

THE SCIENCE OF DELIBERATE CREATION

Abraham A Quarterly Journal & Catalog Addendum

OCT · NOV · DEC 2005

VOLUME 34

Satisfied with what-is and is and eager for more, is the perfect recipe for living happily ever after, long time, in this physical body. But none of you are going to love it so much, that you're going to stay here indefinitely, because a fresh approach (whether you like it or not) feels really, really good.

Excerpted from
Abraham-Hicks
Workshop
Tampa, FL
G-1/8/05

Quarterly Journal Special Features

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NEWEST: DVDs NOW IN CD FORMAT

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NEWEST: DVD Unabridged Alaskan Cruise, July 2004 now available on DVD or VHS

ABRAHAM-HICKS PUBLICATIONS



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Hello from Jerry & Esther



Esther & Jerry picking up new Monster Bus in Coburg, OR

Hello,

There surely cannot be a more beautiful day unfolding anywhere. We're in San Diego and Jerry is reading this *Quarterly Journal 34* for the last time before we put it in the package to send to our San Antonio printer.

We have just returned from a two-week Hawaiian Abraham Well-Being cruise and we are feeling utterly refreshed. Our emotions flow back and forth between tremendous appreciation for our lives and the wonderful people in them, and anticipation of the wonderful things that are unfolding before us. Abraham has said, so many times, that the perfect creative stance is: Satisfied with *what-is* and eager for more!

I don't know why, but I always wait to write these *words from Jerry and Esther* until the very last minute. Maybe because I'm waiting to see what wonderful things will turn up that might inspire our words to you. And then I got a really good idea. I'm

going to ask Abraham to write the editorial for this journal. So... what do you think Abraham? Would you, please?

Abraham: It is always nice to have an opportunity to visit. There are thousands of people who will take pleasure in what is contained in this journal for there are so many answers—to so many questions—contained here.

We have enjoyed the evolution of this publication over the years. It has grown from a small 4-page publication to 12 pages and now to this. We have listened to your debates about the viability of this publication. "Are people reading it? Do they enjoy it? Does the value that people are receiving balance with the exorbitant cost of printing and postage and of time to create it?"

When you put the question to us: "Should we continue to print this journal in the way we have for the last 33 issues or should it be a condensed version, or maybe an on-line

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Dear Friends,

We do love receiving your messages and reading your letters and notes that come by the thousands! Even though we can't personally respond to you, we will continue to read and listen to and relish your wonderful responses to Abraham's materials... And we will continue to expect you to be aware of how very much we appreciate your delightful addition to our delicious physical experience — and to the upliftment of All-That-Is.

From our hearts, Jerry & Esther

90 DAY EVENT SCHEDULE DETAILS

From time to time there are changes in our scheduling, so please reserve in advance with our San Antonio office at (830) 755-2299.

PREPAID RESERVATIONS — \$150.00
If you cancel 7 days, or less, before any event
a \$50 cancellation fee will be charged.

2/4/06 — West Los Angeles, CA — Held at the Embassy Suites LAX North, 9801 Airport Blvd., Los Angeles, CA 90045. For directions call (310) 215-1000. Saturday 9AM to 4:20PM. \$150.00.

2/11/06 — San Francisco, CA — Held at the Clarion Hotel San Francisco Airport, 401 E. Millbrae Ave., Millbrae, CA 94030. For directions call (650) 692-6363 Saturday 9AM to 4:20PM. \$150.00.

2/12/06 — San Rafael, CA — Held at the Embassy Suites Hotel, 101 McInnis Pkwy, San Rafael, CA 94903. For directions (415) 499-9222. Sunday 9AM to 4:20PM. \$150.00.

2/18/06 — North Los Angeles, CA — Held at the Hilton Woodland Hills, 6360 Canoga Ave., Woodland Hills, CA 91367. For directions call (818) 595-1000. Saturday 9AM to 4:20PM. \$150.00.

3/11/06 — Phoenix, AZ — Held at the Crown Plaza North Phoenix, 2532 West Peoria Ave., Phoenix, AZ 85029. For directions call (602) 943-2341. Saturday 9AM to 4:20PM. \$150.00.

4/1/06-4/8/06 — Caribbean Cruise Held on board Holland American's m/s Zuiderdam, sailing from Fort Lauderdale, FL on Saturday, Apr 1 and disembarking in Fort Lauderdale on Saturday, Apr 8, 2004. To book, contact Worldview Travel 888-259-9191 ext. 225 or 213.

4/22-23/06 — San Antonio, TX — Held at the The Westin Riverwalk, 420 W. Market St., San Antonio, TX 78205. For directions call (210) 224-6500. Saturday 9AM to 4:20PM. \$150.00. Sunday Open House 10:00 - 2:00 at Abraham-Hicks Publications facility, 28800 Old Fredericksburg Road, Boerne, TX 78015. For directions call (830) 755-2299.

4/28/06 — Asheville, NC — Held at the The Inn on Biltmore Estate, One Antler Hill Rd., Asheville, NC 28803. For directions call (828) 225-1660. Friday 9AM to 4:20PM. \$150.00.

4/29/06 — Asheville, NC — Held at the The Inn on Biltmore Estate, One Antler Hill Rd., Asheville, NC 28803. For directions call (828) 225-1660. Saturday 9AM to 4:20PM. \$150.00.

4/30/06 — Asheville, NC — Held at the The Inn on Biltmore Estate, One Antler Hill Rd., Asheville, NC 28803. For directions call (828) 225-1660. Sunday 9AM to 4:20PM. \$150.00.

5/5/06-5/6/06—Hay House I Can Do It, Las Vegas—We are pleased to join Hay House and the wonderful group of speakers they have assembled. To register contact Hay House at (800) 654-5126 or register on-line at www.icandoit.net

5/13/06 — Washington, DC — Held at the Hilton Washington DC North/Gaithersburg, 620 Perry Parkway Gaithersburg, MD 20877. For directions call 301 977-8900. Saturday 9AM to 4:20PM. \$150.00.

5/18/06 — Philadelphia, PA — Held at the Embassy Suites Hotel, Philadelphia Airport, 9000 Bartram Ave., Philadelphia, PA 19153. For directions call (215) 365-4500. Thursday 9AM to 4:20PM. \$150.00.

5/21/06 — Tarrytown, NY — Held at the The Westchester Marriott Hotel, 670 White Plains Road, Tarrytown, NY 10591. For directions call (914) 631-2200. Sunday 9AM to 4:20PM. \$150.00.

5/27/06 — Boston, MA — Held at the Boston Marriott Burlington, One Mall Road, Burlington, MA 01803. For directions call (781) 229-6565. Saturday 9AM to 4:20PM. \$150.00.

5/30/06 — Buffalo, NY — Held at the the Buffalo Niagara Marriott, 1340 Millersport Hwy, Amherst, New York 14221. For directions call (716) 689-6900. Tuesday 9AM to 4:20PM. \$150.00.

2006 GENERAL WORKSHOP SCHEDULE

Please reserve in advance with our San Antonio office at
(830) 755-2299. Prepaid registration closes at 10:00AM on Thursday for
Saturday Events and 10:00AM the day before all weekday Events.

PREPAID RESERVATIONS ARE RECOMMENDED (SAVE \$25.00)

Following is general information for up-coming workshops. Specific location and other details will be provided when you make your reservation, or you may request this information at any time.

Time Format for following events: 9AM to 4:20PM

1/14/06 Saturday San Diego, CA	7/29/06 Saturday San Francisco, CA
2/4/06 Saturday West Los Angeles, CA	7/30/06 Sunday San Rafael, CA
2/11/06 Saturday San Francisco, CA	8/5/06 Saturday North Los Angeles, CA
2/12/06 Sunday San Rafael, CA	8/6/06 Sunday West Los Angeles, CA
2/18/06 Saturday North Los Angeles, CA	8/12/06 Saturday San Diego, CA
3/11/06 Saturday Phoenix, AZ	8/26/06 Saturday Sedona, AZ
4/1/06—4/8/06 Caribbean Cruise	8/29/06 Tuesday Albuquerque, NM
➤ 4/22-23/06 . . . Sat/Sun San Antonio, TX	9/8-9/06 Fri-Sat San Antonio, TX
➤ 4/28/06 Friday Asheville, NC	9/13/06 Wednesday Kansas City, KS
4/29/06 Saturday Asheville, NC	9/16/06 Saturday Chicago, IL
4/30/06 Sunday Asheville, NC	9/18/06 Monday Louisville, KY
5/6/06—5/8/06 . Hay House I Can Do It, Las Vegas	9/23/06 Saturday Detroit, MI
5/13/06 Saturday Washington, DC	9/30/06 Saturday Tarrytown, NY
5/18/06 Thursday Philadelphia, PA	10/7/06 Saturday Boston, MA
➤ 5/21/06 Sunday Tarrytown, NY	10/9/06 Monday Philadelphia, PA
5/27/06 Saturday Boston, MA	10/14/06 Saturday Washington, DC
➤ 5/30/06 Tuesday Buffalo, NY	10/21/06 Saturday Asheville, NC
6/3/06 Saturday Chicago, IL	10/22/06 Sunday Asheville, NC
6/10/06 Saturday Boulder, CO	10/23/06 Monday Asheville, NC
6/17/06 Saturday Fort Collins, CO	10/27-28/06 Hay House I Can Do It, Orlando, FL
6/24/06 Saturday Portland, OR	10/30/06 Monday Boca Raton, FL
7/1/06 Saturday Seattle, WA	11/1/06 Wednesday Tampa, FL
7/9/06—7/16/06 Alaskan Cruise	11/11-12/06 . . Sat/Sun San Antonio, TX
7/22/06 Saturday Ashland, OR	
➤ 7/26/06 Wednesday Sacramento, CA	

➤ Indicates change from previous announcement



Make Peace with Where You Are

Are you knowing what you are wanting? An evolving thing? Are you enjoying the expansion of your desire? And are you noticing that it is expanding?

As you begin to recognize that you get to decide all of it, and as you begin to appreciate the contrast that makes deciding or concluding, or preferring, more obvious, then you begin to sincerely enjoy the contrast.

We always begin by asking: *Those manifestations that have not yet come about are still pleasing to you, yes?* And some lie and say *yes*, others say *no*, but we want you to come to the place where you say *yes* and really mean it. “Yes, there are things that I want that have not come into manifestation yet. There are things I want that I can’t even see any way of them happening—but they are still refreshing and delightful to me. I still feel anticipation. I still feel encouraged. They still feel fresh and good to me.” And we want that for you.

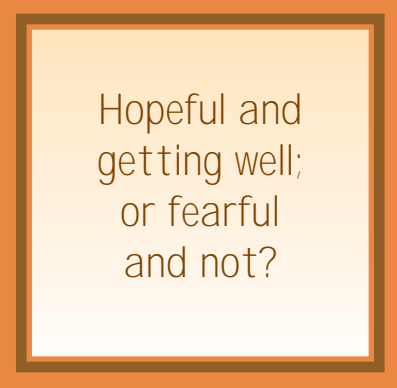
We want your unfulfilled desires to feel good to you, because, well, there are two reasons: *If you cannot make peace with where you are, then the unfulfilled desires are very slow in becoming fulfilled because that angst you feel about things not yet happening, is an indication of a vibration that’s literally holding it apart, from you.*

So, when you’re sick and you want to be well, and you’ve been sick for a long time and it doesn’t seem like you’re getting better, or when you have one of those diagnoses that says you’re probably not going to get better, and so, instead of feeling hopeful, you feel fearful—

improvement is very hard to come. In fact, it cannot come under those conditions.

The vibrational difference between feeling hopeful and feeling fearful is the difference between getting well and not getting well. It’s the difference between holding this condition on and on and on, or letting it go.

So, in the same way, we say, your current financial affairs could be not good. You could have more



Hopeful and
getting well;
or fearful
and not?

bills than you have income. You could have people hounding you on the telephone or beating on your door every day... And we say, so that's *what-is*; that's the action journey that you are upon. But you could have that financial condition percolating along and you could feel *hopeful*, or, you could have that condition percolating along and you could feel *fearful*. And the difference between *fearful* and *hopeful* is the difference between things improving for you.

