

The Science of Deliberate Creation

A Quarterly Journal and Catalog Addendum



Jan, Feb, Mar, 2005 — VOL 31

Take the Emotional Journey First

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New Group Series Album, Summer, 2004

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The Edge of Adventure DVD

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ALASKAN WELL-BEING CRUISE, JULY, 2005

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Since nothing is more important than that you feel good, we would, if we were standing in your physical shoes, make a list of the five things that you feel best while you're doing them. And then make sure that you do all five of those things every single day.

North Los Angeles, CA — 3/6/04A

Abraham-Hicks Publications

P.O. Box 690070, San Antonio, TX 78269

Tel. (830) 755-2299 or FAX (830) 755-4179

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Hello from Jerry & Esther



Esther & Jerry picking up new Monster Bus in Coburg, OR

Dear Friends,

The seven months between the time we ordered our new monster bus and the time we picked it up went very quickly. Time does fly when you're having fun, and we were, and it did. But now that we have it, we don't know how we stood not having it. We are completely settled into it and are, right now, in our favorite city, in our favorite RV park on what must surely be the perfect day.

Our *Abraham-Hicks Publications* tree logo is on both sides of the bus and the back. And across the back of the bus it says in big letters — LIFE IS SUPPOSED TO BE FUN. Sometimes we can sense someone approaching from behind us, trying to read the words on our bus, and wondering who we are, and if we really *are* having fun. I thought we should always wear red clown noses or party hats so that when they pass by, we don't disappoint them. Something about having that sign back there helps me remember what really matters most! *Nothing is more important than that we feel good.*

This has been the wildest, fullest, funnest, most rewarding month that we have ever experienced — from spectacular

(truly amazing) Abraham seminars in Florida, to Disney World with our kids and darling granddaughter, Kate... to the Mexican Riviera cruise with so many of you... to picking up our fabulous new monster bus in Oregon, to four more, ground breaking, "taking-thought-beyond-where-it-has-ever-been-before" California seminars—and we know that it is only the tip of the iceberg of what is yet to come. (Which reminds me there are still some cabins available for our Alaskan Well-Being Adventure Cruise coming up this summer, July 9 through the 16, 2005.)

The sign on the back of our bus is helping us to focus on what is really important, and I know we are noticing a difference. So I'm thinking of having a sign made that I can wear around my neck!

We look forward to seeing you somewhere along the way.

Our love,

A handwritten signature in cursive script that reads "Jerry & Esther".

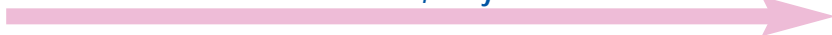
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Dear Friends,

We do love receiving your messages and reading your letters and notes that come by the thousands! Even though we can't personally respond to you, we will continue to read and listen to and relish your wonderful responses to Abraham's materials... And we will continue to expect you to be aware of how very much we appreciate your delightful addition to our delicious physical experience — and to the upliftment of All-That-Is.

From our hearts, Jerry & Esther



90 DAY EVENT SCHEDULE DETAILS

From time to time there are changes in our scheduling, so please reserve in advance with our San Antonio office at (830) 755-2299.

PREPAID RESERVATIONS ARE REQUIRED.
If you cancel 7 days, or less, before any event
a \$50 cancellation fee will be charged.

9/10-11/05 — **HEALTH PRACTITIONERS WORKSHOP**— Held at the Abraham-Hicks Conference Ctr., 28800 Old Fredericksburg Rd., Fair Oaks, TX 78015. For directions call (830) 755-2299. Friday 1PM to 5:00PM. Saturday 9AM to 5PM \$200.00. (Seating is limited to practitioner's licensed to touch or to counsel...we are considering a series of these.

2/5-2/12/05 — **Mexico Riviera Cruise**— Held on board Holland American's m/s Oosterdam, sailing from San Diego on Saturday, Feb 5 and disembarking in San Diego on Saturday, Feb 12, 2004.

2/26/05 — **San Rafael, CA** Held at the Four Points Sheraton, 1010 Northgate Dr., San Rafael, CA 94903. For directions call (415) 479-8800. Saturday 9AM to 4:20PM. \$150.00.

2/27/05 — **San Francisco, CA** Held at the Embassy Suites, 250 Gateway Blvd., South San Francisco, CA 94080. For directions call (650) 589-3400. Sunday 9AM to 4:20PM. \$150.00.

3/5/05 — **North Los Angeles, CA** Held at the Hilton Woodland Hills, 6360 Canoga Ave., Woodland Hills, CA 91367. For directions call (818) 595-1000. Saturday 9AM to 4:20PM. \$150.00.

3/6/05 — **West Los Angeles, CA** Held at the Courtyard Marriott, 13480 Maxella Ave., Marina del Rey, CA 90292. For directions call (310) 822-8555. Sunday 9AM to 4:20PM. \$150.00.

3/12/05 — **San Diego, CA** Held at the Embassy Suites, 4550 La Jolla Village Dr., San Diego, CA 92122. For directions call (858) 453-0400. Saturday 9AM to 4:20PM. \$150.00.

3/19/05 — **Phoenix, AZ** Held at the Hilton Scottsdale Resort, 6333 N. Scottsdale Rd., Scottsdale, AZ 85250. For directions call (480) 948-7750. Saturday 9AM to 4:20PM. \$150.00.

4/23/05 — **San Antonio, TX** Held at the Abraham-Hicks Conference Ctr., 28800 Old Fredericksburg Rd., Fair Oaks, TX 78015. For directions call (830) 755-2299. Saturday 9AM to 4:20PM. \$150.00. (Attend Saturday or Sunday or both)

4/24/05 — **San Antonio, TX** Held at the Abraham-Hicks Conference Ctr., 28800 Old Fredericksburg Rd., Fair Oaks, TX 78015. For directions call (830) 755-2299. Sunday 9AM to 4:20PM. \$150.00. (Attend Saturday or Sunday or both)

4/28/05 — **Atlanta, GA** Held at the The Atlanta Marriott Century Center, 2000 Century Blvd. NE, Atlanta, GA 30345. For directions call (404) 325-0000. Thursday 9AM to 4:20PM. \$150.00.

4/30/05 — **Asheville, NC** Held at the The Inn on Biltmore Estate, One Antler Hill Rd., Asheville, NC 28803. For directions call (828) 225-1660. Saturday 9AM to 4:20PM. \$150.00. (Attend Saturday or Sunday or both)

5/1/05 — **Asheville, NC** Held at the The Inn on Biltmore Estate, One Antler Hill Rd., Asheville, NC 28803. For directions call (828) 225-1660. Sunday 9AM to 4:20PM. \$150.00. (Attend Saturday or Sunday or both)

2004-2005 GENERAL WORKSHOP SCHEDULE

Please reserve in advance with our San Antonio office at
(830) 755-2299. Prepaid registration closes at **10:00AM** on Thursday for
Saturday Events and 10:00AM the day before all weekday Events.

PREPAID RESERVATIONS ARE REQUIRED.

Following is general information for up-coming workshops. Specific location and other details will be provided when you make your reservation, or you may request this information at any time.

Time Format for following events: 9AM to 4:20PM

<p>2/5-2/12/05 .. 7 days Mexico Riviera Cruise</p> <p>2/26/05 Saturday San Rafael, CA</p> <p>2/27/05 Sunday San Francisco, CA</p> <p>3/5/05 Saturday ... North Los Angeles, CA</p> <p>3/6/05 Sunday West Los Angeles, CA</p> <p>3/12/05 Saturday San Diego, CA</p> <p>3/19/05 Saturday Phoenix, AZ</p> <p>4/23/05 Saturday San Antonio, TX</p> <p>4/24/05 Sunday San Antonio, TX</p> <p>4/28/05 Thursday Atlanta, GA</p> <p>430/05 Saturday Asheville, NC</p> <p>5/1/05 Sunday Asheville, NC</p> <p>5/7/05 Saturday Washington, DC</p> <p>5/12/05 Thursday Philadelphia, PA</p> <p>5/14/05 Saturday Tarrytown, NY</p> <p>5/21/05 Saturday Boston, MA</p> <p>5/24/05 Tuesday Buffalo, NY</p> <p>5/28/05 Saturday Chicago, IL</p> <p>6/4/05 Saturday San Antonio, TX</p> <p>6/5/05 Sunday San Antonio, TX</p> <p>6/11/05 Saturday Boulder, CO</p> <p>6/18/05 Saturday Fort Collins, CO</p> <p>6/25/05 Saturday Portland, OR</p> <p>7/2/05 Saturday Seattle, WA</p> <p>7/9-7/16/05 .. 7 days Alaskan Cruise</p> <p>7/23/05 Saturday Ashland, OR</p>	<p>7/27/05 Wednesday Sacramento, CA</p> <p>7/30/05 Saturday San Francisco, CA</p> <p>7/31/05 Sunday San Rafael, CA</p> <p>8/6/05 Saturday ... West Los Angeles, CA</p> <p>8/7/05 Sunday North Los Angeles, CA</p> <p>8/13/05 Saturday San Diego, CA</p> <p>8/27/05 Saturday Sedona, AZ</p> <p>8/30/05 Tuesday Albuquerque, NM</p> <p>9/9-9/10/05 .. Fri/Sat San Antonio, TX (Two-day Health Practitioners Workshop)</p> <p>9/14/05 Wednesday Kansas City, KS</p> <p>9/17/05 Saturday Chicago, IL</p> <p>9/21/05 Wednesday Cincinnati, OH</p> <p>9/24/05 Saturday Detroit, MI</p> <p>9/28/05 Wednesday Syracuse, NY</p> <p>10/1/05 Saturday Boston, MA</p> <p>10/8/05 Saturday Tarrytown, NY</p> <p>10/11/05 Tuesday Philadelphia, PA</p> <p>10/15/05 Saturday Washington, DC</p> <p>10/22/05 Saturday Asheville, NC</p> <p>10/23/05 Sunday Asheville, NC</p> <p>10/28-30/05 .. Fri, Sat, Sun Orlando, FL (I Can Do It Conference with Hay House)</p> <p>11/5/05 Saturday Boca Raton, FL</p> <p>11/8/05 Tuesday Tampa, FL</p> <p>11/12/05 Saturday San Antonio, TX</p> <p>11/13/05 Sunday San Antonio, TX</p>
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Take the Emotional Journey First

Just like when you set your radio tuner on 98.6, you can't hear what's being broadcast on 101 FM: Your frequencies have to sync up. So, the frequency of your desire and the frequency of your day-to-day thought about your desire have to be on the same vibrational wavelength. And how do you know when it is? It feels good to think about it. How do you know when it isn't? It doesn't feel good to think about it.

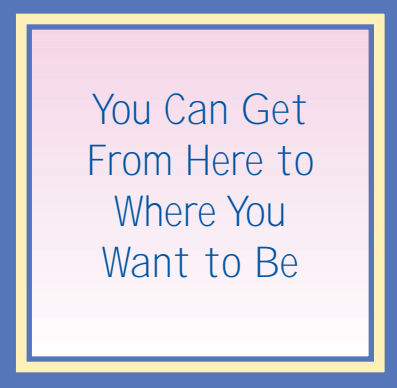
So, it might be a good idea to start talking about where you're going instead of about where you are, and where you've been. Because, as you talk about where you are, or about where you've been, *that's* the signal that you offer—and *that's* the signal that *e v e r y t h i n g* Universally is responding to. That's why it feels sometimes like you're stuck on this spot. You're not stuck because things are always changing. But if it feels like you're stuck, it's because they're changing to the same thing over and over again.

Your motor's always running and the Universe is always responding to it, and wherever you're pointed is where you're going, and if you're pointed to the past, then you're just recreating more of the same, or if you're powerfully looking at what-is, then you're just creating more of the same thing. But if you are looking forward; if you are looking into the future; if you are looking for change; if you are looking for new, if you are looking for improvement, then that's what's coming to you—it has to be. It is illogical for it to be otherwise.

The Laws of the Universe are constant; they respond to you unerringly. You never get something that you are not a vibrational match to. It has never happened to anyone, and it is not happening to you.

You can get to wherever you want to be from where you are. And if you will stop trying to do it all at once, it

will go better for you because Law of Attraction is the best friend that anyone has ever had, but it's this consistent, fair-minded friend that always responds to your vibration so that you



You Can Get
From Here to
Where You
Want to Be

are never again confused about how things work.

Law of Attraction won't pull strings for you. It won't let you behave one way and attract another way. It will be so very consistent that you will—if you're paying attention—learn exactly what it is you are doing that nets you the results that you are getting. In other words, with a little bit of paying attention to the way you feel, you will always know.

As Jerry and Esther travel between Phoenix and San Diego, their destination is San Diego. They are clear about where they are going. And as they get about half-way between Phoenix and San Diego, they find themselves in Yuma, Arizona—a nice enough place, but it is not where they are wanting to be. Yet, when they find themselves in Yuma, they do not get so disoriented about not being where they want to be, that they turn around and go back to Phoenix.

It's really important that you understand the essence of this story, because what this story tells you is that because they *understand* this distance between Phoenix and San Diego, they don't lose their way; they don't lose hope; they don't lose heart—they *know that if they just keep pointed in the right direction and make some reasonable effort in moving in that*

direction, that—sooner or later—they're going to be where they want to be.

We want you to understand that that is true of everything that you have ever wanted—whether it is a magnificent career; whether it is a magnificent relationship, a new one or improving one that already exists; whether it is attracting dollars, which feel like freedom, (so that you can do more of the things you want to do) whether it is an improved situation with your body... No matter what your desire is, no matter where you are, you can get


from where you are to where you want to be—but you first have to make it an understandable journey.

Every journey—whether it's from no money to tons of money; whether it's from a really sick body to one that is magnificently well; whether it is from relationships that make you want to run and be a hermit in the desert to relationships that make your heart sing... it does not matter what your request is, every single time—it must be an Emotional Journey first.

