deliberate intent, this specific time of great change to participate in this physical experience. This is an empowering, life-changing book that will assist you in seeing your personal life experience as

you have never seen it before.

...The breakthrough book that started a worldwide interest in Abraham. Now in its twelfth printing, *A New Beginning I* explains in simple terms the eye-opening fundamentals of living a life of health, wealth and happiness. — Texas

Softcover. \$15. 219 pages. (Ask for ANBI)
(To order, see page 32, or call 830 755-2299).

THIS IS AN UPLIFTING BOOK that strikes a chord with the very core of your being. Written by Abraham to assist you in understanding the absolute connection between your physical self and your inner self, Abraham puts this physical life experience into perspective as they explain and define who we really are and why we have come forth as physical beings. This book is filled with processes and examples to assist you in making a deliberate conscious connection with your own Inner Being, that you might find the awesome satisfaction with this physical life that can only come once this connection is made.

...Now in its eleventh printing, *A New Beginning II* contains uplifting new material from Abraham including *Law of Attraction*, *Law of Allowing*, and the effective use of your *Emotional Guidance System*. Includes questions and answers from live workshops, affirmations, and powerful processes for increasing your ability to intentionally create **WHATEVER** you want. Incredible! A must read! — Texas

Softcover. \$15. 277 pages.
(Ask for ANBI)



Hello from Jerry & Esther

Continued from page 2

ing it into the 74-minute Weekly Subscription Programs—that would be enough.

Or if the only fun thing on earth that we were allowed to do was collaborate with Alan and Ahnalira as they develop our fabulous new website (coming to you soon) (you just would not believe how much fun they are to work with)—that would be enough.

Or if the only fun thing on earth that we were allowed to do was to interact each day with our wonderful San Antonio staff as they lovingly and efficiently interface with us and with you, helping you with products or reservations and all manner of things—that would be enough.

Or if the only fun thing on earth that we were allowed to do was to steal away with our kids and their kids for a few days of walking around the lakes in the Rocky Mountain National Forest or on a cruise to Alaska or Hawaii—that would be enough.

Or if the only fun thing on earth that we were allowed to do was to sift through the transcriptions of the 50 to 60 workshops we do every year to find the nuggets for the next Quarterly Journal—that would be enough.

Or if the only fun thing on earth that we were allowed to do was to pile in a rubber raft with some our favorite people on the planet and flow (roar) down the class IV rapids of a Colorado River—that would be enough.

Or if the only fun thing on earth that we were allowed to do was to col-

laborate with Mike, our building contractor, and landscape designers, and water garden creators, and interior designers, and kitchen designers—that would be enough.

But, of course, none of these wonderful things, or the dozens of other things we just don't have room here to mention, has to be enough. We get to play in all of it, savor all of it, expand in all of it, and live all of it.

We cannot comprehend those who have lived before us who have cued us up for our turn on this glorious ride of life on planet earth, but we feel so much appreciation for all of that. And we are only now beginning to understand how everything we have lived (wanted and not wanted) in our life experiences, this time around, have set so much of our wonderful lives in motion. We are finally able to get a sense of what Abraham has been telling us for years—to be happy with *what-is* and eager for more!

It is hard to imagine a more wonderful life, but even so, we know an even more wonderful life is coming!

Our dear friend, Audrey Bershen, often says, "I feel so lucky." And we all smile together because we know now, that it isn't *luck*. It is the divine inevitable consequence of living life in combination with now understanding how to let ourselves really be what life has caused us to become.

And do we ever feel *lucky*.

Our love,

Jerry & Esther

SARA. BOOK 1 — Sara, and the Foreverness of Friends of a Feather



...My whole family read this book and we haven't been the same since. My husband, perhaps, was the most moved by it. He actually said that it had such a tremendous impact on him that he looks at life with new eyes. It's like being nearsighted your whole life and then finally getting glasses. Everything becomes crystal clear.

I cannot say enough good things about this life-transforming book. If there is only one book you ever buy, make sure it is this one. You won't regret it! (all ages)

— by Denise Tarsitano in the "Rising Star Series."

THE BOOK *Sara, and the Foreverness of Friends of a Feather* is a novel about a young girl, Sara, who learns about life through a wise owl named Solomon.

As you settle into this book you will begin to experience Sara's life, almost as if it is your own. You'll discover that the questions that Sara's life uncovers will not be so different from the questions of your own life.

Sara has the benefit of a wise and wonderful mentor who not only knows the answers to all questions, but also understands that words don't teach. Solomon wisely helps Sara to find the answers to her very important questions through her own life experience. And as Sara discovers her answers — you will very likely discover some of your own, as well.

This book will awaken within you wisdom you were born with, that you may have forgotten. It will open you to who you really are. (all ages)

BOOK: Ask for SARA-1 — \$15 (plus S/H) Softcover.— ISBN 0-9621219-4-0

Spanish Edition: El Libro de Sara \$17:00 (plus S/H)

CDS & TAPES

Sara and the Foreverness of Friends of a Feather is now available as an unabridged book on tape or CD. Containing three recordings, this album offers over three hours of inspiring, uplifting and entertaining listening.

At the wheel of your vehicle or doing mundane chores or relaxing with closed eyes, you can now comfortably absorb the pleasure of this extraordinary magical relationship between young Sara and her ethereal, old, feathered owl friend, Solomon...



CDS: Ask for CDS3S1 — \$45

CASSETTES: Ask for S3S1 — \$30

(830) 755-2299 (Order form page 32)

SARA. BOOK 2 — Sara and Seth, Solomon's Fine Featherless Friends

When Seth moves into Sara's mountain town, and right into the middle of all of the secrets of Thacker's Trail, Sara doesn't know what to do with him. She is drawn to him in a strange and powerful way, but the idea of letting anyone in on her unbelievable secrets seems impossible. But Sara soon comes to trust Seth, and together they embark on an even more wonderful experience with Solomon.



Seth has been gathering important questions all of his very short life. He can barely believe his good fortune in meeting Solomon, who understands all things.

You'll enjoy seeing Sara's good life getting even better, and Seth's rather awful life becoming wonderful. And like everyone else, you will love Solomon.