This is a Vibrational Universe and you are Vibrational Beings. You don't set your radio dial on 630 AM and expect to hear what's being broadcast on 98.6 FM. You understand you've got to line those frequencies up, and so you do. You don't stubbornly set it on the station that you don't want to hear and then demand that the laws of physics change so that you can hear it anyway, without you doing anything about it... *You can't be beating the drum of things gone wrong—and offering a vibration about things going wrong—and be in the vibrational place of receiving what you are wanting.*

Make peace with wherever you stand. And here's the most important part: When you feel despair, or anything that doesn't feel good, and

you reach for a thought that feels better, what comes right along with that is a conscious awareness that you *do* have some control of your experience. And friends, we cannot emphasize enough the importance of that conscious awareness that *you can do something about the way you feel.*

When you choose a thought that feels better than the thought that you were choosing before, and you consciously acknowledge that you had the power to choose it, and that you *did* choose it, and that it *did*

change your vibrational frequency—now, there's no place you cannot go. Now, that cloud of despair, that cloud of not being able to control your own experience goes away.

There is not anything that any of you want—whether it's a material object, a state of being, a relationship, a circumstance or event... there's nothing that you have ever wanted or anybody you've ever known has ever wanted—that is for any other reason than you think you will feel better in the having of it... And when you show yourself that you can feel better just because you've decided that you want to feel better, and that you have the power to choose a thought that feels better, now, you're on your way. And there's nowhere that you cannot go along

You do
have the power
to choose
to change it!

Continued on page 14

Love ➤ Appreciation ➤ Love

A FANTASTIC EVENT Words can't adequately express the depth of my gratitude and appreciation for the wonderful, fantastic (Health Practitioners) workshop last week in San Antonio. After years of attending workshops and listening to tapes, it was so much fun to visit your wonderful home base, see the conference center, the tree house, your amazing monster bus and everything else, on our tour of your property. Add to that the chance to visit with Jerry and Esther, meet Tracy and Kate, the Abraham staff, even LC the cat, and things kept getting better and better...

Then came the workshop on Saturday. It was by far the most focused workshop I have ever attended... a wonderfully orchestrated unfolding of co-creating at its best! To top it all off, was the fun of playing with so many wonderful people and making new Abraham friends.

Thank you so very much and let's do it again!

Paulette Avery — CA

MY ENLIGHTENMENT I have just discovered your book *Ask and It Is Given* and since then I carry it wherever I go, on the bus, on the train, in the park. It has truly been my source of enlightenment in the last 2 weeks... My question to you is: Would you ever consider coming to the United Kingdom and share some of your gifts with us?

Love & Light,

Mokgadi — England

SOUNDS WONDERFUL! Well, I just finished listening to Jerry read the book *Ask and It Is Given*. It was wonderful! I am used to listening to Abraham's messages,

and I listen to things a lot while I paint. So it was super great to get to hear the book, and to hear it in Jerry's wonderful enthusiastic voice. How delightful to hear another familiar voice I associate with Abraham, giving the message. (I was kind of expecting to hear a joke, since that is more what I'm used to from Jerry!) Thank you Jerry for reading, and thanks again to Esther for translating into English the best messages there are!

Star Woodward — CA

WELL-BEING CARDS There are so many things to appreciate these days, but today I want to express my delight in the *Well-Being Cards*. My very favorite one is the little rabbit that says "What's My Hurry" and I love the saying on the back. I keep it in my car on the dashboard, and every time I start pushing myself I just glance over and remember (with a laugh) there is no reason to hurry about anything...just sit back and enjoy the ride!

Love You!

Laura House — OR

SACRAMENTO PEARLS I subscribe to the weekly CD program, and am an absolute devoted listener, absorber, be-er of Abraham's words. I do not take it lightly when Abraham says, "This is the most important thing I want you to hear today..."

I am writing because I just finished listening to the Sacramento recording. What a spectacular string of pearls! Every word is essential, the contents condensed and pin-pointed. I have noticed that the "questions" presented in the hot-seat (in which I have had the honor to sit one time) are becoming less specific to detailed problems as they are fundamental

Love ➤ Appreciation ➤ Love

to a joyful pathway. The result (as I perceive it) is that Abraham is able to dance to an intricate and expansive tune that sounds like a mountain stream or wind in the trees or the many hooves of wild horses on the prairie. I LOVE IT!! Thank you so much.

With great love,
Christine — Internet

NOW WANTS WEEKLY I am already subscribing to your Monthly tapes and now wish to replace this subscription by subscribing to your Weekly Tape; this says how MUCH I enjoy and appreciate Abraham's teachings and what you do, Esther and Jerry! As everybody who has the great fortune of having you on our path, I can say, from the bottom of my hear, that the teachings change my life into joy and the simplicity of power, as well as the power of simplicity.

Love,
Elizabeth Marshall Mott —
Switzerland

THE MASTER KEYS I am from India, the eternal land of spirituality — little did I know that I would find the most profound words of wisdom and knowledge not in India, but in the US — to many, a land of all things material. Abraham's teachings are the "master" keys that will open hearts and minds to the most exquisite joys of the world.

Indresh Chauhan — India

LOVES THOSE DVDs I received my DVD set yesterday afternoon, my children were gone for the evening, so I stayed up late watching. I watched them and I LOVE

THEM!!! I know you get this all of the time. But, I am very excited. Thank you all. I love you all and all of your work.

Amy Boyle — KY

A JOYFUL CRUISE I returned from the Alaskan Well-Being Cruise full of joy and appreciation for all of the lovely moments I created on the trip. I was delighted to bump into Jerry and Esther many times on the trip, and I loved meeting some awesome beings who are also riding the wave of Broader Perspective. I came away from the trip knowing I am fully connected, and savor every moment of it every day! I feel that I truly know the 100% power of being Tuned in, Tapped in, and Turned on. I am very pleased to have Jerry and Esther and Abraham in my life for the last 3 years. I am loving every day! Thank you so much! I love being ALIVE!

Sharon Lee — Internet

ABRAHAMS DO ROCK I love YOU ALL!!!! I am having such a marvelous time with the Abraham-Hicks materials, and the workshop I attended in Detroit was definitely a PEAK experience in my life!!!! You folks Rock, everything that I have ordered or requested has been sent so quickly, and I am really loving having the CD's from the workshop I attended. I am enthralled with the *Sara Books* on CD (I purchased the books in print format as well.) Guess what all the important "Children in my Life" are going to find under their Yule Logs? Keep up the incredible efficient and important work that you do!

Be well, Be Happy,
Barbara Rene Rock — MI



Make Peace with Where You Are

ABRAHAM CLOSES THE WEST LOS ANGELES WORKSHOP: We have enjoyed this interaction immensely. It is delicious beyond description to come together with those, like you, who are coming into full empowerment of your own experience.

Be easy about this. Make peace with where you are. Look for reasons to appreciate your life and those around you, and, most of all, yourself. And coach yourself into more and more conscious alignment with emotions that feel good to you. Understand that wherever you are is all right and subject to improvement... But don't let the crevasse between where you are and the improvement you seek set you off balance so much that you lose sight of the direction that you are going.

Let the emotions that are within you guide you, and don't lose track of what you want. Say to yourself on a regular basis, "I am such a good person, and I came forth with such clear intent. And it is so satisfying to see my life unfold in the way that I have intended before I even got into this physical body. And I am loving so much getting to put my two cents worth in from here."

I am the creator of my own experience, and Universal Forces, God, and All-That-Is will assist me in accomplishing anything that I desire. There are no limits for me! Say it often, and let it be your experience.

There is great love here for you. We are complete.

West Los Angeles, CA — 3/6/05

G-1/8/05A — Hate and bombs won't control conditions. Could his taxes be "supporting another Hitler?" Deaths, whether man-made or by natural disasters? Aren't we guided away from unwanted deaths? How can I respond to suicidal Beings. Has a history of suicidal "bipolar" depression. She's a family physician, now teaching wellness.

G-1/8/05B — It isn't about punishing and "teaching lessons". Do you believe you get to choose? His skepticism of Non-physical doesn't serve him. Minister discovers Jesus' teachings in Abraham's. He wants to become more successful financially. Cat lover has problems with refrigerated animals. It's hard to stand up for herself.

G-SERIES CDS/TAPES SPRING, 2005

G-1/15/05 — How to get what I don't have? Adopted (now wants to birth) a baby. To hopefully move away from medicated diabetes? How much does Trump focus on unwanted? To soothe mate after a frightening diagnosis. Preschool genius "won't listen to his teacher". "Free at Last" at Sudbury Valley School.



G-1/22/05 — Liar, liar, your pants are on fire. You've made up things to frighten yourselves. Common unwanted denominator in her entertaining stories? Please tell us your better feeling stories. How can we recreate perfect body cells? Who is right, Abraham or Sai Baba? Why isn't "Abraham" teaching in Egypt?

G-1/29/05 — Make your peace with where you are. What's up with her occasional power surges? To feel worthy while 200 pounds overweight. Shouldn't she feel compassion for her sister? Wants \$1,000,000 without working for it. One day's bliss, to recurring back pain? Trouble asking others for what you want?

G-2/26/05 — The, lifetime after lifetime, Art of Allowing. About her money, business and sales vibrations? Must children be influenced to feel inappropriate? Was brother born with feelings of pedophilia? He is most appreciative of his successes. His contrasting hungers are the best sauce. Is "Sasquatch" human or animal, or what?

G-2/27/05 — You can't use "reality" as a criteria. No Connected human would harm another Being. What's suicide bomber's contribution to Source's growth. He enjoys the art of making money. What to do with his overflowing joy? Will modern science ever understand DNA? Wants to love her fun-self more.

G-3/5/05 — Jerry and Esther had Prevost door issues. Are Clown noses their key to bliss? Satisfied with what-is, or jealous of others? Is it true that ignorance is bliss? Heiress' son isn't speaking to his mother. Our Consciousness doesn't require a physical form. Feeling good, is our evidence of success.

G-3-6-05 — We have been programmed by others beliefs. How are we affected by sad movies? What to say to her paralyzed brother? Is her verbal dog talking to her? She feels on her career path, but...? Life's boredom was leading to smoking pot. How long are humans capable of living?

G-3/19/05 — Are you giving attention to your desires? Tears, as the releasing of one's resistance. Positive new babies vs. their cranky elders? Does junk food harbor an unhealthy vibration? She asks about the "veil of forgetfulness". What is most unusual about the ultrasuccessful? Do you believe that politicians control you?

*SEE PAGE 32 TO ORDER: G-SERIES, SPRING, 2005 CASSETTE ALBUM — \$90.00 + S/H — EACHES \$10
OR CD ALBUM — \$117.00 + S/H — EACHES \$15*

Quarterly Quotes from Abraham-Hicks

Make peace with outrageous abundance. *You are more likely to have a pure vibration and attract more abundance if you leave money out of the equation.* But it isn't because money is the "root of all evil." It's because it messes up your vibration, usually.

G-2/27/05

Expectation is a focus with a vibration that permits the receiving of what you're focused upon—and, you expect things, both *wanted* and *unwanted*.

G-1/8/05B

At the heart of every condition is a vibrational pattern—a rather minor tweaking of vibrational patterning (sort of like the hub of a wheel) can affect tremendously out there on the peripheral of this big wheel... *A little bit of tweaking on the emotion can make big differences in the way the physical manifestation occurs.*

G-1/29/05

It doesn't matter what anybody else is doing with *their* vibration, it only matters what *you* are doing. *You cannot desire something—and notice that it isn't coming—without offering two contradictory vibrations that won't let it come.*

G-1/15/06

When you talk about *what* you want and *why* you want it, there's usually less resistance within you than when you talk about *what* you want and *how* you're going to get it. When you pose questions you don't

have answers for, like *how*, *where*, *when*, *who*, it sets up a contradictory vibration that slows everything down.

G-1/29/05

Find something to feel good about and get out of the way, and allow the cells to receive what they've been asking for. That is the key to healing.

G-1/22/05

Every emotion, from despair all the way up to ecstasy; from complete Connection to who-you-really-are, all the way to pinching yourself off pretty severely, *all of those emotions are about your perception of freedom, or your perception of bondage—every one of them.*

G-1/22/05

“Do I have a responsibility to make the whole world beat to my drum?” No, nor could you. You beat *your* drum, and the Universe will respond to the drum that *you* are beating... There are as many different worlds being lived by as many different perceivers of the world as there are.

G-3/19/05

You cannot restore someone to their Connection with Source by belittling them or by punishing them, or by being disgusted with them. It is only through love that you can return anyone to love. And if you do not have a way of returning them to love, they will always be a problem to your society.

G-2/26/05

Quarterly Quotes from Abraham-Hicks

There is no source of evil. There is only a Stream of Well-Being, which you are allowing, or not. But under the name of righteousness and goodness and religion, you drop bombs on innocent children. And then you say, “it’s for the good of *all* of us.” And we say, we don’t see that. And you don’t see it from your Non-physical perspective, either. It’s only in your disconnection that those things make sense.