Rather than saying, "I'm in deep, deep debt; I'm scared to death; I can't pay my bills; I'm disappointing people who I care about; I'm disappointing strangers, and the strangers are making my life miserable, and I want more money," instead, what you want to say is, "I want to go from the pain of not enough money to the *feeling* of



Continued on page 14



Love Appreciation Love

A GIFT OF JOY I am eternally grateful to you, Jerry and Esther, for the gift of joy and hope you have given my life through Abraham. Nothing else has helped me as much as have the sweet and always uplifting messages you so willingly pass on to the rest of us. Appreciating you with an expanded heart,
Orice Klaas — OR

ON-LINE HAPPINESS I began absorbing myself in the Abraham-Hicks material available online a few months back and within days marvelous things began to happen... I tend to flow naturally now. I exist in an abundance of Spiritual well being, emotional well being, and intellectual well being. My financial abundance grows by the day, as it is a new focus for me. So, you continue to help me make a difference even amongst those of us who haven't ordered or attended workshops. We're here and we appreciate all you do!

With love and appreciation,
Stacey Foust — OH

SENSATIONAL ABE CRUISE I know you must receive a lot of these emails, but I have to add to the list! The cruise was sensational, and to be with over 700 "Abeheads" was more than a blessing! What energy and love and support and all the rest of the good words. Thank you especially for your warmth and compassion.

Hope to see you on the next one!
Blessings — Jill Devou — CA

APPRECIATION OF SARA BOOK Yesterday, I took out my first Sara book and listened to it again. It has been nearly a year since I listened to it last...I was so amazed at how much I have changed, or more, how I have become more of myself. Just listening to the story again, filled me with delight when I recognized how much of Solomon's words to Sara are just the way I live now. All the old confusion, the effort has just dwindled away. The joy of it is not possible to express in words...but of course, you know... The love and appreciation I feel toward you flows in a wide river that never ends. And I appreciate me for being ready to hear it and live it. Life is soooooo very good, so much fun, and so easy. Thank you, dear friends, for your love and dedication and for the inspiration you have given to me to open up to myself.
Much love — Laura House — WY

IT BLEW ME AWAY I am on the monthly CD subscription program and I just received December's installment. It blew me away with its clarity. I also kept thinking of my dear friend who might benefit as much as I am from this recording. I want to send my friend a copy of this CD, but I also want to listen to this one again and again... Is there any way to order another copy of this particular CD?

Thank you in advance!
Jennifer Young — VA

Love Appreciation Love

ASK AND IT IS GIVEN I wanted to take a moment and congratulate you on the success of your book *Ask And It Is Given* and to thank you for sharing this with the world! I have read hundreds of positive thinking books, books on affirmations and spirituality — NONE can compare to what I learned in this book. My life has changed in ways that others would consider impossible since reading your book — from promotions to reconciled relationships, to financial prosperity. I cannot thank you enough and I am sharing what I have learned with as many others as I possibly can, hoping they too will benefit from Abraham's teachings. THANK YOU! Love and Blessings unto you.
Sabine — Internet

MY DAILY BIBLE Thank you so much for the book *Ask And It Is Given*. I was filled with joy just reading it. I've been telling everyone who is open to it. It is changing my life and I am filled with appreciation. It has become my daily bible and I love it. I am anxiously awaiting your next book. Thank you so much for sharing Abraham with the world. I'm sure it will change the world.

With much appreciation,
Fern Schelin — MT

SEEKING & SEARCHING I've begun reading your newest book, and even before completing it, I feel deeply moved to write and express my heartfelt thanks for the gift you have brought to me and, I'm sure, so many

others through it's publication. I have been deeply seeking and searching all of my life and more so of late, and as I read I am seeing exact answers to the things I am asking of Spirit/Source. Things that I was about to give up having answers for, after decades of seeking, therapy of all sorts, deep personal healing experiences, and today, as I sat wondering when I would be at peace, I began reading....I thank you for holding a brightly burning beacon, one that has come into my life at the most perfect of times... thank you, and I will continue to read and heal as I do so...

Blessings to you Jerry,
Esther, Abraham, and staff...
Rev. Nelli Moore — IL

FOREWORD BY DR. WAYNE DYER Just to let you know, I was very impressed by Wayne Dyer's remarks at the recent Celebrate Your Life conference in Scottsdale, Arizona. In front of the 1300 participants at the final keynote speech he said, "A thousand people have asked me to write a foreword to their books, and I've only agreed to do it twice. Once for Earl Nightengale, my old friend of the Nightengale-Conant publishers. And now for the Abraham material. I've studied this material for many years and it's been very powerful in my life. So when Esther Hicks asked me to write the foreword, how could I say "no"? Their book is on the table in the back of the room, and I urge you to buy it!"

Sandy — Internet



G-SERIES TAPES or CDs — SUMMER, 2004

Take the Emotional Journey First

The difference in the Emotional Journey and the physical journey is that you really don't have to get to the bottom of anything. You just have to monkey around with thoughts until you find one that feels good.

We would not ask you to give up all of your cynicism; all of your pessimism... or your realism all at once—no one could do that. We're just asking you, when you have time and when you feel like it, to try to find thoughts that feel better. And, as you release the resistance, your Well-Being has to return. And it will return in much swifter fashion than it left—and with much greater stamina than you have ever known, because your desire is at a new level of asking that you were not at before.

Now, what that sometimes requires is a change of pace, maybe spending more time with people that you haven't spent time with, and less time with some people that you *have* spent time with. It requires reading different things, thinking different thoughts, taking walks in new places. It requires a new regimen just like any improvement requires a new regimen. It requires wanting so much to feel good that you're going to train yourself into this place of feeling good. But you can't do it all at once. So, what you're really wanting to do is just reach for a thought that feels a little better than the thought that you've been thinking—consistently.

Washington DC — 5/1/04

G-4/23/04 — Each journey is first an emotional journey. When it's possible, make a legal U-turn. What's up with the power of now? Keys to attracting and maintaining joyous relationships? Enjoying watching babies rediscovering their Planet Earth. Can maintaining manifested dreams hinder future dreams? Can physical items be moved by Non-physical?

G-4/25/04— Only you can know your personal truth. Is his Oneness interest attracting more contrast? Do desires take on their own momentum? Specific religions as perfect for specific participants? Are our past, dormant creations still lurking? Can corporations be too focused on profits? Considering a process for healing one's health.

G-SERIES CDS/TAPES SUMMER, 2004

G-5/1/04 — “A hole in my bucket of Well-Being?” “My good stuff’s being held in escrow?” Help friend when frightened by medical diagnosis? As you release resistance the Well-Being returns. Is desire for peacefulness a “control issue”? There was a time she adored herself. “Life is but a dream.” Ta dum!



G-5/3/04 — A Universe with neither shortage nor competition? Taking your journeys first as emotional journeys. Garden hosts a family of ravenous chipmunks. Saddened by unjust poverty aspects of India. Pained by violent governmental destruction? Are humans technologically destroying this planet? Is “world saving” mate losing physical well-being battle?

G-5/8/04B — Her wonderful husband really irritates her. Was the Program 11 steps too many? But, when so many choices feel good. Her delightful children are driving her crazy. Abraham’s male name on a female body? Do what to soothe the warriors’ mistreatment? Still hasn’t attained her desired vibrational mode.

G-5/22/04 — You can feel when you’ve released resistance. To create it right the first time? Attracting the vibrational essence of your thoughts. Her 15 y/o son is getting terrible grades. Healthy, but inspired to take a vitamin? Can’t remember how long she couldn’t remember. When bringing heavy subjects to Abraham’s bliss?

G-6/12/04A — Your true guidance is always within you. “Please return to your desired highlighted route.” Doctor has evolved to mind/body medicine. Children picking on children make him angry. She wants a clearer connection with Abraham. Why are her vibrations so easily influenced. What is the cause of his nightmares.

G-6/12/04B — Doesn’t wealth allow some to mistreat others? Can we experience evolution without experiencing competition? Was she born with any specific intentions? He doesn’t understand sex or women. Can’t believe in an ever-expanding Universe. How to feel grateful for another’s tragedy? Offer your talent because it’s pleasing you.

G-6/19/04 — She says she’s sick of her life. Teacher tried to hold her son back. Biologist concerned with disappearance of many species. As Helen passed, a veil dropped away. What causes her business to bog down? Shouldn’t suicide bombers be punished for suicides? She finds herself impatient with her now.

G-6/26/04 — Blame always feels better than guilt. Teen son’s bringing unwanted into parent’s home. Any genetic role in child’s drug desires? World-changing aspects of Rampage of Appreciation. In a holographic Universe is matter reality? Am I wise enough and selfish enough? Are current probabilities limited by pre-birth intentions?

*SEE PAGE 32 TO ORDER: G-SERIES, SUMMER, 2004 CASSETTE ALBUM — \$90.00 + S/H — EACHES \$10
OR CD ALBUM — \$117.00 + S/H — EACHES \$15*

Quarterly Quotes from Abraham-Hicks

Everything that I think that I need to do is all only in order to propel me to some place that when I get there, I think I will be happier. So, everything that I am doing, no matter what it is, all of my lists of rights and wrongs... are all about me getting to a manifestation that I believe I will then be happier... So, why don't I take a short cut and just go get happy?

Washington, DC — 5/1/04

If you have the ability to desire it, the Universe has the ability to deliver it. You've just got to line up with what you want, which means—be as happy as you can be as often as you can be there, and let everything else take care of itself.

Asheville, NC — 4/25/04

It doesn't really matter what religion anybody believes. If their life is working (and there are many different approaches to life that are working very well) then why not let them believe whatever they want to believe? It's all working in the way that it is supposed to be. There are religions that you wouldn't want anything to do with, that are perfect mechanisms for the people who are involved in them. And therefore, they are a very good thing.

Asheville, NC — 4/25/04

You are all perfect and expanding; you are all adored and worthy; you are all here having your exposure to experiences and doing the best that you can from where you are. You have not been sent here in a test or trial; you're here as creators as part of an expanding Universe. You can't have it both ways. You can't have, at the root of that which you are, Well-Being, and then have that same root of Well-Being have the capacity to pronounce you evil. It is vibrationally impossible. That judging, vengeful God is manufactured from humans' place of deepest despair.

Fort Collins, CO — 6/19/04

No one connected to Source Energy would ever harm another. It's an interesting thing: More injustices, more discomfort, and more unhappiness is projected at others under the name of righteousness, under the name of law abiding, under the name of law, and under the name of religion, than all other things put together. In other words, don't worry about it.

Seattle, WA — 6/26/04

So, look at your world that seems bent on revenge. The suicide bomber didn't just wake up one morning in the middle of a joyful life and decide to go kill some people. That person, whoever it was, was living such a feeling of disempowerment, that the only access they had to anything that gave them even an opportunity to have a breath of air, in that moment, was a feeling of revenge. We agree, we don't want them to get stuck in that feeling of revenge and then go kill themselves and other people. But we certainly understand how they got there. Nobody wants to feel powerless. And so, the suicide bombers are just those who are saying, "Well, I can do this one thing. You've taken away my power in this way, and in this way, and in *this* way, but there's one thing you cannot take away from me: my power to take myself out and a bunch of other people with me, hopefully."

Fort Collins, CO — 6/19/04

There has never been an injustice anywhere in this physical time/space reality or anywhere else. *Law of Attraction* does not promote injustice. *Law of Attraction* amplifies the vibration that is within you.

Tarrytown, NY — 5/8/04B

Quarterly Quotes from Abraham-Hicks

You cannot receive vibrationally something that you are not a vibrational match to. And so, bless those who are finding abundance. And in your blessing of them and their abundance, you will become abundant, too. But in your cursing of their abundance, you hold yourself apart from it. It is a law—it is a powerful law.

Boulder, CO — 6/12/04B

Every bit of it is about economics. Every bit of it, without exception. Everything about religion is about economics. Everything about politics is about economics. And everything about economics is personal satisfaction. Everyone is personally motivated to do the best that they can possibly do for themselves.

Boulder, CO — 6/12/04B

It's interesting that the path to peace often is war. We, like you, don't agree that it's making things better, but we don't think they're wrong; and we understand the thinking behind it. And if you get involved in every disagreement of every point of Consciousness, *your* life's just going to be in a scramble. Finally you have to say, "This isn't about me. I didn't wage this war. I didn't pick this war. I don't understand this war. I'm not going to think about this war, and I'm not going to use it as my excuse to not feel good any more."

Philadelphia, PA — 5/3/04

Your government is the byproduct of the vibration of the masses. A war is the byproduct of the vibration of the masses. In other words, this is not a war that your government has waged against your will. This is a war that has grown vibrationally from the vibration of the masses.

Tarrytown, NY — 5/8/04B

When you take the problems of the world on your shoulders, your body doesn't feel good. It's just that simple. Leave the problems of the world to the individual problem-makers of the world, and you be the joy-seeker that you are.

Philadelphia, PA — 5/3/04

Don't worry about this world; it is not broken. And don't worry about others. You worry more about them than they do... There are people waging war; there are people on the battlefield who are more alive than they've ever been before. Don't try to protect people from life; just let them have *their experience* while you focus upon *your own experience*.

Tarrytown, NY — 5/8/04B

You're not ever going to teach them how to vibrate, nor would you want to change them all to a place of vibrating just like you. Your work is not to fix them; they are not broken. Your work is to choose from among all of that which feels best to you, and fixate on it as long as it gives you pleasure and joy. And in doing so, you will align with the Energy of your Source, and you will live a magnificent experience. You just have to not let your joy depend upon what anybody else is living, 'cause that'll get you every time.