BOOK: Ask for SARA-2 — \$15 (plus S/H) Softcover ISBN# 0-9621219-7-5

CDS: Ask for CDS3S2 — \$45

CASSETTES: Ask for S3S2 — \$30

(830) 755-2299 (Order form page 32)

SARA: BOOK 3 A Talking Owl is Worth a Thousand Words



Sara has a hard time understanding why Seth wants to befriend the new girl in town and even share their secrets of Thacker's Trail. Even Solomon's reassuring words don't soothe Sara. But Sara discovers that not only does Annette's presence not detract from her joyful experience, but that it adds to it in many more ways than she could have imagined.

The secrets of Thacker's Trail are known by more than Sara knew, and it turns out that Sara doesn't mind sharing her secrets as much as she at first believed.

BOOK: Ask for SARA-3 — \$15 (plus S/H) Softcover ISBN# 0-9621219-9-1

CDS: Ask for CDS3S3 — \$45

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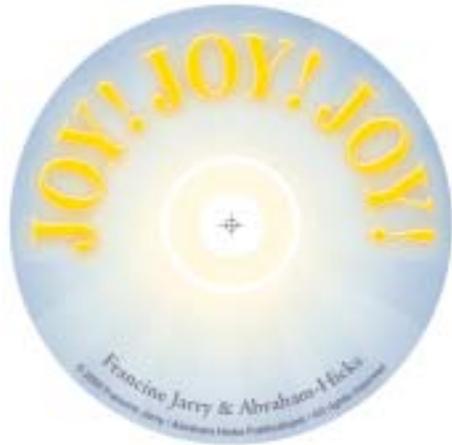
ABRAHAM - HICKS

MUSIC

PRESENTS

The Teachings of Abraham

masterfully combined with the music of Francine Jarry

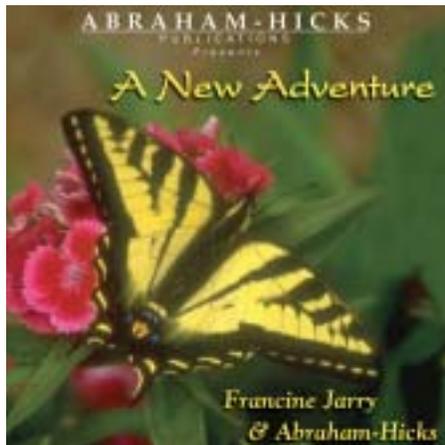


Order CDAM-2 — \$15 + S/H

Both albums include bright melodies that project a wide range of musical styles. From her *Count Your Blessings*, and *Reach for a Thought That Feels Better*, she carries us through to the rollicking *I Want to Live My Life to the Fullest*, and on to the elegant, meditative *Joy to the Universe*.

The second half of the *New Adventure* album promises to give the listener a first in a lifetime experience. You will be enraptured when you immerse yourself in this 30 minutes of Abraham's Rampages of Well-Being. Over Francine's haunting *Mayan Theme*, we have blended, from three live workshops, Abraham's *Living Happily Ever After* and *Finding My Core Beliefs*, and finally Abraham reminds us that our Well-Being is natural with their, never to be forgotten, *It Is Good To Feel Good*.

(Download a sample at:
www.abraham-hicks.com)



CDAM-1 \$15. Cassette AM-1 \$10 + S/H

We see a lot of you (lovely Beings that you are) making the worst of it over and over again. And do you know why you do that? It's for very well-meaning reasons. You make the worst of it because, at every level of your Being, you understand that you are supposed to feel good and that things are supposed to go well for you. And when they don't, you're, sort of, freaking out on even very deep levels... there's something that makes you want to shout, "Somebody should call somebody about this! Somebody should call somebody, and somebody should fix something, so that my life goes better," because you were born with that promise in place. You were born knowing that you are the center of the Universe. You were born knowing that the resources of *All-That-Is* would back you up. So when something's going freakishly wrong, we understand your consternation. We understand how frustrating it must be, or how disempowering it must feel. But we want to say to you: *All you have to do, is make the best effort you can right now, to fork a little bit in the direction of what you want—that's all the work is.*

Just fork
a little in
the direction
of your desire.

Every moment of every day, you have these forks where you can go closer toward something that you want, or further from something that you want.

You want to *demand* the world give you what you want. And we say, the world cannot give you what you are *demanding*. The

world is giving you what you're *deserving*. The world cannot give you what you're *demanding*; the world is giving you what you're *offering vibrationally*, and nobody can change what you're offering vibrationally—but you... We think the reason that you may not be very good at it, yet, is because you want to change too much, too fast. You want the manifestation to change, right now. And we want you to just take this opportunity to mold your vibration. Because as you take this opportunity to mold your vibration, and this one, and this one, and this one, and this one, not only do you feel better along the way, not only do you have more friendly clerks across the counter, not only do you uplift rather than make people feel terrible, you feel better along your way. Your journey is brighter and brighter. And ah, the manifestations that reach out to



**NEW! Our Special Subject
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are now available
in CD format, also!
(See DVD-8,9,10,11,12,13,14)**

All have a running time of 1 hour

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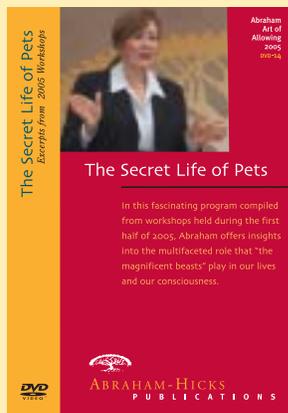
VIDEO — \$30.00

ACD — \$15.00 (Audio CD)

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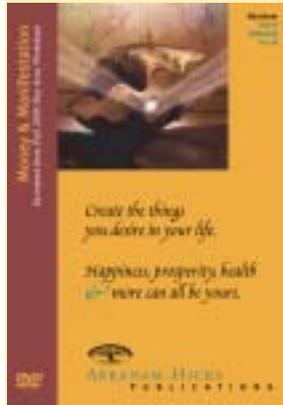
THE SECRET LIFE OF PETS

In this fascinating program compiled from workshops held during the first half of 2005, Abraham offers insights into the multifaceted role that "the magnificent beasts" play in our lives and our consciousness.