G-2/26/05

No human would ever do anything to harm another if Connected to Source because when you’re Connected, you’re empowered; you don’t feel insecure. And when you don’t feel insecure, you don’t need to do something to somebody else that you’re afraid of, because you’re *not* afraid. You understand that Well-Being is yours.

G-2/27/05

Your children are genius creators who have just arrived from Non-physical, who are feeling empowered. And if they would be left to their own devices, they would not go astray. They would maintain worthiness; they would maintain their feeling of Well-Being. They would thrive, unless it was taught otherwise to them. In other words, if others don’t do something to change their vibration, they are in a vibration of thriving.

G-1/15/05

Consciousness does not need physical form. But physical form needs Consciousness. And Consciousness enjoys physical form, because physical form is the leading edge of thought. So, Consciousness expands through the physical form. It’s not one or the other.

G-3/5/05

We are not proponents of long life. We are proponents of joyful life, and when you find yourself in joy, the longevity usually follows. Although we do not count the success of a life by its length; we count it by its joy.

G-3/6/05

Just do your best to keep yourself in balance. One of the first things that causes Energy misalignment, is asking or demanding too much of yourself in terms of time and effort. In other words, you just cannot burn the candle at both ends, so that you are physically tired, and then expect yourself to have a cheerful attitude. So, the rule of thumb has to be: “I’m going to be very, very, very happy, and then do everything I have time to do after that.”

G-3/6/05

We would like to leave you with this very clear knowing that we hold: You are just a few laughs away from letting a whole lot of good stuff in. You are just a few kisses away from letting a whole lot of good stuff in. You are just a little bit of relief away from letting a whole lot of good stuff in.

G-3/5/05

Continued from page 7

this Emotional Scale. And when you make it up there into the consistent range of feeling pretty darn wonderful, then wonderful things become the basis of your experience.

Sometimes well-meaning people will encourage you to get happy faster than you can. And the reason that we say that is because, as we said earlier, you cannot put your radio dial on 630 AM and hear what's being broadcast on 98.6 FM; the frequencies have to match up. And if you are in despair, or fear, or anger, you can't jump all the way into bliss; you can't even get a whiff of bliss. It's a different vibrational frequency.

So, what we have noticed as we've been watching you, we notice that when you try to jump from anger or despair all the way to

bliss, you don't make the jump; you can't possibly do it. And it's not because you're not good; it's because *Law of Attraction* is not going to give you access to thoughts or memories or experiences, or other people, that's very far from where you are offering your vibration.

It is so important that you decide today (well, you can decide tomorrow; you can decide any time you want to, but it will be important to you when you make this decision) that you're not going to

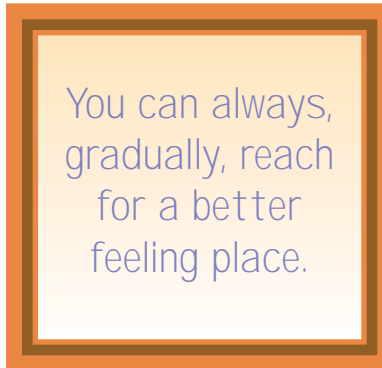
try to jump frequencies... *It doesn't matter where you are; you can move gradually into increasingly better places.*

The thing that is so important is that you, now, once and for all, make a decision that the relativity you're going to be aware of is only going to be the relationship between how I *am feeling*, and how I *want to feel*. In other words, *My dominant intent is to find the best-feeling thoughts that I can find from where I am. Not the best-feeling thought I've ever thought, or not the best-feeling thought that anybody has ever thought, but just the best-feeling thought that I have access to, right now.*

Decide, really soon, that you are not going to compare your emotional state with anybody else's, because their emotional state is only about their emotional state; it doesn't have any-

thing to do with you. Your friend that says, "Cheer up; be happy; come with me," say to your friend, "I was depressed yesterday, and today I'm really, really angry. And it's the best I can do. So, don't ask me to jump up there in your bright, fluffy, sunshine, lollipop and roses vibration; it's not possible. It's a quantum leap I cannot make. Go away, unless you like to be around an angry person."

Decide that you're going to be aware of how you feel, and that how you feel really matters, and feel



Continued on page 27

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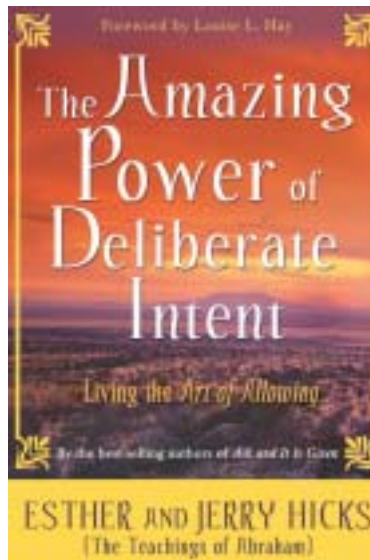
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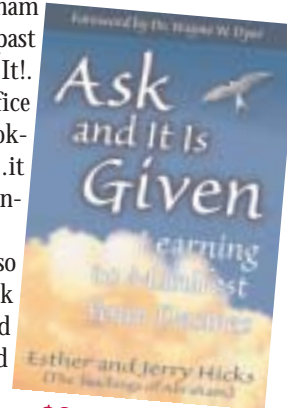
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Our publisher, Louise Hay, asked us to ask Abraham to produce a new book that would encompass the past 18 years of the Teachings of Abraham—And this is It!. *Ask And It Is Given* is now available through our office in San Antonio and on-line, as well as through bookstores throughout the US, England and Australia...it will soon be available in every nation and in every language that Hay House services.

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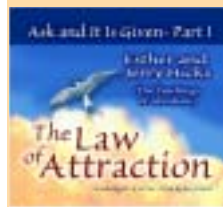
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CD-3/AB-3 LAW OF DELIBERATE CREATION — Discover the ecstasy of understanding universal Laws which are absolute — no matter what the circumstances. Without an understanding of this universal Law, it is as if you are playing in a game where the rules are not understood, so it is not only impossible to know if what you are doing is appropriate, but you do not know how to win the game. The rules of the game of life are clearly offered here.

CD-4/AB-4 LAW OF ALLOWING — Of all things that you will come to understand through this physical life experience, nothing is more important than to become an allower. In becoming an allower, you are free of the negativity that binds you. Learn the joyful difference between tolerating and allowing — and experience the blissful difference in every relationship you have.

CD-5/AB-5 SEGMENT INTENDING — Our futures are individually paved by the steady stream of thoughts we set forth. We are literally creating our future life as we direct our thoughts of this moment into the future. Discover the magnificent power you hold in this moment — and learn how to use that power always to your advantage.

CD-6/AB-6 GREAT AWAKENING, BLENDING — You have deliberately and excitedly chosen this time to be physical beings upon this planet, because you knew in advance that this would be the time when many — not all — physical beings would recognize the broadness and great value of their being. Follow this step-by-step process for awakening.

CD-7/AB-7 RELATIONSHIPS, AGREEMENTS — We are all creators as we individually think and plan, but we are also often co-creators as we interact with others. Most relationships with others are far less than we want them to be. Find out why. Discover how to rejuvenate unhealthy relationships and attract new harmonious ones.

CD-8/AB-8 BODILY CONDITIONS — Nothing is more important to us than the way we feel and look, and yet so many do not look or feel as they would like to. There is not a physical apparatus, no matter what the state of disrepair, that cannot have perfect health. Discover the powerful processes to bring your body to the state of being that pleases you.

CD-9/AB-9 CHRIST CONSCIOUSNESS, RELIGIONS & BIBLES — While it can be satisfying to read and remember the teachings of the great ones who have gone before us, it is ever more joyous to discover the power of that knowledge within our own being. Learn the process to go within — as Christ encouraged — to experience the blissful oneness with Christ.

CD-10/AB-10 ADDICTIONS — Habits, or compulsions, or addictions can range from annoying to destroying. Often, long after they are no longer wanted, they can bind and control your life. As you listen to this recording — you will for the first time understand exactly what the addiction is, and the simple process offered here will free you from it.

SPECIAL SUBJECTS TAPES — VOL II



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AB-12 PIVOTING & POSITIVE ASPECTS * — If I am the "Creator of my own experience", why don't I have more of what I want? Fostered by an action oriented world, most of you do not understand your true nature of attraction, thus the confusion in why you are getting what you are getting. These processes of pivoting and the book of positive aspects will assist you in the self-discovery of what is important to you, and will put you in the strong, clear place of Well-being, so that you can allow what you want into your experience.

AB-13 SEXUALITY — Love, sensuality and the perfect sexual experience — pleasure vs. shame. This misunderstood issue lies at the heart of more disruption in the lives of physical beings than any other issue. Discover the true nature of your being, and release yourself from the negative turmoil that surrounds the subject of sexuality.

AB-14 DEATH — Aging, deterioration and the perfect death experience — choices vs. chances. The gathering of years is a natural experience. However, deterioration of your physical body is neither natural nor necessary. Be healthy and productive and active and happy until the very day of your chosen re-emergence into the Non-Physical.

AB-15 DOLLARS — Abundance, in perfect flow — gaining the freedom that dollars can bring vs. losing your freedom while gaining your dollars. As there is an abundance of the air you breathe, so there is an abundance of the dollars you seek. Listen and learn how to relax and breathe in the fresh air of freedom offered to you through the abundant flow of dollars.

AB-16 HEALTH, WEIGHT & MIND — The perfect states of weight, health and mind — how can I get there and stay there? Diet plans abound and research continues and yet the number of those unsuccessful at maintenance of satisfactory bodily and mental conditions increases. Understand how your body functions and why you are as you are — and then begin your swift and steady progress toward that which you desire.

AB-17 MATING — The perfect mate: getting, being, evoking one — Attracting vs. attacking. While it is your natural endeavor to co-create with others, there are few who have discovered the bliss of magnificent relationships. Find out how you can experience the joy of a perfect union.

SPECIAL SUBJECT TAPES — VOL II

AB-18 PARENTING — Perfect harmony between my children and me — and me and my parents. Harmonizing vs. traumatizing. While often disconnected from parents, either by death or by distance, your parent/child relationships often have great influence in your experience with your children or with your current life experience. Learn how to perceive what has been in a way that is beneficial to your now rather than destructive. Let that which you have lived be of value.

AB-19 CAREER — The perfect career. What, where and when is it — and what can I do about it now? With so many exterior standards or rules regarding the appropriateness of your behavior or choices — in most cases more confusion than clarity abounds. Use this process to discover and attract that which is perfect for you. Stop the futile backwards approach — and begin creating from the inside out.

AB-20 SELF APPRECIATION — If I am so "Perfect as I am" — then why don't I feel better about me than I do? Selfishness vs. selflessness. Your awareness of your perfection was intact as you emerged into this physical body, but it was soon sabotaged by the critical, comparing, judgmental world that surrounded you. Rediscover your true sense of value and Well-being and perfection.

AB-21 INNER GUIDANCE — Tell me more about my Inner Voice? Because you have thought in terms of being dead or alive, you forget that you are, simultaneously, physically focused while another part of you remains focused from Non-Physical perspective. Once remembering that the inner you exists, you may begin to listen to what your Inner Voice is offering. Here is the process for re-establishing that important conscious connection.

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A Twelve Point Synopsis of Abraham-Hicks' Teachings

1 *You Are a Physical Extension of That Which is Non-physical.*

All-That-Is, or that which you call God, is not finished and waiting for you to catch up. You are the leading edge of thought, here seeking more: more of all that feels good to you, more of that which is fresh and gloriously uplifting. (You are, in essence, bringing heaven to earth.)

2 *You Are Here in This Body Because You Chose to Be Here.*

You chose the opportunity to experience this delicious contrast in time and space, and with great anticipation you came to co-create with other joy-seeking beings, to fine-tune the process of deliberate thought. (What, where, when and with whom you create are your choices, too.)

3 *The Basis of Your Life is Freedom; the Purpose of Your Life is Joy.*

You are free to choose to discover new avenues for your joy. In your joy you will grow; and in your growth you will add to the growth of All-That-Is. (However, you are also free to choose bondage or pain . . . but everything anyone chooses is only because they believe it will help them feel better.)

4 *You Are a Creator; You Create With Your Every Thought.*

By the Universal Law of Attraction, you are attracting the essence of whatever you are choosing to give your attention to — whether wanted or unwanted. And so, you often create by default. But you can know by how your emotion feels if what you are attracting (creating) is what you are wanting or if it is not what you are wanting. (Where is your attention focused?)