Tarrytown, NY — 5/8/04B

Each of us gets to have our own perspective from which we desire or prefer, and Source Energy answers every single one of us. There's no shortage of Source; there's no shortage of answers; there's no shortage of substance. There's no shortage of all of the stuff or non-stuff that any of us wants—there's no shortage of it. It expands proportionately to our ability to desire it.

Philadelphia, PA — 5/3/04

Continued from page 7

freedom of more money. I want to go from the fear of a sick body to the *feeling* of security of a well body. I want to go from the anger and discord and frustration of an argumentative relationship to the joy and satisfaction of an open, communicating relationship.” Because if you will make it first an Emotional Journey, then we can show you how to change the way you feel, no matter what the topic. *When you manage to change the way you feel, on any topic, you’ve changed your vibrational point of attraction and manifestation must follow. But until you make it an Emotional Journey, until you figure out how to change the way you feel even though circumstances haven’t changed yet — n o t h i n g changes.*


Begin saying, *I can get to wherever I want to be, but right now, I’m just going to reach for the best-feeling thought that I have access to—right now.* And when you get there announce to everybody, “I am so angry I could wring your neck, and I feel so much better than I did earlier.” And then, if you have it within you, you might say to them, “I will try to restrain myself, but meanwhile, you might want to go someplace else. Eventually, I will be in frustration, and then, I will be in appreciation. But right now, I am in anger and I like it here. I did it on purpose.” And those are the key words... *I did this on purpose.*

Watch your children. Watch anybody who finds themselves in a place where they feel powerless. In fact, you know, this entire range of emotions... Oh, let’s talk about some of them. So, here is *despair* and *powerlessness* and then, not too far from that is a feeling of *rage*. And not too far from that is anger, anger, anger. There are lots of degrees of *anger*. And then, you can get into that place that you would call *frustration-overwhelm*. Then, you could get into *pessimism*, *hopefulness*, *optimism*... then, you could get into *appreciation*, *belief*, even those feelings that you call *love*, even those feelings

that you call *knowing*, into that place that you call *empowerment* or *Well-Being*. And, of course, there are many, many words that we did not speak, and sometimes, the word doesn’t mean the same thing to you

that it means to somebody else, but that’s the general vibrational range. We like to call it the Emotional Range.

On the far end of the Emotional Range, where you are truly Connected to who-you-really-are, there is one word that stands out above all others, and it is the word *empowerment*. It is the word *free...being in complete alignment with the Energy that is You*. The only place that freedom exists is in that vibrational place where you, who hold all of the power to you, (nobody



Reach For the
Best Feeling
Thought You Have
Access to.

else does) where you have discovered the way to create within yourself a pattern of vibration that allows you full Connection to who-you-really-are. That's the only place that you can ever be free. Nobody else can give it to you; you have to do it to yourself. And, on the far other end of that is the feeling of *disempowerment*. It's the feeling of *powerlessness*.

When do your children most act up? Is it when they feel *empowered*? Is it when they are *inspired*? Is it when they are full of themselves? Or, is it when they are being restrained? Is it when they are being told that they are inappropriate in some way?

As you pay attention to yourself or to anyone that you know, begin to notice that the feeling of *empowerment* is *bliss*, and the feeling of *disempowerment* is as far from *bliss* as you can get. And everything about your emotions is about that range, no matter what you call it.

So, as you make the decision that you are going to reach for the best thought that you have access to, there's something very important that you have to decide right along with that. (Some of you are going to like the sound of this; others, it will frighten you:) *You have to decide that*

you no longer give a rip about what anybody else says, because they're trying to guide you from all kinds of other ways.

Sometimes people will say, "Abraham, you teach selfishness." And we say, indeed we do because you have perspective of *self*; your Guidance System is about *self*; every point of Consciousness has this aware-

ness of *self*. Think about it. If there are all of these Consciousnesses, and we're not just talking about the human Consciousness, although we are mostly talking to you about that, but think about it. *If every Consciousness,*

even the one-celled amoeba in the ocean, even the cellular Consciousness that is within you... if every point of Consciousness is reaching for what is best for it, must that not be what is best for the whole?

Humans think that there is *competition*. They think that you are in competition for the good stuff. "So, if somebody over there wants what's best for *it*, then it might get it, and it might deprive you of what's best for you." But that's not the way this Universe works. This is an expanding Universe that expands proportionate to the desire that is conjured within all Consciousness.

When you understand that there is no competition; nobody can get your good stuff, only you can allow it

You Are Not
In Competition
For the
Good Stuff.

Continued on page 49

Ask And It Is Given

“This is, plain and simply, one of the most powerful books I have ever read.
One’s entire life can change because of what is found here.
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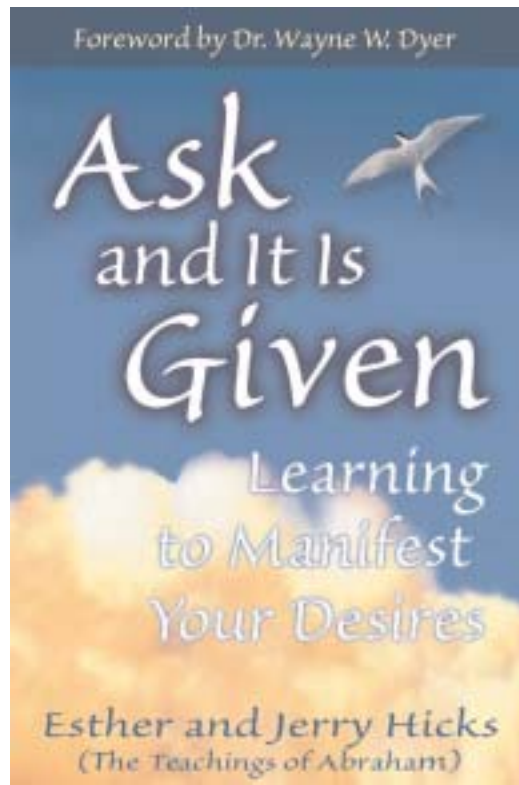
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SPECIAL SUBJECT CDS or TAPES — VOL I



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CD-2/AB-2 LAW OF ATTRACTION — The most powerful Law in the universe. It affects every aspect of your daily life. A Law which is, whether you understand that it is or not. Specific processes are offered here to help you learn how to harness this Law — to get what you want.

SPECIAL SUBJECT CDS or TAPES — VOL I

CD-3/AB-3 LAW OF DELIBERATE CREATION — Discover the ecstasy of understanding universal Laws which are absolute — no matter what the circumstances. Without an understanding of this universal Law, it is as if you are playing in a game where the rules are not understood, so it is not only impossible to know if what you are doing is appropriate, but you do not know how to win the game. The rules of the game of life are clearly offered here.

CD-4/AB-4 LAW OF ALLOWING — Of all things that you will come to understand through this physical life experience, nothing is more important than to become an allower. In becoming an allower, you are free of the negativity that binds you. Learn the joyful difference between tolerating and allowing — and experience the blissful difference in every relationship you have.

CD-5/AB-5 SEGMENT INTENDING — Our futures are individually paved by the steady stream of thoughts we set forth. We are literally creating our future life as we direct our thoughts of this moment into the future. Discover the magnificent power you hold in this moment — and learn how to use that power always to your advantage.

CD-6/AB-6 GREAT AWAKENING, BLENDING — You have deliberately and excitedly chosen this time to be physical beings upon this planet, because you knew in advance that this would be the time when many — not all — physical beings would recognize the broadness and great value of their being. Follow this step-by-step process for awakening.

CD-7/AB-7 RELATIONSHIPS, AGREEMENTS — We are all creators as we individually think and plan, but we are also often co-creators as we interact with others. Most relationships with others are far less than we want them to be. Find out why. Discover how to rejuvenate unhealthy relationships and attract new harmonious ones.

CD-8/AB-8 BODILY CONDITIONS — Nothing is more important to us than the way we feel and look, and yet so many do not look or feel as they would like to. There is not a physical apparatus, no matter what the state of disrepair, that cannot have perfect health. Discover the powerful processes to bring your body to the state of being that pleases you.

CD-9/AB-9 CHRIST CONSCIOUSNESS, RELIGIONS & BIBLES — While it can be satisfying to read and remember the teachings of the great ones who have gone before us, it is ever more joyous to discover the power of that knowledge within our own being. Learn the process to go within — as Christ encouraged — to experience the blissful oneness with Christ.

CD-10/AB-10 ADDICTIONS — Habits, or compulsions, or addictions can range from annoying to destroying. Often, long after they are no longer wanted, they can bind and control your life. As you listen to this recording — you will for the first time understand exactly what the addiction is, and the simple process offered here will free you from it.

SPECIAL SUBJECTS TAPES — VOL II



...I AM A MEDICAL DOCTOR and have not, before, run across material that has this much potential to create health...Have enjoyed Abraham's books and tapes beyond any expectations I had when my mother originally sent them. I would like to subscribe to your "Weekly Tape Program". Thank You. CHRISTIANE NORTHRUP, MD — ME — Best Selling Author of *Women's Bodies, Women's Wisdom*.

AB-12 PIVOTING & POSITIVE ASPECTS * — If I am the "Creator of my own experience", why don't I have more of what I want? Fostered by an action oriented world, most of you do not understand your true nature of attraction, thus the confusion in why you are getting what you are getting. These processes of pivoting and the book of positive aspects will assist you in the self-discovery of what is important to you, and will put you in the strong, clear place of Well-being, so that you can allow what you want into your experience.

AB-13 SEXUALITY — Love, sensuality and the perfect sexual experience — pleasure vs. shame. This misunderstood issue lies at the heart of more disruption in the lives of physical beings than any other issue. Discover the true nature of your being, and release yourself from the negative turmoil that surrounds the subject of sexuality.

AB-14 DEATH — Aging, deterioration and the perfect death experience — choices vs. chances. The gathering of years is a natural experience. However, deterioration of your physical body is neither natural nor necessary. Be healthy and productive and active and happy until the very day of your chosen re-emergence into the Non-Physical.

AB-15 DOLLARS — Abundance, in perfect flow — gaining the freedom that dollars can bring vs. losing your freedom while gaining your dollars. As there is an abundance of the air you breathe, so there is an abundance of the dollars you seek. Listen and learn how to relax and breathe in the fresh air of freedom offered to you through the abundant flow of dollars.

AB-16 HEALTH, WEIGHT & MIND — The perfect states of weight, health and mind — how can I get there and stay there? Diet plans abound and research continues and yet the number of those unsuccessful at maintenance of satisfactory bodily and mental conditions increases. Understand how your body functions and why you are as you are — and then begin your swift and steady progress toward that which you desire.

AB-17 MATING — The perfect mate: getting, being, evoking one — Attracting vs. attacking. While it is your natural endeavor to co-create with others, there are few who have discovered the bliss of magnificent relationships. Find out how you can experience the joy of a perfect union.

SPECIAL SUBJECT TAPES — VOL II

AB-18 PARENTING — Perfect harmony between my children and me — and me and my parents. Harmonizing vs. traumatizing. While often disconnected from parents, either by death or by distance, your parent/child relationships often have great influence in your experience with your children or with your current life experience. Learn how to perceive what has been in a way that is beneficial to your now rather than destructive. Let that which you have lived be of value.

AB-19 CAREER — The perfect career. What, where and when is it — and what can I do about it now? With so many exterior standards or rules regarding the appropriateness of your behavior or choices — in most cases more confusion than clarity abounds. Use this process to discover and attract that which is perfect for you. Stop the futile backwards approach — and begin creating from the inside out.

AB-20 SELF APPRECIATION — If I am so "Perfect as I am" — then why don't I feel better about me than I do? Selfishness vs. selflessness. Your awareness of your perfection was intact as you emerged into this physical body, but it was soon sabotaged by the critical, comparing, judgmental world that surrounded you. Rediscover your true sense of value and Well-being and perfection.

AB-21 INNER GUIDANCE — Tell me more about my Inner Voice? Because you have thought in terms of being dead or alive, you forget that you are, simultaneously, physically focused while another part of you remains focused from Non-Physical perspective. Once remembering that the inner you exists, you may begin to listen to what your Inner Voice is offering. Here is the process for re-establishing that important conscious connection.

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A Twelve Point Synopsis of Abraham-Hicks' Teachings

1 *You Are a Physical Extension of That Which is Nonphysical.*

All-That-Is, or that which you call God, is not finished and waiting for you to catch up. You are the leading edge of thought, here seeking more: more of all that feels good to you, more of that which is fresh and gloriously uplifting. (You are, in essence, bringing heaven to earth.)

2 *You Are Here in This Body Because You Chose to Be Here.*

You chose the opportunity to experience this delicious contrast in time and space, and with great anticipation you came to co-create with other joy-seeking beings, to fine-tune the process of deliberate thought. (What, where, when and with whom you create are your choices, too.)

3 *The Basis of Your Life is Freedom; the Purpose of Your Life is Joy.*

You are free to choose to discover new avenues for your joy. In your joy you will grow; and in your growth you will add to the growth of All-That-Is. (However, you are also free to choose bondage or pain . . . but everything anyone chooses is only because they believe it will help them feel better.)

4 *You Are a Creator; You Create With Your Every Thought.*

By the Universal Law of Attraction, you are attracting the essence of whatever you are choosing to give your attention to — whether wanted or unwanted. And so, you often create by default. But you can know by how your emotion feels if what you are attracting (creating) is what you are wanting or if it is not what you are wanting. (Where is your attention focused?)

5 *Anything That You Can Imagine is Yours to Be or Do or Have.*

As you ask yourself why you want it, the essence of your desire is activated, and the Universe begins to bring it to you. The more intense your positive feelings, the faster it is coming to you. (It is as easy to create a castle as a button.)

6 *As You Are Choosing Your Thoughts, Your Emotions Are Guiding You.*

Your loving Inner Being offers guidance in the form of emotion. Entertain a wanted or unwanted thought, and you feel a wanted or unwanted emotion. Choose to change the thought and you have changed the emotion — and you have changed the creation. (Make more choices in every day.)