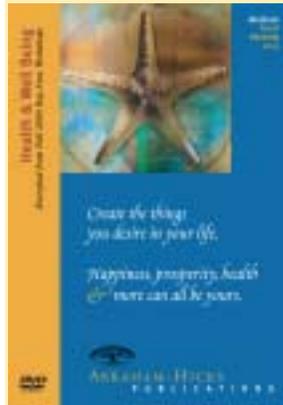
- Feeling Second-class to Dogs
- Your Cat's Health and You
- Humans and Beasts
- Animal Consciousness
- Tuning In to Dog Talk
- Why Cats Quarrel
- When Good Pets Go Bad
- Beasts As Spiritual Teachers
- Pets and Reincarnation

SPECIAL SUBJECT DVDS & CDS



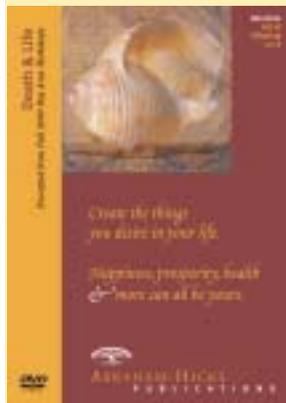
CD or DVD-10 MONEY & MANIFESTATION

- When Thinking and Getting Match?
- Nothing is More Important.
- Delegate Desires to Manager.
- Remove Brakes from Abundance.
- Visualize Your Economy.
- Desires Have Summoning Power.
- Placemat Process & Well-Being.



CD or DVD-9 HEALTH & WELL-BEING

- I Am Vibrational Energy.
- The Good Side of a Headache?
- To Let Go of Fear of Injuries?
- Contradictory Habits of Thought.
- Diabetes and Well-Being.
- 17-second Healing, Flash Point.
- Well-Being of this Universe?
- Our Natural Healing Process?
- Life-giving, Asking & Receiving.



CD or DVD-8 DEATH & LIFE

- Realize That There's No Death.
- We are All Eternal Beings.
- What's it Like in Non-Physical?
- Understand Death and You Live.
- When Middle East Fanatics Suicide to Blow Up Buildings?
- There's No Resting in Heaven.
- Abraham Offers Audio Ecstasy.



2004 ALASKAN CRUISE DVDS/VIDEOS

DVD: DVDAK04—\$120

VIDEO: VAK04—\$120

DVD 1

Jerry & Esther get it going.
When you ask, it's always given.
Frustrated by newspaper career.
Actress feels divine timing.
What makes it a Stradivarius?
Why is her hearing impaired?
When he checks, it still hurts.
To take an Emotional Journey?
When dreaming dreams of loss?
To feel good more of the time?
Blame the horse, or the doctor?
A teen co-parenting conflict?
Other's problems are hers, too.

DVD 2

Loan officer plans to be best
To help his original country?
Could this man have a baby?
Is aging not preprogrammed?
Is Neale another "voice of God"?
Keep checking the "more" box.
Prepaving action, "in the flow"?
If being happy is hard work?
The art of allowing happiness?
From illness to butterflies.
Great, but where's the money?

DVD 3

A time to expand our exposure.
Louise Hay publishes Abraham.
It just doesn't get any better?
You have the power to choose.
A backbreaking horse breaker.
Schizophrenia and Alzheimer's?
Film maker wants/fears partner.
Politics, Media & Distortions
Can't read small or distant.
Not allowed to see grandchild.

To be aware of where I am?
Can "Unconditional Love" care?
Her strong anger comes easily.
Why this took so long to hear?
When his money goes to war?
Our "thoughtways" to joy?
It is Joy-Based Psychotherapy?
Is Abraham the Whole Onion?
How else to use sexual energy?
Mom is now ready for a lover.
Yakutat Bay, Hubbard Glacier
Reception in "The Crow's Nest"

DVD 4

Your now never stands still.
Parents died; he questions Life.
But, her "vibrational signature"?
What about "remote healings"?
"Irrational fears" as unfounded?
Having an out-of-body reality?
About multiple Inner Beings?
Mate doesn't want same things?
Her son is back in jail, again.
Overly observing her feelings?
Coworker has "bipolar disorder".
They want to see some whales.
Has fear of a Catholic death.
What's Abraham without Esther?

DVD 5

Thanks for making this happen.
Are you expecting good things?
We'll always know each other?
Is Abraham also for children?
Why? Because it feels better.
Will talking weaken creations?
"Being" vs. "doing" allowing?
Childhood "God" felt creepy.
She's a slot machine winner.
Not a reason to not feel good.
Feels good, winning or losing.
Masseuse, without arm pains?
To become an intuitive coach?
Attract appropriate clients?
A successful sensitive healer?
The "match" to a sprained ankle?
Animals' deliberate intentions?
Should she save blind animal?
Do fears affect family's pets?
Abraham closes Alaskan cruise.

DVD or VIDEO SAN FRANCISCO

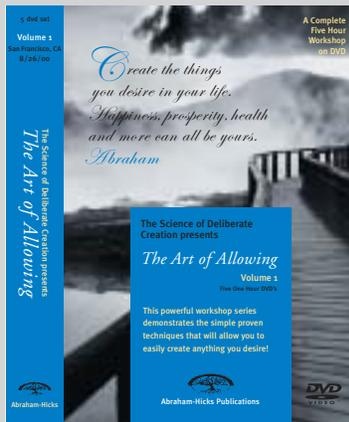
These videos were recorded in San Francisco, California,
on Saturday, the 26th day of August, of the year 2000.

The Science of Deliberate Creation Presents: The Art of Allowing Volume I

This powerful workshop series demonstrates the simple
proven techniques that will allow you to easily create
anything you desire!

Five, one-hour video cassettes.

Ask for (VIDEO) 5V-8/26/00 — \$90.00 plus S/H
or (DVD) 5DVD-8-26-00 — \$90.00 PLUS S/H



Included in Part 1:

Abraham tells all that they know; The Law of Attraction; There is no such thing as exclusion; What you are getting is always a vibrational match; Your emotions are your guidance system; Contrast gives birth to rockets of desire; Know that all is well; Ask and it is given; Be more like your cat; Putting death in the proper perspective.

Included in Part 2:

Examine the content of what you're living to understand your vibrational offering; The pulling power of desire; Realize your power is in the here and now; Reach for the thought that feels better; Difficult relationships teach unconditional love; How to see an extraterrestrial spaceship; Allowing your child to not be an allowee.

Included in Part 3:

Understanding your connection to Source. Why does Abraham seem to trivialize ecological concerns? The difference between physical and Non-Physical energy. How does healing take place? Why has Abraham philosophy not manifested clearly before now? The meaning of astrology. Appreciating your leading-edge role.

Included in Part 4:

Abraham's tips for teaching connection. Whatever it is you are feeling is your indicator of your level of allowance or resistance. In your appreciation, you are a vibrational match to what you want. Accept the grace in which you live. The life-giving effect of asking and receiving. It is about aligning, not earning.