5 *Anything That You Can Imagine is Yours to Be or Do or Have.*

As you ask yourself why you want it, the essence of your desire is activated, and the Universe begins to bring it to you. The more intense your positive feelings, the faster it is coming to you. (It is as easy to create a castle as a button.)

6 *As You Are Choosing Your Thoughts, Your Emotions Are Guiding You.*

Your loving Inner Being offers guidance in the form of emotion. Entertain a wanted or unwanted thought, and you feel a wanted or unwanted emotion. Choose to change the thought and you have changed the emotion — and you have changed the creation. (Make more choices in every day.)

7 *The Universe Adores You for it Knows Your Broadest Intentions.*

You have chosen to come to earth with great intentions, and the Universe constantly guides you on your chosen path. When you are feeling good, you are, in that moment, allowing more of that which you have intended from your broader perspective. (You are Spirit Incarnate.)

8 *Relax into Your Natural Well-Being. All is Well. (Really It Is!)*

The essence of all that you appreciate is constantly flowing into your reality. As you find more things to appreciate, your state of appreciation opens more avenues to more for which to feel appreciation. (As you think, you vibrate. As you vibrate, you attract.)

9 *You Are a Creator of Thoughtways on Your Unique Path of Joy.*

No one can limit where you can direct your thought. There are no limits to your joyous journeys to experience. On the path to your happiness you will discover all that you want to be or do, or have. (Allowing others their experiences allows you yours.)

10 *Actions to Be Taken and Possessions to Be Exchanged Are By-products of Your Focus on Joy.*

On your deliberately joyous journey your actions will be inspired, your resources will be abundant, and you will know by the way you feel that you are fulfilling your reason for life. (Most have this one backwards, therefore most feel little joy in their actions or their possessions.)

11 *You May Appropriately Depart Your Body Without Illness or Pain.*

You need not attract illness or pain as an excuse to leave your body. Your natural state — coming, remaining or leaving — is that of health and Well-Being. (You are free to choose otherwise.)

12 *You Can Not Die; You Are Everlasting Life.*

In grace, you may choose to relax and allow your gentle transition back into your Non-physical state of pure, positive Energy. Your natural state is that of Foreverness. (Have fun with all of this! You can't get it wrong, and you'll never get it done.)

PS *It is not necessary for even one other person to understand the Laws of the Universe or the processes that we are offering here in order for you to have a wonderful, happy, productive Life Experience — for you are the attractor of your experience. Just you!*

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TAPE/CD ONE

17:00 How true can I make my "Truth"? 5:00 Somebody should do something about that problem. 13:00 To deactivate the vibration of your resistance? 12:05 Abraham gives a brief Vibrational Reality example. 5:23 Fall in love with where you are. 3:00 He's noticed that he has contradicted philosophies. 5:16 Is it possible to transfer negative moments? 12:04 Why did she get scratches on car?

TAPE/CD TWO

10:00 Where do compassion and empathy fit in? 4:18 How long to stay in meditation? 3:45 Some questions about "New Age energy" terms. 6:00 Her husband has his own unique wisdom. 8:20 She usually finds joy in her painting. 8:52 Therapist has little tolerance for client's disconnection. 1:14 She wants to be the chosen one. 23:05 Her relations with relationships are still sticky. 4:50 What's up with her sporadic head tremor?

TAPE/CD THREE

4:30 Why doesn't Abraham laugh like others? 5:12 Her meditation teacher misguided her into vegetarianism. 5:54 Abraham doesn't differentiate between males and females. 8:21 Is there a valid Energy Stream ritual? 7:41 The voice said "no" to medical procedure. 10:19 She has some questions about physical pain. 5:14 Was death as delicious as Mother observed? 4:09 How could she have lost unborn baby? 6:37 Would Law of Attraction determine starving adoptee? 15:43 He wants more success with less work. (Cont'd.)

TAPE/CD FOUR

(Cont'd.) 14:20 He wants more success with less work. 7:32 Realistically, how far is he from success? 1:26 How do psychics read other's thought waves? 19:20 My Infinite-Self relationship. 16:00 The season of her long lost father. 8:00 Whether fungus or emotions, so be it! 1:00 Abraham closes the Boston Massachusetts Workshop.

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Continued from page 14

exhilaration when your vibration shifts. When you move from despair or fear into anger, we want you to have a triumphant feeling of celebration because that was enormous, important movement, vibrationally, and because once you get angry, you can move rather quickly into frustration, and when you find that fresh breath of air that frustration gives you, we want you to stop and celebrate your achievement—but you're not going to be able to do that if you are trying to compare yourself with where others are....

Your creativity, has only to do with your relationship with the Source Energy that creates worlds. And your emotions tell you everything you need to know about that relationship. So, it doesn't matter how happy somebody else is; it only matters how happy you are.

Do you know how, in the classroom, they'll give you an A for this behavior, and a B for this behavior, or an E, or an F for that behavior. And so, you begin to think that somebody up there in *joy* and *appreciation* should get the A, and somebody down here in *depression* should get the E or the F. And what we want to say to you is, when you move from *depression* or *fear* into *anger*, give yourself an A, because that movement means everything.

What it means is, you've shifted enough vibrationally that you now have access to a whole other range of thoughts and experiences. And, of course, you do not want to get stuck there in *anger*, but from *anger* you have a prayer of reaching *frustration*, where you can't usually find yourself in the fresh breath of air that *frustration* is from *despair* or from *fear*; it's too much of a vibrational jump.

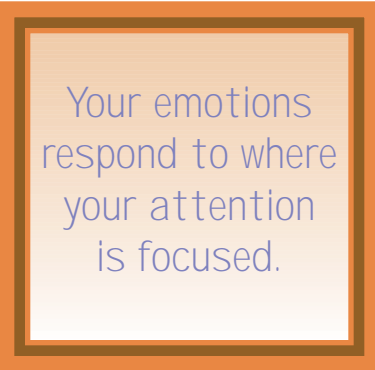
If you'll look back into your experience, you will begin to notice (and we

don't want you to look back too much, but just begin to viscerally feel around) *that emotions are always coming in response to what you are giving your attention to.* And with far less effort than it takes to learn *QuickBooks* on your

computer, you're going to discover that you can be in control of the way you feel, which means, you now have mastered the *Art of Allowing*. That means, no matter what's going on around you, you have discovered a way to feel good and remain in Connection, and when you've discovered that—then Well-Being must follow you everywhere you go.

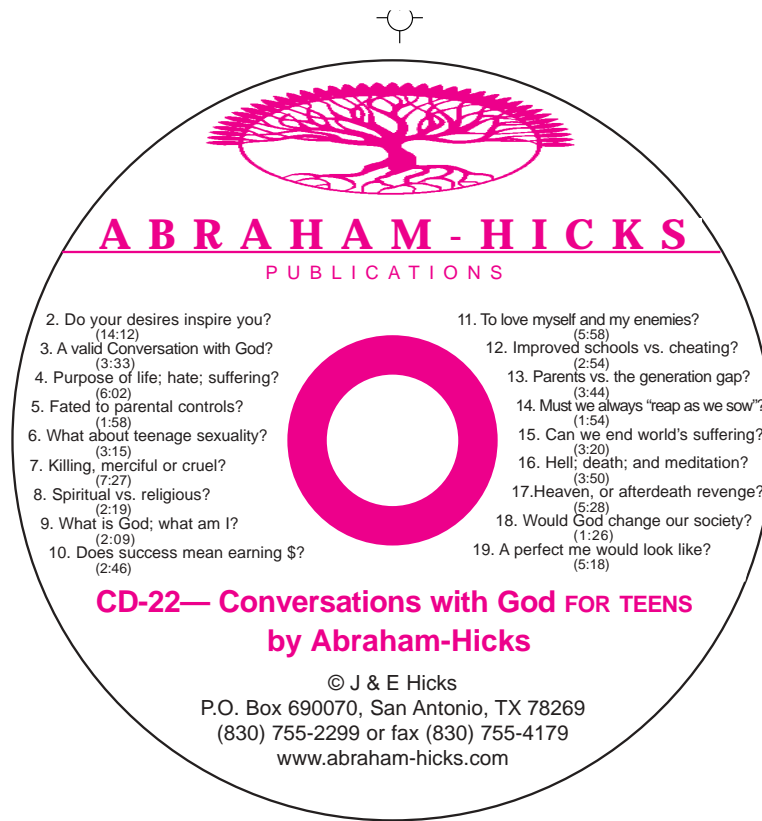
Esther talked to a friend who's a magnificent counselor, (using many of the techniques that Abraham has offered over the years with her clients) and she says, "I tell my clients, 'find the eye of your hurricane and stay there.'" And Esther

Continued on page 43



Your emotions
respond to where
your attention
is focused.

Conversations With God for teens by Abraham-Hicks



In 1999 USA Today published an article: "If you could ask God any question... what would it be?" I presented those questions to Abraham and we published the recording as G-5/30/99.

We recently discovered, our friend, Neale Donald Walsch's *If you could ask God any question...?* book: "Conversations with God for teens", and now it has been a thrill for me to present over 50 of my favorite "teens" questions to Abraham at our El Paso Workshop — and to now make the dialog available to you!

Don't you wish we could have had this wisdom "back then"? Isn't it a blast to have it now?!

Order CD-22 — \$15 (plus S/H)
AB-22 (cassette) — \$10 (plus S/H)

CD'S NOW AVAILABLE

The *Monthly Subscription Program* and *Weekly Subscription Programs* and the *Free Introduction to Abraham* recordings can NOW be ordered on CD or Cassette.



Weekly Cassette Program\$10.25 per week
Weekly CD Program\$12.50 per week
Monthly Cassette Program\$12.00 per month
Monthly CD Program\$15.00 per month
MASTERS' Cassette Program\$50.00 per workshop
(Unedited albums of complete workshops)
Master's CD Program\$60.00 per workshop
Introduction To Abraham CassetteFree + \$5.00 S/H
Introduction To Abraham CDFree + \$5.00 S/H
("Free Introduction" download at www.abraham-hicks.com)

VARIOUS SERVICES AND PRODUCTS

MONTHLY SUBSCRIPTION CASSETTE OR CD PROGRAM

We select and edit from as many as 28 new Group Session Tapes that ABRAHAM produces in a month, a 74 minute recording of what we feel contains the most new, inspiring and thought provoking material. And we ship that 74 minute composite recording to the subscribers of the Monthly Subscription Program. *A gift that keeps on giving. Subscription fee: \$12 per month for cassette and \$15 per month for CD.*

- ...Enclosed, please find a check for another one-year subscription to the Monthly Tape Program. *...Every time I replay any one of those tapes, I realize that it has a whole new meaning for me... What a great way to start the day! My profound gratitude to you for sharing this wonderful way of life. — New Jersey*
- ...You do a wonderful job of editing the Monthly Tapes, because each tape seems to give the answer I need at the time. *Each month gets a little deeper and broader. It is so wonderful to have such guidance. You are what is needed on our planet now. Fondly — Iowa*

WEEKLY SUBSCRIPTION CASSETTE OR CD PROGRAM

For those who want to learn as much as they can “to be and have and do” as fast as they can and are not in the position to personally attend ABRAHAM’S ever evolving Workshops, we offer this Weekly Subscription Program: We choose, each week, what we consider to be the workshop with the most stimulating, practical, new ideas — or significant ideas presented from a new perspective — and we form a 74 minute composite recording and ship it to our subscribers. Four cassettes equal one month’s billing. *Fill your spare moments with upliftment, flow and forward motion. Subscription fee: \$10.25 per week for cassette and \$12.50 per week for CD.*

- ...I’m so enjoying the Weekly Tape Program! Each new tape seems to get better and better! My life has been transformed in the three years that I have been listening to your tapes. *Every aspect of my life, every relationship I have, has been enriched and enhanced with the knowing of Abraham. I am eternally grateful for this information! With a full and joyful heart. Your friend — Pennsylvania*

MASTERS’ SUBSCRIPTION PROGRAM

Be on a standing order to receive the uncut recordings of every Workshop. Subscription fee: \$50 for each 4 cassette album. \$60 for CD’s (plus S&H)

WORKSHOPS, WEEKENDS & CRUISES

What do you want to more clearly understand?: Your state of becoming? Finances? Bodily conditions? Relationships? Business/Career? Metaphysicality? Your state of being/having/doing...? To participate in an open group “Questions and Answers” workshop with ABRAHAM, (see page 4 for details) contact Abraham-Hicks Publications at (830) 755-2299 for dates, locations and to make your reservation.