7 *The Universe Adores You for it Knows Your Broadest Intentions.*

You have chosen to come to earth with great intentions, and the Universe constantly guides you on your chosen path. When you are feeling good, you are, in that moment, allowing more of that which you have intended from your broader perspective. (You are Spirit Incarnate.)

8 *Relax into Your Natural Well-Being. All is Well. (Really It Is!)*

The essence of all that you appreciate is constantly flowing into your reality. As you find more things to appreciate, your state of appreciation opens more avenues to more for which to feel appreciation. (As you think, you vibrate. As you vibrate, you attract.)

9 *You Are a Creator of Thoughtways on Your Unique Path of Joy.*

No one can limit where you can direct your thought. There are no limits to your joyous journeys to experience. On the path to your happiness you will discover all that you want to be or do, or have. (Allowing others their experiences allows you yours.)

10 *Actions to Be Taken and Possessions to Be Exchanged Are By-products of Your Focus on Joy.*

On your deliberately joyous journey your actions will be inspired, your resources will be abundant, and you will know by the way you feel that you are fulfilling your reason for life. (Most have this one backwards, therefore most feel little joy in their actions or their possessions.)

11 *You May Appropriately Depart Your Body Without Illness or Pain.*

You need not attract illness or pain as an excuse to leave your body. Your natural state — coming, remaining or leaving — is that of health and Well-Being. (You are free to choose otherwise.)

12 *You Can Not Die; You Are Everlasting Life.*

In grace, you may choose to relax and allow your gentle transition back into your Non-physical state of pure, positive Energy. Your natural state is that of Foreverness. (Have fun with all of this! You can't get it wrong, and you'll never get it done.)

PS *It is not necessary for even one other person to understand the Laws of the Universe or the processes that we are offering here in order for you to have a wonderful, happy, productive Life Experience — for you are the attractor of your experience. Just you!*

Jerry & Esther Hicks — 11/95 (www.abraham-hicks.com)



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- New ideas are the breath of life. (11:00)
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- Learning to enjoy our dreams as messages? (16:00)
- Surreptitiously toying with red lights and marijuana. (15:30)
- Eyes see what you believe you can. (3:30)
- Was Cod Liver Oil really the remedy? (12:48)
- Dad told Esther when fish were flying. (16:00)

TAPE/CD TWO

- Time to stop being amazed by Well-Being. (6:30)
- She’s discovered that NOW never goes away. (2:00)
- The subtle differences between solutions and problems. (7:00)
- When lover mistreats his dog and kids. (11:00)
- Starting a savings plan to buy house. (6:30)
- Which feels better, anger or depression? (13:17)
- Deliberately doing nothing *is really doing something!* (26:00)

TAPE/CD THREE

- To increase our awareness of our thoughts. (13:00)
- Energy flow, Aliens and “Vibrational Thought Soup”? (9:00)
- Bluegrass music, Planet Earth, and Abraham’s knowledge. (9:00)
- Oops! she got a third speeding ticket. (13:00)
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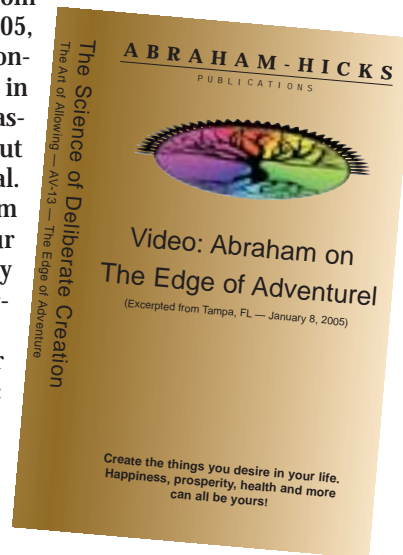
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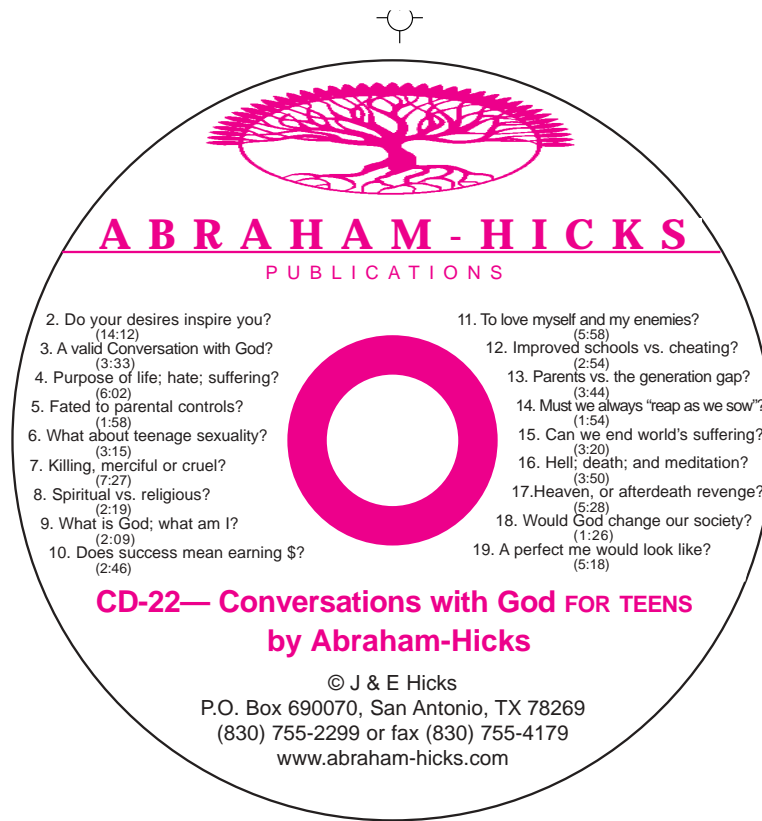
- Taking the Emotional Journey (15:44)
- Conflicted About the Iraq War (17:08)
- Tsunamis, Hurricanes, & Law of Attraction (11:25)
- Jerry: Are We Guided Away From Death? (15:29)
- Jerry: Responding To Suicidal People (7:08)
- Bipolar or Just a “Strong Wanter”? (7:46)
- A Family Physician Teaches Wellness (7:17)

(Recorded in Tampa, Florida
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Running time: 84 minutes (To order, see page 32).

Conversations With God for teens by Abraham-Hicks



In 1999 USA Today published an article: "If you could ask God any question... what would it be?" I presented those questions to Abraham and we published the recording as G-5/30/99.

We recently discovered, our friend, Neale Donald Walsch's *If you could ask God any question...?* book: "Conversations with God for teens", and now it has been a thrill for me to present over 50 of my favorite "teens" questions to Abraham at our El Paso Workshop — and to now make the dialog available to you!

Don't you wish we could have had this wisdom "back then"? Isn't it a blast to have it now?!

Order CD-22 — \$15 (plus S/H)
AB-22 (cassette) — \$10 (plus S/H)

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The *Monthly Subscription Program* and *Weekly Subscription Programs* and the *Free Introduction to Abraham* recordings can NOW be ordered on CD or Cassette.



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We select and edit from as many as 28 new Group Session Tapes that ABRAHAM produces in a month, a 74 minute recording of what we feel contains the most new, inspiring and thought provoking material. And we ship that 74 minute composite recording to the subscribers of the Monthly Subscription Program. *A gift that keeps on giving. Subscription fee: \$12 per month for cassette and \$15 per month for CD.*

- ...Enclosed, please find a check for another one-year subscription to the Monthly Tape Program. *...Every time I replay any one of those tapes, I realize that it has a whole new meaning for me... What a great way to start the day! My profound gratitude to you for sharing this wonderful way of life. — New Jersey*
- ...You do a wonderful job of editing the Monthly Tapes, because each tape seems to give the answer I need at the time. *Each month gets a little deeper and broader. It is so wonderful to have such guidance. You are what is needed on our planet now. Fondly — Iowa*

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For those who want to learn as much as they can “to be and have and do” as fast as they can and are not in the position to personally attend ABRAHAM’S ever evolving Workshops, we offer this Weekly Subscription Program: We choose, each week, what we consider to be the workshop with the most stimulating, practical, new ideas — or significant ideas presented from a new perspective — and we form a 74 minute composite recording and ship it to our subscribers. Four cassettes equal one month’s billing. *Fill your spare moments with upliftment, flow and forward motion. Subscription fee: \$10.25 per week for cassette and \$12.50 per week for CD.*

- ...I’m so enjoying the Weekly Tape Program! Each new tape seems to get better and better! My life has been transformed in the three years that I have been listening to your tapes. *Every aspect of my life, every relationship I have, has been enriched and enhanced with the knowing of Abraham. I am eternally grateful for this information! With a full and joyful heart. Your friend — Pennsylvania*

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Be on a standing order to receive the uncut recordings of every Workshop. Subscription fee: \$50 for each 4 cassette album. \$60 for CD’s (plus S&H)

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What do you want to more clearly understand?: Your state of becoming? Finances? Bodily conditions? Relationships? Business/Career? Metaphysicality? Your state of being/having/doing...? To participate in an open group “Questions and Answers” workshop with ABRAHAM, (see page 4 for details) contact Abraham-Hicks Publications at (830) 755-2299 for dates, locations and to make your reservation.

- ...I was at your workshop in Chicago a few days ago, and I am still floating several feet above the earth. I had listened to the tapes and read some of the books but *being in the presence of Abraham and watching Esther’s physical expression of this profound energy and passion has truly taken me to another level of being able to integrate this information more deeply and easily. Much love. — Illinois*

TO RESERVE OR SUBSCRIBE, CALL OUR OFFICE AT 830 755-2299

PRICE LIST

WORKSHOPS, WEEKENDS, & CRUISES — Details are posted in each Quarterly Journal on page 4 & 30. Call (830) 755-2299 for details of activities in your area.

STARTER SET — Cassettes: \$35. CD's: \$45. (See page 18) Album of five of Abraham's most powerful and popular recordings. (See ordering information on page 32.)

WEEKLY SUBSCRIPTION PROGRAM — Cassettes: \$10.25 per week. CD's: \$12.50 per week. One 74 minute composite of group sessions. Call or write to begin your Weekly Tape or CD Program. (See page 29 & 30)

MONTHLY SUBSCRIPTION PROGRAM — Cassettes: \$12 per month. CD's: \$15 per month. One 74 minute composite, each month, that offers the most new practical and inspirational material from Abraham, is selected and shipped to a group of subscribers. Call or write to begin your Monthly Tape or CD Program.

GLUTTON PROGRAM (4 CD WORKSHOP ALBUMS) — You may now order 4, 74 minute recordings (with flaws and flows) of complete workshops. Cassettes \$50. CD's \$60 (plus S & H). Call our office (830) 755-2299 for subscription details.

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Call, write or email telling us the title series date and problem and we will replace, or refund cost of the item. (We no longer refund shipping costs.)

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THANK YOU!

Our thanks to you for your role in this joyous co-creation. Your thoughts as we interact, your pondering, questioning, recognizing, knowing and wanting... add to our forward motion and to the fulfillment of our purpose.

We intend to allow ABRAHAM'S words of perspective, positive guidance and stimulation of thought, to go as far and as fast as they are wanted. At the same time, we intend to continue our abundant, positive, mental, material and spiritual experience — and we do appreciate your contribution of “thoughts, words and deeds.”

Do you have a friend who would enjoy our Quarterly Journal?

Name (Please print) _____
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FREE CD/CASSETTE " INTRODUCTION TO ABRAHAM "

... Yesterday I received the Introduction to Abraham CD! Although I have been working with Abraham's ideas for more than a year, am a member of the "CD of the Month" club, and was very happily present at the workshop at the Biltmore Estate in Asheville, I had never heard the introductory tape. Well, the information on that CD helped me bridge a gap in my thinking about the principles of deliberate creation. And the clarity feels wonderful! Many thanks for the CD, and for all the wonderful work you are all doing!

With boundless appreciation, — LR — NC



... Thanks for the wonderful new Introduction CD. Wow! I'm so very pleased! My gratitude, for so much Joy and Well-Being that I am now experiencing, is immense. I resonated with the comments from the readers and listeners on the inside of the jacket cover of the CD: "I've been a 'searcher', 'seeker', 'sharer' since I was a teen," except in my case it's been since I was about 5. The next line just floored me, "My middle name was purported to be 'Why?'" How true... I was asking as a child. Especially as a child. I never stopped asking. And thank you for clarifying the role that "contrast" plays in our lives. Yes, all the pieces are finally falling into place. And also "Thank you for helping to put the fun back into my life". My entire experience has pivoted, literally.

Thanks again — In absolute bliss — BF — Canada

This 74 minute professionally remastered *Introduction to Abraham* is now available in cassette or CD format. It's a comfortable way to share Abraham with those who seek a new way of realizing a more successful life experience.

Order: AB-1 or CD-1 (Include \$5.00 Minimum S/H)

(See free download at www.abraham-hicks.com)





WORDS OF WISDOM FROM THE BROADER PERSPECTIVE

IT IS INDIVIDUAL DESIRES THAT MAKE YOUR ECONOMY GROW — Your selfish nature, (which is a very good thing) the desire that is pulsing within you, is what summons Source—and that is what is at the heart of all economy. At the basis of every company are individuals with individual desires. Companies (structures through which wealth flows) are then created in order to satisfy those desires. In other words, when you ask, it is always given... If the operators of these companies are not diligent about their profits, then there can be no ongoing organization that fulfills the needs and desires of those who are participating. And so, condemning an organization for its profitable operation, only makes one personally out of alignment with the good that might have flowed to them through that organization.