Included in Part 5:

Dreams and out-of-body-experiences. Your triad of intentions. Whatever happened, your work now is to let it in. Know that all of your desires are in the process of being answered. How contrast manifests. The mantra of the universe is "Now what?" The art of allowing is in feeling good about what you want.



**Ask for 5V-8/26/00 — \$90.00 plus S/H
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DVD or VIDEO MONTEREY, CA

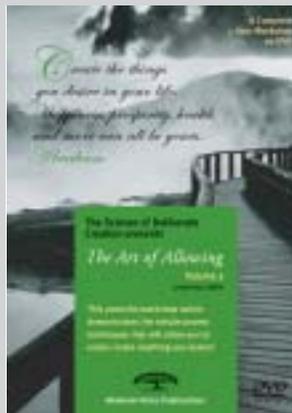
These videos were recorded in Monterey, California, on Tuesday, the 29th day of August, of the year 2000.

The Science of Deliberate Creation Presents: The Art of Allowing Volume II

This powerful workshop series demonstrates the simple proven techniques that will allow you to easily create anything you desire!

Five, one-hour video cassettes.

Ask for (Video) 5V-8/29/00 — \$90.00 plus S/H
or (DVD) 5DVD-8-29-00 — \$90.00 plus S/H



Included in Part 1:

You are a creator. Shouting no is saying yes. Stop sticking your pencil in the fan. Never face reality. Nothing is more important than feeling good. There is not a source of evil. Abraham's sales job for selfishness. Disease causes a heightened desire for health. You cannot appreciate and resist at the same time.

Included in Part 2:

Stop holding your cork under the water. The 17-second focus flash-point. Little things can be behind a big illness. Finding the value in school. Reclaiming your sense of power. The only thing that matters is which thought lets it in. The lesson of TV's Survivor. Realize that there is no death. We are all eternal beings.

Included in Part 3:

What is it like for Non-Physical? What Abraham sees. Your senses are focusing mechanisms. How to observe Auras. Negative thought-forms can't assert. The deciphering of contrast. Learn to offer more of your vibration by choice, rather than as a reaction to your observations. Using your Book of Positive Aspects.

Included in Part 4:

Delegate to The Manager. Removing the brakes on abundance. Bridging belief and desire. Visualize for the pleasure of visualizing. Why you don't remember who you are. Yes your way through life's buffet. There is no such thing as fixing a problem. Your natural state of Well-Being. Abraham's mission statement.

Included in Part 5:

Learning to selectively sift your subjects of attention. Your vibration on any subject is right where you last left it. Tell it the way you want it to be. Playing the wouldn't-it-be-nice-if game. Following the path of your new desires. Steps for becoming a vibrational match to your Well-Being. Abraham explains how bad things happen.



**Ask for 5V-8/29/00 — \$90.00 plus S/H
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DVD or VIDEO SAN RAFAEL, CA

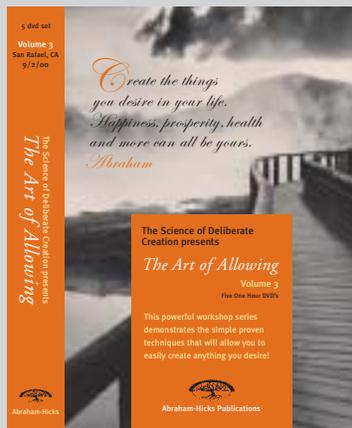
These videos were recorded in San Rafael, California, on Saturday, the 2nd day of September, of the year 2000.

The Science of Deliberate Creation Presents: The Art of Allowing Volume III

This powerful workshop series demonstrates the simple proven techniques that will allow you to easily create anything you desire!

Five, one-hour DVDs.

5DVD-9/2/00 — \$90 plus S/H
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Included in Part 1:

How life works. Why you're getting what you're getting. Contrast puts the eternalness in eternity. A belief is just a thought you keep thinking. Feel the way you would feel if you had it. Quantum leaps are possible but very uncomfortable. A headache is a wonderful thing. How to stop yelling at the walls. Access denied by you.



Included in Part 2:

Allowing is unconditional love. Worrying is practicing the art of resistance. Play with new desires until they feel familiar. The thing about past lives. Hold the vision because it feels good. Your job is to want it. You cannot suffer your way into well-being. Heaven's Gate swings both ways. Happy happy happy happy happy all the time.

Included in Part 3:

Have faith in your manager. Non-physical guidance comes in impulses. The placemat process. Signals of alignment. Deja vu. When Middle East fanatics give their lives to blow up buildings. There's no resting in heaven. Align your own energies and the neighbors will come into harmony. Banging into trees is better than not wanting.

Included in Part 4:

Hold only thoughts that thrill you. The Universe cannot buck your current. Finding a "Soul Mate." The difference between wanting and yearning. When it feels like the next logical step, then it is. Take a nap. Reach for a thought because it feels better. Create from the inside out. Every stick in the pile has two ends.

Included in Part 5:

Family harmony through self-fulfillment. Letting go of injury worries. Bad psychic readings reflect resistance. All healing is energetic. When an ex-mate threatens suicide. Now is where all your power is. What about the innocent babies? Good teachers facilitate natural desires. Abraham offers audio ecstasy.

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you, the people that you rendezvous with, they are equivalent to the vibrational forks that you take in the road.

You are the creator of your own reality because you are the chooser of the thought right now.

Don't be hard on yourself. If you're standing in a place where you've been chopped off at the knees, where you've been hit in the gut, where you're feeling awful, don't feel bad. *Don't beat up on yourself for not being able to choose the best thought you've ever thought.*

Just choose the best thought you can find from where you are. In other words, just fork off gently in the direction of what is important to you. And before you know it, your path will get brighter

and sweeter, and brighter and sweeter. And the people who watch you will say, "You know, you amaze me. Things go well everywhere you go. Why is that so?" And you say, "I've come to expect it." And many of them will say, "Agh." They don't want to hear how you expect things to go well. They'll say, "Oh, that's because you're rich. Oh, that's because you have an entourage that travels with you." We promise you, no entourage can