- ...I was at your workshop in Chicago a few days ago, and I am still floating several feet above the earth. I had listened to the tapes and read some of the books but *being in the presence of Abraham and watching Esther’s physical expression of this profound energy and passion has truly taken me to another level of being able to integrate this information more deeply and easily. Much love. — Illinois*

TO RESERVE OR SUBSCRIBE, CALL OUR OFFICE AT 830 755-2299

PRICE LIST

WORKSHOPS, WEEKENDS, & CRUISES — Details are posted in each Quarterly Journal on page 4 & 30. Call (830) 755-2299 for details of activities in your area.

STARTER SET — Cassettes: \$35. CD's: \$45. (See page 18) Album of five of Abraham's most powerful and popular recordings. (See ordering information on page 32.)

WEEKLY SUBSCRIPTION PROGRAM — Cassettes: \$10.25 per week. CD's: \$12.50 per week. One 74 minute composite of group sessions. Call or write to begin your Weekly Tape or CD Program. (See page 29 & 30)

MONTHLY SUBSCRIPTION PROGRAM — Cassettes: \$12 per month. CD's: \$15 per month. One 74 minute composite, each month, that offers the most new practical and inspirational material from Abraham, is selected and shipped to a group of subscribers. Call or write to begin your Monthly Tape or CD Program.

MASTERS' PROGRAM (4 CD WORKSHOP ALBUMS) — You may now order 4, 74 minute recordings (with flaws and flows) of complete workshops. Cassettes \$50. CD's \$60 (plus S & H). Call our office (830) 755-2299 for subscription details.

CASSETTE TAPES & CDs — \$10 each. (CD's \$15) Order 3 or more at \$9 each (CD's 3 or more \$12) — or order 5 or more (in same "Set", "Volume" or "Season") and they will be shipped to you in a complimentary, (a limited offer) convenient 12 space cassette album. Abraham's "AB Series" – Special Subjects 74 minutes, and their "G-Series" 74 minute group session composites are all priced the same: \$90 for the album sets of 10, (CD's \$117) \$10 for singles (CD's \$15) or \$9 each (CD's \$14) when ordering 3 or more. (Plus shipping and handling.)

BOOKS — Paperback \$15 each, Hardback \$20 each. (Plus shipping and handling) Study groups, teachers or dealers, call for volume discount when ordering 9 or more books. (See page 15 & 38)

3 TAPE ALBUMS — CD'S \$45, Tapes \$30 each (plus S/H). Currently these include our Sara Books on tape and Abraham's Greatest Hits albums. (See page 26 & 42)

DAILY PLANNING CALENDAR/STUDY GROUP WORKBOOK — A 768 page planning, implementing and manifesting calendar to utilize for your personal creation, or use it as a Course Workbook for a 12 month Group Study. \$25 (plus S/H). *Check it out: satisfaction guaranteed.* (See page 36)

DVDs & VIDEO CASSETTES — For prices and details of offerings see DVDs and videos on pages 44 thru 53.

TRANSCRIPTIONS — Many 90 minute Abraham recordings have been transcribed and are now available for \$10 each (plus S/H). On line, \$5.

QUARTERLY JOURNAL — "The Quarterly Journal of *The Science of Deliberate Creation*" — Published 4 times a year by Jerry and Esther Hicks. (Current issues are complimentary while in stock. Back issues can be ordered for the minimum packaging and delivery fee of \$5 each while supplies last.) Other countries pay postage only.

FREE INTRODUCTION TO ABRAHAM-HICKS — This 74 minute recording is an ideal way to introduce the concepts to someone you love. The basics are all here! Specify tape or CD format and include \$5 for minimum shipping and handling. (See page 35)

WEB SITE — Visit our up-dated Web Site: www.abraham-hicks.com. Free downloads of *Free Introduction to Abraham*, 74 minutes, or a sample of *A New Adventure Music CD*.

ORDER FORM

ORDER BY TELEPHONE: (830)755-2299 or FAX (830)755-4179

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WBC		CARD DECK: Well-Being Cards — Abraham Teachings @ \$12.76	
CD-ST		STARTER SET: Abraham's Basics in CD Format @ \$45	
CDVONE		ALBUM SPECIAL SUBJECTS: CDs @ \$110 (or Tapes ABVONE \$80)	
ABVTWO		ALBUM SPECIAL SUBJECTS: (10 Tapes) @ \$90	
ABCN		DAILY PLANNING CALENDAR/WORKBOOK @ \$25	
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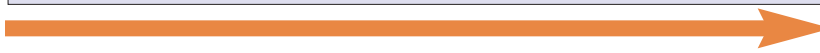
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Call, write or email telling us the title series date and problem and we will replace, or refund cost of the item. (We no longer refund shipping costs.)

We are most appreciative of the many suppliers of services and materials who make it possible for Abraham's words to reach you so efficiently. As costs of doing business are increased, or decreased (taxes, inflation, etc.) to any of our suppliers and passed on to us, we, in turn, through our varied business transactions, reflect those changes back into the international economy.

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Thank you!

Our thanks to you for your role in this joyous co-creation. Your thoughts as we interact, your pondering, questioning, recognizing, knowing and wanting... add to our forward motion and to the fulfillment of our purpose.

We intend to allow ABRAHAM'S words of perspective, positive guidance and stimulation of thought, to go as far and as fast as they are wanted. At the same time, we intend to continue our abundant, positive, mental, material and spiritual experience — and we do appreciate your contribution of “thoughts, words and deeds.”

Do you have a friend who would enjoy our Quarterly Journal?

Name (Please print) _____
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Your name _____

* EDUCATORS—TEACHERS—STUDENTS *

Are you involved in education and interested in an uplifting perspective? We can mail to you (at no cost) a copy of Daniel Greenberg's *Free At Last*, highlights of the first 20 years of the remarkable Sudbury Valley School experience. We have a few remaining copies (not for sale) just let us know if you would like one and we'll get it off to you as soon as it is practical.

This book will make your heart sing!

(We ship this book only to the one who is requesting it.)

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We are aware that due to technical or personal idiosyncrasies you may receive a damaged or defective or unwanted item from us — but we will replace it or refund your money (whichever you prefer) just as soon as you call or write and give us the details. Unless we request it, please don't bother with shipping the item back to us. Just toss it away, or pass it on. We want you to be completely satisfied with our products and our service.

Jerry & Esther

Packaging & delivery (S/H) costs are no longer refundable.

FREE CD/CASSETTE " INTRODUCTION TO ABRAHAM "

... Yesterday I received the Introduction to Abraham CD! Although I have been working with Abraham's ideas for more than a year, am a member of the "CD of the Month" club, and was very happily present at the workshop at the Biltmore Estate in Asheville, I had never heard the introductory tape. Well, the information on that CD helped me bridge a gap in my thinking about the principles of deliberate creation. And the clarity feels wonderful! Many thanks for the CD, and for all the wonderful work you are all doing!

With boundless appreciation, — LR — NC



... Thanks for the wonderful new Introduction CD. Wow! I'm so very pleased! My gratitude, for so much Joy and Well-Being that I am now experiencing, is immense. I resonated with the comments from the readers and listeners on the inside of the jacket cover of the CD: "I've been a 'searcher', 'seeker', 'sharer' since I was a teen," except in my case it's been since I was about 5. The next line just floored me, "My middle name was purported to be 'Why?'" How true... I was asking as a child. Especially as a child. I never stopped asking. And thank you for clarifying the role that "contrast" plays in our lives. Yes, all the pieces are finally falling into place. And also "Thank you for helping to put the fun back into my life". My entire experience has pivoted, literally.

Thanks again — In absolute bliss — BF — Canada

This 74 minute newly remastered and musically scored *Introduction to Abraham* is now available in cassette or CD format. It's a comfortable way to share Abraham with those who seek a new way of realizing a more successful life experience.

Order: CD-1 or AB-1 (Include \$5.00 Minimum S/H)

(See free download at www.abraham-hicks.com)





WORDS OF WISDOM FROM THE BROADER PERSPECTIVE

YOU WILL COME BACK LIFETIME AFTER LIFETIME — not because there are some rungs on a ladder that you must climb (not because there is some hierarchy that you are hoping to achieve; not because you are wanting to achieve some sort of perfection and then never come back again) but for the joy of it! You are creators who love creating! And there is no place anywhere, any time, that is more delicious than this time/space reality in which you are focused. The contrast is so prevalent; the variety is so amazing. Your ability to focus has never been better. And now, you are remembering who-you-are and coming back into alignment so that you will be the absolute enjoyers of the joyous life that you are creating.

Excerpted from — G-2/26/05 — San Rafael, CA

PRESENTING A POWERFUL 365 DAY COURSE IN SPIRITUAL PRACTICALITY

Habits are usually created slowly. And since a major aspect of the value to you of using this material will be the changing — often slowly — from unwanted habits of thought to habits of thought that are more appropriate to your current conscious desires — *but the most common use of this calendar will be as a joyous 365 day journey into a new world of leading edge thought and experience.*

Begin experiencing the power of this calendar at any time. You don't have to wait until the first of next year. However, in order to get into time sequence with the calendar — it is best to start at a month's beginning. Let the first day of your first month be day one (page three) of this calendar.

After over 30 years of studying, teaching and enjoying the art of personal fulfillment, I have long understood the power of clarifying and writing out my decisions in appointment books, journals, organizers, etc. But as the years passed, I became aware that at the most joyous and highly productive seg-

ments of my life — I simply carried, daily, a fresh, updated sheet of paper in my pocket. This works!

The first sides of the pages are compilations from the best of the Abraham teachings. The second sides of the pages are designed to accommodate your daily list of things to do. *But as the course progresses, you will discover that the pages will be offering processes and techniques to fit the advancing stages of your progression within these materials.*



Your only power to create your life is in this moment, and the Abraham-Hicks Planning Calendar is designed to focus the purest of your intentions to your todays, the time in which you have

your creative power.

In our estimation, this Abraham-Hicks Planning Calendar/Workbook is the most effective tool available for the practical application of "The Science of Deliberate Creation." Utilize it to create and to teach others to create, the perfect (by your ever changing standards) adventure in living.

*"If you want to change what you are living,
you only have to change the balance of your thought." — Abraham*



THE SCIENCE OF DELIBERATE CREATION

Abraham-Hicks Daily Planning Calendar and Study Group Workbook



A 365 DAY COURSE IN SPIRITUAL PRACTICALITY

- The material in this calendar/workbook has been specifically intended as an experiential guide to comfortably change your balance of habits of thought to that which will enrich every aspect of your experience.
- Begin in any month. The pages are left to be dated by you.
- This is a study to do, not a study to simply peruse. It is a study to have fun with in every way that you can imagine.
- The pages are the size of two \$100 bills, side-by-side. Tear out a page a day. They are portable. Fold them into your wallet or checkbook, or simply carry them in a pocket. On one side you will find life enriching reminders of some things you may have forgotten and on the other side you can write intentions, ideas, names, numbers. Post them on your mirror, refrigerator, the sun visor of your car...
- Carry a seven day segment or a vacation segment with you when you are away from home — and then file them for future reference.

— Let the Magic Begin —

SELF HELP FROM YOUR TOTAL SELF

ORDER: PLANNING CALENDAR — ABCN (768 PAGES) \$25 USA — PG 32

BOOKS: A NEW BEGINNING I & II



THIS EXTRAORDINARY BOOK is powerfully offered by a group of teachers who call themselves Abraham. They express clearly and simply the laws of the universe, explaining in detail how we can deliberately flow with these laws for the joyful creation of whatever we desire. Abraham describes this as the time of awakening, explaining that each of us chose, with very deliberate intent, this specific time of great change to participate in this physical experience. This is an empowering, life-changing book that will assist you in seeing your personal life experience as

you have never seen it before.

...The breakthrough book that started a worldwide interest in Abraham. Now in its tenth printing, *A New Beginning I* explains in simple terms the eye-opening fundamentals of living a life of health, wealth and happiness. — Texas

Softcover. \$15. 219 pages. ISBN 0-9621219-3-2.
(To order, see page 32, or call 830 755-2299).

THIS IS AN UPLIFTING BOOK that strikes a chord with the very core of your being. Written by Abraham to assist you in understanding the absolute connection between your physical self and your inner self, Abraham puts this physical life experience into perspective as they explain and define who we really are and why we have come forth as physical beings. This book is filled with processes and examples to assist you in making a deliberate conscious connection with your own Inner Being, that you might find the awesome satisfaction with this physical life experience that can only come once this connection is made.