Excerpted from — G-4/25/04 — Asheville, NC

PRESENTING A POWERFUL 365 DAY COURSE IN SPIRITUAL PRACTICALITY

Habits are usually created slowly. And since a major aspect of the value to you of using this material will be the changing — often slowly — from unwanted habits of thought to habits of thought that are more appropriate to your current conscious desires — *but the most common use of this calendar will be as a joyous 365 day journey into a new world of leading edge thought and experience.*

Begin experiencing the power of this calendar at any time. You don't have to wait until the first of next year. However, in order to get into time sequence with the calendar — it is best to start at a month's beginning. Let the first day of your first month be day one (page three) of this calendar.

After over 30 years of studying, teaching and enjoying the art of personal fulfillment, I have long understood the power of clarifying and writing out my decisions in appointment books, journals, organizers, etc. But as the years passed, I became aware that at the most joyous and highly productive seg-

ments of my life — I simply carried, daily, a fresh, updated sheet of paper in my pocket. This works!

The first sides of the pages are compilations from the best of the Abraham teachings. The second sides of the pages are designed to accommodate your daily list of things to do. *But as the course progresses, you will discover that the pages will be offering processes and techniques to fit the advancing stages of your progression within these materials.*



Your only power to create your life is in this moment, and the Abraham-Hicks Planning Calendar is designed to focus the purest of your intentions to your todays, the time in which you have

your creative power.

In our estimation, this Abraham-Hicks Planning Calendar/Workbook is the most effective tool available for the practical application of "The Science of Deliberate Creation." Utilize it to create and to teach others to create, the perfect (by your ever changing standards) adventure in living.

*"If you want to change what you are living,
you only have to change the balance of your thought." — Abraham*



THE SCIENCE OF DELIBERATE CREATION

Abraham-Hicks Daily Planning Calendar and Study Group Workbook



A 365 DAY COURSE IN SPIRITUAL PRACTICALITY

- The material in this calendar/workbook has been specifically intended as an experiential guide to comfortably change your balance of habits of thought to that which will enrich every aspect of your experience.
- Begin in any month. The pages are left to be dated by you.
- This is a study to do, not a study to simply peruse. It is a study to have fun with in every way that you can imagine.
- The pages are the size of two \$100 bills, side-by-side. Tear out a page a day. They are portable. Fold them into your wallet or checkbook, or simply carry them in a pocket. On one side you will find life enriching reminders of some things you may have forgotten and on the other side you can write intentions, ideas, names, numbers. Post them on your mirror, refrigerator, the sun visor of your car...
- Carry a seven day segment or a vacation segment with you when you are away from home — and then file them for future reference.

— Let the Magic Begin —

SELF HELP FROM YOUR TOTAL SELF

ORDER: PLANNING CALENDAR — ABCN (768 PAGES) \$25 USA — PG 32

BOOK: A NEW BEGINNING I

THIS EXTRAORDINARY BOOK is powerfully offered by a group of teachers who call themselves Abraham. They express clearly and simply the laws of the universe, explaining in detail how we can deliberately flow with these laws for the joyful creation of whatever we desire. Abraham describes this as the time of awakening, explaining that each of us chose, with very deliberate intent, this specific time of great change to participate in this physical experience. This is an empowering, life-changing book that will assist you in seeing your personal life experience as you have never seen it before.

...The breakthrough book that started a worldwide interest in Abraham. Now in its ninth printing, *A New Beginning I* explains in simple terms the eye-opening fundamentals of living a life of health, wealth and happiness. — Texas



COMMENTS:

- Thank you for a delightful book—*A NEW BEGINNING I*—a life changing book...a joyous do-it-yourself book...I have always known this was an “inside job”, but I’ve not known, before, how to communicate well with the “inside.” — Germany
- We are thrilled with the data. Everyone we have sent the book to thinks it is the best book they have ever read. — California
- The feedback I’ve gotten on the many *ABRAHAM* books that I have distributed has been phenomenal and it has come from all over the world. — California
- The first edition of *A NEW BEGINNING I* sold out because readers love the practical ideas of Abraham. In the tradition of Jane Roberts, this refreshing new book reveals a unique blend of new-age thought with the Western desire for “more.” An inspiring self-help classic that gets results.

Softcover. \$15. 219 pages. ISBN 0-9621219-3-2.
(To order, see page 32, or call 830 755-2299).

BOOK: A NEW BEGINNING II

THIS IS AN UPLIFTING BOOK that strikes a chord with the very core of your being. Written by Abraham to assist you in understanding the absolute connection between your physical self and your inner self, Abraham puts this physical life experience into perspective as they explain and define who we really are and why we have come forth as physical beings. This book is filled with processes and examples to assist you in making a deliberate conscious connection with your own Inner Being, that you might find the awesome satisfaction with this physical life experience that can only come once this connection is made.



...Now in it's eighth printing, *A New Beginning II* contains uplifting new material from Abraham including *Law of Attraction*, *Law of Allowing*, and the effective use of your *Guidance System*. Includes questions and answers from live workshops, affirmations, and powerful processes for increasing your ability to intentionally create **WHATEVER** you want. Incredible! A must read! — Texas

COMMENTS:

- Your book, *A NEW BEGINNING II*, has been my constant companion, now marked and circled on page after page...So—UP with the “Fairies of the Universe” and beautiful music and laughter! — France
- ..I hugged the book; I couldn't put it down for two days...You should see my metaphysical library—and of every book I have, this is the clearest! — Germany
- Thank you so much for the book—it is the best yet. I like to open it at random and see what the good word is for the day. — California
- Like the book before it, *A NEW BEGINNING II* is clear, practical, inspiring and empowering with more focus on how to realign with your Inner Being. The bottom line for Abraham-Hicks is to choose to feel good in every moment. From that base of joy you will naturally and easily create what you want for yourself and the world.

Softcover. \$15. 277 pages. ISBN 0-9621219-1-6
(To order, see page 32, or call 830 755-2299)

SARA. BOOK 1 — Sara, and the Foreverness of Friends of a Feather



...My whole family read this book and we haven't been the same since. My husband, perhaps, was the most moved by it. He actually said that it had such a tremendous impact on him that he looks at life with new eyes. It's like being nearsighted your whole life and then finally getting glasses. Everything becomes crystal clear.

I cannot say enough good things about this life-transforming book. If there is only one book you ever buy, make sure it is this one. You won't regret it! (all ages)

— by Denise Tarsitano in the "Rising Star Series."

THE BOOK *Sara, and the Foreverness of Friends of a Feather* is a novel about a young girl, Sara, who learns about life through a wise owl named Solomon.

As you settle into this book you will begin to experience Sara's life, almost as if it is your own. You'll discover that the questions that Sara's life uncovers will not be so different from the questions of your own life.

Sara has the benefit of a wise and wonderful mentor who not only knows the answers to all questions, but also understands that words don't teach. Solomon wisely helps Sara to find the answers to her very important questions through her own life experience. And as Sara discovers her answers — you will very likely discover some of your own, as well.

This book will awaken within you wisdom you were born with, that you may have forgotten. It will open you to who you really are. (all ages)

BOOK: Ask for SARA-1 — \$15 (plus S/H) Softcover.— ISBN 0-9621219-4-0

Spanish Edition: El Libro de Sara \$17:00 (plus S/H)

CDS & TAPES

Sara and the Foreverness of Friends of a Feather is now available as an unabridged book on tape or CD. Containing three recordings, this album offers over three hours of inspiring, uplifting and entertaining listening.

At the wheel of your vehicle or doing mundane chores or relaxing with closed eyes, you can now comfortably absorb the pleasure of this extraordinary magical relationship between young Sara and her ethereal, old, feathered owl friend, Solomon...

CDS: Ask for CDS3S1 — \$45

CASSETTES: Ask for S3S1 — \$30

(830) 755-2299 (Order form page 32)



SARA. BOOK 2 — Sara and Seth, Solomon's Fine Featherless Friends

...My family had read the first Sara book and were captivated by its wisdom and clarity. I knew we were in for a treat with this new story, "Sara and Seth", but I had no idea just how much of an impact it would have on all of us.

The sheer brilliance of this unassuming little book with its powerful message (of Well-Being) will leave you breathless.

(all ages)

— by Denise Tarsitano in the "Rising Star Series."



THE BOOK When Seth moves into Sara's mountain town, and right into the middle of all of the secrets of Thacker's Trail, Sara doesn't know what to do with him. She is drawn to him in a strange and powerful way, but the idea of letting anyone in on her unbelievable secrets seems impossible. But Sara soon comes to trust Seth, and together they embark on an even more wonderful experience with Solomon.

Seth has been gathering important questions all of his very short life. He can barely believe his good fortune in meeting Solomon, who understands all things.

You'll enjoy seeing Sara's good life getting even better, and Seth's rather awful life becoming wonderful. And like everyone else, you will love Solomon.

BOOK: Ask for SARA-2 — \$15 (plus S/H) Softcover ISBN# 0-9621219-7-5



CDS & TAPES

Sara and Seth, Solomon's Fine Featherless Friends is now available as an unabridged book on tape or CD. Containing three recordings, this album offers over four hours of inspiring, uplifting and adventurous listening.

Relaxing with closed eyes, you can now comfortably absorb the pleasure of this extraordinary magical relationship between Sara and her new friend of a feather, Seth... plus, her ethereal owl friend, Solomon, makes his welcome reappearance, adding his wise perspective to their/our learning experiences.

CDS: Ask for CDS3S2 — \$45

CASSETTES: Ask for S3S2 — \$30

(830) 755-2299 (Order form page 32)

SARA: BOOK 3

A Talking Owl is Worth a Thousand Words



...Add me to the list! The list of those that were totally delighted, enchanted, and inspired by your newest book, *Sara 3*. I read it in two sittings. I read it out loud as if I had an audience of eager listeners hanging onto every word. A few times I had to stop, lift my glasses and wipe away the tears. I have never enjoyed reading a book as much as I did this book.

(all ages)

by Kathy Johnson—NC

THE BOOK

Sara has a hard time understanding why Seth wants to befriend the new girl in town and even share their secrets of Thacker's Trail. Even Solomon's reassuring words don't soothe Sara. But Sara discovers that not only does Annette's presence not detract from her joyful experience, but that it adds to it in many more ways than she could have imagined. The secrets of Thacker's Trail are known by more than Sara knew, and it turns out that Sara doesn't mind sharing her secrets as much as she at first believed.

Life just gets better and better for these extraordinary young people. And yours will, too, as you read their stories.

BOOK: Ask for SARA-3 — \$15 (plus S/H) Softcover ISBN# 0-9621219-9-1

THE TAPES or CD's

Sara 3: A Talking Owl Is Worth a Thousand Words, is now available as an unabridged book on tape or CD. Containing three recordings, this album offers over four hours of inspiring, uplifting and adventurous listening.

Sara's adventures expand as she and her best friend, Seth, are joined by Annette, a new girl in school.

Let Jerry's expressive voice transport you to Sara's world. A world of fun, and learning—and such good feelings.

CDS: Ask for CDS3S3 —\$45
Cassettes: Ask for S3S3 — \$30
(830) 755-2299 (Order form page 32)

ABRAHAM'S GREATEST HITS CD/TAPES

A CLASSIC ABRAHAM-HICKS WORKSHOP!
Just too good to take anything out. Here, you get it ALL.

THE SCIENCE OF DELIBERATE CREATION
ABRAHAM-HICKS PUBLICATIONS
Boston, MA — 10/5/02

TAPE/CD ONE

17:00 How true can I make my "Truth"? 5:00 Somebody should do something about that problem. 13:00 To deactivate the vibration of your resistance? 12:05 Abraham gives a brief Vibrational Reality example. 5:23 Fall in love with where you are. 3:00 He's noticed that he has contradicted philosophies. 5:16 Is it possible to transfer negative moments? 12:04 Why did she get scratches on car?

TAPE/CD TWO

10:00 Where do compassion and empathy fit in? 4:18 How long to stay in meditation? 3:45 Some questions about "New Age energy" terms. 6:00 Her husband has his own unique wisdom. 8:20 She usually finds joy in her painting. 8:52 Therapist has little tolerance for client's disconnection. 1:14 She wants to be the chosen one. 23:05 Her relations with relationships are still sticky. 4:50 What's up with her sporadic head tremor?

TAPE/CD THREE

4:30 Why doesn't Abraham laugh like others? 5:12 Her meditation teacher misguided her into vegetarianism. 5:54 Abraham doesn't differentiate between males and females. 8:21 Is there a valid Energy Stream ritual? 7:41 The voice said "no" to medical procedure. 10:19 She has some questions about physical pain. 5:14 Was death as delicious as Mother observed? 4:09 How could she have lost unborn baby? 6:37 Would Law of Attraction determine starving adoptee? 15:43 He wants more success with less work. (Cont'd.)

TAPE/CD FOUR

(Cont'd.) 14:20 He wants more success with less work. 7:32 Realistically, how far is he from success? 1:26 How do psychics read other's thought waves? 19:20 My Infinite-Self relationship. 16:00 The season of her long lost father. 8:00 Whether fungus or emotions, so be it! 1:00 Abraham closes the Boston Massachusetts Workshop.

Order 4T10-5-02—\$50 or 4CD10-5-02—\$60





DVD/VIDEO SAN RAFAEL, CA

These videos were recorded in San Rafael, California, on Saturday, the 2nd day of September, of the year 2000.

The Science of Deliberate Creation Presents: The Art of Allowing Volume III

This powerful workshop series demonstrates the simple proven techniques that will allow you to easily create anything you desire!

Five, one-hour DVDs.