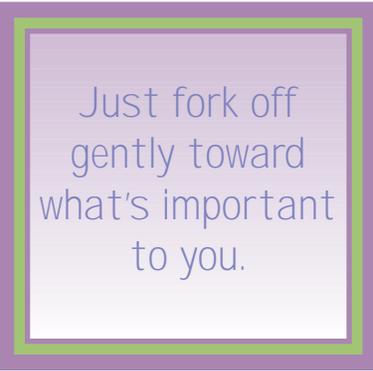
buck your current. There is no one in the world who can prepare your path for you, you see. *You are all as rich as everyone else because you all have the resources of the Universe at your fingertips. And when you take the time, when you care enough to take the time to find the better-feeling thought, now, you're moving toward something that will please you.*

Every step you take, you are marching toward a manifestation. And if you feel good while you're stepping—you are marching,

marching, marching toward things that are going to delight you when they get there. And if you are ornery, if you're unhappy, if you are frustrated, if you are blameful, if you are angry, if you are hateful, if

you are revengeful, if you are fearful, if you are depressed—you are marching, marching, marching toward things that are going to augment that feeling of depression, of anger, of frustration. In other words, *the way you feel must net you more stuff that feels like the way you feel.*

The better it gets, the worse it gets,



Just fork off
gently toward
what's important
to you.

worse it gets. *You cannot defy the Laws of the Universe—please give it up! Stop trying to use your words and your action for the stuff that attitude and mood, and vibration are to do. In other words, mold yourself into place. Do the vibrational work before you do the action work, and the action work will be a fraction of what it has been before.*

If you take the time to do the vibrational work first, you won't have to offer nearly as much action. You'll begin to discover that the things that are important for you just unfold for you because the Universe is at your fingertips. The fairies of the Universe are there for you. You are the center of an enormous entourage that means to please you.

And when you, through your magnificent deciphering of contrast, give birth to a rocket of desire, that rocket of desire is duly noted, understood, and absolutely agreed with by all of the resources of the Universe. And now all you've got to do, is to get in the *vibrational* compliance with what you are asking for. (Isn't that nice to know?)

There are three steps to the Creative Process: *Step One*, you

don't have to worry about; contrast makes you take that step. Contrast causes you to desire or focus, or prefer. *Step Two*, not your work, anyway. Source and all of the resources of Source answer your request. That's that vibrational alignment. That's that one point of vibrational relativity that happens instantaneously.

So, your only work is *Step Three*. And *Step Three* is: *Can I find a thought right now that feels a little better than the thought I've been thinking?* That's all *Step Three* is. Finding a thought that causes me to feel a vibration (or a feeling) of relief. So, there is allowing of what I want,

or disallowing of what I want. There is allowing of what I want, or resisting what I want. You are either practicing the art of allowing, or the art of resisting. When you're forking off toward things you want, you're practicing the art of allowing. When you're forking off to things you don't want, you're practicing the art of resistance. And every day, and every moment of your life experience is a perfect reflection of how you've been forking. (Good.)

You
cannot defy
the Laws of the
Universe!

Excerpted from Abraham-Hicks Workshop
G-7-30-05 — San Francisco, CA

G-SERIES TAPES/CDS SUMMER, 2005

IT'S ALL ABOUT VIBRATIONAL RELATIVITY

G-4-15-05 Abraham discusses the subject of Vibrational Relativity. Is death more pleasurable than orgasmic sex? Will our planet sustain our chemical waste? Teaching children the Law of Attraction principles? It works; it works; it really works! It's their land, but it's her view. Abraham closes the "I Can Do It" Las Vegas Workshop.

G-4-24-05 Are you making peace with your worthiness? You came for the fun of the creation. Fearing her fear of feeling multiple fears. Does money have its own vibrational frequency? Does Abraham feel desires other than ours? Husband transitioned before their dreams were fulfilled. She continues to attract another disappointing relationship.

G-4-28-05 Focus on the "Truth" that feels best. If it feels good, it is good. Is not compassion for pain ever appropriate? Her "messy teen is leaving food everywhere." The evolving coral reefs weren't always there. Beautiful example of some "supportive self-talk language". Abraham closes the Atlanta Georgia Workshop.

G-4-30-05 Source Energy rides on your launched desires. When there is sweet relief in revenge. When parents become arbitrators of siblings' squabbings? Attracted abuse to herself and her children? Felt guilt about leaving frightened husband home. She feels inferior when she's with others. Abraham closes the Saturday Asheville NC Workshop.

G-5-1-05 Your unique desires are good for All-That-Is. With what do we Balance our Energy? She is concerned about creative timing. Struggling with getting married and having children. A career choice for an uncommon person? Any tweaking hints toward her joyous expansion? Which city will make him happiest?

G-5-7-05 Source feels such joy in a new idea. There's no competition; the resources are infinite. She is appreciative of Abraham's patience. To balance children, business and husband's underwear. To whom much is given, what's expected? Three years ago, his realigning cat came. To relieve her feelings of social insecurity?

G-5-12-05 Thirty days; thirty days, and thirty days. Can a craving be good for us? She's engaged in an ugly divorce process. What does it feel like in Abrahamland? Psychologist wants to practice client-empowering procedures. How would "Mother Abraham" guide a 5 y.o. Isn't there someone up there to thank?

G-5-14-05 The "when" factor is up to you. Do you want Tabasco in your pie? Life Force, one minute; next minute, gone. Getting up to speed with your desires. Source Energy wouldn't want only one intention. Are there really any harmful dietary actions? Abraham closes the Tarrytown NY Workshop.

G-5-21-05 Universe responds to vibrations, not to words. You can't keep telling those negative stories. He wants to know his Connection *is!* She clashes with her loving live-in mother. Isn't "thinking beyond thought" still thinking? She is thinking about "healthy", but...? When is manifestation about timing vs. alignment?

G-5-28-05 Do you continue to experience more *what-is?* When you're wondering *Where's my pie?* Did I actually create my own world? Aging and maturing as natural, but declining? If money's tight, how can he relax. My will power vs. Thy will be done? Aren't our desires influenced by the media.

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G-SERIES CDS/TAPES SPRING, 2005
MAKE PEACE WITH WHERE YOU ARE

- G-1/8/05A — Bombs, Taxes, Deaths, Guidance, Suicidals, Bipolar, Family Physician?
- G-1/8/05B — Punish, Choices, Skeptics, Jesus, Financial, Eat Meat, Confidence?
- G-1/15/05 — Manifestations, Adoption, Diabetes, Diagnosis, Preschool Genius, SVS?
- G-1/22/05 — Liar, Spooky, Tales, Health, Why Abraham not in Egypt?
- G-1/29/05 — Make Peace, Energy, Body weight, Compassion, Money, Pain, Asking?
- G-2/26/05 — Lifetimes, Allowing, Business, Children, Pedo, “Success”, Sasquatch?
- G-2/27/05 — “Reality”, Assault, Bombers, Money, Joy, DNA, Love Self?
- G-3/5/05 — Issues, Clown Noses, Jealous, Ignorance, Heiress, Form, Success.
- G-3-6-05 — Influence, Movies, Health, Pets, Career, Boredom, Aging?
- 3/19/05 — Desires, Tears, Babes vs. Elders, Food, Forgetful, Success, Politics?