...Now in its ninth printing, *A New Beginning II* contains uplifting new material from Abraham including *Law of Attraction*, *Law of Allowing*, and the effective use of your *Guidance System*. Includes questions and answers from live workshops, affirmations, and powerful processes for increasing your ability to intentionally create WHATEVER you want. Incredible! A must read! —

Softcover. \$15. 277 pages.
ISBN 0-9621219-1-6



Hello from Jerry & Esther

Continued from page 2

version?" our answer is: If we were standing in your physical shoes, we would continue to create this *Quarterly Journal*, as you have been doing.

We know that when you have asked about the value of this publication, you have been asking about the value to those people who will receive it. And there is no question that there is tremendous value being received by thousands of people who always look forward to receiving this publication. But we want you to know, that if no one, other than the two of you, were to ever see this publications, the time, effort, energy and dollars that you apply to it would well be worth it.

We watch Jerry, beginning the process as he takes notes during the seminars of powerful points, or new ways of looking at things. We see the two of you, sifting through the hours of seminar material, choosing the highlights for your audio subscription programs, and we see your pleasure as the spoken word is then transcribed into the written word. We feel Jerry's pleasure as he reads through the pages, reliving again the power of the seminar, and taking delight in uncovering a nugget that is sure to be of value to those who will later read it, in *this* format. You always enjoy the selection of the color palette and the placing of the pictures. You take such pleasure in each new product as you

do your best to describe it so others will understand what it is.

Our favorite part of your *Quarterly Journal* process is watching Jerry gather, condense and then select the quotes for your *Quarterly Quotes* pages. He always gathers many times the number of quotes that you have space for in your journal. You could create a *Quarterly Journal* of wonderful things that you did not have space for in *this Quarterly Journal*.

We feel your pleasure for the thousands of letters of appreciation that make their way to you in various forms. The process of these *Quarterly Journals* provides the framework in which all of this pleasure can unfold in your lives.

We always enjoy the triumphant feeling of exhilaration that exudes from you as you drop your package into the Fedex box and then clear the stacks of notes, and preliminary print proofs from your desktops.

And so, Jerry & Esther, while so many people will benefit from your quarterly labor of love, there are none who will benefit from it more than the two of you.

There is great love here for you,
Abraham

Jerry & Esther



SARA. BOOK 1 — Sara, and the Foreverness of Friends of a Feather



...My whole family read this book and we haven't been the same since. My husband, perhaps, was the most moved by it. He actually said that it had such a tremendous impact on him that he looks at life with new eyes. It's like being nearsighted your whole life and then finally getting glasses. Everything becomes crystal clear.

I cannot say enough good things about this life-transforming book. If there is only one book you ever buy, make sure it is this one. You won't regret it! (all ages)

— by Denise Tarsitano in the "Rising Star Series."

THE BOOK *Sara, and the Foreverness of Friends of a Feather* is a novel about a young girl, Sara, who learns about life through a wise owl named Solomon.

As you settle into this book you will begin to experience Sara's life, almost as if it is your own. You'll discover that the questions that Sara's life uncovers will not be so different from the questions of your own life.

Sara has the benefit of a wise and wonderful mentor who not only knows the answers to all questions, but also understands that words don't teach. Solomon wisely helps Sara to find the answers to her very important questions through her own life experience. And as Sara discovers her answers — you will very likely discover some of your own, as well.

This book will awaken within you wisdom you were born with, that you may have forgotten. It will open you to who you really are. (all ages)

BOOK: Ask for SARA-1 — \$15 (plus S/H) Softcover.— ISBN 0-9621219-4-0

Spanish Edition: El Libro de Sara \$17:00 (plus S/H)

CDS & TAPES

Sara and the Foreverness of Friends of a Feather is now available as an unabridged book on tape or CD. Containing three recordings, this album offers over three hours of inspiring, uplifting and entertaining listening.

At the wheel of your vehicle or doing mundane chores or relaxing with closed eyes, you can now comfortably absorb the pleasure of this extraordinary magical relationship between young Sara and her ethereal, old, feathered owl friend, Solomon...



CDS: Ask for CDS3S1 — \$45

CASSETTES: Ask for S3S1 — \$30

(830) 755-2299 (Order form page 32)

SARA. BOOK 2 — Sara and Seth, Solomon's Fine Featherless Friends

When Seth moves into Sara's mountain town, and right into the middle of all of the secrets of Thacker's Trail, Sara doesn't know what to do with him. She is drawn to him in a strange and powerful way, but the idea of letting anyone in on her unbelievable secrets seems impossible. But Sara soon comes to trust Seth, and together they embark on an even more wonderful experience with Solomon.



Seth has been gathering important questions all of his very short life. He can barely believe his good fortune in meeting Solomon, who understands all things.

You'll enjoy seeing Sara's good life getting even better, and Seth's rather awful life becoming wonderful. And like everyone else, you will love Solomon.

BOOK: Ask for SARA-2 — \$15 (plus S/H) Softcover ISBN# 0-9621219-7-5
CDS: Ask for CDS3S2 — \$45
CASSETTES: Ask for S3S2 — \$30
(830) 755-2299 (Order form page 32)

SARA: BOOK 3 A Talking Owl is Worth a Thousand Words



Sara has a hard time understanding why Seth wants to befriend the new girl in town and even share their secrets of Thacker's Trail. Even Solomon's reassuring words don't soothe Sara. But Sara discovers that not only does Annette's presence not detract from her joyful experience, but that it adds to it in many more ways than she could have imagined.

The secrets of Thacker's Trail are known by more than Sara knew, and it turns out that Sara doesn't mind sharing her secrets as much as she at first believed.

BOOK: Ask for SARA-3 — \$15 (plus S/H) Softcover ISBN# 0-9621219-9-1
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ABRAHAM - HICKS

MUSIC

PRESENTS

The Teachings of Abraham

masterfully combined with the music of Francine Jarry

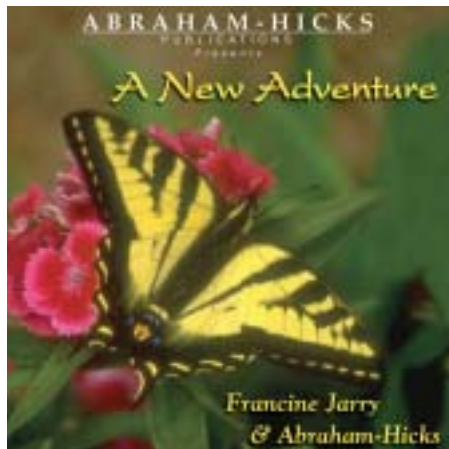


Order CDAM-2 — \$15 + S/H

Both albums include bright melodies that project a wide range of musical styles. From her *Count Your Blessings*, and *Reach for a Thought That Feels Better*, she carries us through to the rollicking *I Want to Live My Life to the Fullest*, and on to the elegant, meditative *Joy to the Universe*.

The second half of the *New Adventure* album promises to give the listener a first in a lifetime experience. You will be enraptured when you immerse yourself in this 30 minutes of Abraham's Rampages of Well-Being. Over Francine's haunting *Mayan Theme*, we have blended, from three live workshops, Abraham's *Living Happily Ever After* and *Finding My Core Beliefs*, and finally Abraham reminds us that our Well-Being is natural with their, never to be forgotten, *It Is Good To Feel Good*.

(Download a sample at:
www.abraham-hicks.com)



CDAM-1 \$15. Cassette AM-1 \$10 + S/H

Continued from page 27

said, “I sort of like that. When you think about all the things that are going on in the world that could be upsetting to you, but there is this calm here where I am. In other words, I don’t have to change the world; the world doesn’t have to change for me.” Do you know that is truly what the meaning of unconditional love is?

Most people, when they see conditions that make them feel bad—they just feel bad. And when they see something that makes them feel good—they just feel good. And then they conclude, “We’ve got to control the conditions.” And so, they make laws, and they get all kinds of patrollers, and they get all kinds of people that then try to enforce the laws because they believe that if they could just control these conditions, then they would never have to look at anything that upsets them again. But then you discover that the tsunami will come, and that there aren’t laws or rules, or armies, that can stop that. Or the hurricane will come, or the earthquake will come... In other words, there’s always going to be something that is going to challenge your idea that you can control circumstances.

You cannot control circumstances. You never intended to control circumstances. You intended to

discover unconditional love. You intended to discover a way to feel good, no matter what, because you have the facility; you have the power; you have the ability to focus. You have the ability to choose where you focus, therefore, you have the ability to offer vibration deliberately, therefore, you have the ability to choose the way you feel. But it takes some practice.

As you practice, every day, something will happen and you will feel it viscerally in your body. Somebody says something or does something, or you see something on television, and then you’ve got to stop, right then,

and you have to say, *Nothing is more important than that I feel good. And, right now, I’m going to do my best to find the best-feeling thought that I can find.*

Now, sometimes, you can change the subject. It’s easy to change the subject. Or, you could meditate; just quiet your mind; put your brain on pause; that makes you feel better immediately, too. But if there are circumstances that are hammering you, things that come up often: somebody in your experience that is there every day, or often, if there’s something happening in your experience that you consistently feel bad about, then you’ve got some work to do on this Emotional Scale.

You intended
to discover
the way
to feel good!

Continued on page 54

**NEW! Our Special Subject
DVDs
are now available
in CD format, also!
(See DVD-8,9,10,11,12,13,14)**

All have a running time of 1 hour

DVD — \$30.00

VIDEO — \$30.00

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CD or DVD - 14

THE SECRET LIFE OF PETS

In this fascinating program compiled from workshops held during the first half of 2005, Abraham offers insights into the multifaceted role that "the magnificent beasts" play in our lives and our consciousness.



- Feeling Second-class to Dogs
- Your Cat's Health and You
- Humans and Beasts
- Animal Consciousness
- Tuning In to Dog Talk
- Why Cats Quarrel
- When Good Pets Go Bad
- Beasts As Spiritual Teachers
- Pets and Reincarnation

SPECIAL SUBJECT DVDS & CDS

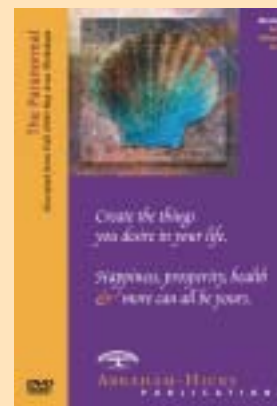
CD or DVD-13 DISASTERS & DESTRUCTION (The Edge of Adventure)

- Taking the Emotional Journey
- Conflicted About the war in Iraq
- Tsunamis, Hurricanes, & Law of Attraction
- Jerry: Are We Guided Away From Death?
- Jerry: Responding To Suicidal People
- Bipolar or Just a “Strong Wanter”?
- A Family Physician Teaches Wellness



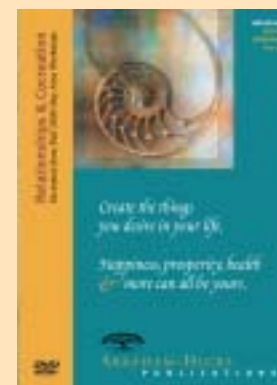
CD or DVD-12 THE PARANORMAL

- You are All Vibrational Beings.
- Understanding precognition.
- Ancient Seers and Sorcerers.
- How Abraham “sees”.
- Are there Negative Entities?
- Technique to See Auras.
- Death and Non-physical Reality.
- Dreams and Out-of-body Experiences.
- Astrology Versus Predestination.
- If You Want to See a Spaceship?

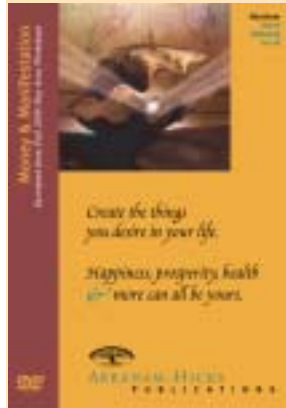


CD or DVD-11 RELATIONSHIPS & COCREATION

- The Vibrational Universe.
- Transforming Painful Relationships.
- Forgiveness, and Unconditional Love.
- Staying Up When Others are Down.
- Your Book of Positive Aspects.
- All of Your Relationships are Eternal.
- Avoiding Problems with Neighbors.
- Connecting with Your Kids.
- How to Attract Your Ideal Mate.