5DVD-9/2/00 — \$90 plus S/H
(or Video 5V-9-2-00 — \$90 plus S/H)

Included in Part 1:

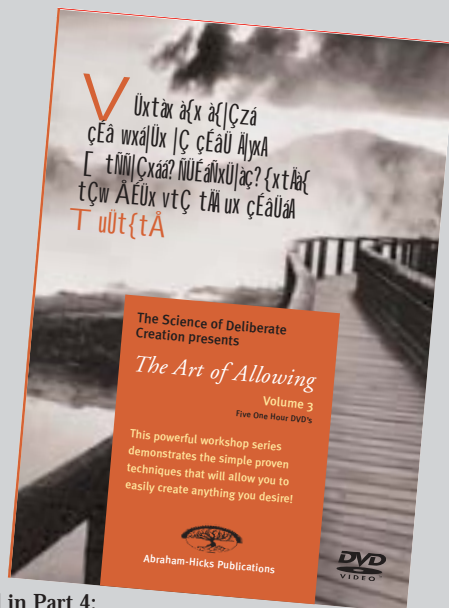
How life works. Why you're getting what you're getting. Contrast puts the eternalness in eternity. A belief is just a thought you keep thinking. Feel the way you would feel if you had it. Quantum leaps are possible but very uncomfortable. A headache is a wonderful thing. How to stop yelling at the walls. Access denied by you.

Included in Part 2:

Allowing is unconditional love. Worrying is practicing the art of resistance. Play with new desires until they feel familiar. The thing about past lives. Hold the vision because it feels good. Your job is to want it. You cannot suffer your way into well-being. Heaven's Gate swings both ways. Happy happy happy happy happy all the time.

Included in Part 3:

Have faith in your manager. Non-physical guidance comes in impulses. The placemat process. Signals of alignment. Deja vu. When Middle East fanatics give their lives to blow up buildings. There's no resting in heaven. Align your own energies and the neighbors will come into harmony. Banging into trees is better than not wanting.



Included in Part 4:

Hold only thoughts that thrill you. The Universe cannot buck your current. Finding a "Soul Mate." The difference between wanting and yearning. When it feels like the next logical step, then it is. Take a nap. Reach for a thought because it feels better. Create from the inside out. Every stick in the pile has two ends.

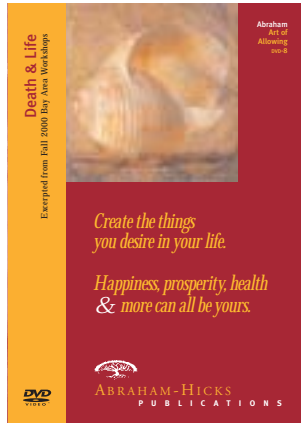
Included in Part 5:

Family harmony through self-fulfillment. Letting go of injury worries. Bad psychic readings reflect resistance. All healing is energetic. When an ex-mate threatens suicide. Now is where all your power is. What about the innocent babies? Good teachers facilitate natural desires. Abraham offers audio ecstasy.

**Ask for 5DVD-9/2/00 — \$90.00 plus S/H
To order see page 32.**

SPECIAL SUBJECTS VIDEOS/DVDS:

DVD-8 or AV-8 — DEATH & LIFE

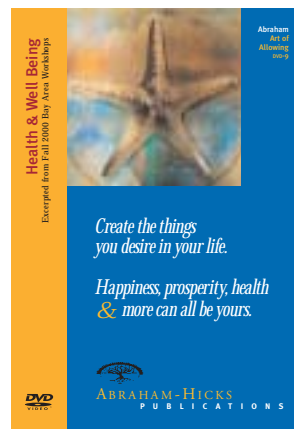


- Realize that there is no death. (12:00)
- We are all Eternal Beings. (8:00)
- What is it Like for Non-Physical? (16:00)
- When you understand death, you can begin to live. (8:00)
- When Middle East Fanatics give their lives to blow up buildings. (7:00)
- There's no resting in heaven. (1:00)
- Abraham offers audio ecstasy. (6:00)

(Excerpted from Video 5V-8/26, 8/29, 9/2/00)
Death & Life — DVD-8 (DVD) or AV-8 (VIDEO) \$30
Running time: 1 hour (To order, see page 32).

DVD-9 or AV-9 — HEALTH & WELL-BEING

- I am Vibrational Energy; I am Creator. (7:20)
- The good side of a bad headache? (7:20)
- To let go of fear of injuries? (3:00)
- When habits of thought contradict Energetic healing. (4:00)
- Diabetes can heighten the desire for Well-Being. (14:15)
- The 17-second focus, healing, flash point. (7:50)
- Well-Being is the basis of this Universe. (4:10)
- How does our natural healing process occur? (5:35)
- The life-giving effect of asking and receiving. (5:40)

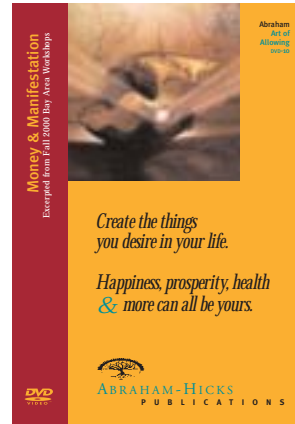


(Excerpted from Video 5V-8/26, 8/29, 9/2/00)
Health & Well-Being — DVD-9 (DVD) or AV-9 (VIDEO) \$30
Running time: 1 hour (To order, see page 32)

SPECIAL SUBJECTS VIDEOS/DVDS:

DVD-10 or AV-10 — MONEY & MANIFESTATION

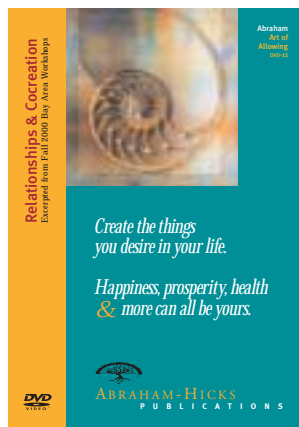
- Thinking; feeling; getting — are always a match. (8:40)
- Nothing is more important than feeling good. (6:00)
- Delegate your desires to your Universal Manager. (6:30)
- Removing brakes from abundance in 17 seconds. (8:20)
- Visualize your economy for the pleasure received. (8:00)
- The summoning power of your big desires. (8:20)
- Letting Well-Being in through the Placemat Process. (14:00)



(Excerpted from Video 5V-8/26, 8/29, 9/2/00)

Money & Manifestation — DVD-10 (DVD) or AV-10 (VIDEO) \$30
Running time: 1 hour (To order, see page 32).

DVD-11 or AV-11 — RELATIONSHIPS & COCREATION



- The Vibrational Universe. (10:00)
- Transforming painful past relationships. (3:40)
- Forgiveness, and unconditional love. (3:40)
- Staying up when others are down. (6:50)
- Your Book of Positive Aspects. (1:40)
- All of your relationships are eternal. (1:00)
- Avoiding problems with the neighbors. (5:00)
- Connecting with your kids. (13:20)
- How to attract your ideal mate. (14:26)

(Excerpted from Video 5V-8/26, 8/29, 9/2/00)

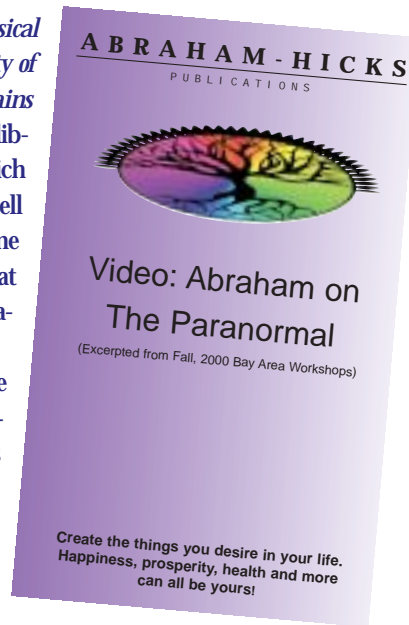
Relationships & Cocreation — DVD-10 (DVD) or AV-10 (VIDEO) \$30
Running time: 1 hour (To order, see page 32).

SPECIAL SUBJECTS DVD/VIDEO: THE PARANORMAL

The mysteries of the metaphysical remains a mystery, and the ineffability of my knowledge of the paranormal remains inexplicable. Yet after decades of deliberate communication with that which we call Non-physical, I can clearly tell you that It feels good; It guides me wisely; It loves us each equally, and that It feels as though It is the personification of Well-Being.

And so we are pleased to share with you here this degree of understanding that our workshop guests have evoked from Abraham through their questions regarding *the Paranormal*.

Jerry Hicks



DVD-12 or AV-12 THE PARANORMAL

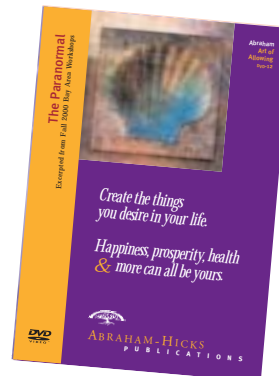
- You are all vibrational beings.
- Understanding precognition.
- Ancient seers and sorcerers.
- How Abraham “sees”.
- Are there negative entities?
- Technique to see auras.
- Death and Non-physical reality.
- Dreams and out-of-body experiences.
- Astrology versus predestination.
- What to do if you want to see an E.T. spaceship.

(Excerpted from Videos 5V-8/26, 8/29, 9/2/00)

Order: DVD-12 The Paranormal — \$30.

(VHS) AV-12 The Paranormal — \$30.

Running time: 1 hour (To order, see page 32).



or disallow it, then you begin to understand that that's how the Universe expands—you don't need to worry about what anybody else is doing; they're not getting your stuff.

You are the creator of your own experience and your dominant intention becomes a vibrational match with the Well-Being that flows... oh, that's so much what we want you to hear. That's why we call this gathering the *Art of Allowing*. When you don't feel so good—you're not letting it in. (the Well-Being that you want and deserve) The better you feel—the more you are letting it in.

When your mantra is, *I'm going to start making the best of things; I'm going to make the best of it*, what you're actually saying is, *No matter where I am, no matter what I'm focusing on, I'm reaching for the best thought that I can find*, and when you're in despair, the best thought that you can find might be *anger*, but you can find it. And when you find it and say, *There, that feels better. Now, I'm going to still reach for the best thought I can find*, it might be a thought of true *frustration* but you can find it. And when you find it, you will feel better. And then when you say, *I'm still going to reach for the best-feeling thought I can find*, it might be a thought of *overwhelm*; it might be a thought of *blame*...

You Know
How You Feel.
No One Else
Knows But You.

Where is *blame* on the Emotional Scale? So here is *despair*, and here is *anger*—where's *blame*? Does *blame* improve your Connection or is there more resistance in *blame*? So, "I feel *powerless* and now I feel *angry*, and now I feel *blameful*." Is *blameful* improving? It really is, isn't it? "Now, I feel *guilty*. I feel *guilty* about being *blameful*, actually." Did I move toward my Connection or away from it? [away]

You see, you *know* this stuff. You know the way you feel. You can tell the way you feel.

So, somebody's watching you, someone, from the outside, who has a list of rules and requirements to get into the good clubs, and they see you in your *depression*, and then they see your *anger*. Do they understand that you've made an improvement in your *anger*? Usually not. In other words, no one outside of you knows that you have made a vibrational improvement. No one knows but you.

And so, if you're asking someone else to tell you the way to go, you will be lost in the desert because they'll say, "Go that way. Go *that* way. Go that way." They'll tell you what *they've* done in *their* past; they'll tell you what *you've* done in *your* past. In other words, you get so scrambled, you're upside down and all around—but *when you are paying attention to the way you feel, now you've made this an Emotional Journey*. And when you

Continued on page 51

ABRAHAM - HICKS MUSIC

PRESENTS

A New Adventure,

the teachings of Abraham masterfully combined
with the music of Francine Jarry



Order CD — \$15 + S/H

More than 70 minutes of a variety of uplifting music that projects the philosophy of Abraham in a way we have never felt it before.

The first half of this album contains 20 of Francine's bright melodies that project a wide range of musical styles. From her *Count Your Blessings*, and *Reach for a Thought That Feels Better*, she carries us through to the rollicking *I Want to Live My Life to the Fullest*, and on to the

elegant, meditative *Joy to the Universe*.

The second half of the album promises to give the listener a first in a lifetime experience. You will be enraptured when you immerse yourself in this 30 minutes of Abraham's Rampages of Well-Being. Over Francine's haunting *Mayan Theme*, we have blended, from three live workshops, Abraham's *Living Happily Ever After* and *Finding My Core Beliefs*, and finally Abraham reminds us that our Well-Being is natural with their, never to be forgotten, *It Is Good To Feel Good*.



Cassette — \$10 + S/H

(Download a sample at:
www.abraham-hicks.com)

CD AM-1 \$15. Cassette AM-1 \$10 + S/H

Continued from page 49

make it an Emotional Journey, you'll never again...you never...you knew...you already know. You can feel which way was an improvement.

It's like, your cork floats on the surface of the water; that's where you're supposed to be. You can hold it under the water, but that's unnatural, and when you let go,

it's going to bob back up to the surface. And you will, too, if you'll pay attention to the way you feel and let your new mantra be, "Nothing is more important than that I feel good, but I'm not going to follow

my bliss today. I can't even see my bliss; I can't even smell my bliss; I can't even remember the last time I felt bliss. I'm not sure if I've ever felt bliss. I've never known anybody that felt bliss. I hate the idea of bliss! (fun) I hate everybody that's ever been in bliss. I'm perfectly happy here in my rage." And we say, good for you. Just make another statement that says, "I'll only be here for a day or two because I know that there's something that feels even better than this." And then, keep reaching for it. And try to disregard anybody else's response. And it is our promise to you, within a matter of hours (in many cases), certainly within a matter of a few days, *you can go, on any topic, from wherever you are to wherever you want to be.*

And this is the most important thing you will ever hear anybody say to you: *Once you have made the*

Emotional Journey, the physical manifestation must follow—it is Law.