G-SERIES CDS/TAPES WINTER, 2004
FEAR TO HOPE—AN EMOTIONAL JOURNEY

- G-9/29/04 — Manifestations, Insurance, Success, Appreciation, Aging, “Walk-ins”?
- G-10/2/04 — Help Sick, Nightmares, Religion, Business, Solutions, Health, Mates?
- G-10/9/04A — Killing, Fear, Disease, Score, Feel Good, Worship, Breaking Up?
- G-10/9/04B — Religions, Abraham, Esther’s Voice, Teens, Dementia, Surgeries?
- G-10/13/04 — Now, Harmony, Pain, Stiffness, Marriage, Rumis, Divorce?
- G-10/16/04 — Emotional Journey, Killing, Past vs. Today, Teenagers Study?
- G-10/24/04A — Expectation, Attention, Decisions, Body, Matching, Lies?
- G-10/24/04B — All For One, Psychiatry, Reincarnation, World Peace, Life’s Good?
- G-10-28-04 — Now, Perception, God’s Health, Porno, Politicians, Spirit Beings?
- G-11/13/04 — Let Go and Let In, Joy, Religions, Worthy, Protecting, Healing?

G-SERIES CDS/TAPES FALL, 2004
NOW, IS ALWAYS ON THE LEADING EDGE

- G-7/14/04 — Inner Abrahams, Paths, Improving, Failure, Partnering, Fending?
- G-7/24/04 — World Affairs, Mating, Health, Family, Flat World, Money Beliefs?
- G-7/25/04 — Selfishness, Marriage, Parenting, Grief, Invasive, Court, Religion?
- G-8/1/04 — Feelings, Karma, Classroom, Inheritance, Blessed, Post-surgery, Pain?
- G-8/14/04 — Preference, Job, Philosophies, Artists, Spirit World, World Affairs?
- G-8/28/04 — Well-Being, Mating, Death, Afterdeath, Weddings, Socialize Child?
- G-9/1/04 — Leading Edge, Compassion, Rights, Pre-paving, Business, Parenting?
- G-9/15/04B — ULO, DNA, Practice, Saviors, Parenting, Spooked, My Purpose?
- G-9/18/04 — Joy, The Way, Divorce, Health, Mother, Intentions, Impersonal Source.
- G-9/22/04 — Solutions, Justice, Spooks, Evil, Feel Good, Dating, Improvement?

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TAKE THE EMOTIONAL JOURNEY FIRST

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- G-4/25/04 — Truth, Oneness, Desires, Religions, Pasts, Profits, Healing?
- G-5/1/04 — Well-Being, "Escrow", Diagnosis, Resistance, Control, Self-adoration? Ta dum!
- G-5/3/04 — Shortages, Emotional Journeys, Chipmunks, Poverty, Destruction, Illness?
- G-5/8/04B — Irritation, 11 Steps, Choices, Children, Abraham, Warriors, Relief?
- G-5/22/04 — Resistance, Attraction, School, Vitamins, Remember, Abraham's bliss?
- G-6/12/04A — Guidance, Return, Doctor, Bullies, Abraham, Influence, Nightmares?
- G-6/12/04B — Mistreatment, Competition, Pre-birth, Sex, Universe, Tragedy, Talent?
- G-6/19/04 — Discouraged, School, Species, Veil, Business, Suicides, Impatience?
- G-6/26/04 — Blame, Teenager, Drugs, Appreciation, Universe, Selfishness, Pre-birth?

G-SERIES CDS/TAPES SPRING, 2004
REACH FOR DESIRE'S EMOTIONAL ESSENCE

- G-1/31/04A — Creation, Beginnings, Debt, Belief, Compete, Weight, Singer?
- G-2/7/04A — Thought Forms, Pessimist, Disease, Honest, Care, Desire, Good Life?
- G-2/7/04B — Partner, Contests, Fights, Addicts, Death, Mating, Gambler?
- G-2/21/04A — Vibrations, Want?, Progress, Pets, Enlightenment, Actors, Suicide?
- G-2/21/04B — Lovers, Mind, Health, Shame, Intimacy, Cuts self, Abortion?
- G-2/28/04A — Good Times, Evidence, Goals, Emotions, Abraham, Weight, Teach?
- G-2/28/04B — Business, Memory, Influence, Parent, Clutter, Control, Free Choices?
- G-3/6/04A — Feel Good, Worthy? Feelings, Theft, Control, Manifesting, Trusting?
- G-3/6/04B — Depressed, Miracles, Well-Being, Wants, Child Custody, Abe, Jesus?
- G-3/20/04 — Emotional Journey, Heal, Stuck? Death, Porn, Abraham, Place Mat?

G-SERIES CDS/TAPES WINTER, 2003
VIBRATION, IT'S ALL ABOUT VIBRATION

- G-9/27/03 — Desire, Eternal, Chiropractor, Appreciate, Autism, Critics, Career?
- G-10/11/03A — Well-Being, Feel for, Physicals, Illness, Pain, Post-surgery, Do?
- G-10/13/03 — Resistance, Career, Business, Past lives, Abraham, Child, To Drug?
- G-10/25/03 — Desires, Reincarnation, Mom's 96, Ease, Parkinson's, Earless, Fuels?
- G-11/1/03 — Set-points, Error, Anger, Mother-in-law, All's Well, Energy, Aches?
- G-11/22/03 — Do?, Terminal, L.S.D., Genetic, Headaches, Childbirth?
- G-12/6/03A — Feel it, Feelings, Dad died, Emotions, Align, Relationship, Outlived?
- G-12/6/03B — Son, Daughter, Illness, Business, Growth, Dishonesty, Joy?
- G-12/13/03 — Vibrations, Now, Family, Purpose, Bondage, "Impersonal", Esther?
- G-12/20/03 — Path, Custody, Abraham, Illness, Mortality, Destiny, Set-point?