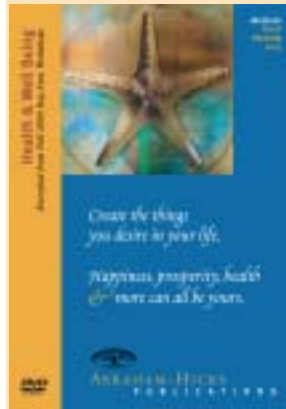


SPECIAL SUBJECT DVDS & CDS



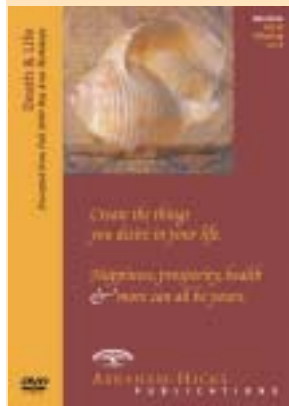
CD or DVD-10 MONEY & MANIFESTATION

- When Thinking and Getting Match?
- Nothing is More Important.
- Delegate Desires to Manager.
- Remove Brakes from Abundance.
- Visualize Your Economy.
- Desires Have Summony Power.
- Placemat Process & Well-Being.



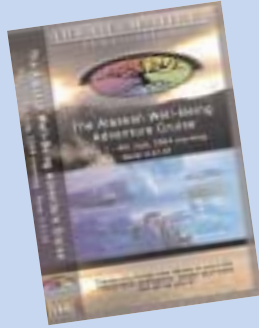
CD or DVD-9 HEALTH & WELL-BEING

- I Am Vibrational Energy.
- The Good Side of a Headache?
- To Let Go of Fear of Injuries?
- Contradictory Habits of Thought.
- Diabetes and Well-Being.
- 17-second Healing, Flash Point.
- Well-Being of this Universe?
- Our Natural Healing Process?
- Life-giving, Asking & Receiving.



CD or DVD-8 DEATH & LIFE

- Realize That There's No Death.
- We are All Eternal Beings.
- What's it Like in Non-Physical?
- Understand Death and You Live.
- When Middle East Fanatics Suicide to Blow Up Buildings?
- There's No Resting in Heaven.
- Abraham Offers Audio Ecstasy.



2004 ALASKAN CRUISE DVDs/VIDEOS

DVD: DVEDAK04—\$120

VIDEO: VAK04—\$120

DVD 1

Jerry & Esther get it going.
When you ask, it's always given.
Frustrated by newspaper career.
Actress feels divine timing.
What makes it a Stradivarius?
Why is her hearing impaired?
When he checks, it still hurts.
To take an Emotional Journey?
When dreaming dreams of loss?
To feel good more of the time?
Blame the horse, or the doctor?
A teen co-parenting conflict?
Other's problems are hers, too.

DVD 2

Loan officer plans to be best
To help his original country?
Could this man have a baby?
Is aging not preprogrammed?
Is Neal another "voice of God"?
Keep checking the "more" box.
Prepaving action, "in the flow"?
If being happy is hard work?
The art of allowing happiness?
From illness to butterflies.
Great, but where's the money?

DVD 3

A time to expand our exposure.
Louise Hay publishes Abraham.
It just doesn't get any better?
You have the power to choose.
A backbreaking horse breaker.
Schizophrenia and Alzheimer's?
Film maker wants/fears partner.
Politics, Media & Distortions
Can't read small or distant.
Not allowed to see grandchild.

To be aware of where I am?
Can "Unconditional Love" care?
Her strong anger comes easily.
Why this took so long to hear?
When his money goes to war?
Our "thoughtways" to joy?
It is Joy-Based Psychotherapy?
Is Abraham the Whole Onion?
How else to use sexual energy?
Mom is now ready for a lover.
Yakutat Bay, Hubbard Glacier
Reception in "The Crow's Nest"

DVD 4

Your now never stands still.
Parents died; he questions Life.
But, her "vibrational signature"?
What about "remote healings"?
"Irrational fears" as unfounded?
Having an out-of-body reality?
About multiple Inner Beings?
Mate doesn't want same things?
Her son is back in jail, again.
Overly observing her feelings?
Coworker has "bipolar disorder".
They want to see some whales.
Has fear of a Catholic death.
What's Abraham without Esther?

DVD 5

Thanks for making this happen.
Are you expecting good things?
We'll always know each other?
Is Abraham also for children?
Why? Because it feels better.
Will talking weaken creations?
"Being" vs. "doing" allowing?
Childhood "God" felt creepy.
She's a slot machine winner.
Not a reason to not feel good.
Feels good, winning or losing.
Masseuse, without arm pains?
To become an intuitive coach?
Attract appropriate clients?
A successful sensitive healer?
The "match" to a sprained ankle?
Animals' deliberate intentions?
Should she save blind animal?
Do fears affect family's pets?
Abraham closes Alaskan cruise.

DVD or VIDEO SAN FRANCISCO

These videos were recorded in San Francisco, California,
on Saturday, the 26th day of August, of the year 2000.

The Science of Deliberate Creation Presents: The Art of Allowing Volume I

This powerful workshop series demonstrates the simple
proven techniques that will allow you to easily create
anything you desire!

Five, one-hour video cassettes.

Ask for (VIDEO) 5V-8/26/00 — \$90.00 plus S/H
or (DVD) 5DVD-8-26-00 — \$90.00 PLUS S/H



Included in Part 1:

Abraham tells all that they know; The Law of Attraction; There is no such thing as exclusion; What you are getting is always a vibrational match; Your emotions are your guidance system; Contrast gives birth to rockets of desire; Know that all is well; Ask and it is given; Be more like your cat; Putting death in the proper perspective.

Included in Part 2:

Examine the content of what you're living to understand your vibrational offering; The pulling power of desire; Realize your power is in the here and now; Reach for the thought that feels better; Difficult relationships teach unconditional love; How to see an extraterrestrial spaceship; Allowing your child to not be an alloweer.

Included in Part 3:

Understanding your connection to Source. Why does Abraham seem to trivialize ecological concerns? The difference between physical and Non-Physical energy. How does healing take place? Why has Abraham philosophy not manifested clearly before now? The meaning of astrology. Appreciating your leading-edge role.

Included in Part 4:

Abraham's tips for teaching connection. Whatever it is you are feeling is your indicator of your level of allowance or resistance. In your appreciation, you are a vibrational match to what you want. Accept the grace in which you live. The life-giving effect of asking and receiving. It is about aligning, not earning.

Included in Part 5:

Dreams and out-of-body-experiences. Your triad of intentions. Whatever happened, your work now is to let it in. Know that all of your desires are in the process of being answered. How contrast manifests. The mantra of the universe is "Now what?" The art of allowing is in feeling good about what you want.



Ask for 5V-8/26/00 — \$90.00 plus S/H
To order see page 32.

DVD or VIDEO MONTEREY, CA

These videos were recorded in Monterey, California, on Saturday, the 29th day of August, of the year 2000.

The Science of Deliberate Creation Presents: The Art of Allowing Volume II

This powerful workshop series demonstrates the simple proven techniques that will allow you to easily create anything you desire!

Five, one-hour video cassettes.

Ask for (Video) 5V-8/29/00 — \$90.00 plus S/H
or (DVD) 5DVD-8-29-00 — \$90.00 plus S/H



Included in Part 1:

You are a creator. Shouting no is saying yes. Stop sticking your pencil in the fan. Never face reality. Nothing is more important than feeling good. There is not a source of evil. Abraham's sales job for selfishness. Disease causes a heightened desire for health. You cannot appreciate and resist at the same time.

Included in Part 2:

Stop holding your cork under the water. The 17-second focus flash-point. Little things can be behind a big illness. Finding the value in school. Reclaiming your sense of power. The only thing that matters is which thought lets it in. The lesson of TV's Survivor. Realize that there is no death. We are all eternal beings.

Included in Part 3:

What is it like for Non-Physical? What Abraham sees. Your senses are focusing mechanisms. How to observe Auras. Negative thought-forms can't assert. The deciphering of contrast. Learn to offer more of your vibration by choice, rather than as a reaction to your observations. Using your Book of Positive Aspects.

Included in Part 4:

Delegate to The Manager. Removing the brakes on abundance. Bridging belief and desire. Visualize for the pleasure of visualizing. Why you don't remember who you are. Yes your way through life's buffet. There is no such thing as fixing a problem. Your natural state of Well-Being. Abraham's mission statement.

Included in Part 5:

Learning to selectively sift your subjects of attention. Your vibration on any subject is right where you last left it. Tell it the way you want it to be. Playing the wouldn't-it-be-nice-if game. Following the path of your new desires. Steps for becoming a vibrational match to your Well-Being. Abraham explains how bad things happen.



**Ask for 5V-8/29/00 — \$90.00 plus S/H
To order see page 32.**

DVD or VIDEO SAN RAFAEL, CA

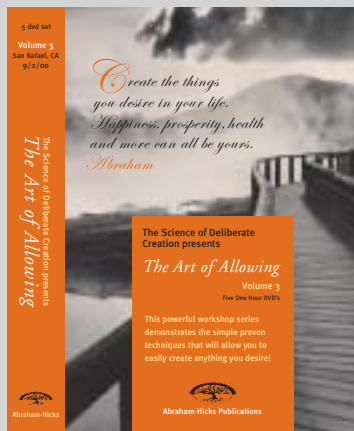
These videos were recorded in San Rafael, California, on Saturday, the 2nd day of September, of the year 2000.

The Science of Deliberate Creation Presents: The Art of Allowing Volume III

This powerful workshop series demonstrates the simple proven techniques that will allow you to easily create anything you desire!

Five, one-hour DVDs.

5DVD-9/2/00 — \$90 plus S/H
(or Video 5V-9-2-00 — \$90 plus S/H)



Included in Part 1:

How life works. Why you're getting what you're getting. Contrast puts the eternalness in eternity. A belief is just a thought you keep thinking. Feel the way you would feel if you had it. Quantum leaps are possible but very uncomfortable. A headache is a wonderful thing. How to stop yelling at the walls. Access denied by you.



Included in Part 2:

Allowing is unconditional love. Worrying is practicing the art of resistance. Play with new desires until they feel familiar. The thing about past lives. Hold the vision because it feels good. Your job is to want it. You cannot suffer your way into well-being. Heaven's Gate swings both ways. Happy happy happy happy happy all the time.

Included in Part 3:

Have faith in your manager. Non-physical guidance comes in impulses. The placemat process. Signals of alignment. Deja vu. When Middle East fanatics give their lives to blow up buildings. There's no resting in heaven. Align your own energies and the neighbors will come into harmony. Banging into trees is better than not wanting.

Included in Part 4:

Hold only thoughts that thrill you. The Universe cannot buck your current. Finding a "Soul Mate." The difference between wanting and yearning. When it feels like the next logical step, then it is. Take a nap. Reach for a thought because it feels better. Create from the inside out. Every stick in the pile has two ends.

Included in Part 5:

Family harmony through self-fulfillment. Letting go of injury worries. Bad psychic readings reflect resistance. All healing is energetic. When an ex-mate threatens suicide. Now is where all your power is. What about the innocent babies? Good teachers facilitate natural desires. Abraham offers audio ecstasy.

**Ask for 5DVD-9/2/00 — \$90.00 plus S/H
To order see page 32.**

Once you show yourself that that person, or that circumstance, does not have to change for you to move from *fearful* up to *hopeful*, or from *despair* up to *anger* to *frustration*... once you show yourself that nothing has to change, in terms of the action journey, for you to have real movement in the emotional journey, once you show yourself that, then watch what happens to your action journey. Once you shift; once you beat that drum; once it settles in; once you find the groove of that, once you are there, once you've shifted that belief, once you've modified that vibration (far less effort than you think), everything will begin to shift in your experience.

So, contrast causes you to offer rockets of desire. The desire is nowhere near where you're vibrating. So, you've given birth to an idea of something you want that you are not a vibrational match to it. So, you do your best to find thoughts that feel closer and closer and closer to it. And when you begin to feel the *elation* that you will feel when that manifests, even before it manifests, now, it must manifest, and it must manifest fast.

That's why we asked you that all-important question as we began. *Do those unfulfilled desires please you?*

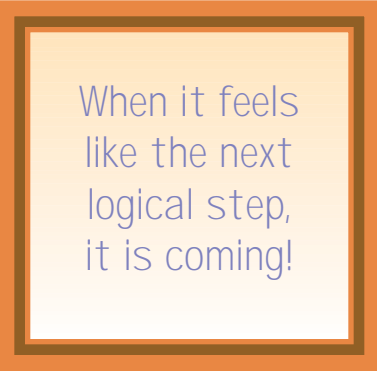
And some of you lie and say *yes*, some of you say *no*. But we want you to work on getting to the place where you say, "Yes, I love this unfulfilled desire! I love knowing that there's something in the offing for me. I love knowing that it's out there percolating, and I love doing my work, which is, gradually, gently, consistently bringing myself into vibrational alignment with it."