You can't feel as good as you are going to begin feeling without doors opening everywhere; without smiles coming everywhere; without the Universe catering to you... People will watch you and say, "When were

you anointed king of this world?" People will say, "I cannot believe the good things that happen to you! How is it that all of this wonderful stuff happens to you?" And you will humbly say to them, "Not only to *me*—to *all* of us. I've

just figured out how to stop blocking it. I've practiced beating the drum of praising and appreciating. I'm beating the drum of making the best of things. I'm trying to make the best of everything. And, in doing so, I'm achieving vibrational alignment, more and more, every day, with the Well-Being that we *all* deserve. Now, I'm glad that it's showing up in my life. I hope it's not making you jealous, because it's there for you, too." Good.

Well, there isn't anything else that we could ever give you that would be of one bit of value beyond that. That's the whole thing: *You're good; you deserve good; good's flowing to you; get happy—it will.* We have enjoyed this interaction immensely.

The Physical
Manifestation
Must Follow the
Emotional
Journey.

Excerpted from Abraham-Hicks Workshop
G-4-23-04 — Atlanta, GA



SAN FRANCISCO WORKSHOP VIDEOS

These videos were recorded in San Francisco, California,
on Saturday, the 26th day of August, of the year 2000.

The Science of Deliberate Creation Presents: The Art of Allowing **Volume I**

This powerful workshop series demonstrates the simple
proven techniques that will allow you to easily create
anything you desire!

Five, one-hour video cassettes.

Ask for 5V-8/26/00 — \$90.00 plus S/H

Included in Part 1:

Abraham tells all that they know; The Law of Attraction; There is no such thing as exclusion; What you are getting is always a vibrational match; Your emotions are your guidance system; Contrast gives birth to rockets of desire; Know that all is well; Ask and it is given; Be more like your cat; Putting death in the proper perspective.

Included in Part 2:

Examine the content of what you're living to understand your vibrational offering; The pulling power of desire; Realize your power is in the here and now; Reach for the thought that feels better; Difficult relationships teach unconditional love; How to see an extraterrestrial spaceship; Allowing your child to not be an allowee.

Included in Part 3:

Understanding your connection to Source. Why does Abraham seem to trivialize ecological concerns? The difference between physical and Non-Physical energy. How does healing take place? Why has Abraham philosophy not manifested clearly before now? The meaning of astrology. Appreciating your leading-edge role.

Included in Part 4:

Abraham's tips for teaching connection. Whatever it is you are feeling is your indicator of your level of allowance or resistance. In your appreciation, you are a vibrational match to what you want. Accept the grace in which you live. The life-giving effect of asking and receiving. It is about aligning, not earning.

Included in Part 5:

Dreams and out-of-body-experiences. Your triad of intentions. Whatever happened, your work now is to let it in. Know that all of your desires are in the process of being answered. How contrast manifests. The mantra of the universe is "Now what?" The art of allowing is in feeling good about what you want.



**Ask for 5V-8/26/00 — \$90.00 plus S/H
To order see page 32.**



VIDEO MONTEREY, CA

These videos were recorded in Monterey, California, on Saturday, the 29th day of August, of the year 2000.

The Science of Deliberate Creation Presents: The Art of Allowing Volume II

This powerful workshop series demonstrates the simple proven techniques that will allow you to easily create anything you desire!

Five, one-hour video cassettes.

Ask for 5V-8/29/00 — \$90.00 plus S/H

Included in Part 1:

You are a creator. Shouting no is saying yes. Stop sticking your pencil in the fan. Never face reality. Nothing is more important than feeling good. There is not a source of evil. Abraham's sales job for selfishness. Disease causes a heightened desire for health. You cannot appreciate and resist at the same time.

Included in Part 2:

Stop holding your cork under the water. The 17-second focus flash-point. Little things can be behind a big illness. Finding the value in school. Reclaiming your sense of power. The only thing that matters is which thought lets it in. The lesson of TV's Survivor. Realize that there is no death. We are all eternal beings.

Included in Part 3:

What is it like for Non-Physical? What Abraham sees. Your senses are focusing mechanisms. How to observe Auras. Negative thought-forms can't assert. The deciphering of contrast. Learn to offer more of your vibration by choice, rather than as a reaction to your observations. Using your Book of Positive Aspects.

Included in Part 4:

Delegate to The Manager. Removing the brakes on abundance. Bridging belief and desire. Visualize for the pleasure of visualizing. Why you don't remember who you are. Yes your way through life's buffet. There is no such thing as fixing a problem. Your natural state of Well-Being. Abraham's mission statement.

Included in Part 5:

Learning to selectively sift your subjects of attention. Your vibration on any subject is right where you last left it. Tell it the way you want it to be. Playing the wouldn't-it-be-nice-if game. Following the path of your new desires. Steps for becoming a vibrational match to your Well-Being. Abraham explains how bad things happen.



**Ask for 5V-8/29/00 — \$90.00 plus S/H
To order see page 32.**

G-SERIES TAPES/CDS SPRING, 2004

REACH FOR DESIRE'S EMOTIONAL ESSENCE

G-1/31/04A — You, alone, are creating your personal reality. Could Beings be, without there being beginnings? Will our national debt destroy our economy? Do our belief systems continue through lifetimes? When Deliberate Creators intentions differ, both win? On my weight, my age, and timelessness? Singer, actor wants to become world renowned.

G-2/7/04A — Are we reactivating some lingering Thought Forms? Must attention to pessimists diminish one's optimism? Should we turn faces from unwanted diseases? When being painfully honest with our children? But, when my friend is truly suffering? Is "timelessness" somehow connected to our desire? Her life has become unbelievably, suspiciously spectacular.

G-2/7/04B — But now he wants a life partner. Show dog's winning, but her lover isn't. Nobody's fighting who isn't asking for it. When alcohol becomes an addiction, now what? Can she communicate with her deceased brother? What if she wanted a specific lover? He's gambling and losing; but he's wanted.

G-2/21/04A — Identifying the vibrational essence of your thoughts. Where do you now want to be? Don't measure your progress by another's progress. The pets are getting poor blood tests. What is meant by the term, enlightenment? Why those few actors get many roles. What's her role in her brother's suicide?

G-2/21/04B — Are you ready for a lover? Regarding becoming the master of one's mind. What thoughts can assure one perfect health? From shameful childhood to an angry adulthood. Sexuality, sensuality and intimacy as loving blessings. Found her teen daughter is cutting herself. Can an abortion kill an Eternal Spirit?

G-2/28/04A — We're living in the best of times. You create your own evidence of reality. Set stretching goals but not breaking goals. What happens to our denied emotions? Does Abraham ever desire to learn more? Wants to rejuvenate her body weight emotions. Should he teach there or shouldn't he?

G-2/28/04B — Wants to start a second successful business. Her time and memory are feeling illusionary. How can she get her lover more involved? Single parent feels imprisoned with her children. Creative photographer is buried in creative clutter. Why do so few control so many? "I'm free to feel as I choose."

G-3/6/04A — How good is too good to feel? Do you feel worthy of unlimited Well-Being? Your feelings are your point of attraction. Their happy, miserable child is stealing things. Feels like his life is living him. You're manifesting the essence of your feelings. You can trust in your natural Well-Being.

G-3/6/04B — When depressed there's no bliss to follow. Has 80%; wants 100% of his miracles. When difficult to accept one's natural Well-Being? If she could shout her warts away. Conquering their child custody case feels unconquerable. He met Abraham 15 wonderful years ago. Is Abraham the Abraham of Jesus?

G-3/20/04 — It's an emotional journey; a feeling journey. He seeks validity regarding the healing process. Ph.D. student is feeling stuck in yuck. Must she feel compassion for friend's death? Teen son viewed a televised porn site. Why did Abraham's recordings bring such pleasure? What about "Planning Calendar's" Place Mat Process?

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OR CD ALBUM — \$117.00 + S/H — EACHES \$15*

G-SERIES TAPES/CDS WINTER, 2003

VIBRATION, IT'S ALL ABOUT VIBRATION

G-9/27/03 — Our unfulfilled desire, how sweet it is. I'm always on my way to somewhere. Chiropractor has exhausted practical physical health resolutions. Did appreciation for new car cause crash. Are autistic personalities carried into next lives? Deprecating little Catholic (nun's) voices still sting. Doctor's/entertainer's frustrated by her choices.

G-10/11/03A — Well-Being always adapts to your specific desires. Reach for the best feeling thought available. Can mandatory physical examinations not invite illness? "Reality" of illness doesn't mean diddley squat. When the painful spot keeps moving around? After surgery, attorney/mom's preferring caring for children. Lawyer's mother wants her to practice law.

G-10/13/03 — Whenever we're resisting that which is natural? Should this attorney chase multiple (career) butterflies? Has screaming nightmares and an inherited business. Why haven't I memory of past lives? Could Abraham have projected a butterfly's aura? Her nine year old son has learning issues. Schools administer drugs to control children's freedom.

G-10/25/03 — Where you want to be keeps moving. Is reincarnation punishment for the less enlightened? Mom's 96; caregiver daughter is feeling frustration. Abraham gives us the keys to ease. Can she discreate this Parkinson's Disease diagnosis. Soothing the parents of an earless baby? Fossil fuel, a renewable or natural resource?

G-11/1/03 — Let's talk about identifying your Set-points. Can she really never get it wrong? But, "nice girls shouldn't get angry"? She's stuck in "Yuma" with her mother-in-law. "All is well" isn't sitting very well. Wealthy sister is evoking her jealous emotion. She suffers from regular monthly migraine headaches.

G-11/22/03 — If we were in your physical shoes. It ain't necessarily a terminal "terminal illness". Psychologist experienced a John's Hopkin's L.S.D. experiment. Did she inherit narcissistic mother's nervous system.? Any value in seeking cause of headaches? Her 5 year old daughter wants a Dad. Midwife questions childbirth pains vs. baby's feelings.

G-12/6/03A — Hot stoves are felt, they're not heard. So, if I am feeling negative emotions? Dad died last week, how's he doing? Differences in emotions are felt by all. The constant dance of your positive realignment. She fears bringing in an inappropriate relationship. Outlived lover but not their relationship.

G-12/6/03B — Husband's deceased; their son is now disruptive. Which daughter is on the "right track"? Resistance is the only cause of illness. Business can't grow beyond his emotional response. Our Eternal growth will never be boring. Former lover wasn't always honest with her. You came for the joy of it.

G-12/13/03 — It's all Vibration; it's all about Vibration. Wants to simultaneously focus on many things. Daughter, fiancé and grandbaby are depressing grandmother. Isn't there a better purpose than joy? She wants a lover, but without bondage. To receive the "impersonal" as something personal? Why doesn't Esther remain in the Abraham mode?

G-12/20/03 — Am I headed toward the right direction? He can't release his child's custody thoughts. Is not Abraham a perfect Being? Retiree wants to discreate a mysterious illness. Can I learn to become an immortal? A description of living one's destiny? I'm going to find my current Set-Point.

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OR CD ALBUM — \$117.00 + S/H — EACHES \$15*

G-SERIES CDS/TAPES FALL, 2003

EVERY PREFERENCE SUMMONS SOURCE

- G-6/28/03 — Creator, Religion, ADHD, "Entities", Evolution, Fantasies, Kindergarten
- G-7/12/03A — Allow, Bliss, Abuse, Distraction, Happiness, Selfishness, Wants
- G-7/12/03B — Discipline, Resolution, Toleration, Abraham, Hell, Fear, Death
- G-7/19/03 — "Other", Joyful, Happiness, "Should", Cruelty, Children, Suicide
- G-8/10/03 — Desire, Depression, Becoming, Child, Discipline, Faith, "Sensitive"
- G-8/23/03 — Joy, Drama, Philosophies, Birds, Wedding, Dinosaurs, Catholics
- G-9/2/03 — Control, Aged, Disease, Foibles, Child, Death, Doing
- G-9/17/03 — Desires, Timing, Retirement, Weight, Past, Walking, Closing
- G-9/20/03 — Desires, Progress, Relaxed, Hypnotism, Laughter, Breathing, Teacher
- G-9/24/03 — Preferences, Clarity, Carbs, Clown, Death, Suicides, Reincarnation

G-SERIES CDS/TAPES SUMMER, 2003

I MAKE THE BEST OF EVERY SITUATION

- G-3/29/03 — Paths, Healing, Abundance, Chills, Alzheimer's, Ice Cream, Suicide
- G-5/7/03A — What-is, Resistance, Emotion, Prosperity, Well-Being, Snoring, Body
- G-5/7/03B — Responsibility, Non-physical, Soul, Wellness, Death, Joyful
- G-5/10/03A — Feelings, Attraction, Reflection, Jesus, Cain, Evil, Killing
- G-5/10/03B — Health, "Subconscious", Aging, Segments, "Uplifting", Fulfillment
- G-5/17/03 — Conflicts, Flow, Confiding, Skin, Physicist, Laughter, Health
- G-5/20/03 — Thinking, Paths, Diagnosis, Medication, World, 122, Death
- G-6/7/03 — "Truth", House, Weather, Upset, Desire, Aging, Suicide
- G-6/14/03 — Drums, Violence, Forgive, Music, Sleep, Awakening, Oneness
- G-6/21/03 — Humans, NOW, Guides, Fearlessness, Death, Headaches, Sleep

G-SERIES CDS/TAPES SPRING, 2003

THERE IS NO VALUE IN SUFFERING

- G-1/4/03 — Harmony, Tricks, Lose, Punish, Weight, Teenager, Asthma
- G-1/25/03 — Selfish, Death, Spine, Decisions, Aloneness, Holocaust, Wonderful
- G-1/28/03 — Thoughts, Health, Politics, Violence, Child, Attraction, Attorney
- G-2/1/03 — Choices, Ex-smoker, Powerless, Pleasure, Mate, Death, Sleepless
- G-2/15/03A — Allowing, Feel, Illness, Crying, Disappointment, Pitchers, Kisses
- G-3/1/03 — Match, Weight, Surgery, Commercials, Animals, Teenager, Attachments
- G-3/8/03 — Thrivers, Power, Shortage, Perception, War, Religion, Protests
- G-3/15/03 — Ideas, Escalation, Enlightenment, Inner Being, Candy, Alcoholic
- G-3/22/03 — Drivers, Debt, Expectation, Forgiveness, Abundance, Money, Winnings