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ABOUT THE AUTHORS

EXCITED ABOUT THE CLARITY and practicality of the translated word from ABRAHAM, Jerry and Esther Hicks began, in 1986, disclosing their ABRAHAM experience to a handful of close business associates. Then, recognizing the practical results being received by those persons who began plying ABRAHAM with meaningful personal questions regarding their finances, bodily conditions, and relationships...the Hicks made a conscious decision to allow ABRAHAM'S teachings to become available to an ever widening circle of seekers. And that circle continues to expand — even as you read this page.



Jerry & Esther Hicks

Jerry and Esther have now published more than 700 *Abraham-Hicks* books, CDs, cassettes, DVDs and videos, and have been presenting open group interactive *Art of Allowing Workshops* in about 50 cities a year to those leaders who gather to participate in this progressive stream of thought. And although worldwide attention has been given by leading edge thinkers to this *Science of Deliberate Creation* who, in turn have been incorporating many of ABRAHAM'S concepts into their books, lectures, sermons, screenplays and scripts—the primary spread of this material has been from person to person as individuals begin to discover, and share with others, the practical value of these materials in their personal experience.

ABRAHAM, a group of obviously evolved teachers, speak their broader Non-Physical perspective through the physical apparatus of Esther. *Speaking to our level of comprehension, from their present moment to our now, through a series of loving, allowing, brilliant yet comprehensively simple, recordings in print and in sound — they guide us to a clear connection with our Inner Being — they guide us to self-upliftment from our Total Self.*

COMMENTS FROM READERS & LISTENERS:

...It's hard to believe that life could be so simple and so joyous... Thank you, so much, for making an already good life even better! (With lots of good feelings) SC — PA

...I've been a "searcher," "seeker," "sharer" since I was a teen. My middle name was purported to be "Why?" The information from Abraham is so down-to-earth, useful, compelling, exciting, sensible, practical, empowering, clear, usable. I'm a marvelous deliberate creator now. Thanks for putting the "fun" back into physical life. JS — AZ

...Am so delighted to be reading your books, listening to your tapes and attending your seminars. I am so happy and getting happier and clearer every day. My life has been leading to this point, and it feels like the icing on the cake. I know everything will just get better, although it's hard to know how. What a powerful gift you've given us — the recognition of our ability to create the life we want, and the tools to carry out the plan. Thank you for sharing. — CA

FOREWORD for *LAW OF ATTRACTION* by NEALE DONALD WALSCH

In preparation for the October 18, 2006 national launch date of *The Law of Attraction*, (our favorite book so far), we sent a copy of the manuscript to our friend, Neale Donald Walsche, one of the most delightful people we have ever met, and the following is his loving response!

This is it. Here they are. You don't have to go any further.

Put all the other books down, un-enroll from all the workshops and seminars, tell your life coach you won't need to be calling anymore.

Because this is it: everything you need to know about Life and how to make it work. Here they are: all the rules of the road for this extraordinary journey. All the tools with which to create the experiences you've always wanted. You don't have to go any further than where you are right now.

Indeed, look at what you've done already. *Just look.*

I mean, *right now*, look at what you're holding in your hands.

You did that. You put this book right here, right where it is, right in front of your eyes. You manifested it, out of the clear blue sky. That alone is all the evidence you need that *this book works.*

Do you understand? No, no, don't jump over this. It's important that you really hear this. I'm telling you that you are holding in your hands the best proof you could ever give yourself that the *Law of Attraction* is real, is effective, and produces *physical outcomes in the real world.*

Let me explain.

Somewhere in the deep reaches of your consciousness, somewhere in an important place in your mind, you set an intention, or this book and its message would never have found its way to you.

This is no small thing here. This is a big deal. Believe me, it's a big deal. Because *you are about to create exactly what you set your intention to create.* a major change in your life.

That *was* your intention, wasn't it? Of course it was. What is occurring as you read these words wouldn't be occurring if you hadn't placed your attention on a deep desire to lift your day-to-day experience to a new level. You've wanted to do this for a long time. Your only question has been: How? What are the rules? What are the tools?

Well, here they are. You asked for them, you got 'em. And that's the very first rule, by the way. What you ask for, you get. But there's more to it than that—lots more. And that's what this extraordinary book is about. You're going to be given here not only some pretty amazing tools, but *instructions on how to use them.*

Have you ever wished that life came with an Instruction Book?

Hey, good wishing. Now it does.

We have Esther and Jerry Hicks to thank for that. And, of course, Abraham. (They will tell you all about who *that* is in the fascinating, exhilarating text to follow.) Esther and Jerry are devoting their lives to the joy of sharing the wondrous messages that Abraham has given them. I admire and love them so much for this, and I am so, so grateful, for they are truly extraordinary people on a glorious mission to bring glory to the mission upon which we have *all* embarked: the living and the experiencing of the glory of Life itself, and of Who We Really Are.

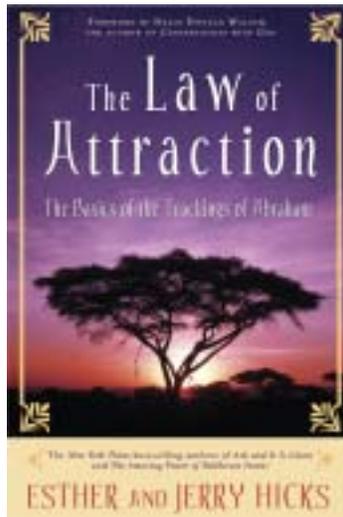
I know that you will be so impressed, and so blessed, by what you find here. I know that reading this book will produce a turning point in your life. Here is not only a description of the most important law

of the universe (the only one you'll ever need to know about, really), but an easy-to-understand explanation of the *mechanics of life*. This is breathtaking information. This is monumental data. This is brilliant, flashing insight.

There are very few books about which I would say what I am going to say next. *Read every word here, and do everything this book says.* It answers all the questions you have so earnestly asked in your heart. So—may I be this direct?—pay attention.

This book is about *how* to pay attention, and if you pay attention to how to pay attention, your every intention can be made manifest in your reality—and that will change your life forever.

Neale Donald Walsch—Author of “Conversations with God’s” final chapter: “At Home With God.”



NOTE: Books purchased from Abraham-Hicks are not included in the *New York Times* Bestseller list ratings, so if you're planning, anyway, to add this classic, *The Law of Attraction*, to your library, please plan to join us in a coordinated national launch—on or about October 18, 2006—by ordering from Amazon, Barnes & Noble, Borders Books, B. Dalton, or your favorite bookstore.