When it feels like the next logical step—then it comes

right in. So your work, as you stand in the absence of something wanted, is to pretend it, to imagine it, to become so familiar with the essence of what it would feel like when it comes, that even though it hasn't come, you

still feel good. (You get this?) Even though my lover hasn't come yet, I'm excited about the idea of my lover coming. I'm anticipating. I feel excited about it. But if I'm depressed, if I'm discouraged, if "all the good ones are taken," then, it's not the next logical step.

We think you heard that. Our work here is done.



When it feels
like the next
logical step,
it is coming!

Excerpted from Abraham-Hicks Workshop
G-1-29-05 — San Antonio, TX

G-SERIES TAPES/CDS WINTER, 2004

FEAR TO HOPE — AN EMOTIONAL JOURNEY

G-9/29/04 — Manifestations are born out of your desire. When his life insurance payments come due? He is finding joy watching others' success. Are there differences between appreciation and gratitude? Is this just one long continued life? "At your age, your health should be...." Did she actually have a "walk-in" experience?

G-10/2/04 — Can't get sick enough to help sick. Where's our Consciousness when we're dreaming nightmares? Every religion has the potential for goodness. How are they limiting their business expansion? To attract the solution before the problem? Who do you trust regarding your health? What's the "expectation" regarding one's Soul Mate?

G-10/9/04A — You'll never kill or convince them all. Is the loudest voice one of fear? What's the source of those new diseases? Have I been taking score too soon? Feel good now, there's nothing more important. Does All-That-Is need worship and praise? Why's breaking up so hard to do?

G-10/9/04B — He's begun to honor sister's religious beliefs. How is Abraham different from us humans? Did Abraham manipulate Esther's voice at first? What are parents responsibilities for teenager's choices? Can she move artistic relationships into alignment? Her (dementia) father disappeared into the forest. Her struggling friend has suffered many surgeries.

G-10/13/04 — It is all happening in your now. Is being right more important than harmony? Can she think away her joint pains? Are specific thoughts causing her thumb's stiffness? To be released from her marriage bondage? He is attracted to ancient Rumi poets. To change lovers without hurting anyone else?

G-10/16/04 — An emotional journey, from fear to hope. See every emotion as a valued emotion. How can love coincide with killing animals? Are past desires sometimes inappropriate baggage today? And *they* didn't get it done, either. Teen son would rather play than study. Abraham closes the Washington DC Workshop.

G-10/24/04A — How well are you expecting to live? Which signal is your attention toward? Decisions are to be made, not questioned. Has strong unwanted beliefs about her body. Was their asking price out of line? What's up with all this Vibrational Matching? To become unhurt by another person's lies?

G-10/24/04B — "One for all and all for one"? How evolved can this psychiatrist's clients become? What has Abraham to say regarding reincarnation? If aboard an airplane with negative creators? But, about her desire for World Peace? When beating up on oneself becomes addictive. Their new life is almost too good.

G-10-28-04 — No matter where it is — it's NOW! Considering both freedom and bondage as perceptions. "Why did God give my child diabetes?" Would pornography increase one's passion for sex? Will either presidential candidate soothe the world? How do Spirit Beings congregate in Nonphysical? Any disadvantages created before her birth?

G-11/13/04 — It's about learning to let it in. Hang on or let go of desires? There's value in your quest for joy. Do all religions vibrate at same rate? He now feels worthy of successful business. Does preparing for eventualities influence their actualization? Is releasing resistance only healing method?

SEE PAGE 32 TO ORDER: G-SERIES ALBUMS — \$90.00 + S/H — EACHES \$10
OR CD ALBUM — \$117.00 + S/H — EACHES \$15

G-SERIES TAPES/CDS FALL, 2004

NOW, IS ALWAYS ON THE LEADING EDGE

G-7/14/04 — Are we full of those like Abraham? Am I on my path of Allowance? Am I moving up my Emotional Scale? He has felt an “Energy of Failure”. Is she about to attract a partner? Mother’s made transition and her family’s feuding. Abraham closes the Portland Oregon workshop.

G-7/24/04 — It’s a small world, after all. How can she ever trust men again? Should “Spider Man” intervene in world’s affairs? Wants to think differently about her health. Was it her disempowering family, or...? Are you certain the world isn’t flat? Can root beliefs empty his bank account?

G-7/25/04 — When is being selfish a good thing? She’s struggling with the concept of “marriage”. How can children be raised in positivity? Grieving the death of her murdered son. When their loud music invades our nation? The courts have taken away her children. Are ancient religions affecting her now?

G-8/1/04 — Does that thought feel good, or not? A few questions about potential “karmic” influence. But that unruly 2% in teacher’s classroom? Should diverse brothers share managing inherited business? See yourself as blessed, or as cursed. Do with post-surgery “gift of time”? Living without pain...without pain-killing drugs?

G-8/14/04 — Your natural preferences are naturally responded to. But, she’s still working under “higher ups”? Archeologist boyfriend’s philosophy works for him. Can artist tap into Non-physical Master Artists? He has questions about the “Spirit World”. He’s deeply concerned about exacerbated international affairs. Won the lottery without buying a ticket.

G-8/28/04 — We are teachers of natural Well-Being. Life’s good, but she wants a lover. Life’s great; so why should we die? Will we be magnetized to Non-physical “Families”? Will her wedding plans please them all? What is my value to the “Mass”? To happily socialize freedom-loving grandchild?

G-9/1/04 — Now, is always on the Leading Edge. But, what about having compassion for others? Is it her rain vs. my alfalfa? Clarification of potential outcome of past Prepaving. This wild bird feels caged by business. Magic, and living on the “bleeding edge”? How can she best parent her child?

G-9/15/04B — Were we humans seeded by another planet? New DNA with blended male/female stands? How can we remember to practice this? Why early cultures created a “Savior Myth”? Seeking balance between responsibility and child’s comfort. Her skin crawls when frightened by unknown. What is my purpose for being here?

G-9/18/04 — Your joy signals your state of alignment. “Only one” way’s the only wrong way. Their relationship feels worse even after divorce. Positive body thoughts receded easily to negative. Still hasn’t resolved issues with her mother. Was this her intention, coming to Earth? Is the Source Energy an impersonal force?

G-9/22/04 — Your problem’s solutions are already under way. Justice isn’t about fairness, it’s about vibration. Are “dark energies” ever to be feared? Can you logically accept an evil force? Life just isn’t feeling good enough for her. Her failed dates are providing free dinners. Anyone at any time can steadily improve.

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G-SERIES CDS/TAPES SUMMER, 2004
TAKE THE EMOTIONAL JOURNEY FIRST

- G-4/23/04 — Emotional Journey, NOW, Relationships, Babies, Dreams, Psychokinetics?
- G-4/25/04 — Truth, Oneness, Desires, Religions, Past, Profits, Healing?
- G-5/1/04 — Well-Being, "Escrow", Diagnosis, Resistance, Control, Self-adoration? Ta dum!
- G-5/3/04 — Shortages, Emotional Journeys, Chipmunks, Poverty, Destruction, Illness?
- G-5/8/04B — Irritation, 11 Steps, Choices, Children, Abraham, Warriors, Relief?
- G-5/22/04 — Resistance, Attraction, School, Vitamins, Remember, Abraham's bliss?
- G-6/12/04A — Guidance, Return, Doctor, Bullies, Abraham, Influence, Nightmares?
- G-6/12/04B — Mistreatment, Competition, Pre-birth, Sex, Universe, Tragedy, Talent?
- G-6/19/04 — Discouraged, School, Species, Veil, Business, Suicides, Impatience?
- G-6/26/04 — Blame, Teenager, Drugs, Appreciation, Universe, Selfishness, Pre-birth?

G-SERIES CDS/TAPES SPRING, 2004
REACH FOR DESIRE'S EMOTIONAL ESSENCE

- G-1/31/04A — Creation, Beginnings, Debt, Belief, Compete, Weight, Singer?
- G-2/7/04A — Thought Forms, Pessimist, Disease, Honest, Care, Desire, Good Life?
- G-2/7/04B — Partner, Contests, Fights, Addicts, Death, Mating, Gambler?
- G-2/21/04A — Vibrations, Want?, Progress, Pets, Enlightenment, Actors, Suicide?
- G-2/21/04B — Lovers, Mind, Health, Shame, Intimacy, Cuts self, Abortion?
- G-2/28/04A — Good Times, Evidence, Goals, Emotions, Abraham, Weight, Teach?
- G-2/28/04B — Business, Memory, Influence, Parent, Clutter, Control, Free Choices?
- G-3/6/04A — Feel Good, Worthy? Feelings, Theft, Control, Manifesting, Trusting?
- G-3/6/04B — Depressed, Miracles, Well-Being, Wants, Child Custody, Abe, Jesus?
- G-3/20/04 — Emotional Journey, Heal, Stuck? Death, Porn, Abraham, Place Mat?

G-SERIES CDS/TAPES WINTER, 2003
VIBRATION, IT'S ALL ABOUT VIBRATION

- G-9/27/03 — Desire, Eternal, Chiropractor, Appreciate, Autism, Critics, Career?
- G-10/11/03A — Well-Being, Feel for, Physicals, Illness, Pain, Post-surgery, Do?
- G-10/13/03 — Resistance, Career, Business, Past lives, Abraham, Child, To Drug?
- G-10/25/03 — Desires, Reincarnation, Mom's 96, Ease, Parkinson's, Earless, Fuels?
- G-11/1/03 — Set-points, Error, Anger, Mother-in-law, All's Well, Energy, Aches?
- G-11/22/03 — Do?, Terminal, L.S.D., Genetic, Headaches, Childbirth?
- G-12/6/03A — Feel it, Feelings, Dad died, Emotions, Align, Relationship, Outlived?
- G-12/6/03B — Son, Daughter, Illness, Business, Growth, Dishonesty, Joy?
- G-12/13/03 — Vibrations, Now, Family, Purpose, Bondage, "Impersonal", Esther?
- G-12/20/03 — Path, Custody, Abraham, Illness, Mortality, Destiny, Set-point?

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OR CD ALBUM — \$117.00 + S/H — EACHES \$15 (SEE FULLER DESCRIPTION ON-LINE)

G-SERIES CDS/TAPES FALL, 2003
EVERY PREFERENCE SUMMONS SOURCE

- G-6/28/03 — Creator, Religion, ADHD, “Entities”, Evolution, Fantasies, Kindergarten?
- G-7/12/03A — Allow, Bliss, Abuse, Distraction, Happiness, Selfishness, Wants?
- G-7/12/03B — Discipline, Resolution, Toleration, Abraham, Hell, Fear, Death?
- G-7/19/03 — “Other”, Joyful, Happiness, “Should”, Cruelty, Children, Suicide?
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- G-6/7/03 — “Truth”, House, Weather, Upset, Desire, Aging, Suicide?
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- G-1/25/03 — Selfish, Death, Spine, Decisions, Aloneness, Holocaust, Wonderful?
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- G-2/1/03 — Choices, Ex-smoker, Powerless, Pleasure, Mate, Death, Sleepless?
- G-2/15/03A — Allowing, Feel, Illness, Crying, Disappointment, Pitchers, Kisses?
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ABOUT THE AUTHORS

EXCITED ABOUT THE CLARITY and practicality of the translated word from ABRAHAM, Jerry and Esther Hicks began, in 1986, disclosing their ABRAHAM experience to a handful of close business associates. Then, recognizing the practical results being received by those persons who began plying ABRAHAM with meaningful personal questions regarding their finances, bodily conditions, and relationships...the Hickses made a conscious decision to allow ABRAHAM'S teachings to become available to an ever widening circle of seekers. And that circle continues to expand — even as you read this page.



Esther & Jerry Hicks

Jerry and Esther have now published more than 700 *Abraham-Hicks* books, CDs, cassettes, DVDs and videos, and have been presenting open group interactive *Art of Allowing Workshops* in about 50 cities a year to those leaders who gather to participate in this progressive stream of thought. And although worldwide attention has been given by leading edge thinkers to this *Science of Deliberate Creation* who, in turn have been incorporating many of ABRAHAM'S concepts into their books, lectures, sermons, screenplays and scripts—the primary spread of this material has been from person to person as individuals begin to discover, and share with others, the practical value of these materials in their personal experience.

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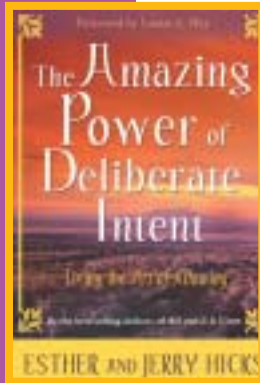
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