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- G-10/19/02 — Allowing, Wanting, Visualization, Tantrums, Universe, Reality, Money
- G-10/26/02 — Path, Minds, Abraham, Hospitals, Dreams, Goals, Savoring
- G-11/02/02A — Temporary, Source, Well-Being, Path, Employees, Energy, Resistance
- G-11/02/02B — Jealousy, Moods, Music, Abraham, Savoring, Dreams, Death
- G-11/23/02 — Source, Feel Good, Creating, In-laws, Animals, Abraham, Feelings
- G-12/07/02 — Worrying, Heart Transplant, Beliefs, Children, Chores, Psychiatrist
- G-12/14/02 — Allowing, Squirrels, Diabetes, Birth Controls, "Truth," Immunization

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YOUR WELL-BEING IS NATURAL

- G-7/3/02 — Allowing, "Evil," Astrology, Universal Truth, Bully, Sobriety, Death
- G-7/13/02 — Optimism, Money, Laws, Raw Foods, Relationships, School Teacher
- G-7/20/02 — Bad/Good, Meditation, Body, Thoughts, Health, Solar Plexus, Happiness
- G-8/3/02 — "Truth," Valve Closers, Illness, Dreams, First, Children, Core Beliefs
- G-8/10/02 — Matches, Abraham, Well-Being, Fetus, Monkeys, Children, Business
- G-8/18/02 — Insights, Children, Copyrights, Now?, Comedienne, Artists, Dreams
- G-8/31/02 — Path, Ego, Separation, "Armageddon," Consciousness, Children, Teenager
- G-9/2/02 — Deactivate, Forgiveness, Funerals, Death, Hallucinogenics, Beasts
- G-9/7/02 — Visualizing, Killing, Drugs, Inner Being, Abraham, "Channeling," Ethnic
- G-9/21/02 — Hands/Stove, "Terminal," Free Will, Play, Business, Knuckle Cracker

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CREATIVE CONTROL IS YOURS

- G-5/7/02 — Purpose, Boogie Man, Tithing, Non-physical, Business, Disease
- G-5/11/02 — Control, Virtual Reality, Logic, Body, Worthiness, Purpose, Abraham
- G-5/13/02 — Get Out, Perspective, "Fittest," Biology, In Flow, Sleep, Lumps
- G-5/18/02B — Live It, Sleep, Me, Diagnosis, Money, Universe, Coma
- G-5/21/02 — Manifestations, Children, School, Eyesight, Universe, Wonderful, Parents
- G-5/25/02 — Imagining, Birthing, Business, Cats, Psychologist, Money, Stock Market
- G-5/28/02 — Desires, Practicing, Social Changes, Thoughts, Sexuality, Source, Time
- G-6/1/02 — Risk, Responsibility, Religions, Procrastination, Relationships, Children
- G-6/15/02 — Teamwork, Protection, Meditation, Prisons, Phobias, Children
- G-6/29/02 — Core Beliefs, Relationships, Non-physical, Complainers, Accidents

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VIRTUAL REALITY PROCESS REFINED

- G-1/26/02 — One World, Religion, Bombing, Failures, Movies, Birthright, Meditation
- G-2/2/02 — Argentina, Habits, Counseling, Media, War, Children, Light Board
- G-2/23/02 — Paranoid, God, Deja Vu, Meditation, War, Bipolar, Alcoholics
- G-3/2/02 — Well-Being, Reincarnation, Weight, Opinions, Physicians, Appreciation
- G-3/9/02 — Oil cap, Dominant Thoughts, Relationships, Bad People, Spider Fear
- G-3/16/02A — Allowing, Dollars, Foods, Relationships, Children, Environment
- G-3/16/02B — Age, Time, Prebirth Attitudes, Energy Soup, Astrology, Money
- G-3/23/02A — Action, Remembering, Practice Thoughts, Baseball, God, Inner Being
- G-4/20/02 — Virtual Reality, Place Mat, Dreams, Nightmares, Business, Widowed
- G-5/4/02 — Virtual Reality, Beliefs, Healers, Abraham, Mammograms, Religions

G-SERIES CDS/TAPES WINTER, 2001
PRACTICE YOUR VIRTUAL REALITY

- G-10/06/01 — Unwanted, Majority, Death, Charlie, 9/11/01, "Antichrist," Conspiracy
- G-10/13/01-A — Completion, Goals, Rich/Bad, 9/11/01, God, Christ, Truth
- G-10/13/01-B — 9/11/01, Heart, Children, Well-Being, Success, Happiness
- G-10/20/01 — Soul Intention, Economy, Will Power, Children, Media, Sex, Dinosaurs
- G-10/27/01 — Fears, Time, Death, Relationships, Right/Wrong, Supplements, Karma
- G-11/03/01 — Asking, Obligations, Leadership, Physicians, Money, Menopause
- G-11/24/01 — Relax, Intentions, Healthy, Unfaithful, Opinions, Dreams, Now, Angels
- G-12/01/01 — Bad, 9/11/01, Pain, 17 Seconds, Culmination, Obsession, Diagnosis
- G-12/15/01 — Reality, Drunkard, Goat, Channeling, Minister, Relationship, Manifestation
- G-1/5/02 — Step 3, Alcoholics, Passion, Children, Resources, Acquisitions, Aging

G-SERIES CDS/TAPES FALL, 2001
WHATEVER YOU LIKE IS APPROPRIATE

- G-8/4/01 — Issues, Career, Effort, Diagnosis, God, All-That-Is, Death
- G-8/11/01 — Oops! Career, Artist, Vibration, Childbirth, Guilt, Divorce
- G-8/13/01 — Death, Autism, God, Aliens, Complainers, Loss, Savoring
- G-8/18/01 — Fear, Retaliation, Diversity, Humans, Earth, Empathy, Terrorists
- G-8/21/01 — Universe, Mating, Guilt-free, Death, Joy Medicine, Connection
- G-8/25/01 — Vaccinate?, Chemotherapy, Money, Sexual, Dementia, MA, Chores
- G-9/22/01 — 9/11/01, Retaliation, Mother, Children, Emotion, Pollyanna, Revenge
- G-9/25/01 — Contrast, New York, 9/11/01, Feelings, Patriotism, Unity
- G-9/29/01 — Student, Osteoporosis, Tongues, Legal, Self, Well-Being, 9/11/01
- G-10/1/01 — Appropriate, Blessings, Connections, Parents, Mother, Attachment

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ABOUT THE AUTHORS

EXCITED ABOUT THE CLARITY and practicality of the translated word from ABRAHAM, Jerry and Esther Hicks began, in 1986, disclosing their ABRAHAM experience to a handful of close business associates. Then, recognizing the practical results being received by those persons who began plying ABRAHAM with meaningful personal questions regarding their finances, bodily conditions, and relationships...the Hickses made a conscious decision to allow ABRAHAM'S teachings to become available to an ever widening circle of seekers. And that circle continues to expand — even as you read this page.



Esther & Jerry Hicks

Jerry and Esther have now published more than 700 *Abraham-Hicks* books, CDs, cassettes, DVDs and videos, and have been presenting open group interactive *Art of Allowing Workshops* in about 50 cities a year to those leaders who gather to participate in this progressive stream of thought. And although worldwide attention has been given by leading edge thinkers to this *Science of Deliberate Creation* who, in turn have been incorporating many of ABRAHAM'S concepts into their books, lectures, sermons, screenplays and scripts—the primary spread of this material has been from person to person as individuals begin to discover, and share with others, the practical value of these materials in their personal experience.

ABRAHAM, a group of obviously evolved teachers, speak their broader Non-Physical perspective through the physical apparatus of Esther. *Speaking to our level of comprehension, from their present moment to our now, through a series of loving, allowing, brilliant yet comprehensively simple, recordings in print and in sound — they guide us to a clear connection with our Inner Being — they guide us to self-upliftment from our Total Self.*

COMMENTS FROM READERS & LISTENERS:

...It's hard to believe that life could be so simple and so joyous... Thank you, so much, for making an already good life even better! (With lots of good feelings) SC — PA

...I've been a "searcher," "seeker," "sharer" since I was a teen. My middle name was purported to be "Why?" The information from Abraham is so down-to-earth, useful, compelling, exciting, sensible, practical, empowering, clear, usable. I'm a marvelous deliberate creator now. Thanks for putting the "fun" back into physical life. JS — AZ

...Am so delighted to be reading your books, listening to your tapes and attending your seminars. I am so happy and getting happier and clearer every day. My life has been leading to this point, and it feels like the icing on the cake. I know everything will just get better, although it's hard to know how. What a powerful gift you've given us — the recognition of our ability to create the life we want, and the tools to carry out the plan. Thank you for sharing. — CA

**“We loved Alaska!” they said
So, here we come again!**

The more than 800 friends on board our 2004 Alaskan Well-Being Adventure Cruise over filled the ship's theater — so we booked two cruises for 2005. The February Mexican Riviera Cruise sold out of state-rooms at 500 (plus) guests, but at the time of this printing we still have space available for the July, 2005 Alaskan cruise.



Cruising Seminars have long been our favored method of becoming more acquainted with hundreds of friends of similar interest. And Esther and I are so pleased that so many of you have already made your plans to join us on your (and our) third Abraham-Hicks Cruise Workshop.

What a profound and fun way to mutually evolve to higher levels of joyous Well-Being!

Love ya!

Jerry and Esther

Dear Jerry & Esther,

I am still basking in the sweet afterglow of my Abraham Alaskan Well-Being Adventure cruise. Abraham encouraged us to reach for the memory that thrills us. Well, I have many more to draw on after that cruise. Thank you



for providing me the opportunity to take my dream trip. For me it was a time to be with others and “comblisserate,” (*not commiserate*). I have coined the word to remind myself that I intend to raise my vibration and to uplift others. Being with those other students of Abraham in such a glorious place was the perfect opportunity for me to practice comblisseration.

Jan Martindale, Oregon

**ALASKAN CRUISE WAS SOOOOOOOO GOOD
WE'RE DOIN' IT AGAIN — JULY 9-16, 2005**

To book, contact Worldview Travel 888-259-9191 ext. 225 or 213

THE TEACHINGS OF ABRAHAM WELL-BEING CARDS



Our good friend, Louise L. Hay, author of "You Can Heal Your Life" and the publisher of Hay House books, has asked us to create a set of Well-Being Cards that get across the Abraham message of joy and inspiration in an attractive, easy-to-enjoy format. These Well-Being Cards are now in our office, ready to be delivered to you! This is a deck of sixty cards, attractively illustrated, each with a different valuable message of joy and inspiration drawn from the most unique and powerful perspectives gleaned from eighteen years of our "Art of Allowing" workshops. Use them for meditation, affirmation, or just the pleasure of an uplifting message that will accentuate your natural state of Well-Being.

Words don't teach; life experience teaches. But with these Abraham-Hicks words fresh in your mind, your every life experience will now be more meaningful to you. And since nothing is more important than feeling good, nothing is more valuable than these processes that will allow more of your natural Well-being to flow.

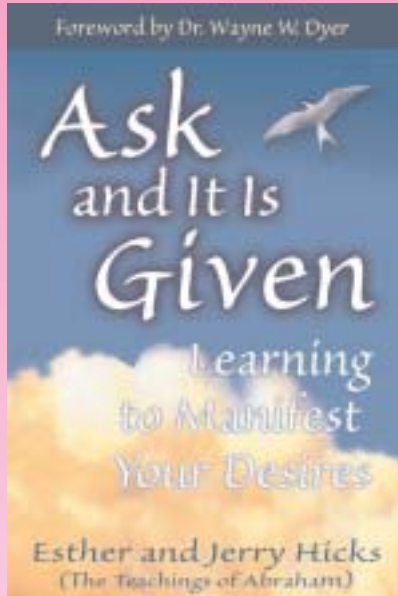
Plan to have fun with these cards. Let these words inspire thoughts that will attract to you more of that which evokes your greatest joy.

With the help of Hay House, the Well-Being Cards will be stocked in bookstores across the world this month. Ask for them in bookstores. Recommend them to your friends! Or, for immediate delivery, order the "Well-Being Cards, The Teachings of Abraham" right now.

Suggested retail is \$15.95. Order yours today for \$12.76 plus S/H.

This is a perfect gift item for someone you really care about.

**OUR NEWEST, AND MOST COMPREHENSIVE BOOK
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Jack Canfield, the co-author of the *Chicken Soup for the Soul*® series comments: “...*Ask and It Is Given* is the road map to self-upliftment and a joyous life.”

Alan Cohen, the author of *A Deep Breath of Life* writes: “...Live these ideas, and your life will become new and brilliantly happy.”

Dr. Wayne W. Dyer, the author of *The Power of Intention* says: “...a publishing milestone...a blueprint to implement your own destiny.”

John Gray, PhD, the author of *Men Are From Mars, Women Are From Venus* says: “My wife and I have enjoyed these practical teachings for years. We recommend them to all our friends!”

Louise L. Hay, the author of *You Can Heal Your Life* writes “...Abraham gives us 22 different powerful processes to achieve our goals.”

Christiane Northrup, M.D., the author of *Women's Bodies, Women's Wisdom* says “...These teachings have helped our family tremendously.”

Neale Donald Walsch, the author of *Conversations with God* writes: “This is one of the most powerful books I have ever read.”

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