**“We love those cruises...” you said,
So More Fabulous Cruises, it is...**

Well, you’ve pestered us into booking more cruises, although we have to admit it didn’t take much convincing. We agree with you these wonderful cruises are life transforming, so, here’s what’s coming up:

Our second two-week Hawaiian Cruise Jan 20 thru Feb 4, 2007. Our second Mexican Riviera Cruise April 7 thru April 14, 2007, and our fourth Alaskan Well-Being Cruise, July 8 thru July 15, 2007.



Cruising Seminars have long been our favored method of becoming more acquainted with hundreds of friends of similar interest. And Esther and I are so pleased that so many of you are already making your plans to join us on these upcoming Abraham-Hicks Cruise Workshops.

What a profound and fun way to mutually evolve to higher levels of joyous Well-Being!

Love ya!
Jerry and Esther

Hawaii—Jan 20 to Feb 4, 2007
Mexico—April 7 to April 14, 2007
Alaska—July 8 to July 15, 2007

Dear Jerry & Esther,

I am still basking in the sweet afterglow of my Abraham Alaskan



Well-Being Adventure cruise. Abraham encouraged us to reach for the memory that thrills us. Well, I have many more to draw on after that cruise. Thank you for providing me the opportunity to take my dream trip. For me it was a time to be with others and “comblisserate,” (*not commiserate*). I have coined the word to remind myself that I intend to raise my vibration and to uplift others. Being with those other students of Abraham in such a glorious place was the perfect opportunity for me to practice my comblisseration.

Jan Martindale, Oregon

To book, contact Worldview Travel 888-259-9191 ext. 225 or 213

THE TEACHINGS OF ABRAHAM™ THE 'MAGICAL' CARD DECKS

These are beautifully boxed decks of sixty cards, attractively illustrated by the acclaimed artist, Kristina Swarner, each with a different valuable message of joy and inspiration drawn from the most unique and powerful perspectives gleaned from our years of "Art of Allowing" workshops. Use them for meditation, affirmation, or just the pleasure of an uplifting message that will accentuate your natural state of Well-Being.

With these Abraham-Hicks words fresh in your mind, your every life experience can now be more meaningful to you. And since nothing is more important than feeling good, nothing is more valuable than these processes that will allow more of your natural Well-Being to flow.

Plan to have fun with these cards. Let these words inspire thoughts that will attract to you more of that which evokes your greatest joy.

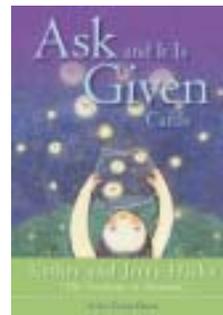
Ask for them in bookstores. Recommend them to your friends! Or, for immediate delivery, order your *Teachings of Abraham Cards* right now.

These beautiful cards capture the essence of the life-changing, best-selling book *Ask and It Is Given*.

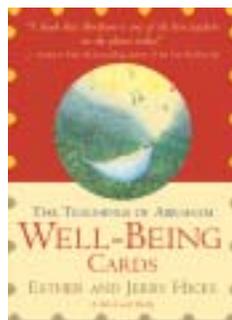
You will experience an enhancing of your personal power, which may, at first, seem illogical or even magical, as the Energy Stream from which these cards have come dovetails with the true essence of your own being.

As you return for frequent visits to these beautiful cards, you will begin to notice a definite closing of the gap between where you are and where you want to be on all subjects that are important to you.

Have fun with this!



(ASKC—\$12.76)



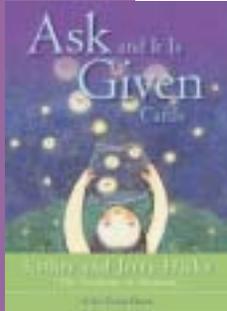
(WBC—\$12.76)

Words—words of new perspectives, words of an enlightening perspective, words that were once known but somehow forgotten—that's what these Well-being cards are about...Words don't teach, life experience teaches. But with these Abraham-Hicks words fresh in your mind, your every life experience will now be more meaningful to you. And since nothing is more important than feeling good, nothing is more valuable than these processes that will allow more of your natural Well-being to flow...Have fun with these cards. Let these words inspire thoughts that will attract to you more of that which evokes your greatest joy.

Suggested retail is \$15.95. Order yours today for \$12.76 plus S/H.

This is a perfect gift item for someone you really care about.

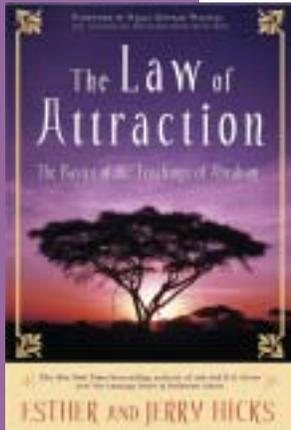
Now Available...! The Card Deck version of the *Ask and It Is Given* book. See page 63 for details



Page 63

These beautiful *Ask and It Is Given Cards* are powerful, touchstones to the most valuable concepts that are presented to us within the pages of Abraham's classic book: *Ask and It Is Given*... A gentle stroll through these magical cards will lead you to your very best-feeling state—your state of natural Well-Being.

"...a publishing milestone...these voices of Spirit speak in a language, you'll understand and be able to instantly translate into action...a blueprint for implementing your own destiny." — Dr. Wayne W. Dyer, the author of *"Inspiration, Your Ultimate Calling."*



Page 60

Not yet! But, soon!... We are pleased to announce the forthcoming launch of *The Law of Attraction, the Basics of the Teachings of Abraham*.™ In print, for the first time, the original ground-breaking (world-changing_ dialog between Abraham and Jerry and Esther... If you're planning to add this world-changing classic to your Abraham-Hicks library, please plan to join us in a coordinated national launch —on or about **October 18, 2006** — by ordering from Amazon, Barnes & Noble, or your favorite bookstore.

"Read every word and do everything this book says...and this book will change your life forever."— Neal Donald Walsch, the author of *"Conversations with God's"* final chapter: *"At Home with God."*



Page 62

NEW CRUISES:

Hawaii — 1/20 to 2/4, 2007

Mexico — 4/7 to 4/14, 2007

Alaska — 7/8 to 7/15, 2007

A profound and FUN way to mutually cruise to higher levels of joyous Well-Being!

To reserve, see page 62 for details!